

NINGBO BRITISH INTERNATIONAL SCHOOL

NEWSLETTER #25

22ND MARCH 2024



**UNITY
DIVERSITY
EXCELLENCE**



Dates to Remember

- Saturday 23rd March – Secondary Badminton Competition (at HIS)
- Wednesday 27th March – Battle of the Books
- Thursday 28th March – Secondary Athletics Competition
- Friday 29th March – NBIS Chinese Culture Day
- Saturday 30th March – NBIS Model United Nations Conference
- Monday 1st April – Secondary Poetry Month
- Tuesday 2nd and Wednesday 3rd April – Secondary Parent Teacher Conferences
- Tuesday 2nd April – World Autism Awareness Day
- Wednesday 3rd April – Early Years Sports Day
- Thursday 4th April – Primary Sports Day
- Friday 5th April – Qing Ming Holiday - No School
- Monday 8th April – Back to School



British Biology Olympiad 2024

In late January, several NBIS students from Years 11, 12, and 13 entered the British Biology Olympiad (BBO) to compete alongside over 15000 students from around the world. The British Biology Olympiad challenges and stimulates students with an interest in biology to expand and extend their talents. It enables students to demonstrate their talent and to be suitably rewarded with publicly recognised certificates. Based on the A Level syllabus, students are presented with topics and ideas which they are not familiar with, so compete with their problem-solving skills and understanding of core principles. The competition consists of two multiple-choice papers sat online under exam conditions.

This year, NBIS students had their best performance yet!

A special congratulations to the following NBIS students for performing highly in the competition:

Jianuo Zhu - Gold

Felicia Wong Qian Yi - Silver

Dennis Weijia Liu - Silver

Xiao Bing Chen - Silver

Wentao Zhang - Bronze

Leo Birks - Bronze

Sewon Lee - Bronze

Chloe Chng - Highly Commended

Elliott Gu - Highly Commended

Margherita Liao - Highly Commended

Anna Liao - Commended

Tithi Muljani - Commended

Nandini Kumar - Commended

Ka Hei Chu - Commended



This is to certify that
Jianuo Zhu
 from
 Ningbo British International School
 has been awarded
Gold
 in the British Biology Olympiad 2024




Dr. Matthew Johnson
 CEO,
 United Kingdom
 Biology Competitions

Dr. Andrew Tinkler MSc
 Head of English
 Biology Competitions

This is to certify that
Felicia Wong Qian Yi
 from
 Ningbo British International School
 has been awarded
Silver
 in the British Biology Olympiad 2024




Dr. Matthew Johnson
 CEO,
 United Kingdom
 Biology Competitions

Dr. Andrew Tinkler MSc
 Head of English
 Biology Competitions

This is to certify that
Xiao Bing Chen
 from
 Ningbo British International School
 has been awarded
Silver
 in the British Biology Olympiad 2024




Dr. Matthew Johnson
 CEO,
 United Kingdom
 Biology Competitions

Dr. Andrew Tinkler MSc
 Head of English
 Biology Competitions

This is to certify that
Dennis Weijia Liu
 from
 Ningbo British International School
 has been awarded
Silver
 in the British Biology Olympiad 2024




Dr. Matthew Johnson
 CEO,
 United Kingdom
 Biology Competitions

Dr. Andrew Tinkler MSc
 Head of English
 Biology Competitions

This is to certify that
Leo Michael Birks
 from
 Ningbo British International School
 has been awarded
Bronze
 in the British Biology Olympiad 2024




Dr. Matthew Johnson
 CEO,
 United Kingdom
 Biology Competitions

Dr. Andrew Tinkler MSc
 Head of English
 Biology Competitions

This is to certify that
Sewon Lee
 from
 Ningbo British International School
 has been awarded
Bronze
 in the British Biology Olympiad 2024




Dr. Matthew Johnson
 CEO,
 United Kingdom
 Biology Competitions

Dr. Andrew Tinkler MSc
 Head of English
 Biology Competitions

This is to certify that
Wentao Zhang
 from
 Ningbo British International School
 has been awarded
Bronze
 in the British Biology Olympiad 2024




Dr. Matthew Johnson
 CEO,
 United Kingdom
 Biology Competitions

Dr. Andrew Tinkler MSc
 Head of English
 Biology Competitions

This is to certify that
Elliott Gu
from
Ningbo British International School
has been awarded
Highly Commended
in the British Biology Olympiad 2024



