



NINGBO BRITISH INTERNATIONAL SCHOOL

Weekly Newsletter 23
March 13th, 2026





CONGRATULATIONS

Ka Hei Chu (Harry)

Class of 2026

for receiving an offer to study Biomedical Technology Venture at Imperial College London (IC) [Ranked #2 in the World QS 2026].



IMPERIAL

Images sourced from the Internet.



CONGRATULATIONS

Youngchan You (Eric)

Class of 2026

for receiving an offer to study Electrical Engineering at the University of Melbourne [Ranked #19 in the World QS 2026].



Images sourced from the Internet.



CONGRATULATIONS

Hoe Yin Khong (Ryan)

Class of 2026

for receiving an offer to study Robotics and Mechatronics Engineering at Monash University Malaysia [Ranked #36 in the World QS 2026].



MONASH
University

Images sourced from the Internet.





CONGRATULATIONS



Yufei Dai (Fifi)
Year 6A Student

Congratulations to Yufei Dai (Fifi), accepted by six of the UK's most prestigious girls' schools:

- ✓ Wycombe Abbey
- ✓ Benenden
- ✓ St Swithun's
- ✓ St Mary's Calne
- ✓ Downe House
- ✓ Cheltenham Ladies' College

This remarkable achievement is a testament to Fifi's dedication, leadership and academic excellence. We are incredibly proud of her and wish her continued success as she embarks on the next chapter of her journey from NBIS to the world stage.

SILK ROAD DIALOGUE: A CULTURAL VOYAGE ACROSS SEAS IN SPRING



In the blossoming beauty of March, all things come alive. On the morning of 13 March, NBIS hosted a cultural lecture. We were honoured to invite **Mr Yin Junjie, Vice Dean of the Ningbo Maritime Silk Road Institute**, to our campus for an engaging and enlightening exchange with our students.

This lecture served as a pre-event activity for our annual Chinese Culture Day, which will take place at the end of March. Through this approach, we hope to transform Culture Day from simply a joyful celebration into a deeper cultural exploration. With his profound knowledge, Mr Yin gradually unfolded the thousand-year tapestry of the Maritime Silk Road—revealing it not only as a route for trade, but also as a bridge for the exchange of civilisations. From porcelain to silk, from spices to classical texts, through the rhythm of the tides, we glimpsed not only its historical grandeur, but also the spirit of openness and wisdom it represents.

During the lecture, Mr Yin brought history to life with vivid stories. He described how Ningbo Port served as a key node on the ancient Maritime Silk Road, where merchants, scholars, and envoys from different lands once gathered. It was through these everyday encounters that cultures met, exchanged, and blended with the tides—together shaping the enduring legacy of the Maritime Silk Road.



Tracing the route's evolution from ancient times to the contemporary Belt and Road Initiative, Mr Yin helped students see how the spirit of the Silk Road has been carried forward. With a broad historical lens, he illustrated the shift from maritime trade routes to today's interconnected world, giving students a clearer understanding of how civilizations have grown more connected over time.

The session also featured an engaging Q&A, where students raised thoughtful questions about historical events and cross-cultural exchange. Mr Yin responded with patience and insight, fostering a relaxed yet meaningful dialogue that resonated deeply with the audience.



Mr Yin's presentation was like a precious "navigation guide," laying a profound foundation for the Culture Day two weeks away. We believe that when teachers and students wander through the fair or watch the performances then, their eyes will see not just the vibrancy but also the rich layers of history and culture behind it all.

Once again, we extend our gratitude to Mr Yin for this voyage of thought and vision. Encounters like this represent the best way for us, as an international school, to connect with local culture—listening to history in the spring sunshine, and carrying our roots forward into the future.

Organising academic and cultural activities like this is an important way for NBIS to continue promoting cultural exchange on campus. Through collaboration with local academic institutions, we hope students can develop a deeper understanding of Chinese history and culture, strengthening their awareness and appreciation of China within a multicultural learning environment. Looking ahead, the school will continue to expand opportunities for cultural exchange and collaboration, providing students with more chances to explore Chinese culture and engage in meaningful learning experiences.



NBIS Information Days Showcase Our Learning Community

From 10 to 12 March, NBIS welcomed over 50 visitors to explore our Early Years, Primary, and Secondary sections during three Information Days. Visitors attended presentations, toured classrooms, and met school leaders, gaining insight into our curriculum, teaching approaches, and the ways we support students' learning and development at every stage.



Across all three days, families experienced the engaging and nurturing environment that defines NBIS. From play-based learning in Early Years, to thought-provoking lessons in Primary, and academic pathways with real-life student perspectives in Secondary. Visitors also had a glance at our teachers in action, witnessing their professionalism, dedication, and the supportive relationships they build with students. These events offered a clear view of our vibrant learning community. We look forward to welcoming even more families to the campus through regular appointments.





