



 **CAMBRIDGE**
International Education

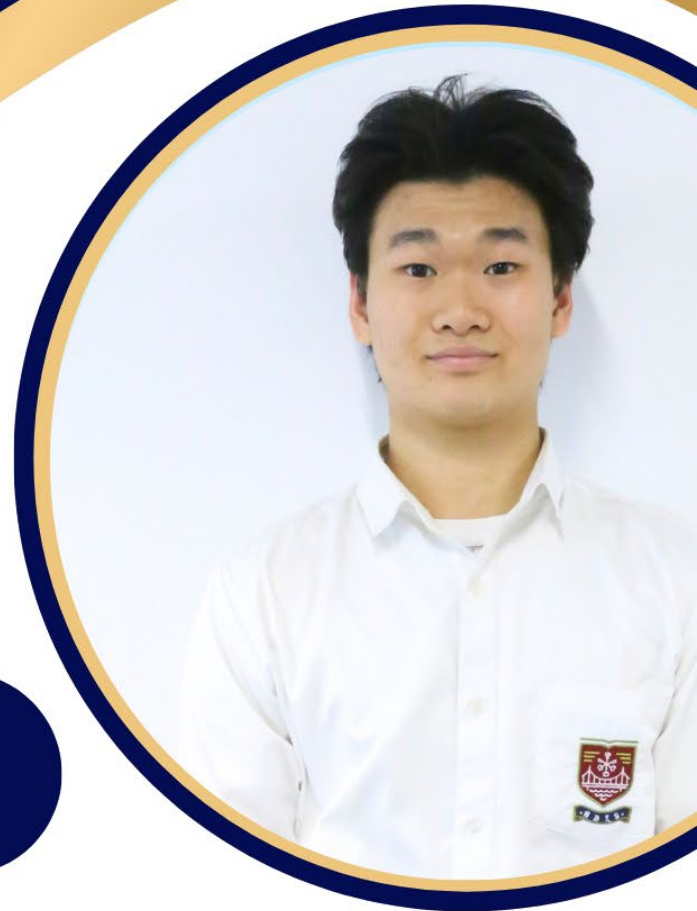
Cambridge International School



NINGBO BRITISH INTERNATIONAL SCHOOL

Weekly Newsletter 25
March 21st, 2025





CONGRATULATIONS

Dennis Weijia Liu

Class of 2025

for receiving an offer to study at the University of California, Irvine.

UC Irvine



Images sourced from the Internet.



PRIMARY TALENT SHOW 2025 AUDITIONS



☀️ Come to the Auditions for
This Year's
Primary Talent Show!

🎨 Talents We Love:

Singing | Dancing | Magic |
Instruments | Comedy | and
more!

📱 How to Join:

1. Scan the QR Code below.
2. Fill out the simple form!



It's Your Time to Shine



🌟 Open to all NBIS Primary students in Years 1-6 !

The deadline to apply is Tuesday, 25 March, 2025 .



GO SHARKS, GO!!!



Volleyball tournament at UNINC

Saturday 22nd of March

Schedule

Time	Category	Court 1	Court 2
10:00-10:30	U19 Girls	HD vs NBHIS	NBIS vs GSN
10:30-11:00	U19 Boys	HD vs NBHIS	NBIS vs GSN
11:30-12:00	U19 M - U15 M	NBHIS vs GSN	NBIS vs GSN
12:30 -13:00	U19 Girls	NBHIS vs GSN	NBIS vs HD
13:00-13:30	U19 Boys	NBHIS vs GSN	NBIS vs HD
13:30-14:00	U15 Girls - U15 M	HD vs NBHIS	GSN vs NBIS
14:00-14:30	U19 Girls	GSN vs HD	NBIS vs NBHIS
14:30-15:00	U19 Boys	GSN vs HD	NBIS vs NBHIS
15:00-15:30	Award Ceremony		





University of
Nottingham

UK | CHINA | MALAYSIA

INVITATION LETTER FOR MARCH 22 2025

NINGBO SCHOOL SPORTS LEAGUE VOLLEYBALL TOURNAMENT

2025年3月22日邀请函宁波学校体育联赛
学校排球锦标赛

Address: University of Nottingham Ningbo China, 199 Taikang E Rd,
Yinzhou, Ningbo city, Zhejiang , China, 315104

浙江省宁波市鄞州区泰康东路 199号宁波诺丁汉大学 邮编: 315100

GO SHARKS, GO!!!