Dr. Matthew Johnson
Chair,
UKBC Organising
Committee

Dr. Andrew Tinkler MBE
United Kingdom
Biology Competition

This is to certify that
Margherita Nian Ge Liao
from
Ningbo British International School
has been awarded
Highly Commended
in the British Biology Olympiad 2024



Dr. Matthew Johnson
Chair,
UKBC Organising
Committee

Dr. Andrew Tinkler MBE
United Kingdom
Biology Competition

This is to certify that
Chloe Erin Chng
from
Ningbo British International School
has been awarded
Highly Commended
in the British Biology Olympiad 2024



Dr. Matthew Johnson
Chair,
UKBC Organising
Committee

Dr. Andrew Tinkler MBE
United Kingdom
Biology Competition

This is to certify that
Tithi Muljani
from
Ningbo British International School
has been awarded
Commended
in the British Biology Olympiad 2024



Dr. Matthew Johnson
Chair,
UKBC Organising
Committee

Dr. Andrew Tinkler MBE
United Kingdom
Biology Competition

This is to certify that
Nandini Kumar
from
Ningbo British International School
has been awarded
Commended
in the British Biology Olympiad 2024



Dr. Matthew Johnson
Chair,
UKBC Organising
Committee

Dr. Andrew Tinkler MBE
United Kingdom
Biology Competition

This is to certify that
Anna Nian An Liao
from
Ningbo British International School
has been awarded
Commended
in the British Biology Olympiad 2024



Dr. Matthew Johnson
Chair,
UKBC Organising
Committee

Dr. Andrew Tinkler MBE
United Kingdom
Biology Competition

This is to certify that
Ka Hei Chu
from
Ningbo British International School
has been awarded
Commended
in the British Biology Olympiad 2024



Dr. Matthew Johnson
Chair,
UKBC Organising
Committee

Dr. Andrew Tinkler MBE
United Kingdom
Biology Competition



CONGRATULATIONS



Charles Morris

Year 9A Student



Congratulations to Charlie Morris in Year 9A who won the First Prize in the UNNC Karakal Cup Squash Open Competition.

Safety First: NBIS Fire Drill, March 21, 2024

At NBIS, safety is paramount. Our recent fire drill showcased orderly evacuations and calm responses, reflecting our commitment to preparedness. All students and staff were out of the building within 5 minutes, and it took us 1 minute to check that all green cards were up. The total count is 6 minutes. Through regular safety education, we equip students with vital skills for emergencies. The swift evacuation time underscores our efficiency and dedication to safety. We pledge to maintain our focus on safety, ensuring a secure environment for all.



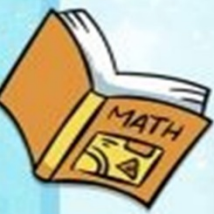
Nursery B



Our children are naturally curious. They observe, explore, and imitate, trying to figure out how things work and how to control themselves and their environments. This freedom of exploration helps children form connections in their brain, it helps them learn—and it's also fun!



Think of sculptures as having 3 dimensions. They have length, width, and height. Sculptures can be made by modeling, carving or placing materials together.



Water beads are one of the children's favorite sensory play activities. Water beads can help promote learning and development in many areas such as sensory, fine motor, color recognition, creativity, and more.



Nursery B



The children attempted several different strategies and methods of building with the paper cups. They ran into some common problems with building that had to be remedied, and I loved watching and helping them problem solve!



CONGRATULATIONS TO OUR STARS OF THE WEEK



4A-YICHEN, ANNA & CANDICE

4B-BRUNO & ANNABELLE

5A-ORION & JOYCE

5B-EMILIA & MASON

5C-SASHA & BRAYDEN

Year 5B

The Process of Writing a Fictional Adventure Story

Mr Adam Bagnall & Ms Ivy Liu

After reading the story of Treasure Island from the past few weeks, Year 5B students felt inspired and motivated to write a fictional adventure story of their own.

However, it was worth noting that there was a particular process (from start to finish) that needed to be adhered to, displaying a number of steps to write an outstanding fictional adventure story. These steps involve the need for students to plan, draft, revise, proofread, edit and publish any piece of writing not just a fictional adventure story.



Before any writing took place, the method of planning allowed year 5B students to gather all their own thoughts together. This was centred around the construct of a mind map, that was graphically well organised in terms of the placement of their own ideas. Essentially, students had to determine what their setting and main characters were going to be, thinking about their own purpose for writing a fictional adventure story.

Subsequently, the planning procedure had been finalised. Then, it was the turn for year 5B students to write the first version of their own fictional adventure story. This meant the opening, build-up, dilemma, resolution and closing parts were exhibited in the structure of paragraphs. Year 5B students had to describe the setting and main characters chosen beforehand, using exciting and adventurous words as this would allow readers to be more engaged with their respective fictional adventure story.

