



NINGBO BRITISH INTERNATIONAL SCHOOL

Weekly Newsletter 12
November 22nd, 2024





COUNCIL OF INTERNATIONAL SCHOOLS PREPARATORY EVALUATION VISIT

This week at last, we were delighted to welcome to NBIS two very important visitors: CIS School Evaluators Mrs Anne Fowles and Mr Bruce Ashton.



Mrs Anne Fowles

Mrs Anne Fowles is the School Support & Evaluation Officer of CIS with 25 years of evaluation experience. She has over 18 years of experience with the International Baccalaureate (IB). She previously held school leadership positions in Malaysia, China, Mongolia, Thailand, Fiji and New Zealand.

Mr Bruce Ashton is the Peer Evaluator of CIS with 20 years of expertise in managing international schools. Originally from New Zealand, he has held school leadership positions in various countries, including Indonesia, Ukraine, Canada, the Netherlands, Thailand, China, and Germany.



Mr Bruce Ashton

Prior to the visit, we did a huge amount of preparation – uploading to a discrete CIS Reporting Instrument descriptions of all areas of the school’s life and work, providing documented evidence for our descriptions and then assessing our performance against the standards that CIS sets at this level.

Anne and Bruce were free to wander around the school, pop into classrooms unannounced, and talk freely with teachers, support staff, students and parents. In addition, they had specific set meetings to explore the 9 Domains:

A: Purpose and direction

B: Governance, ownership & leadership

C: The curriculum

D: Teaching and assessing for learning

E: Well-being

F: Staffing

G: Premises, facilities, technology systems & auxiliary services

H: Community and home partnerships

I: Residential services – boarding and/or homestay

The School Board gave a presentation regarding the Governance of the School, and the Senior Leadership Team gave a presentation of the Guiding Statements of the School, its Purpose and Direction.





The Evaluators held less formal meetings with parents from each section of school: Early Years, Primary and Secondary, student representatives from the Primary and Secondary Student Councils, teachers and support staff - without managers present.



They looked at all our systems and facilities – drop-off and pick up arrangements, school buses, canteens, boarding department, sports facilities and recreational areas. And they observed our break times, lunches, and ECAs. All in all, a pretty good first look at our school, providing a dynamic picture of what we do well and where we might improve.



On Thursday, a Self-Study Workshop was conducted in three intensive sessions. Anne and Bruce introduced 24 participants to the purpose and format of the Self-Study, providing us with practical advice on how to organize this very thorough piece of work involving all stakeholders efficiently and effectively.