Sign Up Fast! HSK Registration is Open!

速速报名 HSK考试通道现已开启!



2025-2026 Semester 2 Exam Schedule

Test Date (HSK & HSKK)	Test Form	Registration Deadline	Result Date HSK	Result Date HSKK
Saturday, 11th April	iBT at centre (internet-based)	<u>1st April</u>	27th April	8th May
Saturday, 16th May		<u>6th May</u>	1st June	5th June

Registration is now open for both sessions.

How to Register?

- Visit <http://www.chinesetest.cn>
- Select our centre: Search for '**Ningbo British International School (iBT)**'
- Pay **on a computer** & receive e-admission ticket

Contact us:

- 📍 Address: 365 Guanghua Road, Hi-tech Zone, Ningbo, Zhejiang
- ✉ E-mail: chinesetest@nbis.net.cn (Office hours: Mon-Fri, 9:00 AM - 4:00 PM)





CAFÉ WITH PRINCIPALS

Building Bridges Through Personal Conversation



PROGRAM DETAILS

March 13 & March 26
9:30-10:30

Location: Principal's office

Format: Private 20-minute 1-on-1 sessions

SIGN UP



Limited to 3 slots per session
First come, first served

CAFÉ WITH PRINCIPALS

Building Bridges Through Personal Conversation

It was a pleasure to meet parents this morning at our first Principals' Cafe. It's a great chance for us to hear about your views on the school and also offer advice about anything from curriculum pathways to handling different sibling personalities. We look forward to the next one!



- Ask Questions
- Share Ideas
- Hear Updates
- Strengthening Home-School Connections

Happy Pi Day!

$\pi = 3,14$

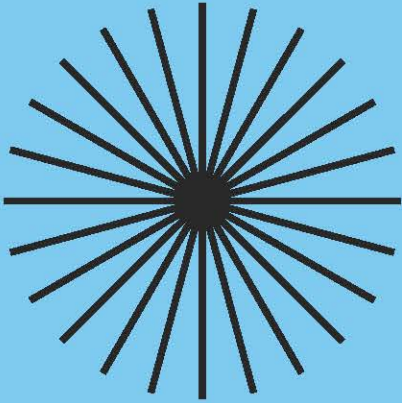


Ningbo British
International
School



ABOUT THE READ-A-THON

The Secondary Read-A-Thon will take place from March 9th to April 9th.

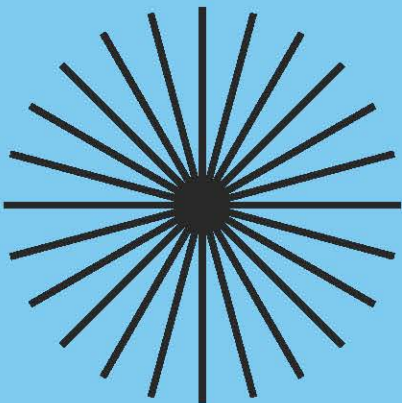


The secondary students have been challenged to read as many books as possible while raising money for a community animal charity. Students can collect sponsors for every book they read for the read-a-thon.



Friends and family can sponsor the number of books students read. Sponsors can pledge any monetary amount, e.g., 1 RMB per book or a flat amount. The reader is responsible for collecting the donations.

The books read need to be level-appropriate. English teachers must sign off on each book.



All proceeds will then be donated to a local animal charity called 'Stray Don't Cry'- an active charity that provides care to abandoned pets in Ningbo.

If you have any questions, please email the Secondary Head of English:
alicia.froome@nbis.net.cn

MAKE A PLEDGE

Pledge to encourage reading and raise money for a local animal charity. The NBIS read-a-thon will take place between March 9th and April 9th, 2026.

There are two ways to pledge:

1. You could sponsor a student for a flat amount. If you pledge a flat donation of 20RMB, no matter how much the student reads, you will owe 20RMB.
2. You can pledge an amount for books read. For example, a student reads five books over the course of the read-a-thon. If you sponsored this student for 5RMB per book, you would owe $5 \times 5\text{RMB} = 25\text{RMB}$. You may limit any donation; just indicate that on the sponsor form.



THE READ-A-THON IS CONTINUING THROUGH MARCH HERE ARE SOME TIPS ON HOW TO ENCOURAGE YOUR CHILDREN TO READ

Reading is an essential skill that children will use daily for the rest of their lives. While children learn to read at school, parents can enhance the experience by offering support at home. One way of doing this is to encourage your child to participate in the read-a-thon and check their reading progress.

Tips for parents:

- **Encourage your child to read level-appropriate books.** If a book is too difficult, your child might lose interest or think reading is too hard.
- **Listen to your child read out loud.** Point to difficult words as your child reads so you can check their understanding.
- **Relate the story to real life.** Talk to your child about the book they are reading and answer their questions about how it may be important to their lives.
- **Read more difficult books.** Challenge your child to read more difficult books once they are confident in reading.
- **Praise your child's reading and make reading time part of your family's daily routine.**





NBIS PARENTS' VOICES: WE'D LOVE TO HEAR FROM YOU!

