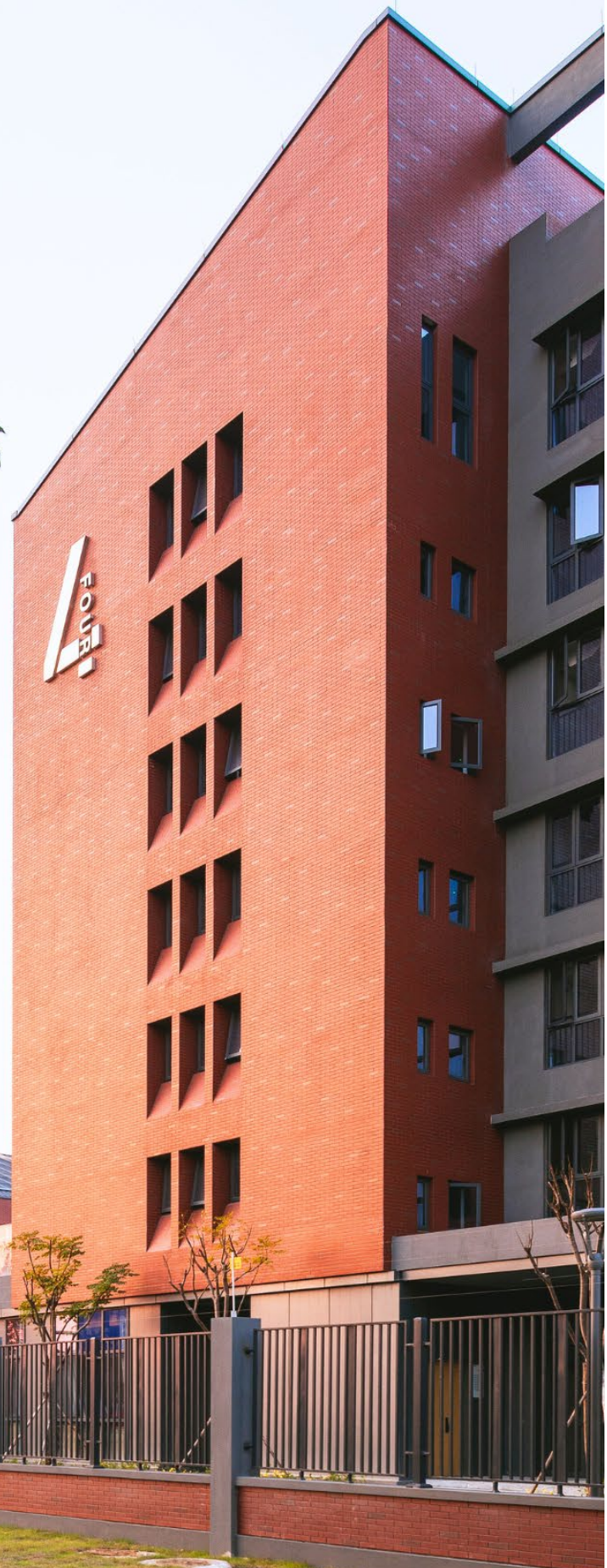




# NINGBO BRITISH INTERNATIONAL SCHOOL

**Weekly Newsletter 1**  
**August 30th, 2024**



## Dates to Remember

- Tuesday 10th September – Early Years Curriculum Evening
- Wednesday 11th September – Secondary Curriculum Evening
- Thursday 12th September – Primary Curriculum Evening
- Saturday 14th to 17th September – Mid-Autumn Festival Holiday (No School)

# Message from the International Principal

Dear Parents,

As we come to the end of Week One, it's great to see that new teachers have integrated so well, new students found friends and exciting opportunities to learn in different ways, routines have been established and the general feel of the campus is positive with steady forward momentum!

We're looking forward to the completion soon of our new basketball court 'roof.' Previously, this space was usable only 30-40% of the time since it was exposed to sun and rain. On completion, we'll be able to use the space fully and – a real bonus – the roof will be made from solar panels!

In my introductory video, I told students that for me as Principal, every day is like a gift waiting to be unwrapped. In the same way, I hope that students see each day as an opportunity to be grasped.

Together, let's make the most of each precious moment!

Kind regards,

Mr Philip Billing  
NBIS International Principal



# WELCOME BACK

## *First Day of School*



On Monday, August 26, 2024, the entrance of NBIS was already a scene of bustling and orderly activity. The staff team had gathered early, each at their respective posts, warmly welcoming every student with enthusiasm. Teachers greeted students with friendly smiles, assisted with luggage, and provided detailed directions to ensure each student could smoothly find their classroom.



Entering the classrooms, a warm and inviting learning environment greeted everyone. The smart whiteboards displayed enthusiastic welcome messages and detailed course schedules, while the desks and chairs were arranged neatly, creating a tidy and organised atmosphere. Teachers had carefully prepared a variety of learning materials based on students' needs and learning styles, providing valuable support for their educational journey.



# WELCOME BACK

## *First Day of School*

Students, filled with anticipation and excitement for the new academic year, shared vacation stories and growth experiences with their long-missed teachers and classmates. To help students better integrate into school life, smoothly transition into their studies, and build strong connections with new friends and teachers, many classes had designed a series of welcome and icebreaker activities. In a relaxed and joyful atmosphere, students introduce themselves, showcase their personalities, and gradually become familiar with their peers. This promotes understanding and communication among them, helping each student start their new learning journey with a positive mindset.



# Leaders from WEG Visited NBIS to Inspect Our Campus Safety



On Tuesday, August 27th, leaders from the Wanli Education Group (WEG) visited NBIS to review campus safety and preparations for the new academic year. They conducted inspections of critical areas, including classrooms, fire hydrants, the surveillance control room, the canteen, and the gym, where the new photovoltaic rooftop is nearing completion.