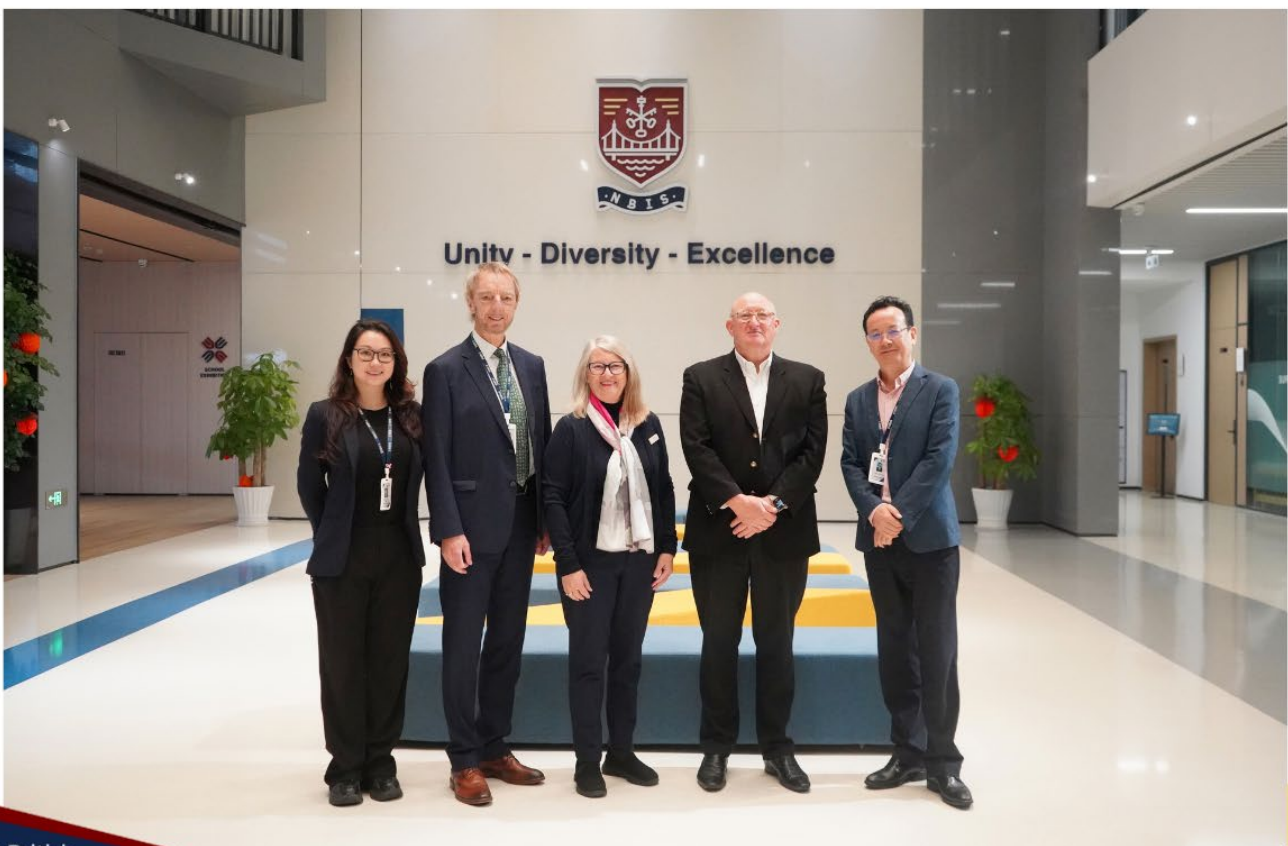
On Friday, the evaluators presented SLT with its first general impressions and the broad brushstrokes of their report.



And next: We hope that CIS will be able to complete the report and get it back to us before the Winter Break so that we can embark upon the next stage in the journey towards accreditation: The Self Study.

Many thanks to Anne and Bruce for their hard work, professionalism, incisive observations and encouragement.

Many thanks to Sharon Wang who acted as the Hub for all the organization of the visit, and to all those who so readily participated in ways large and small to make this an extremely enjoyable and productive week.





The Fall Festival is a student-led event that allows people to get together to celebrate the changing of the seasons while also playing games and enjoying good food. The Secondary Student Council, Business students, Primary Student Council, AHS Students, and PTA united to make the Fall Festival memorable for the NBIS community.

Despite the rainy weather, the Fall Festival went ahead with twice as many stalls as the previous year! This year, we saw more creative and successful business ideas from students, such as henna design, hair wraps, popcorn, waffles, toasted marshmallow, sushi, and more.



THE STUDENT COUNCIL FALL FESTIVAL 2024

In addition to bringing the community together, the Fall Festival aims to give students a chance to create their own mini-businesses. Students feel a sense of independence and pride when they see their business ideas transformed in a real-life context. This year, we had some notable additions from Yemeni students Zaid and Mohamad, who shared their culture by selling Middle Eastern treats. Another exciting and popular new stall was the video game and virtual reality experience that proved popular among younger customers.





We had returning popular stalls, such as Amons and Liam's shawarmas, Zhui's cookies, and Mr Jason Jeffries' famous candles. Of course, all three stalls sold out. This year's most profitable stalls included the ring toss by business students Kaishu, Nono, and Kevin; Student Council members Arpitha and Anisa's Carnival Corner; Mr Phil and Mr Aaron's Water Balloon throw; and, of course, the business conglomerate powerhouse 'International Delights' manned by Liam, Biel, Kartel, John, and parent volunteers.

The Fall Festival is a fundraising event for the Student Council; all profits go toward student-led initiatives and end-of-year trips. The Student Council would like to thank everyone involved with the Fall Festival. Without help from logistics, administration, teacher volunteers and parent volunteers, the students would not be able to participate in such a rewarding and fun activity.