We are excited to launch a new interview series: "NBIS Parents' Voices"!

This series will highlight the stories and experiences of our wonderful parent community, giving you a chance to share your unique journey with NBIS.



Each interview will explore topics such as:

- Your family's story and connection to NBIS.
- Your child's growth and memorable school experiences.
- Your perspective on our community and what makes it special.

We warmly invite interested parents to join us and share their story. If you'd like to participate, please reach out to us at:

Marketing@nbis.net.cn

Your
VOICE
MATTERS





Tips for Fire & Electrical Safety

全民消防、生命至上——安全用火用电



Fire Safety Tips:

- Keep science lab equipment away from flammable materials.
- Do not use personal gas cookers or hot plates in classrooms or dormitories.
- Keep classroom corridors and exits clear – never block fire routes.
- Know the nearest fire extinguisher and how to use it.



Electrical Safety Tips

- Do not overload sockets with too many devices.
- Keep wet hands away from switches or plugs.
- Report damaged wires or sparking sockets to teachers or maintenance staff immediately.
- Switch off and unplug devices (such as projectors or computers) after lessons.



Emergency Numbers

- **Fire** ---119
- **Police**---110
- **Ambulance**---120
- NBIS Fire Control Room---
0574-89076119



EARLY YEARS PARENT-TEACHER CONFERENCE



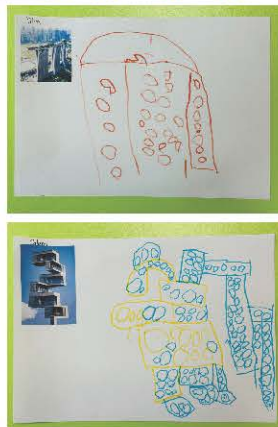
On March 3, our Early Years Parent-Teacher conference gave families a wonderful chance to connect with teachers and explore each child's unique learning journey. During the meetings, teachers shared updates on students' progress, development, and daily classroom experiences, while parents had the opportunity to ask questions and gain a deeper understanding of their child's growth at school.

At NBIS, we believe that strong communication between school and home is key in the early years. By working together, we support every child's confidence, wellbeing, and love of learning. A big thank you to all parents and teachers for your time, care, and continued partnership!

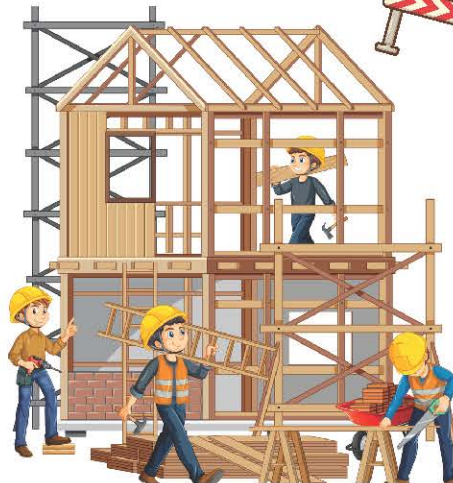


Nursery B

Our children are having a blast learning all about Community Helpers! This hands-on unit provides a wonderful, real-life connection to the world around them. It helps them understand the important roles people play in their neighborhood and city, while fostering a sense of gratitude and respect for the jobs that make our community a great place to live.



A community helper theme is an important theme to learn because community helpers work hard for us. This week, our young learners stepped into the shoes of construction workers. They had a blast pretending to build a house, using toy tools just like real workers. Hands-on activities like these bring their learning to life and spark so much creativity and teamwork.



PRIMARY PARENT-TEACHER CONFERENCES



The Primary Parent-Teacher conferences, held on March 4 and 5, were a great opportunity for parents and teachers to meet and discuss students' academic progress, learning habits, and personal development. These meetings help create a shared understanding of each child's strengths and areas for growth, ensuring every student gets the support they need.



A strong partnership between families and the school plays an important role in every student's development. Open communication supports students in building independence, responsibility, and a positive attitude towards learning. Thank you to all parents and staff for your participation and support in helping our students grow.



YEAR 3B WILL GO TO THE MOON



Happy Pi Day from Year 3B! 3.14!

For thousands of years humans have calculated pi on the Earth. Now we have a chance to be the first people in history to calculate pi on a different celestial body. Year 3B are going to calculate pi on the Moon!

Do we already know the value of pi? Yes. Have humans already been to the Moon? Also yes. Has humankind ever done both those things at once? No. Not yet. Not until now.

Year 3B will be some of the first humans ever to calculate pi on a different celestial body: the Moon!

To earn their place on the mission, Year 3B calculated Pi using the Buffon's needle method with Mr Armstrong and Ms Sun earlier in the year.