As they observed the orderly classroom management and the students enjoying their time, they expressed their pleasure with how students and teachers are contributing to maintaining a beautiful campus environment. WEG leaders look forward to seeing how this secure and vibrant campus will positively impact students' growth and development throughout this academic year.



# WELCOME TO NBIS: ORIENTATION DAY 2024-2025



On August 22, 2024, NBIS warmly welcomed new families to our community. Orientation Day provided these families with a valuable opportunity to become familiar with the unique atmosphere of our campus, laying the foundation for their new learning journey ahead.



In the auditorium, the NBIS International Principal Mr Philip Billing and the Chinese Principal Mr Robert Yan gave introductions to the school, helping parents learn about its history, curriculum, and unique strengths. Through the presentation, parents gained a more comprehensive understanding of the school and felt confident in the quality of education and the learning environment NBIS offers.



# WELCOME TO NBIS: ORIENTATION DAY 2024-2025



New students had relaxed and enjoyable interactions with their teachers and, guided by their homeroom teachers, explored every corner of the campus. Parents had the opportunity to learn about the school's daily operations and witness the environment where their children would learn and grow. For the younger children, the unfamiliar surroundings might have initially caused some nervousness and unease. However, this early experience allowed them to build a sense of familiarity with the campus, getting to know every aspect of daily life and study. This not only helped to ease their initial anxiety about starting school but also filled them with confidence as they approached the new term.



"As a new parent at NBIS, I felt nervous and overwhelmed but on arrival, we were met with professionalism and kindness from the Early Years Head and Teachers. All our questions and worries were handled with care and understanding. My family left the orientation feeling confident that NBIS was the perfect place for my daughter to start her schooling journey. "

— Parent of a Nursery Child  
(South African)

"I think today's orientation event was great overall. The introductions by the principal in the auditorium provided us with a lot of information and gave us a deeper understanding of the school. I've been to this school before and have a very positive impression of the environment and facilities."

— Parent of a Year 7 Student  
(Belgium)



"I really like the environment, atmosphere, and teachers at NBIS. Our family now lives in Ningbo and has visited other international schools here. We ultimately chose NBIS because the atmosphere here feels warmer and gives me the sense of a second home. As a former teacher, I understand how important it is to choose a good school for our children."

— Parent of a Year 10 Student  
(Turkey)

"We were aware of the school when it was still called Ningbo International School and knew that it has a long history and rich experience, making it very trustworthy. We hope our child can receive a multicultural education here, meet friends from different countries, broaden their horizons, and open the doors to a vast world."

— Parent of a Year 5 Student  
(US)



# NBIS Teachers' Week: Ready to Embark on a New Academic Journey

From the 19th to the 23rd of August, NBIS hosted its Teachers' Week in preparation for the new academic year. This period marked a key transition from holiday mode to active teaching, providing an essential opportunity for staff to gear up for the new semester ahead with enthusiasm. Teachers convened to discuss strategies, share insights, and ensure they are fully prepared for the upcoming academic year.



## • A New Academic Year Begins, A Journey Continues

On 19th August 2024, Mr Lin Liangfu, President of Wanli Education Group, led a pre-term meeting outlining NBIS's goals and vision for the new academic year. He emphasised the importance of quality teaching, student development, and social responsibility, and encouraged all staff to work together towards NBIS's outstanding future.

International Principal Mr Philip Billing also set the direction for the new academic year, emphasising the importance of effective teaching methods in improving teaching quality. He shared successful case studies and encouraged teachers to implement more effective strategies to support student development.

## • Comprehensive Support for New Teachers

This semester, NBIS welcomed ten outstanding new teachers. The school organised a warm first-day induction, including a welcome café, campus tour, and a welcome meeting with the principals. NBIS conducted several days of orientation covering campus culture and values, organisational structure, policies and regulations, and curriculum system. Various formats such as lectures, workshops, and practical exercises were used to provide a comprehensive and multi-dimensional understanding of the new work environment.



## • Professional Training: CIS Seminar, First Aid Training, Mental Health, Safeguarding and Well-being

Since becoming a member school of the Council of International Schools (CIS) in 2023, NBIS has entered an important phase of deepening its pursuit of excellence. During the CIS accreditation seminar hosted by Principal Philip Billing, he led the entire staff in exploring the CIS Code of Ethics and the far-reaching significance of CIS accreditation from a unique perspective and encouraged all staff to actively engage in the accreditation process, contributing to the school's ongoing progress and development.

As part of our ongoing effort to strengthen campus safety culture, NBIS requires all staff to complete safety-related courses on EduCare, a comprehensive professional training platform for educators. Successful completion of these courses, along with certification, ensures that every teacher stays updated with the latest safety education practices and first aid techniques, safeguarding students and the campus.

Additionally, the school organised a first aid training session led by Katerina Brozovska, who is licensed in first aid. The session covered CPR procedures and the proper use of AEDs, enhancing teachers' emergency response skills.

- **Creating a Warm and Inspiring Learning Environment**

NBIS teachers prepared engaging teaching materials and arranged classrooms to create a welcoming and inspiring environment. With this thorough preparation, NBIS is ready for the new year, confident that staff and students will achieve great success and contribute to nurturing global citizens.



As part of our ongoing effort to strengthen campus safety culture, NBIS requires all staff to complete safety-related courses on EduCare, a comprehensive professional training platform for educators. Successful completion of these courses, along with certification, ensures that every teacher stays updated with the latest safety education practices and first aid techniques, safeguarding students and the campus.