NINGBO SPORTS LEAGUE

BASKETBALL

TOURNAMENT

Come and cheer our Sharks



23 NOVEMBER 2024 | 10:00 - 18:00
UNIVERSITY OF NOTTINGHAM

 **199 Taikang East Road**

地址：宁波市鄞州区高教园区泰康东路199号，1号门。

TO GAIN ACCESS TO UNNC,
PLEASE SHOW THE POSTER
FROM NEXT PAGE
AT THE GATE ON SATURDAY



University of
Nottingham
UK | CHINA | MALAYSIA

Invitation

Ningbo School Sports League – Basketball Competition

Entry is for Saturday 23rd of November only. From 9am – 7pm.
You will not be allowed to enter campus with this invitation after 7pm.

宁波市学校体育联赛-篮球比赛邀请
进入时间：11月23日星期六 9:00-19:00
晚上7点之后，您将不能凭此邀请函进入校园。

Sport Department





FRIENDLY FOOTBALL TOURNAMENT

NBIS VS HD

SUNDAY, NOVEMBER 24TH

3-5 P.M.

U15 & U19 TEAMS

Venue: HD School Field,
No. 1367 Ningdong Road,
Yinzhou District, Ningbo



Join us in cheering for the NBIS Sharks!





STRAY CAMPAIGN

LET'S HELP OUR FURRY FRIENDS IN NEED!

Hosted by the Community Service Club



Who can join?

Early Years, Primary and Secondary – everyone!

Students can participate by collecting the following:

- Food (canned, dry, and treats suitable for dogs and cats)
- Blankets and Towels (for warmth and comfort)
- Toys (new or gently used to keep our furry friends engaged)
- Old Clothes (which shelters often use to line beds and provide cozy spaces)

These items will make a big difference in providing comfort and care to stray animals while they await their forever homes.

Thank you for your contribution



Collection Points & Dates

NBIS Atriums

(Primary & Secondary)

November 25-29





Ningbo British
International School
浙江宁波英伦
外籍人员子女学校

Cybersecurity Workshop

By **Mr Sean Pollitt**

Keeping Children Safe Online:
Cyber Security & Screen Time Management

Date: Tuesday Nov 26th, 2024

Time: 7pm-9pm



Scan to Register

You will know:

- ✓ Common online threats
- ✓ How to protect your child's privacy
- ✓ Tips for balancing screen time
- ✓ How to strengthen online security
- ✓ How to talk to your child





Ningbo British
International School
浙江宁波英伦
外籍人员子女学校



CAMBRIDGE
International Education
Cambridge International School

Supporting Teens Workshop

By Ms Chane Coetzee

Building Trust and Resilience in
Self-Image and Mental Health

Date: Tuesday Nov 26th, 2024
Time: 7pm-9pm



Scan to Register

You will know:

- ✓ How to recognise and respond to issues related to self-image and self-harm
- ✓ Ways to create a supportive environment at home
- ✓ Strategies for building trust with teens
- ✓ Effective approaches to support mental well-being



Early Years Excursion

Mr Brian Thomas

Last week, the NBIS Early Years Section successfully held the annual Semester 1 Excursion. This semester, the Preschool and Nursery classes explored a popular city farm, while the Reception classes enjoyed an engaging visit to a career experience centre.



Early Years Section



Children need to experience life in a natural setup to learn basic things like where their food comes from and how they can grow their own food. Therefore, an experiential visit to the farm is necessary for children. In fact, children learn more from field visits than from textbooks. Here are some other ways our child can specifically benefit from a visit to a farm: Learn About the Source of Food, Learn About Teamwork, Understand the Cycle of Life, Develops Sensory Skills, Becomes Responsible, Gets Exercise, Develops Love for Animals. It was a tremendous experience, indeed!



Early Years Section

Meanwhile, our Reception A & B Classes were treated to a multi-sensory learning experience wherein the classroom-centered content was extended and enriched through authentic activities. Students became dentists, police officers, fire-fighters, ambulance drivers, doctors, and so much more. As one of the monthly themes in Reception Class is Community Helpers, this field trip was especially meaningful to our young learners. Here, take a look!



Our children returned with big smiles, endless stories, and a pocketful of memories to treasure. What an adventure!

Reception B

Ms Dana Carnemolla & Ms Chelsea Liao & Ms Lulu Lin

We've begun a new topic, 'Community Helpers' and the children are thrilled to be learning about doctors, vets, firefighters, and other people in our community. Children enjoyed working in small groups to make a 'fire' by stacking cups. They then worked in pairs to use the hose and put out the 'fire.' In addition, our home corner is now a doctor's office. Children have been using their prior knowledge of the doctor and been inspecting their peers asking questions such as "Where does it hurt?"