This week, pupils received certificates confirming that their names will be sent to the moon on lunar rover "CubeRover-1" which will calculate Pi and output their names!



This is where the rover will land, near the south pole of the moon!

ART OF THE WEEK

PRIMARY ART & DESIGN

Year 6



PERSPECTIVE DRAWING

For this art project, students created a one-point perspective drawing. This technique helps make drawings look three-dimensional and realistic. All lines in the drawing will lead to a single point on the horizon called the vanishing point. Students can draw scenes like roads, railways, buildings, or rooms, showing objects getting smaller as they move farther away. The project will teach students about depth, proportion, and spatial awareness.

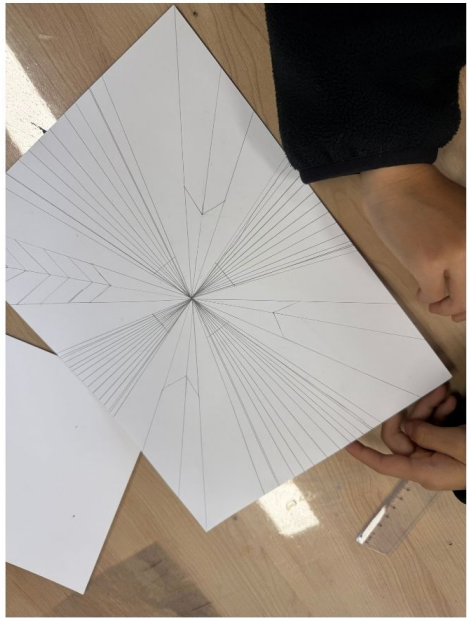
- REQUIRED ITEMS**
- Pens
 - Pencils
 - Sketch Paper
 - Clip Board



By completing this project, students will gain confidence in turning simple shapes into three-dimensional images and learn how to represent real-life spaces on paper. Overall, this activity combines artistic imagination, technical skill, and understanding of perspective, making it a fun and educational experience for all students.

Key Aims

The main aim of this art project is to help students understand one-point perspective and how it creates the illusion of depth and three-dimensional space in a drawing. Students will learn to observe carefully how objects appear smaller as they move away and apply this knowledge using horizon lines, vanishing points, and straight lines. The project also develops spatial awareness, helping students place objects in proportion and distance within a scene. Additionally, it encourages creativity as students design roads, buildings, or rooms, while improving their drawing skills, neatness, and confidence in creating realistic scenes.



Primary Assembly



Student Performance: Protecting the Environment



STARS OF THE WEEK

- 4A = Alvern, Bryson,
- 4B = Avery, Luke
- 5A = Kolya, Torren
- 5B = Evan, Zayn
- 5C = Enchen, Eric, Rachel
- 6A = Bruno, Eloise
- 6B = Anna

Congratulations!



Quick-response quiz



100 DAYS OF SCHOOL



"Mr T is asleep! Everyone ready?"

During last Friday morning break, we told students: Mr T was so tired that he dozed off at his desk. Wouldn't it be fun, we whispered, if we all crept into the atrium and surprised him? Their eyes went wide. Fingers flew to lips. **"Shhhh!"**

Then came the signal. Three deep breaths. One giant yell: **"HAPPY 100 DAYS OF SCHOOL!!!"**

And just like that—Mr T burst through the door, fully awake and grinning, Principal Mr Simon right behind him. They'd been in on the joke all along!

The music started immediately. Kids swayed, bodies wiggled, feet stomped—the atrium filled with pure joy and energy. What a flash mob moment!

Then, cookies and cards from our wonderful PTA reached every student's hands, thanks to our student council members. None of this sweet treat would have been possible without them—their support made the day absolutely awesome!

We hope to create many more unforgettable moments together!