# Get to Know Our New Teachers

*In the 2024-2025 academic year, NBIS are excited to welcome a diverse group of both new and experienced teachers. With their passion for education and exceptional expertise, they are ready to join students in starting a vibrant and fulfilling learning journey!*



**Dana Carnemolla**

Hello! My name is Ms Dana and I have developed programmes and curriculum to meet the vary needs of all my students within my 17 years of teaching in over 6 countries. The diversity of my experience has allowed me the opportunity to work with a variety of teachers and assistants and to appreciate and understand the dynamics within the classroom. Overall, my goal is to offer a creative stimulation of learning methods to reach students with a variety of needs. I look forward to working on each child's learning journey throughout their time at NBIS!

My name is Joshua Exley and I have been teaching for around 10 years. I graduated from Roehampton University in London with a degree in Primary Education with QTS specializing in Music. After graduating, I worked in schools in England before deciding to move my life to China and since then I have thoroughly enjoyed living here. Outside of work, I enjoy exercising (mainly football, gym and running), playing video games, playing music (drums and guitar mainly) and eating. I like to bring my passions into the classroom to make a relaxing and fun environment for the students to learn in.



Joshua Exley

Hello everyone! My name is Xin, and I come from Jiangsu province. I hold a Master's degree in International Chinese Education from East China Normal University, along with teaching qualifications in primary English and high school Chinese. Before joining NBIS, I taught Chinese at a school in Tauranga, New Zealand, and interned at both an IB international school and a bilingual school in Shanghai.

In my spare time, I enjoy listening to light music, practicing yoga, and exploring scenic destinations. I'm excited to contribute to holistic education at NBIS, nurturing our students academically and in their personal growth.



Xin Sun

I graduated from the University of Liverpool in the UK, gaining a Masters in TESOL (Teaching English to Speakers of Other Languages). I have three years of experience in teaching ESL to young learners, and I am passionate about differentiated teaching to make the learning process both enjoyable and effective. I believe that every child has unique strengths and talents, and my goal is to help each student build confidence and love English. I am a big fan of dancing and singing, so you might often see me in a teacher performance. I also enjoy travelling to different places and meeting new people.



Emily Ye

I am thrilled to introduce myself as a new ESL teacher at NBIS. My name is Tiaan Herselman, and I am from South Africa. I spent the first two years of my teaching career in South Korea teaching English to students of different ages and abilities. For the last five years, I have been teaching English to primary school students in Dalian China. As an educator, I am passionate about creating a classroom environment that is engaging, challenging and inclusive. I believe every student has the potential to grow and succeed, and I am committed to helping them reach their full potential. In my personal time, I enjoy reading, cycling and going to the gym. I also enjoy studying, as I believe everyone should be a lifelong learner.

I am excited to get to know my students and work together to make this year successful and enjoyable.



Hello! I am Sean Armstrong and I am so excited to be at NBIS. I am from a small logging town in Washington State, U.S.A. I have been a teacher for over 25 years in a number of different grades ranging from preschool to university. I have taught students from all over the world over the course of my career. I have lived in China for the past ten years. I enjoy learning about language in my spare time, so this really helps me as an English teacher. I also enjoy photography, hiking and camping when I have some free time.

Hello everyone! My name is Lillian, and I graduated from Northwestern University of United States, I had a variety of experiences in teaching Mathematics and Physics for 12 years and worked as a Mathematics teacher in well-known international schools with IB & A Level & AP curriculum for almost 10 years, got a teaching license of high school Mathematics in China, am very familiar to the multicultural environment in international schools and am working on being a learner and a teacher to explore all kinds of possibilities

of my self-development and students' development all the time, is a coach for AMC, Kangaroo, Physics Bowl training (Math contest and physics contest ) for 10 years, would like to bring good education to children with all NBIS members constantly.





David Barraclough

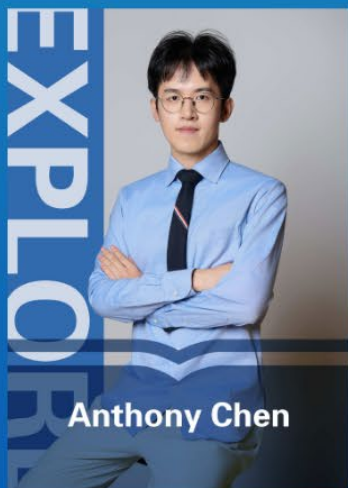
Hello everyone! For those that don't know me, I'm Mr Dave, previously at NBIS between 2019 and 2022. I have returned to pick up Global Perspectives and English classes, predominantly across Year 8 and Year 9. I am very much looking forward to meeting new and old faces amongst the NBIS community. As a brief bit of background, I am from the UK – northern England - and have taught internationally for over a decade now, within Thailand and China. Outside of school, I enjoy playing and watching football, listening to a diverse range of music and undertaking multi-day cycling tours.

Hi, my name is Fay, and I'm the new Secondary EAL & ESL Support teacher at NBIS. I hold a Master's in Applied Linguistics and have over 5 years of experience teaching English, including IELTS, TOEFL, ESL, Academic writing, and Research paper writing. I chose NBIS for its professional curriculum, clear management system, and strong commitment to supporting both students and teachers. Outside the classroom, I enjoy outdoor sports, traveling, and hiking. I look forward to contributing to our vibrant school community!



Fay Mi

Hi, I'm Anthony Chen. I graduated from University College London (UCL) with background in Biochemistry. I have been teaching A-Level Chemistry and Biology for 7 years. I helped many students meeting entry requirements of prestigious universities. Beyond the classroom, I am actively involved as a Duke of Edinburgh's Award Coordinator and as an Examiner for Cambridge International Examinations. I enjoy brewing coffee and playing tennis in my spare time, and I also love exploring various cuisine and nature trails. I hope to find more like-minded friends at NBIS.