*Please show this invitation letter
in order to enter the venue.*



Ningbo British
International
School



GEORGIA
SCHOOL



HD NINGBO SCHOOL
宁波赫德实验学校



Ningbo British
International School

Unity - Diversity - Excellence

Bringing Community Together

PTA's Support for Athletics Day and Chinese Culture Day



PTA Supports Secondary Athletics Day

Secondary Athletics Day was a fantastic display of teamwork and school spirit. To support students and teachers, the PTA kindly set up an energy station with drinks, snacks, and fresh fruit.

The station helped participants stay hydrated and energised as they competed in various events. We truly appreciate the PTA's support, which made a positive difference to the experience.

It was wonderful to see students, teachers, and parents come together to celebrate sportsmanship and healthy competition. We look forward to more successful events ahead!

PTA Café & Fan Painting Event

The PTA hosted a wonderful PTA Café, inviting parents and teachers to enjoy snacks, coffee, and drinks in a warm and friendly setting. Alongside this, a special fan painting activity was held, allowing parents to take part in a creative and cultural experience.

This event was part of the celebrations for the upcoming Chinese Culture Day, offering a great opportunity for our community to come together and appreciate traditional arts. We sincerely thank the PTA for their efforts in organising such an enjoyable gathering. We look forward to more engaging events in the future!



F1 in Schools: Accelerating Innovation and Learning with STEM

Mr Sean Pollitt

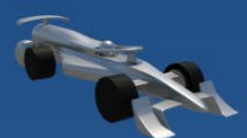
F1 in Schools is an internationally acclaimed STEM competition that challenges students to design, analyse, manufacture, and race miniature Formula 1 cars. Beyond the thrill of speed, the program emphasises engineering, design thinking, and problem-solving skills, offering a unique academic boost. Through hands-on experience with advanced software like Fusion 360, students gain invaluable insights into design, aerodynamics, and manufacturing principles that enrich their classroom learning and inspire future career aspirations.



A Journey from Concept to Competition

The project was initially conceived during the 2023/2024 school year as a pilot to test feasibility with only a handful of students. But it officially launched at the beginning of September 2024 with the full support of SLT. Students quickly embraced the challenge by forming teams, delving into the competition rules, and mastering Fusion 360. Four dynamic teams emerged from this creative spark:

- MachX
- Zen Racing
- Project Cosmos
- Team Equinox



These teams embarked on an exciting design journey, developing prototypes that were subsequently brought to the University of Nottingham Ningbo China (UNNC). Under the expert guidance of Professor Dr Halim and his students, the prototypes were analysed and reviewed, offering the students new perspectives and pushing the boundaries of their design concepts.

Dr Halim's students also explained their experience in the Formula Student project, which is a university level engineering project which requires students to build and race a full-size race car, whilst it seems daunting at first, it shows the future our students might pursue if they continue down this STEM path.



Race Day and Community Engagement



With a deadline set for 10th March 2025, students prepared their prototypes for a friendly race, showcasing their hard work in front of the entire Secondary student body. The day kicked off with Mr Sean's presentation at the Secondary assembly, where he recounted the project's evolution—from its humble beginnings to the promising future ahead.

Following the assembly, each team took the stage to share their unique journey and the lessons they had learned. During the lunchtime session, the prototypes were put to the test. Despite some setbacks—wheels detaching and front wings shattering—each team demonstrated resilience, managing impressive runs with some cars reaching speeds of up to 60-70 kph.



Later in the week, on Thursday, the teams hosted a special event for the Senior Leadership Team (SLT) and members of the Year 6 Primary F1 in Schools team, led by Year 3A Mr Armstrong, alongside his class of Year 3A. These students had the opportunity to ask each team questions and learn about their design philosophies.