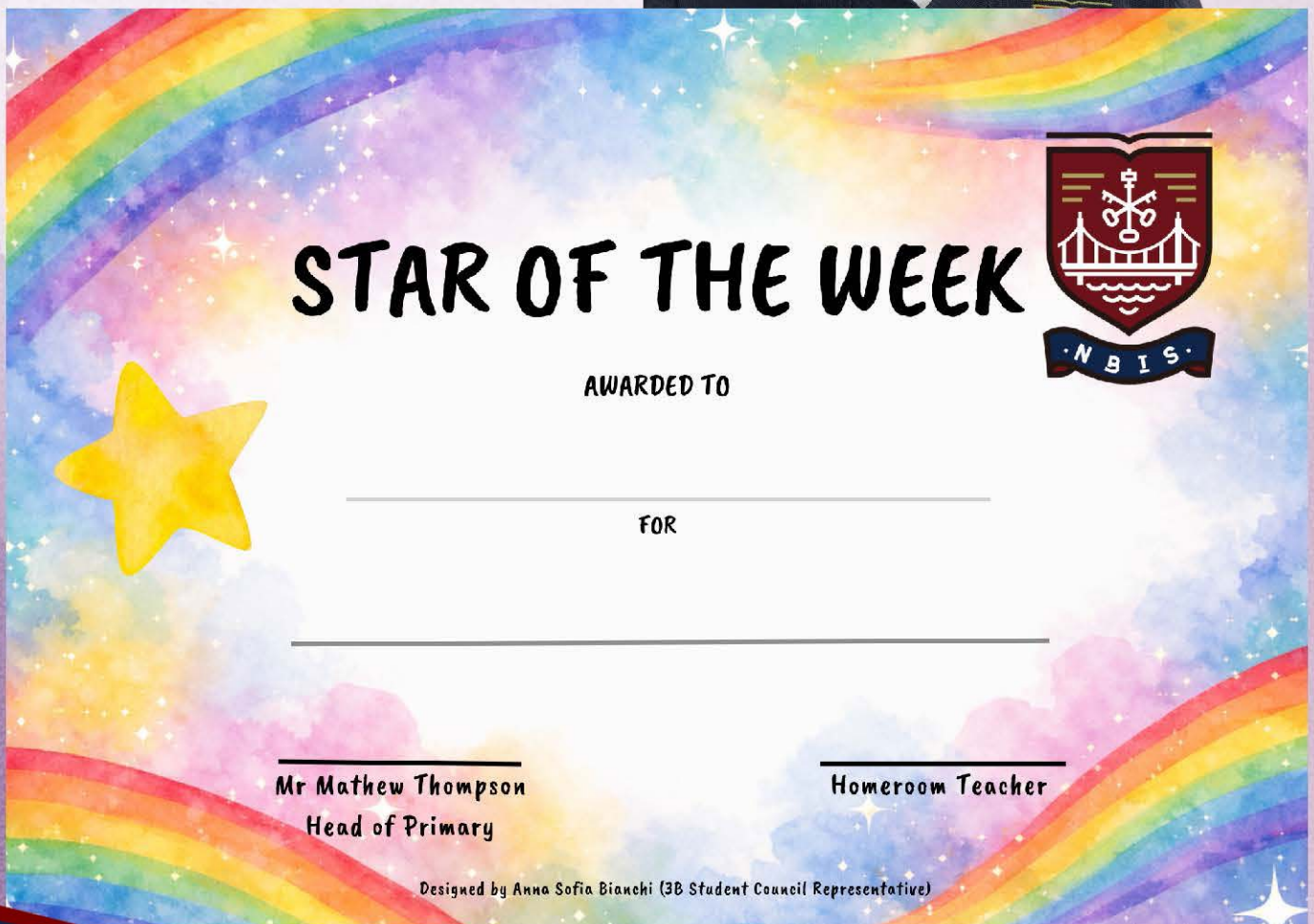


3B STUDENT COUNCIL DESIGNER OF THE WEEK

3B's student council representative Anna Sofia Bianchi worked with Mr Armstrong, Canva and AI to design a new Star of the Week certificate.



I think it should have floaty rainbows as beautiful as the sun and colourful clouds and star dust sparkling everywhere with all the colours of the universe!



SECONDARY PARENT-TEACHER CONFERENCES

The Secondary Parent-Teacher Conferences, held on March 10 and 11, provided an opportunity for parents and teachers to discuss students' academic progress, subject choices and overall development. The meetings also gave families a clearer picture of how students are progressing in their studies and the goals they are working towards during these important secondary years. When parents and teachers work closely together, students benefit from clearer guidance and stronger support as they continue to develop independence in their learning and consider their next steps.

Thank you to all the parents and teachers who took the time to attend the meetings and support our students.





NBIS STUDENTS EXPLORE THE FUTURE OF MANUFACTURING AT ZEEKR INTELLIGENT FACTORY

Mr Sean Pollitt

On the lucky Friday 13th, our Year 11 and Year 12 Business and Computer Science students recently had the exciting opportunity to visit the ZEEKR Intelligent Factory in Ningbo, gaining first-hand insight into one of the world's most advanced electric vehicle production facilities.

The visit began in the factory's impressive lobby, where students were introduced to the ZEEKR brand through a series of marketing displays and promotional videos. They also examined a full vehicle chassis platform, the structural base upon which all ZEEKR vehicles are built, giving students a deeper understanding of modular vehicle design and modern automotive engineering.

A large live dashboard in the lobby captured students' attention, displaying real-time factory data. This included the amount of solar energy generated that day, how much of that energy had been used to power the factory, and the number of vehicles produced so far compared to the daily production target. This provided a clear demonstration of how sustainability and data-driven operations are integrated into modern manufacturing.



Students then entered the autonomous production facility itself. Here they witnessed a highly automated environment in which fleets of intelligent robots moved continuously across the factory floor. These robots transported components between machines and workstations, ensuring materials were delivered precisely when needed. Students were particularly impressed by how seamlessly these systems operated alongside a small number of human operators supervising the process.