Anthony Chen

***We believe that these outstanding and experienced new teachers will create more opportunities and inspire the growth and development of our students.***



## Message from the Head of Early Years

Greeting, Early Years!

We hope you've all had a wonderful summer, filled with fun, relaxation, and exciting adventures. As we prepare to welcome you back to school, we hope you're feeling refreshed and ready for a brand-new year of learning and fun.

Our amazing team of teachers has been busy getting everything ready, creating a cosy, welcoming, and inspiring space where each of you can shine and grow. We're so excited for the year ahead, with lots of new challenges, playful activities, and endless opportunities to discover and learn.

Together, let's make this year unforgettable and full of joy. We have been so excited to see all your smiling faces and start this wonderful journey with you!

*Mr Brian Thomas*  
*Head of Early Years*

# EY 2024-2025

## REMEMBER THE BEGINNING

PS



NA



NB



RA



RB





DESIGN

EXPLORE

CREATE

# NBIS EARLY YEARS SECTION

IMAGINE





## Message from the Head of Primary

Welcome back Primary section!

I hope you have all had an amazing summer and had time to refresh yourselves. It's mid-August, and you know what that means... time to get your brains ready for more amazing learning!

Your teachers and I have been extremely busy over the last week. We have been sorting your classrooms, organising your lessons and making sure the whole section is as ready as possible for your return.

We are all so excited to see you again and hear all about your summer holidays, so be prepared to bring some stories with you. We are also very excited to meet all of our new pupils and families who have decided to join our community this year, so if you see any new faces, make sure you say hello and take the time to make some new friends!

Let's have another amazing year!

*Mr Kash-Lee Bane*  
*Head of Primary*

# Introducing New Initiatives in Primary Cambridge Primary Insight and Educater

As this is the first newsletter of the new academic year, I wanted to take this opportunity to highlight a couple of new amazing initiatives we have brought into primary this year.



If you are active on Class Dojo, you would have seen a school story posted by me recently, informing you of our new baseline assessment, Cambridge Insight. Complimenting our use of the Cambridge curriculum, Insight is a big jump forward from the exam papers we were using. Integrating AI adaptive technology, Insight is able to narrow down into a pupil's 'sweet spot' of difficulty and determine their academic age across various units, including arithmetic, mathematical reasoning, reading and spelling.

But why is AI adaptive technology a better use of assessment than standard exam papers?

All our pupils at NBIS are unique and learn at different rates. No child's progression is perfectly linear. With adaptive questioning, every pupil is able to undertake the assessment without ever feeling like the questions are too unbearable. Simply, as pupils continue to answer questions correctly, the system increases the difficulty and the complexity of the questions. If the questions become too difficult and the pupil is unable to answer them correctly, the system eases the difficulty until it finds the perfect match for each child. Once each unit is complete, the system is then able to generate an academic age for the child in that area, allowing us to know whether they are working towards their age expectations, meeting them, or exceeding them.

# Cambridge Primary Insight for ages 5-11

Unlock the potential in your classroom

Cambridge Primary Insight – the next generation of InCAS – provides unique insight into every child’s ability. We have preserved the integrity and reliability of twenty years of research and insight, while implementing a range of new features and benefits which make Cambridge Primary Insight even more intuitive, meaningful and powerful.

- Age:** 5-11 years (Scotland P2-P7)
- Avg Duration:** 20 minutes per module (five modules)
- Assessment:** Baseline, Adaptive, Explorative, Digital
- Modules:** Reading, Spelling, Mathematics, Arithmetic and Developed Ability



### Adaptive Assessment

Unlock potential by giving students a personalised, and rewarding experience. The adaptive programming tailors the questions to each individual’s ability.



### Saves Time

Fast-forward that ‘getting to know you’ time, so you can quickly get to grips with what your students do and don’t know and focus on what they need to flourish. No paperwork or marking required.



### Instant Insight

See it all, from the big picture down to the finest detail. Get actionable insights that super-charge your teaching.



### Flexible and Fun

Assess once at any time during the year. The five short modules are fun and interactive.



### Student-led

Each student completes the assessment independently, so it can be carried out with multiple students during one or more normal lessons.



### Measure Potential

Objective, research-based measurements of key success factors for learning. Data that helps you compare and track student progress.

However, Insight is not our only new tool, I would also like to introduce to you our new assessment tracking platform, Educater! However, this system is a little more complicated to explain via a newsletter.

The purpose of Educater is to track each of our pupils’ learning journey across each academic year. While we do formally assess our pupils using Cambridge Progression Tests in both December and May, best practice has taught us that no child should be assessed on their knowledge and skills through examinations alone. What if a child has had a bad morning and cannot concentrate? What if exams make them anxious?

Therefore, our teachers will be tracking each child across the year based on the Cambridge learning objectives in both Maths and English.





## Message from the Head of Secondary

Welcome back to a brand new academic year at Ningbo British International School! We hope you've had a restful and enjoyable break. As we gather again, we look forward to an exciting new chapter filled with opportunities for learning, growth, and new experiences.

Over the past week, your teachers have been diligently preparing for your return. They've been setting up classrooms, planning engaging lessons, and ensuring that everything is ready for you to have a successful start to the year. Their enthusiasm and dedication reflect our vibrant and supportive community at NBIS.