The students then presented to SLT and once again explained their designs, and were asked questions by Mr Phil about their designs and team aspirations for the future.

This event provided an additional platform for the students to highlight their innovative designs and share their experiences, as well as building their confidence for public speaking.

Looking Ahead: The Future of Our F1 in Schools Journey

As we continue to evolve, our focus now shifts from our current 3D printed designs towards preparing our cars for CNC printing. This transition represents one of the final major hurdles before our students can set their sights on competing in Regional events—with aspirations to advance to National and potentially International competitions.

The F1 in Schools project is a long process, our students have already achieved more this year than Mr Sean expected within the time frame, so now as students continue to hone their STEM skills and modify their designs, they must also begin to pursue sponsors to help fund their teams!

The F1 Teams would like to thank all of the teachers who have assisted in this project, and SLT for believing in them and allowing them to pursue this project.

At NBIS, we are proud of our students' journey so far and excited for the challenges and triumphs that lie ahead. Stay tuned as we accelerate toward a future of innovation, precision, and high-speed success!

Reception A

Ms Samy & Ms Echo

This Week in Reception A

This past week, our students embarked on a thrilling adventure as they explored the wonders of the ocean and all the fascinating things it holds. The excitement was palpable as our young learners not only studied marine life and ocean ecosystems but also had the opportunity to bring their learning to life in a fun and creative way.



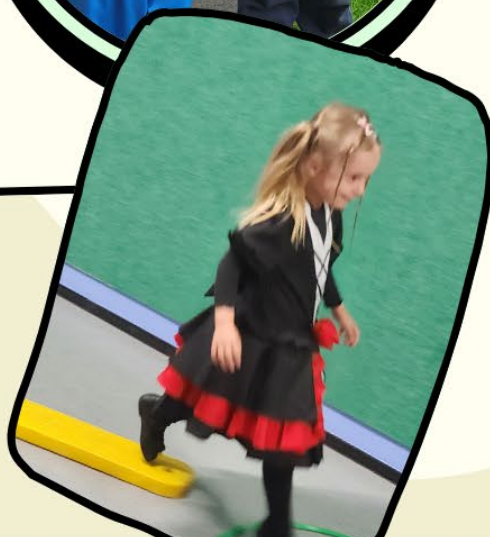
To kick off the week, students dove into an engaging pirate-themed activity where they learned about treasure maps, navigation, and the importance of the ocean in history. They had the chance to pretend to be pirates, creating their own treasure maps and plotting out their path to hidden treasure. This hands-on activity allowed students to engage with the material in a dynamic and imaginative way.



Find the Treasure

The fun didn't stop there! Students also got the chance to walk the plank, experiencing the thrill of being pirates on a high-seas adventure. The excitement reached new heights as they "dug for treasure", discovering treasures hidden in the classroom and learning about the valuable resources our oceans provide.

As part of the pirate theme, students were encouraged to dress up as pirates, with many donning hats, eye patches, and bandanas, bringing their pirate personas to life! The students looked fantastic and truly embraced the spirit of the adventure, making the entire experience even more memorable.