Furthermore, 5B students revised and drafted their own fictional adventure story over the course of the week, expanding upon their own fictional adventure story each time. Essentially, students were encouraged to include a range of spelling (suffixes and prefixes), punctuation (hyphens and semi-colons), figurative language (personification and metaphors) and grammatical devices (fronted adverbials and infinitive verbs). Afterwards, the methods of proofreading and editing took centre stage. It gave all year 5B students the opportunity to first pay close attention to what they had written so far in their own fictional adventure story. Then, they had the chance to view another fictional adventure story other than their own, highlighting the importance of making sure that their paragraphs of writing were free of errors.



The writing process had nearly ended, year 5B students wrote up the final draft of their fictional adventure story, publishing in its best form on an A4 piece of paper with the use of pen. Once completed by each 5B student, putting their fictional adventure story on the display board situated at the back of the classroom for everyone around school to witness the magnificence of writing placed before them.

English Y7 Class Shines in Poetry Unit, Embracing the Art of Expression

Ms Olia Efremova

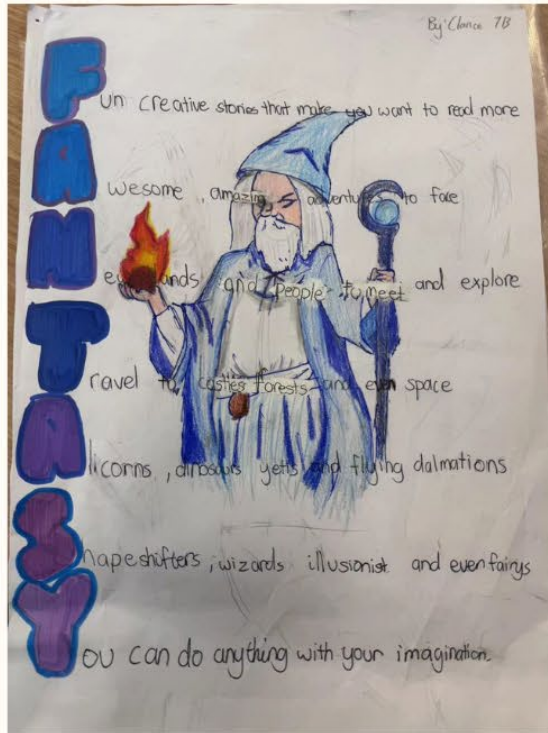
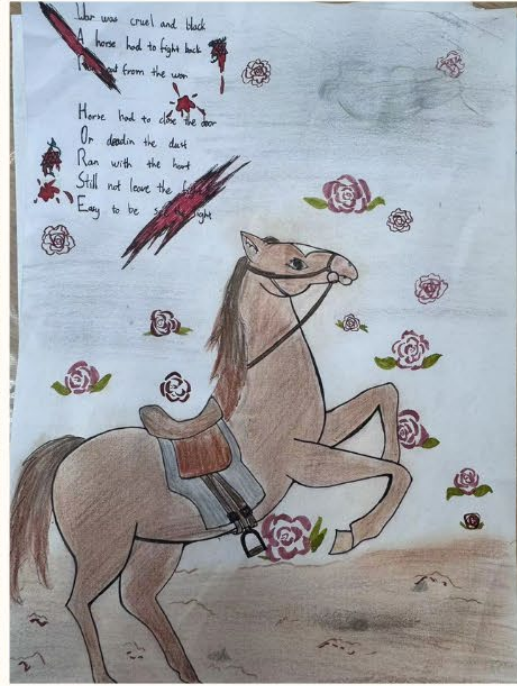
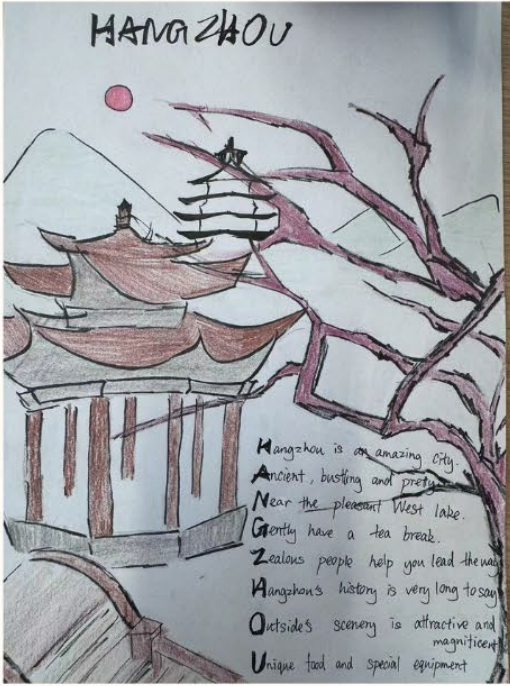
The English 7B class at NBIS has recently captivated both teachers and peers alike with their outstanding achievements in the unit on poetry. With a focus on exploring different types of poems, the students have delved deep into the world of narratives and non-narratives, expanding their literary horizons.