This year, we're thrilled to announce that our school has grown, both in our teaching team and student body. This growth is a testament to NBIS's continued development and improvement. In addition, we are continually working to enhance our facilities, particularly in sports, ensuring you have access to the best resources to support your academic and athletic achievements.

We are excited to see you all back in the classroom and ready to embark on this journey together. Let's make this year one to remember!

Let's go Sharks!

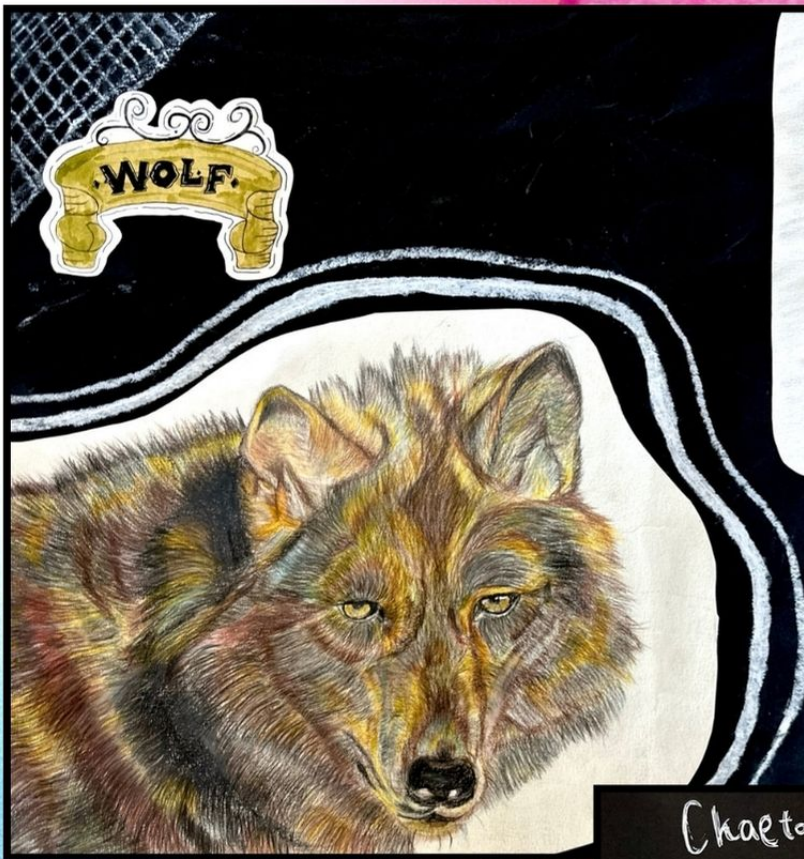
*Mr Aaron Lowe*  
*Head of Secondary*

# BIOART ATTACK 2024

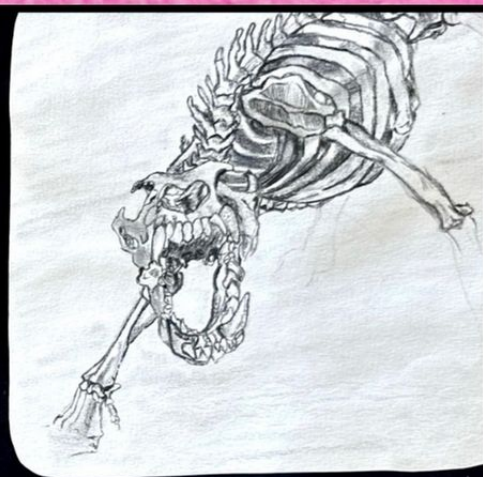
In the month of June before school closed for summer, secondary students participated in the BioArtAttack 2024 competition combining Art with Science.

Students were required to draw, paint or sketch their favourite animal plant or fungi. Here are some of our talented NBIS students submissions

-Ms.Sam.



Gabriela Pauletti, Y11



**WOLF**

Wolves are large, social Canines known for their intelligence, adaptability, and complex social structure.

They belong to the species *Canis lupus* and are found across various regions of the Northern Hemisphere, including North America, Europe, and Asia.

Wolves have a robust build, with a broad head, thick fur, and bushy tail. Their fur color can vary from white to gray, brown, black, or a mix of these colors.

## Chaetophractus vellerosus

screaming hairy armadillo

**Physical description:**

- Body covered with thick armor, comprised of bony plates covered in small overlapping scales.
- armor consists of shield covering the head.
- A small band between the ears on the animal's face, and the compact, which covers the rest of the body.
- About 18 bands bend up the carapace, 16 to 18 of which are movable, allowing the armadillo to curl up if threatened.

**Classification:**

- Kingdom: Animalia
- Phylum: Chordata
- Class: Mammalia
- Order: Cingulata
- Family: Chaetophractidae
- Genus: *Chaetophractus*
- Species: *Chaetophractus vellerosus*

**Food/Eating habits:**

- primarily plants, insects & small vertebrates such as frogs, birds & rodents.
- diets fluctuates seasonally.
- unique method of hunting, sometimes burrow into carcasses in search of food.
- do not need to drink water regularly, they have efficient kidneys and can retain moisture.

**Sleep habits & Social Structure:**

- diurnal in warm months, diurnal activity in winter.
- solitary species, breed 12-18 months, 60-75 days gestation, a live offspring, 1-3 per year.

**Size:**

Screaming hairy armadillos are the smallest of the three species of hairy armadillos (averaging less than 1.4 pounds (0.6 kilograms) and growing between 19.7 to 21.7 inches (50 to 55 cm)) males are generally larger than females.

**Native habitat:**

- found east of the Andes mountains in the Monte desert.
- in parts of Argentina, Bolivia & Paraguay.
- prefer a dry habitat for burrowing.