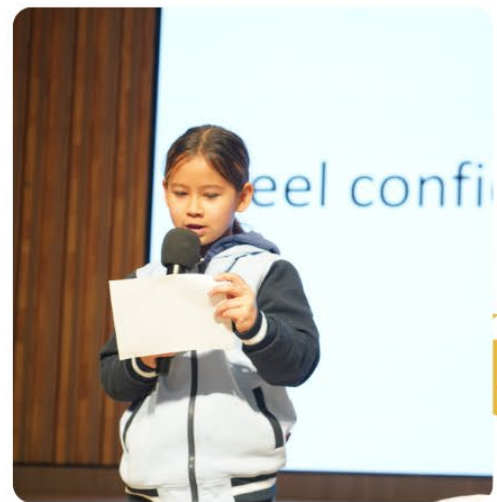


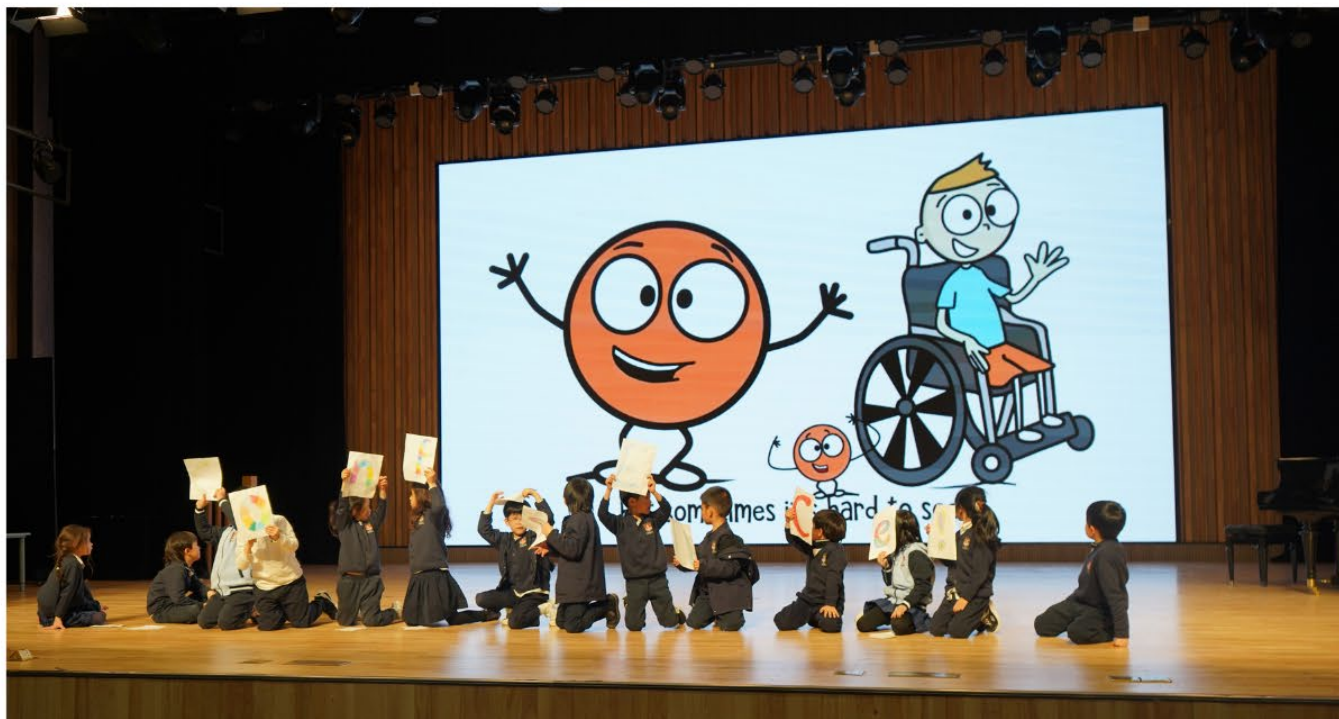
Primary Assembly

This week's assembly was all about Confidence!

As we go through life, we often find ourselves faced with challenges that might make us feel a little anxious or nervous, like public speaking, playing a new sport or performing on stage. However, having a little confidence can help us to overcome our fears and enable us to try new things.

Confidence is closely linked with self-esteem, it's about believing in ourselves and our unique talents and skills, and confidence often leads to greater success. So, our assembly taught us about different ways to achieve greater self confidence and to start believing that 'We can!'.





Wonderful Performances by Year 1



Congratulations to Our Stars of the Week



1A- Helena & Timothee 1B- Jason & Jeremy
2A- Robin & Yicheng 2B- Kayla & Thor 2C- Hazard & Max.W
3A- Annabella & Yuika 3B- Sieun & Marcus

**Well Done
Everyone!**



Primary Inclusion Speech Session

Miss Chrissy

One of the Inclusion support sessions that Lower Primary students can receive is speech therapy. The students have been referred by their teachers and they each have sounds that have been identified as needing practice.

Magical Mirror

When the students enter their inclusion classroom, they get their personalised sound book, that hangs on the wall. They practice the proper mouth formation of their struggling sounds by looking in the mirror.