We've been doing a bit of science/experimentation in the classroom. We decided to put raw corn kernels into a wet paper towel, children then folded many times and then put in a ziplock bag and out in the sun. The children were amazed that after a few days, the kernels had sprouted and were now ready to be planted in our garden.



Early Years Section



As we continue to learn about gardening and farmers (another Community Helper) we have begun to learn about composting. The children have taken turns being 'Compost Collectors' and have been visiting various classes to collect banana peels, egg shells, pear/apple cores, etc. In addition, they've been learning which items would negatively affect the worms (citrus, lemon, onion, garlic).



We've been role playing firefighters, using the hose or a bucket to pass down the line and put out the 'fire.' This provocation enhanced their fine muscle control, their eye/hand coordination, social skills by listening to one another and teamwork to achieve a shared goal.



Primary Assembly



This week's Primary assembly explored Leadership, focusing on qualities like courage, kindness, and integrity. Students learned about Martin Luther King Jr., whose vision and peaceful actions continue to inspire.

Through stories and reflections, they discovered how small acts, like helping a friend or standing up for what's right, can show true leadership. Our young learners are ready to make a difference!

Congratulations to Our Stars of the Week



- 4A – Antony and Casey
- 4B – Eric and Evie May
- 5A – Yichen and Karson
- 5B – Aarav and Anna
- 5C – Xiang-Yun and Renee
- 6A – Selena and Aahel
- 6B – Mason and Emilia

Primary Science Week at NBIS



Ms Aileen Shirley

World Science Day for Peace and Development is celebrated on November 10th every year across the world. Its major aim is to highlight the importance of science in our everyday lives.

At NBIS, we marked this occasion by sharing our learning on various topics across different year groups during the week of November 11-15. Students had the chance to conduct experiments, design creative posters, and prepare presentations, showcasing their knowledge and skills.



Year 1 - Sound: Designing megaphones out of different materials



Year 2 - Recycled materials



Year 3 - States of Matter and 3D Printing & Food Chains



Year 4 - Skeletons, Bones and Muscles: How they work



Year 5 - Filtering Water



Year 6 - The circulatory and respiratory systems and their diseases

The Science Fair allowed both students and parents to explore displays from all year groups on a wide range of topics. Students explained their projects to peers from other classes, fostering collaboration and mutual learning, while parents engaged with the students' projects and gained valuable insight into what they had learned.



I've just seen the science projects, and they're really impressive. I think it's a great message for the children to learn to recycle and think about the environment, which is so important for their futures. The kids seem to have had a lot of fun doing it as well, and their projects are truly impressive.

-Mr James, a parent from Y2C

On Friday, November 15, we ended the week with a spectacular Science Dress-up Day and Science Show, during which we invited teachers from the Ningbo Science Exploration Centre to showcase exciting scientific demonstrations for our students.



Sleeping habits



regular
long enough
no disruption



quiet
dark place

clear mind
peaceful



being too tired

eating too much
eating before sleep

spending too much
time on phone

Secondary Assembly

In this week's Assembly, Ms Katerina Brozovska and Mr Daniel Perales Gomezi highlighted the positive impact of a healthy lifestyle. They emphasised the importance of good dietary habits, proper sleep routines, and regular exercise, inspiring everyone to make mindful choices for their well-being.

They also recorded short videos with realistic performances, reflecting students' daily lives. Their engaging explanations created a relaxed and fun atmosphere, helping students understand the importance of developing healthy habits.



A WALL OF INSPIRATION: EXPLORING CHINESE LANGUAGE AND CULTURE

GABRIELA CHEN

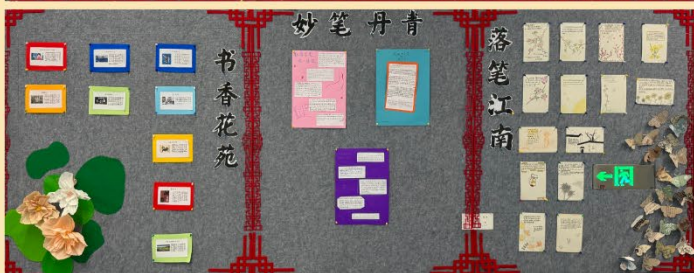
The display wall outside the secondary Chinese classroom is not only a platform for showcasing students' work but also a multifaceted space that integrates reading, writing, culture, and activity records.