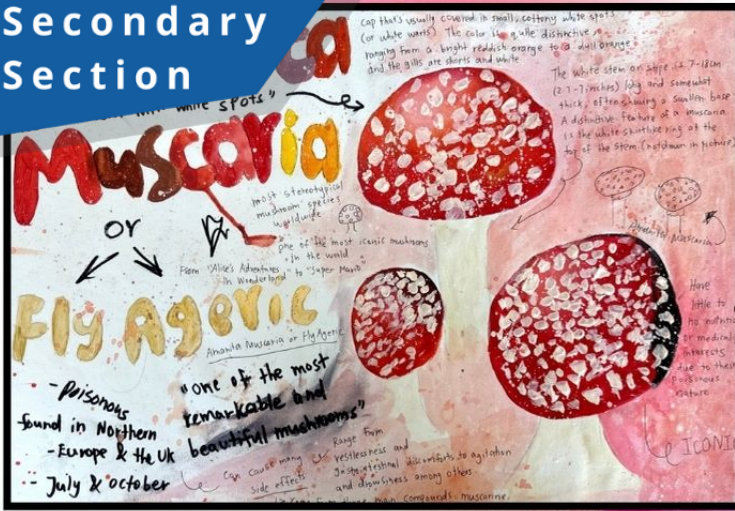
**Other notes:**

- white and light brown hair protrudes from between scales and covers the limbs and belly.
- long sharp tongue for catching insects.
- lives in the soil.
- has a hole in the tail.