Sound Practice

The class will all practice the letter sounds together. They set a sound goal together and cheer each other on or help each other pronounce words or sentences correctly.



Learning Through Play

There are students from three different year groups in the inclusion speech session. They will split into small groups and play games designed to help them practice their letter sounds in a fun and engaging way.

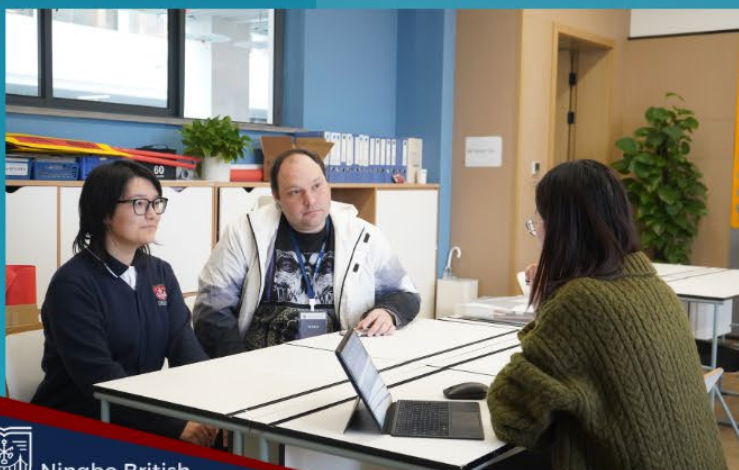


NBIS Secondary Parent Teacher Conference

Mr Aaron Lowe

The NBIS Parent Teacher Conference is a key event that brings together teachers, parents, and students to discuss academic progress, personal development, and future goals. Held in a welcoming and supportive atmosphere, the conference reflects the school's commitment to fostering strong communication and collaboration between home and school.

One of the standout features of the NBIS Parent Teacher Conference is the active involvement of students. Encouraging students to participate directly in these meetings allows them to take ownership of their learning journey. Students are given the opportunity to reflect on their progress, set personal goals, and receive direct feedback from their teachers while their parents listen and contribute to the discussion. This approach helps students develop a sense of accountability and confidence as they engage in constructive conversations about their academic and personal growth.



Secondary Section



The atmosphere during the conference is positive and encouraging. Teachers come prepared with detailed insights into each student's strengths and areas for improvement, creating an environment where students feel supported rather than judged. The conference is not just about academic performance—it's also a chance to celebrate students' achievements, recognise their efforts, and identify opportunities for further growth. Parents leave with a better understanding of how to support their child at home, while students walk away feeling motivated and empowered.

The event also strengthens the bond between parents and teachers. Open and honest conversations help build trust and ensure everyone is aligned in supporting the student's success. The shared sense of purpose creates a strong community spirit throughout the school. The NBIS Parent-Teacher Conference ultimately fosters a culture of growth, support, and positivity, helping students thrive both academically and personally.





Secondary Assembly

During Monday's assembly, our IGCSE Drama students presented an impressive performances, showcasing their incredible talent and creativity. Thank you for your hard work and dedication!





Exploring and Experiencing the Chinese Qingming Festival Culture

Ms April Chen



The Qingming Festival, one of China's most cherished traditional festivals, boasts a profound history and deep cultural significance. This week, our Year 7 MFL students immersed themselves in the essence of this festival through an engaging and interactive Chinese class.

The lesson began with an exploration of the festival's origins and traditions. Students watched informative videos and participated in teacher-led discussions, gaining valuable insights into the historical and cultural aspects of Qingming. To further enrich their understanding, they had the opportunity to taste *Qingtuan*, a traditional green dumpling enjoyed during the festival, and even tried their hand at crafting paper kites—a symbolic activity associated with Qingming.





Through this hands-on and immersive experience, students not only expanded their vocabulary related to the "Qingming Festival" but also developed a deeper appreciation for its cultural importance. This unique learning journey has sparked their curiosity and enthusiasm for Chinese traditions, fostering a greater connection to the rich heritage of Chinese culture.