The Recommended Reading Area features a selection of Chinese books suitable for middle school students, aiming to ignite their interest in reading and broaden their intellectual horizons. These books span various fields, including literature, history, and technology, providing students with a rich source of intellectual nourishment.



The Outstanding Student Work Display Area showcases the exceptional achievements of students in their Chinese studies. Each piece of work is a testament to the students' dedication and effort, demonstrating their progress and talent in learning the Chinese language.



The Chinese Activity Highlights Area captures the memorable moments of various Chinese-related activities organized by the advanced Chinese group. These moments not only document the students' joyful times but also showcase their love and participation in Chinese culture.

The Chinese Traditional Culture Analysis Area delves into various aspects of Chinese traditional culture, from festival customs to art forms, helping students gain a deeper understanding and appreciation of the profoundness of Chinese culture.

Lastly, the Middle School Writing Analysis and Guidance Area offers writing techniques and strategies to help students improve their writing skills. This area not only provides writing guidance but also features excellent model essays, offering students practical writing resources.

The Secondary Writing Analysis and Guidance Area offers writing techniques and strategies to help students improve their writing skills. This area not only provides writing guidance but also features excellent model essays, offering students practical writing resources.

ART OF THE WEEK

Year 8, Self-Portraits

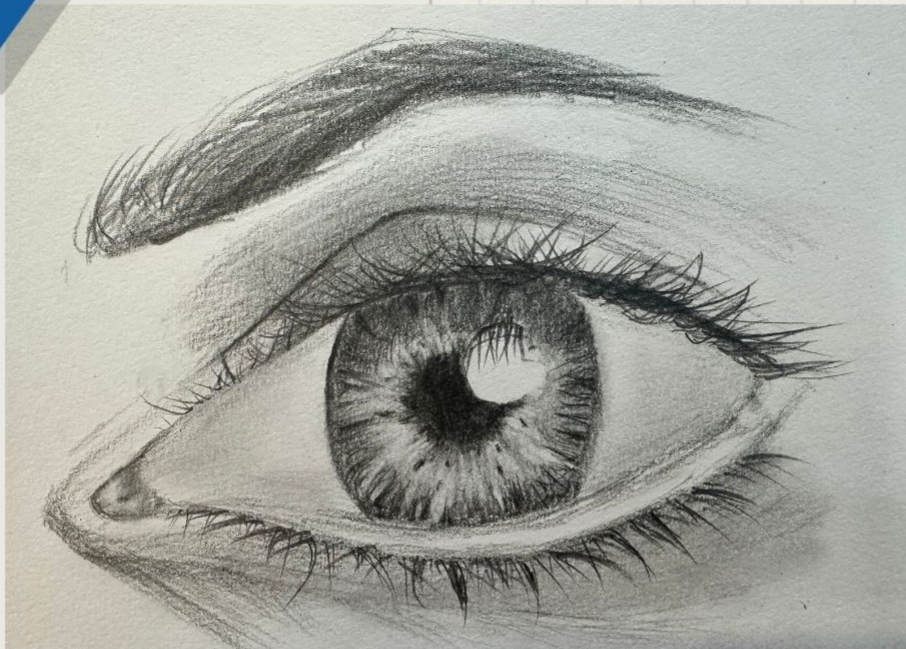
Year 8 students are beginning their self-portrait project, which will guide them through mastering essential skills in portraiture. The project starts with foundational lessons on facial proportions, ensuring students understand how to accurately position features such as the eyes, ears, nose, and mouth. Students will practice detailed studies of each facial feature, focusing on pencil techniques, shading, and mark-making to capture depth, texture, and realism. Building on these skills, students will transition to creating their self-portraits, applying their learning to a personalized and expressive artwork. The culmination of this project will be a detailed and refined self-portrait, showcasing each student's growth in drawing and observational skills.