Business Studies students were able to see key operational concepts in practice, including efficiency, workflow optimisation, and large-scale production management. Computer Science students focused on the automation technologies that power the factory, including robotics, real-time monitoring systems, and autonomous logistics.

Students were particularly struck by how clean, organised, and efficient the entire facility was, reflecting the cutting-edge technology behind modern electric vehicle manufacturing.

The visit provided a fascinating glimpse into the future of industry and allowed our students to connect classroom learning with real-world applications in operations management, robotics, and smart manufacturing.

Secondary Assembly



Chinese Writing Competition Awards Announcement

Congratulations!



Debate: Has the Creation of AI Done More Harm than Good?



Quick-response quiz



AI Ethics: Debate, Seminar and More...

Ivy Zhu, Year 12B



At this Monday's assembly, Alyssa, Arta, Arturo, Charli, Liam, and Vessy from the Community Service Club delivered a well-prepared debate on the topic: "Has the creation of AI done more harm or good?"

Both sides presented their arguments regarding AI's impact on job creation, natural disaster prediction, and other areas. The positive argued that AI represents an undeniable trend, simultaneously enhancing individual productivity, driving societal progress and economic growth, and even assuming critical responsibilities in macro-level environmental protection.

The negative countered that AI remains in its developmental phase and cannot yet be fully trusted for tasks like natural disaster prediction in the short term. Furthermore, many jobs traditionally requiring human "brainpower"—such as programmers and office clerks—face the risk of AI replacement, potentially leading to widespread unemployment. Quizzes were added between debate segments to heighten audience engagement and curiosity about the topic.



On Thursday afternoon, Professor Anthony Bellotti from UNNC delivered a talk on AI Ethics to Year 11 to 13 students. He noted that AI influences our lives in numerous ways. Beyond its common advantages like translation, information retrieval, and data integration, it also poses significant risks—such as causing adverse social impacts through misjudgments, fabricating false information, and perpetuating invisible gender and racial biases.

Prof. Bellotti also noted that our trust in AI stems from confidence in the expertise of its developers, assuming it has undergone rigorous training. However, AI is not entirely controllable and may develop capabilities that humans do not initially intend. Therefore, regulations and control policies are essential—an area where many countries, including China, are refining their legal frameworks.

Following the talk, the audience actively raised questions. Many questions followed Monday's debate, such as whether AI holds potential to mitigate climate change, or could it cause widespread unemployment. Other questions explored how humanity can maintain a meaningful connection with nature in an increasingly digital and AI-driven world.

AI Ethics remains a topic worthy of discussion. While enjoying its conveniences, we must remain mindful of its potential risks and use it moderately and reasonably.



Get to Know Our New Teacher



Olivia Clement

Hello, my name is Olivia Clement, and I am delighted to be joining the community at Ningbo British International School. I am originally from Canada, and I am very excited to begin this new chapter at NBIS.

I am a passionate educator who has spent several years teaching young learners internationally. Before teaching in China, I spent six years teaching both Primary and Kindergarten students in Seoul, South Korea, which was an incredibly rewarding experience.

I enjoy creating engaging and supportive classroom environments where students feel confident to explore, ask questions, and develop a genuine love of learning. One of my greatest joys as a teacher is helping children discover the magic of books and develop a lifelong love of reading. My goal as a teacher is to support students as they grow not only academically, but also socially and emotionally so they feel encouraged to reach their full potential.



I am truly excited to begin this journey at NBIS and look forward to becoming part of such a wonderful school community.