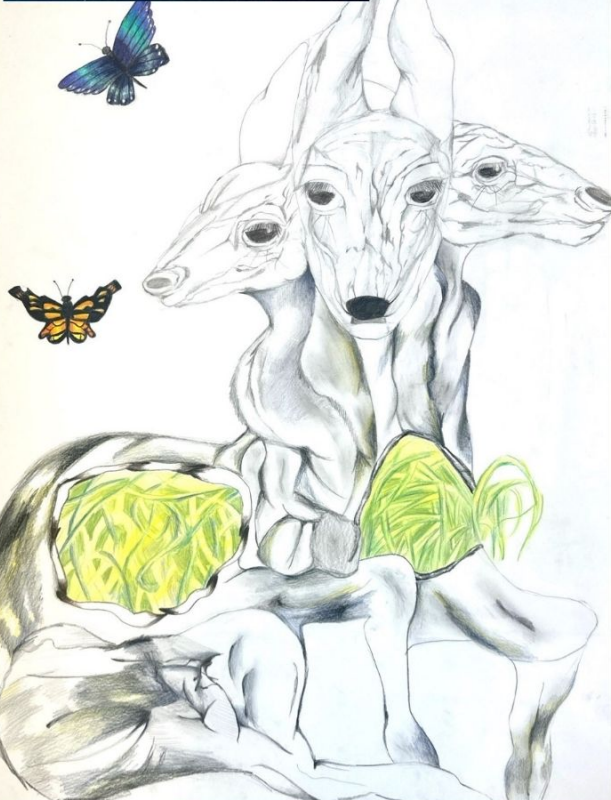
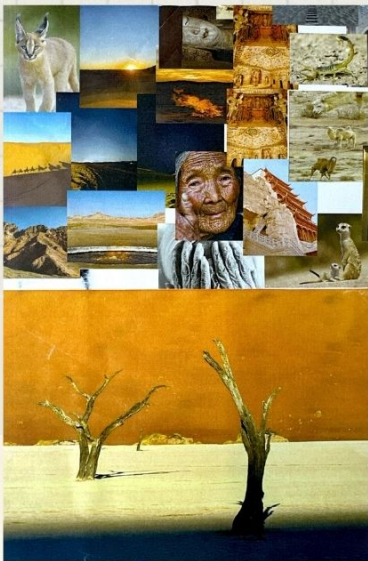
ART OF THE WEEK

My Theme

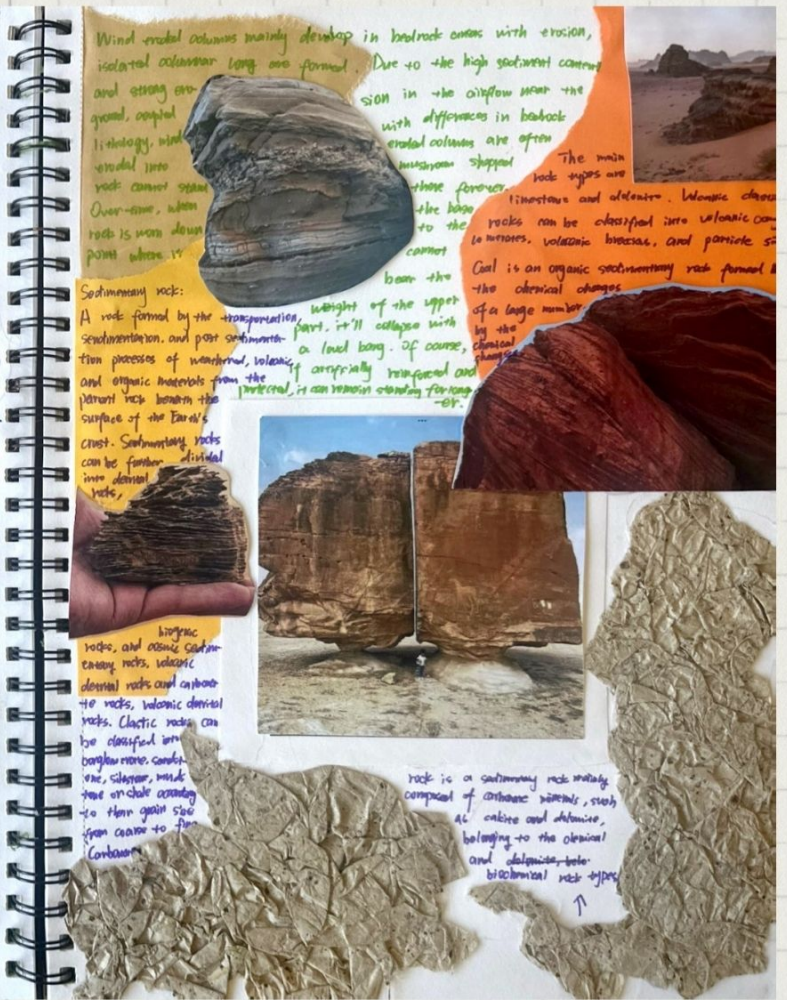
My topic explores deserts, highlighting the animals, plants, humans, roots, and structures found in these arid landscapes. While many consider deserts to be barren, I will emphasize the beauty of nature and life within them. My work will showcase the vibrant aspects of the desert. Throughout the creative process, I will delve into the characters and architecture present in the desert, employing various artistic techniques, including those influenced by Mark Powell, evident in my pen drawing of the lady displayed here.