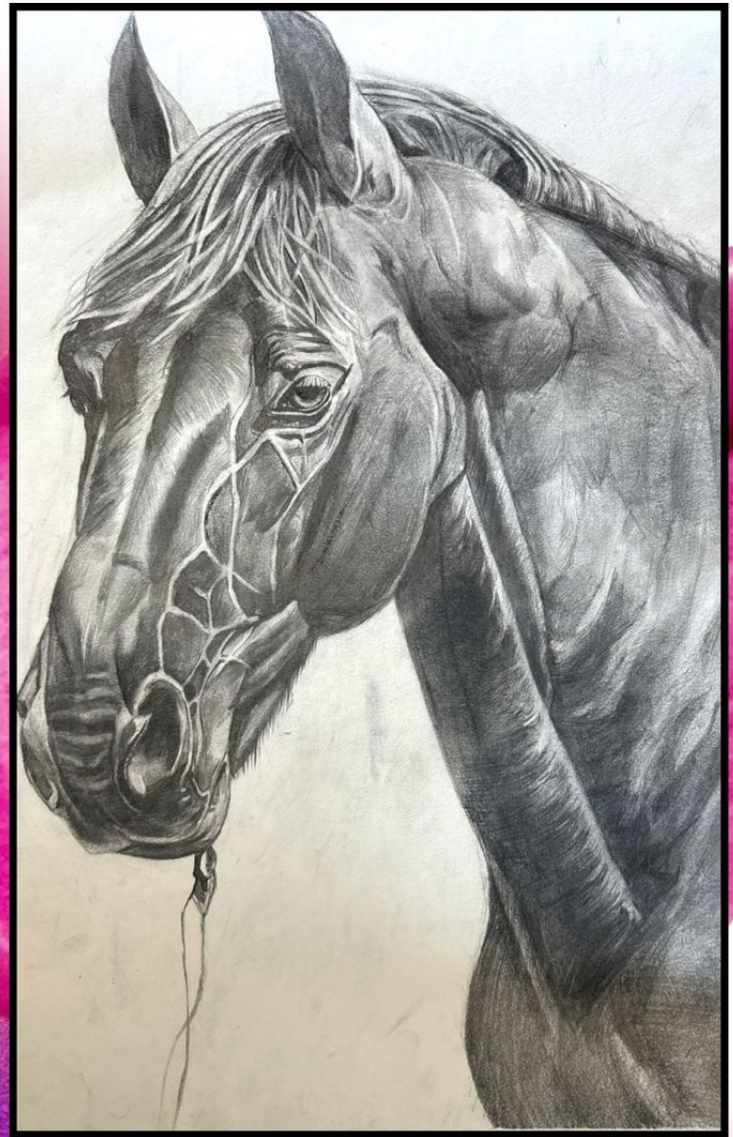
Elenor Smith, Y11



# Secondary Section



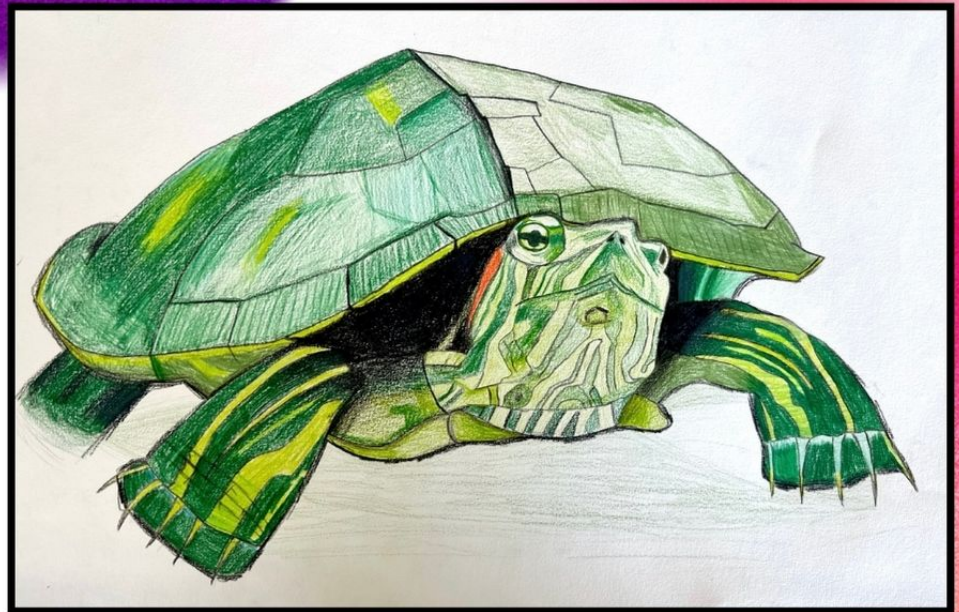
Rebecca Zi, Y10



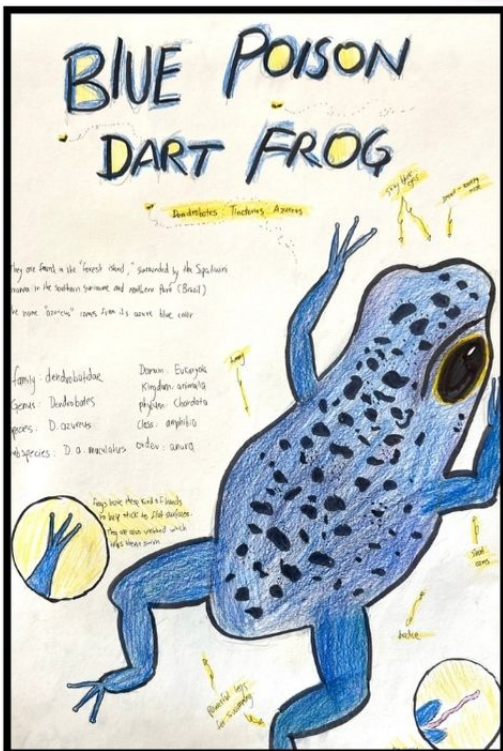
Kevin Chen, Y11



Natalie Zhang, Y11



Howie Ding, Y9



Vanessa Bell, Y10

# Upcoming English Events

THE ENGLISH DEPARTMENT PRESENTS

## THE NBIS TED TALK

2024

**YEARS 7-10** IDEAS CHANGE EVERYTHING

TED, founded in 1984, stands for 'Technology, Entertainment, and Design'. Your mission is to create your own Ted-style Talk to educate and entertain your peers.

- The speech must be 3-8 minutes long (time expectations may be flexible for younger students and ESL students)
- The topic must be in the spirit of the TED Talk genre and be based on an idea worth spreading.
- Topics must be school-appropriate and respectful of cultures within the school. All topics need to be approved by your English teacher.

The winning Ted Talk in each class will perform in the NBIS Ted Talk Competition in the auditorium on Wednesday, 16th October. The best overall speaker will receive a trophy and prize.

**OCTOBER 16**

## BATTLE OF THE BOOKS

An interschool Competition

**Years 5-13**

**March 26th**  
2.00 - 3.20pm p.m.  
Auditorium

**EVENT OVERVIEW**

- The Battle of the Books is designed to introduce students to a variety of reading materials, build teamwork skills, and ensure that reading is fun.
- In a typical 'Battle' students' teams earn points by answering questions from the books on the competition book list.
- NBIS has taken part in the Battle of the Books since 2017.

**PRIZES**  
1st, 2nd and 3rd PLACE  
Medal, gift and certificate

**How to Register?**  
Sign up with Ms Froome in room 1-408

**More Information**  
For more information, contact your English Teacher or the Head of the English Department.

## POETRY COMPETITION

**Years 6-13** Verse by verse, express yourself through poetry.

**April 25th**  
1.30pm  
Staff Room

**EVENT OVERVIEW**

Poetry Competition details:

- Word length: at least 40 words
- Topic: There are no restrictions but poems should be school appropriate.
- Age Groups: Lower secondary (Y6-Y9) & Upper Secondary (Y10-Y13).
- Submissions: from April 1st to April 14th

**AWARDS**  
Awards: There will be a 1st, 2nd, and 3rd place prize for both the lower and upper age groups.

**How do I submit my poem?**  
Contact: Email your poetry submission to Mr Ivan at [ivan.muho@nbis.net.cn](mailto:ivan.muho@nbis.net.cn)

## NBIS SPELLING BEE

2025

**Years 7-9** Spell your way to victory!

**May 7th**  
2.00 - 3.30 p.m.  
Auditorium

**EVENT OVERVIEW**

- Open to the best spellers of Years 7 - 9.
- There are three rounds and words will increase in difficulty with each round.
- Participants must spell the word aloud, and no outside help is allowed.
- Spelling errors will result in elimination.

**PRIZES**  
There will be a 1st PLACE trophy and participation prizes.

**How to Compete?**  
Your English teacher will have a in-class Spelling Bee and recruit the best competitors before the main event.



英国卓越教育

# Applications to TOP universities

## — August VIP consultation meeting

How to apply for Oxbridge?  
What does a top university want?  
How to arrange lessons/exams/super curriculum in support of this?

### Main Content

Deep analysis of past application cases

How we can help for the whole process with planning in advance

August 28 Shanghai

August 29 Shenzhen

August 31st Ningbo



### Dr Casey:

- ▶▶ MA geography - University of Cambridge
- ▶▶ former OIC Academic Strategy Tutor/ Super curriculum/ Head of Geography
- ▶▶ Member of the Geographical Association
- ▶▶ GCSE&A level Geography Examiner
- ▶▶ 100% A level students achieved and A\*, with 100% of GCSE students achieving Grades 8-9 (2023)
- ▶▶ Associate Fellow of the Higher Education Academy
- ▶▶ University application support and academic tutoring for students to obtain top universities across the UK, Ireland, USA, Hong Kong etc.
- ▶▶ A love and curiosity of the world - having visited 33% of countries around the world

by Premier Academy Centre



Daisy:  
Founder of Premier Academy Centre based in Oxford, UK, who has lived in the UK for 10 years and is deeply involved in the field of British education system.