NBIS FOOD

WEEKLY Menu

The Week of March 16th to 20th, 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Menu	French Baked Pumpkin	Broccoli and Sausage Spaghetti	Cheese Mashed Potatoes	Salt-Baked Chicken	Yellow Peach Baked Pumpkin
	法式焗南瓜	西兰花烤肠炒意面	芝士土豆泥	盐焗鸡	黄桃焗南瓜
	Roasted Chicken	Popcorn Chicken	Hand-Torn Chicken	Vermicelli with Braised Beef Brisket	Orleans-Style Chicken Wings
	烤鸡	鸡米花	手撕鸡	粉条炖牛腩	奥尔良鸡翅中
	Mushroom Hearts with Green Vegetables	Corn, Peas, and Carrots	Stir-Fried No. 5 Cabbage	Stir-Fried Shrimp with Celery	Stir-Fried Green Vegetables
	香菇菜心	青豆玉米胡萝卜	炒五号菜	西芹炒虾仁	炒青菜
	Braised Beef Brisket with Radish	Sautéed Beef with Onions	Crispy Chicken Tenders	Golden Chicken Nuggets	Roasted Duck
	牛腩烧萝卜	洋葱牛肉片	香酥鸡柳	黄金鸡块	烧鸭
	Stir-Fried Shredded Pork with Garlic Sprouts	Celery with Dried Tofu	Stir-Fried Shredded Pork with Mushrooms	Yuxiang Shredded Pork	Shrimp with Baby Cabbage
	蒜苗炒肉丝	芹菜香干	杏鲍菇炒肉丝	鱼香肉丝	虾仁娃娃菜
	Stir-Fried Broccoli	Stir-Fried Cauliflower	Stir-Fried Broccoli	Stir-Fried Cauliflower	Stir-Fried Broccoli
	炒西兰花	炒花菜	炒西兰花	炒花菜	炒西兰花
	French Fries	Baked Sweet Potato	Steamed Dumplings	Baked Potato	Steamed Corn
	炸薯条	烤红薯	蒸饺	烤土豆	蒸玉米
	Braised Tofu with Pork	Steamed Egg with Minced Pork	Taro and Beef Soup	Braised Tofu with Cabbage	Spare Ribs with Pepper Salt
	油豆腐烤肉	肉沫蒸蛋	芋艿滑牛肉	白菜炖豆腐	椒盐仔排
	Long-Haired Shrimp	Pomfret	Spicy Salt Flatfish	Scallion Oil Clams	Braised Shrimp
	长毛虾	鲳鱼	椒盐玉秃鱼	葱油花蛤	油焖大虾
	Small Yellow Croaker	White Shrimp	Jiangbai Shrimp	Spicy Salt Leatherjacket	Steamed Fish Chunks with Pickled Pepper
	小黄鱼	白灼虾	江白虾	椒盐橡皮鱼	剁椒鱼块
Chiffon Cake	Sushi	Cranberry Bread	Pizza	Chicken Rolls	
戚风蛋糕	寿司	蔓越莓面包	披萨	鸡肉卷	
Tomato and Egg Drop Soup	Shrimp and Winter Melon Soup	Shredded Kelp Soup	Seaweed Soup	Rice Ball, Egg Shreds, and Sweet Ginger Soup	
番茄蛋花汤	虾仁冬瓜汤	海带丝汤	紫菜汤	圆子蛋丝甜羹	
Fruit	Fruit	Fruit	Fruit	Fruit	
水果	水果	水果	水果	水果	
Shrimp with Scrambled Eggs	Stir-Fried Onions and Beef with Mushrooms	Steamed Egg with Broccoli	Fried Fish Fillet	Steamed Fish Fillets with Scallion Oil	
虾仁炒蛋	香菇洋葱牛肉片	西兰花蒸蛋	炸鱼排	葱油鱼片	
Dry Pot Cauliflower	Stir-Fried Snow Peas with Black Fungus	Pan-Fried Pork Chop	Stir-Fried Shredded Pork with Green Pepper	Stir-Fried Shredded Pork with Celery	
干锅花菜	荷兰豆炒木耳	香煎小猪排	青椒肉丝	西芹炒肉丝	
Stir-Fried Celery with Carrots	Stir-Fried Spinach with Garlic	Steamed Dumplings	Stir-Fried Pumpkin with Scallion Oil	Stir-Fried Zucchini	
西芹胡萝卜	蒜蓉菠菜	蒸饺	葱油南瓜	清炒西葫芦	
Stir-Fried Green Vegetables	Stir-Fried Tomato and Egg	Stir-Fried No. 5 Cabbage	Stir-Fried Lettuce	Stir-Fried Chrysanthemum Greens with Garlic	
炒青菜	番茄炒蛋	炒五号菜	炒生菜	蒜蓉茼蒿	
Pure Milk	Pure Milk	Pure Milk	Pure Milk	Pure Milk	
纯牛奶	纯牛奶	纯牛奶	纯牛奶	纯牛奶	
Yogurt	Yogurt	Yogurt	Yogurt	Yogurt	
酸牛奶	酸牛奶	酸牛奶	酸牛奶	酸牛奶	
Cherry Tomatoes	Bananas	Cream Dates	Longan	Oranges	
小番茄	香蕉	奶油枣	桂圆	橙子	
Potato Pancakes	Steamed Dumplings	Shredded Radish Pancakes	Small Steamed Buns	Shaomai	
土豆丝饼	蒸饺	萝卜丝饼	小笼包	烧麦	
Sunshine Rose Grapes	Apples	Mandarin Orange	Fragrant Pears	Dragon Fruit	
阳光玫瑰	苹果	橘子	香梨	火龙果	
Walnut Cookies	Red Velvet Cookies	Meringue Cookies	Gingerbread Men	Egg Crisp Cookies	
桃酥饼	红丝绒饼干	蛋白霜饼干	姜饼人	鸡蛋脆饼	