Dora Sun

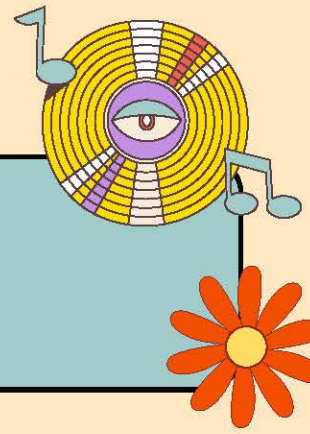
Y10 IGCSE Art & Design



Secondary Section



Dora Sun
Y10 IGCSE Art & Design



SPIRIT WEEK

24TH-28TH, MARCH 2025



PAY ¥10 PER DAY OR
¥35 FOR ALL DAYS!



FRIDAY IS FREE!



24

Monday

PYJAMA DAY

be cozy and relaxed by wearing your pyjamas all day!

25

Tuesday

CELEBRITY DAY

dress up as a famous star!

26

Wednesday

FORMAL DAY

put on your most elegant attire!

27

Thursday

DUO DAY

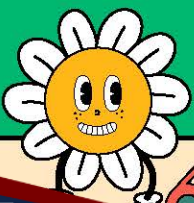
two people choose an outfit that matches!

28

Friday

SONG DYNASTY

dress in clothes from the Song Dynasty
as part of Chinese Culture Day!