▶▶ Event address: Link Lounge, No 401 Jianlan Road (No 306, 3rd floor, A Building, Weiyou 401 Business Park)

▶▶ Activity time: August 31st 09:30-11:00



Aug 2024						
M	T	W	T	F	S	S
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12	13	14	15	16	17	18
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26	27	28	29	30	31	

Sep 2024						
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30						

Oct 2024						
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28	29	30	31			

Nov 2024						
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25	26	27	28	29	30	

Dec 2024						
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30	31					

Jan 2025						
M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Feb 2025						
M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

Mar 2025						
M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Apr 2025						
M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

May 2025						
M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Jun 2025						
M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Jul 2025						
M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

**2024-25 Semester 1** (School Days-90 Days)

26/08/2024 Semester 1 Begins, 14/02/2025 Semester 1 Ends

**Holidays in Semester 1**

- 15/09/2024 to 17/09/2024 Mid-Autumn Festival
- 30/09/2024 to 07/10/2024 Chinese National Holiday
- 22/11/2025 PD Day
- 18/12/2024 to 03/01/2025 Winter Holiday
- 22/01/2025 to 07/02/2025 Spring Festival Holiday

**2024-25 Semester 2** (School Days-90 Days)

17/02/2025 Semester 2 Begins, 01/07/2025 Semester 2 Ends

**Holidays in Semester 2**

- 04/04/2025 Qingming Holiday
- 28/04/2025 to 02/05/2025 Labour Day Holiday
- 30/05/2025 to 31/05/2025 Dragon Boat Holiday



# NBIS Weekly Menu



Sample Dishes

## NBIS Weekly Menu

### The Week of September 2nd to 6th, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday	
<b>Lunch Menu</b>	Crispy chicken cutlet	Braised Chicken Legs	Salty fried chicken	Chicken with bread	Beef	
	卡兹脆鸡排	红烧鸡腿	盐酥鸡	面包糠鸡腿	五香牛肉	
	Quail Eggs with Tiger Skin Pepper	Basa fish	Stewed beef vermicelli	Barbecued pork	Braised meatball	
	虎皮鹌鹑蛋	葱油巴沙鱼	粉条牛肉	广式叉烧肉	红烧肉丸	
	Rib with ginger juice	Steamed Pork Mince with egg	Roast chicken	Roast duck	Shrimp	
	姜汁仔排	肉饼蒸蛋	烤鸡	烤鸭	蝴蝶虾	
	Cauliflower	Potato	Cauliflower	Tofu with onion	Cauliflower	
	花菜	孜然土豆	花菜	洋葱千叶豆腐	有机花菜	
	Pasta with beef	Pasta with cream	Minestrone with vegetable	Spaghetti meat sauce	Steamed purple potato	
	牛肉末通心粉	奶油意面	素菜螺丝通心粉	肉酱意大利面	紫薯	
	Roast sweet potato	Broccoli	Roast potato	Vegetable	Needle mushroom	
	烤地瓜	西兰花	烤土豆	烤蔬菜	葱油金针菇	
	Egg tart	Tapioca pudding	French bread	Cabbage	Cabbage	
	蛋挞	西米露	法国面包	大白菜	炒包菜	
	Fruit	Fruit	Fruit	Fruit	Fruit	
	水果	水果	水果	水果	水果	
	Fungus fired yam	Croissant	Cold noodle with cucumbe	Hamburger	French bread	
	木耳山药	牛角包	青瓜凉皮	汉堡	法国面包	
	Poached Shrimp	Fried slice streaky pork	Salt and Pepper Shrimp	Braised Fish slice	Ribbonfish	
	盐水虾	小炒肉	椒盐虾	红烧鱼块	椒盐带鱼	
	Pork slices	Jerk filefish	Little yellow croaker	Pork slices	Pork with Chopped Bell Pepper	
	水煮肉片	咸菜橡皮鱼	葱油小黄鱼	酸菜肉片	泡椒肉片	
	Fish	Shrimp with Soy Sauce	Sichuan-style beef with duck blood curd	Fried river shrimp	Poached Shrimp	
	清蒸玉兔鱼	红烧虾	毛血旺	油爆河虾	盐水虾	
	Tomato soup with egg	Red dates yingerh cod soup	Tofu and cabbage soup	Seaweed soup	Tomato soup with egg	
	西红柿蛋汤	红枣银耳汤	大白菜豆腐汤	紫菜汤	西红柿蛋汤	
	Rice	Rice	Rice	Rice	Rice	
	米饭	米饭	米饭	米饭	米饭	
	Vegetable	Vegetable	Vegetable	Vegetable	Vegetable	
	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	
	<b>Snack Menu</b>	Longan	Banana	Peach	Banana	Orange
		桂圆	香蕉	桃子	香蕉	橙子
Steamed meat dumpling		Cherry tomato	Dumpling	Egg	Potato strips cake	
肉包		小番茄	蒸饺	鸡蛋	土豆丝饼	
Apple		Omelette	Pear	Orange	Apple	
苹果		鸡蛋饼	香梨	橘子	苹果	
Red bean bread		French bread	Cake	Croissant	Bread with jam	
红豆餐包	法国面包	蛋糕	牛角包	土司面包+果酱		





# Ningbo British International School

## 浙江宁波英伦外籍人员子女学校

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