Weekly Menu

Early Years Section

The Week of March 16th to 20th, 2026

	Lunch	Snack
<i>Monday</i>	Shrimp with Scrambled Eggs Dry Pot Cauliflower Stir-Fried Celery with Carrots Stir-Fried Green Vegetables 虾仁炒蛋 干锅花菜 西芹胡萝卜 炒青菜	Potato Pancakes Cherry Tomatoes Walnut Cookies Sunshine Rose Grapes Pure Milk Yogurt 土豆丝饼 小番茄 桃酥饼 阳光玫瑰 纯牛奶 酸奶
<i>Tuesday</i>	Stir-Fried Onions and Beef with Mushrooms Stir-Fried Snow Peas with Black Fungus Stir-Fried Spinach with Garlic Stir-Fried Tomato and Egg 香菇洋葱牛肉片 荷兰豆炒木耳 蒜蓉菠菜 番茄炒蛋	Steamed Dumpling Bananas Red Velvet Cookies Apples Pure Milk Yogurt 蒸饺 香蕉 红丝绒饼干 苹果 纯牛奶 酸奶
<i>Wednesday</i>	Steamed Egg with Broccoli Pan-Fried Pork Chop Steamed Dumplings Stir-Fried No. 5 Cabbage 西兰花蒸蛋 香煎小猪排 蒸饺 炒五号菜	Shredded Radish Pancakes Cream Dates Meringue Cookies Mandarin Orange Pure Milk Yogurt 萝卜丝饼 奶油枣 蛋白霜饼干 橘子 纯牛奶 酸奶
<i>Thursday</i>	Fried Fish Fillet Stir-Fried Shredded Pork with Green Pepper Stir-Fried Pumpkin with Scallion Oil Stir-Fried Lettuce 炸鱼排 青椒肉丝 葱油南瓜 炒生菜	Small Steamed Buns Longan Gingerbread Men Fragrant Pears Pure Milk Yogurt 小笼包 桂圆 姜饼人 香梨 纯牛奶 酸奶
<i>Friday</i>	Steamed Fish Fillets with Scallion Oil Stir-Fried Shredded Pork with Celery Stir-Fried Zucchini Stir-Fried Chrysanthemum Greens with Garlic 葱油鱼片 西芹炒肉丝 清炒西葫芦 蒜蓉茼蒿	Shaomai Oranges Egg Crisp Cookies Dragon Fruit Pure Milk Yogurt 烧麦 橙子 鸡蛋脆饼 火龙果 纯牛奶 酸奶





Sample Meal (Whole School)



Sample Meal (Early Years)

Flavours Meet at NBIS

Episode 3: *Shanxi Braised Pork with Fermented Bean Curd* 山西酱梅肉



Braised Pork with Fermented Bean Curd, a classic treasure of Shanxi merchant culture is one of the Three Steamed Jin Dishes and a representative of Jin Merchant Manor Cuisine. Made from marbled pork with skin and steamed with fermented bean curd sauce, it presents a bright red color, tender texture and rich, non-greasy taste.



?? What's that enticing smell?

It's the aroma of fermented bean curd—a special ingredient that adds savoury depth to the dish while being easy to digest, naturally rich in calcium, and a good source of protein and B vitamins.





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NBIS
A COMMUNITY OF LEARNERS



Ningbo British
International School

Unity - Diversity - Excellence

Aug 2025						
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2025-26 Semester 1 (School Days-90 Days) 01/09/2025 Semester 1 Begins, 30/01/2026 Semester 1 Ends

Holidays in Semester 1

- 01/10/2025 to 08/10/2025 Chinese National/Mid-Autumn Holiday
- 21/11/2025 PD Day
- 17/12/2025 to 04/01/2026 Winter Holiday

2025-26 Semester 2 (School Days-90 Days) 02/02/2026 Semester 2 Begins, 03/07/2026 Semester 2 Ends

Holidays in Semester 2

- 07/02/2026 to 01/03/2026 Spring Festival Holiday
- 04/04/2026 to 06/04/2026 Qingming Holiday
- 01/05/2026 to 05/05/2026 Labour Day Holiday
- 19/06/2026 to 21/06/2026 Dragon Boat Holiday



Aug 2026						
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Jun 2027						
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Jul 2027						
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2026-27 Semester 1, 08/31/2026 - 01/29/2027 (School Days-90 Days)

Holidays in Semester 1

- 09/25/2026 to 09/27/2026 Mid-Autumn Holiday
- 10/01/2026 to 10/07/2026 Chinese National Holiday
- 11/20/2026 PD Day
- 12/16/2026 to 01/03/2027 Winter Holiday
- 02/01/2027 to 02/21/2027 Spring Festival Holiday

2026-27 Semester 2, 02/22/2027 - 07/02/2027 (School Days-90 Days)

Holidays in Semester 2

- 04/03/2027 to 04/05/2027 Qingming Holiday
- 05/01/2027 to 05/05/2027 Labour Day Holiday
- 06/09/2027 Dragon Boat Holiday





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