Ms.Sam, Secondary Art & Design Teacher



**Zoe Yixiao Xu,
Y8 Art & Design**





Angela Fei, Y8 Art & Design



NBIS Weekly Menu



Sample Dishes



NBIS Weekly Menu

The Week of November 25th to 29th, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday	
Lunch Menu	Beef with potato	Fried mushroom with meat	Salty fried chicken	Turkey	Spiced Beef	
	土豆牛肉	香菇肉片	盐酥鸡	烤火鸡	酱牛肉	
	Roast chicken	Chicken drumstick	Braised pork leg	Braised pork	Kung Pao Chicken	
	烤鸡	芝麻鸡腿	红烧猪蹄	红烧肉	宫保鸡丁	
	Chicken nuggets	Garlic vermicelli scallops	Pork loin	Ham	Roast duck	
	黄金鸡块	粉丝扇贝	黑椒汁猪排	布拉格火腿	烤鸭	
	corn with green beans	Celery with Bean Curd	Spicy tofu	Potatoes	Tapioca pudding	
	青豆玉米	芹菜拌干丝	麻辣豆腐	烤土豆	西米露	
	Pasta with beef	Vegetable with mushroom	Minestrone with vegetable	Okra	Corn	
	牛肉末通心粉	青菜白玉菇	素菜螺丝通心粉	葱油秋葵	玉米棒	
	Roast sweet potato	Cabbage	Broccoli	Baked pumpkin	Curry potato	
	烤地瓜	花菜	西兰花	黄桃焗南瓜	咖喱土豆	
	Broccoli	Honey pumpkin	Hamburger	Cabbage	French bread	
	西兰花	蜜汁南瓜	汉堡	花菜	法棍	
	Fruit	Fruit	Fruit	Fruit	Fruit	
	水果	水果	水果	水果	水果	
	Croissant	Caesar meat roll	Kelp knot	Pizza	Broccoli	
	牛角包	凯萨卷	葱油海带	披萨	西兰花	
	Pork slices	Roast chicken breast	Fried meat	Sichuan-style beef with duck blood curd	Spicy pork slicess	
	酸菜肉片	水煮肉片	小炒肉	毛血旺	麻辣肉片	
	Shrimp with Soy Sauce	Poached Shrimp	River shrimp with sauce	Shrimp with Soy Sauce	Shrimp with sauce	
	红烧虾	盐水虾	油爆河虾	红烧虾	油爆虾	
	Fish slice	Jerk filefish	Little yellow croaker	Braised Fish slice	Braised pomfret	
	剁椒鱼块	孜然橡皮鱼	葱油小黄鱼	红烧鱼块	葱油鲳鱼	
	Radish soup	Tofu and cabbage soup	Tomato soup with egg	Seaweed soup	Seaweed soup with egg	
	萝卜汤	大白菜豆腐汤	番茄蛋汤	海带汤	紫菜蛋汤	
	Rice	Rice	Rice	Rice	Rice	
	米饭	米饭	米饭	米饭	米饭	
	Vegetable	Vegetable	Vegetable	Vegetable	Vegetable	
	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	
	Snack Menu	Grapes	Banana	Cherry tomato	Banana	Cucumber
		葡萄	香蕉	小番茄	香蕉	小青瓜
Omelette		Barbecued pork bun	Egg	Dumpling	Turnip strips cake	
鸡蛋饼		叉烧包	鸡蛋	蒸饺	萝卜丝饼	
Orange		Apple	Pear	Longan	Orange	
橙子		苹果	香梨	桂圆	蜜桔	
Egg waffle		Bread with jam	Cranberry biscuit	Cake	Biscuit	
鸡蛋仔		土司面包+果酱	蔓越莓饼干	蛋糕	小熊饼干	



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Apr 2025						
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2024-25 Semester 1 (School Days-90 Days)

26/08/2024 Semester 1 Begins, 14/02/2025 Semester 1 Ends

Holidays in Semester 1

- 14/09/2024 to 17/09/2024 Mid-Autumn Festival
- 28/09/2024 to 07/10/2024 Chinese National Holiday
- 22/11/2025 PD Day
- 18/12/2024 to 05/01/2025 Winter Holiday
- 22/01/2025 to 09/02/2025 Spring Festival Holiday

2024-25 Semester 2 (School Days-90 Days)

17/02/2025 Semester 2 Begins, 01/07/2025 Semester 2 Ends

Holidays in Semester 2

- 04/04/2025 to 06/04/2025 Qingming Holiday
- 28/04/2025 to 04/05/2025 Labour Day Holiday
- 30/05/2025 to 01/06/2025 Dragon Boat Holiday



Ningbo British International School

浙江宁波英伦外籍人员子女学校

Unity - Diversity - Excellence

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