NBIS Weekly Menu



Sample Dishes





NBIS Weekly Menu The Week of March 24th to 28th, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday	
Lunch Menu	Beef Stew with Potatoes	Braised Duck in Sauce	Garlic Spare Ribs	Sesame Chicken Drumsticks	Five-Spice Beef	
	土豆炖牛肉	酱焖鸭块	蒜香小排	芝麻鸡腿	五香牛肉	
	Roast Chicken	Grilled Chicken Drumsticks	Mushroom Chicken	BBQ Pork	Salt and Pepper Chicken	
	烧鸡	烤鸡腿	菌菇滑鸡	叉烧肉	盐酥鸡	
	Golden Chicken Nuggets	Scallion Fish Fillet	Fried Butterfly Shrimp	Steamed Egg with Minced Pork	Water Chestnut Meatballs	
	黄金鸡块	葱油鱼片	炸蝴蝶虾	肉末蒸蛋	马蹄肉丸	
	Stir-Fried Bacon with Green Peppers	Pickled Cabbage with Pork	Spicy Beef Soup	Braised Chicken	Stir-Fried Pork with Garlic	
	线椒炒培根	酸菜肉片	金汤肥牛	红烧鸡块	大蒜炒肉	
	Baked Sweet Potato	Steamed Corn	Baked Potato	Steamed Purple Sweet Potato	Scallion Pumpkin	
	烤红薯	蒸玉米	烤土豆	蒸紫薯	葱油南瓜	
	Stir-Fried Broccoli	Stir-Fried Cauliflower	Stir-Fried Broccoli	Stir-Fried Cauliflower	Stir-Fried Broccoli	
	炒西兰花	炒花菜	炒西兰花	炒花菜	炒西兰花	
	Yam with Black Fungus	Cabbage with Fried Tofu	Celery with Dried Tofu	Onion with Potato Slices	Baked Wheat Gluten	
	山药木耳	白菜油豆腐	芹菜炒腐竹	洋葱土豆片	烤麸	
	Boiled Shrimp	Braised Shrimp	River Shrimp	Clams	Pepper Salt Shrimp	
	白灼虾	油焖虾	江白虾	花蛤	椒盐虾	
	Yellow Croaker	Pomfret	Flatfish	Yellow Croaker	Pomfret	
	小黄鱼	鲳鱼	玉秃鱼	小黄鱼	鲳鱼	
	Braised Spare Ribs	Stir-Fried Chicken	Spicy Blood Tofu Stew	Boiled Pork Slices	Pickled Cabbage with Pork	
	红烧排骨	生炒鸡块	毛血旺	水煮肉片	酸菜肉片	
	Croissant	Baguette	Pizza	Egg Tart	Sandwich	
	牛角包	法棒	披萨	蛋挞	三明治	
	Spinach and Meatball Soup with Vermicelli	Mushroom Soup	Radish and Spare Rib Soup	Clam and Luffa Soup	Red Date and White Fungus Soup	
	菠菜粉丝肉丸汤	菌菇汤	萝卜排骨汤	花蛤丝瓜汤	红枣银耳汤	
	Fruit	Fruit	Fruit	Fruit	Fruit	
	水果	水果	水果	水果	水果	
	Snack Menu	Egg Pancake	BBQ Pork Bun	Boiled Egg	Steamed Dumpling	Radish Cake
		鸡蛋饼	叉烧包	水煮蛋	蒸饺	萝卜丝饼
Pear		Apple	Pear	Longan	Banana	
香梨		苹果	香梨	桂圆	香蕉	
Egg Waffle		Jam Toast	Cranberry	Cake	Biscuit	
鸡蛋仔	果酱面包片	蔓越莓干	蛋糕	小熊饼干		



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2024-25 Semester 1 (School Days-90 Days)

26/08/2024 Semester 1 Begins, 14/02/2025 Semester 1 Ends

Holidays in Semester 1

- 14/09/2024 to 17/09/2024 Mid-Autumn Festival
- 28/09/2024 to 07/10/2024 Chinese National Holiday
- 22/11/2025 PD Day
- 18/12/2024 to 05/01/2025 Winter Holiday
- 22/01/2025 to 09/02/2025 Spring Festival Holiday

2024-25 Semester 2 (School Days-90 Days)

17/02/2025 Semester 2 Begins, 01/07/2025 Semester 2 Ends

Holidays in Semester 2

- 04/04/2025 to 06/04/2025 Qingming Holiday
- 28/04/2025 to 04/05/2025 Labour Day Holiday
- 30/05/2025 to 01/06/2025 Dragon Boat Holiday

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20	21	22	23	24	25	26
27	28	29	30	31		

2025-26 Semester 1 (School Days-90 Days) **01/09/2025 Semester 1 Begins, 30/01/2026 Semester 1 Ends**

Holidays in Semester 1

- 01/10/2025 to 08/10/2025 Chinese National/Mid-Autumn Holiday
- 21/11/2025 PD Day
- 17/12/2025 to 04/01/2026 Winter Holiday

2025-26 Semester 2 (School Days-90 Days) **02/02/2026 Semester 2 Begins, 03/07/2026 Semester 2 Ends**

Holidays in Semester 2

- 09/02/2026 to 01/03/2026 Spring Festival Holiday
- 04/04/2026 to 06/04/2026 Qingming Holiday
- 01/05/2026 to 05/05/2026 Labour Day Holiday
- 19/06/2026 to 21/06/2026 Dragon Boat Holiday



Ningbo British International School

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