Throughout the course of the unit, the young wordsmiths have fearlessly experimented with various poetic styles, including free verse, odes, biographical poems, and acrostic poems. These budding poets have enthusiastically embraced the challenge of self-expression, using their creative skills to craft captivating compositions.



However, it is the acrostic poems that have truly stolen the limelight. The students' eyes sparkled with excitement as they chose their own topics, allowing their imaginations to run wild. With meticulous attention to detail, they skillfully designed their acrostic poems, creating visually stunning works that are a testament to their blossoming talents.





Ningbo Sports League Association Football Tournament

Mr Daniel Perales Gomez

Last Saturday, March 16th, Ningbo British International School participated in the Football Tournament organised by the Ningbo Sports League Association. In this occasion, NBIS registered three teams: U12 (with Year 5 and 6 students participating), U15 (with students from Year 7 to 9 playing) and U19 (with students from Year 9 to 13 taking part). The tournament took part at UNNC, starting at 12 pm and ending by 6 pm. It was a beautiful day regarding the weather, sunny and warm, perfect for playing football.



The competition started with the U12 team playing their one and only game vs NBHIS. Our students had a very close game. NBIS scored the first goal, from a free kick. Nevertheless, NBHIS didn't give up and overcame the score, with a final result of 1-3 in their favour.



Our U15 team had a total of two games. The first and toughest one was against HD. It was a very intense game that ended up with a 1-0 scoreline for HD. NBIS dominated the game from beginning to the end, however, the lack of accuracy and the good saves from the opponent goalkeeper kept us from scoring a goal and getting a well-deserved victory. The feeling of players, parents and staff after the game was clear, we showed that we were a better team. Without any rest, it was time for the second game, in this case vs GSN. All the shots that missed in the previous game went in during this second match! A final score of 7-0 for NBIS brought a smile in the players' faces. At the end, a second position in the tournament and time to support and help our U19 teammates.



The U19 competition started early in the morning with a very even game in between HD and NBIS. There were chances for both teams, especially at the beginning of the game where our team started a little bit nervously. The second half was completely different and our players showed a better and more composed version of themselves, dominating the game with and without the ball. At the end, a 2-0 in the score for NBIS gave the team a push for the title. The next game for us was against GSN. This time a great performance in attack with few goals from long distance gave us an easier victory and the chance to rely on ourselves for winning the competition. The last game of the days was vs NBHIS. This time, the opponent team scored first from a free kick, which made us a bit nervous until the half time. In the second half, with our players full of energy and eager to win the game, two consecutive goals from outside the area gave the team the final victory. Substitutes, parents and teachers exploded in happiness and celebrated the goals together with the players.



At the end of the day, happy faces in the sideline and unity from U15 and U19 players, lifting the trophy together. This group of students showed more than football skills and understanding of the game. They showed that students all the way from Year 7 to Year 13 can cooperate and work together, they showed camaraderie and eagerness for reaching the same objective.

Last but not least, we would like to thank all the parents, students and NBIS staff who came to UNNC to support our teams. They created an extraordinary atmosphere which helped our players to perform at their maximum.

Let's go Sharks!





NBIS Weekly Menu



Sample Dishes



March 25 – March 29

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------|-----------------------------|----------------------------------|---|------------------------------------|-------------------------------|
| Lunch Menu | Fish Fillet | Roast sausage | Salt and pepper drumstick | Breast meat | Hotdog |
| | 鱼排 | 烤香肠 | 椒盐鸡腿 | 茄汁鸡脯肉 | 热狗 |
| | Beef Curry | Braised meatball | Quail Eggs | Chicken nuggets | Roast Chicken Legs |
| | 咖喱牛肉 | 肉丸 | 芝麻鹌鹑蛋 | 黄金鸡块 | 烤鸡腿 |
| | Roast duck | Shrimp with potato | Grilled fish fillet | Stewed beef vermicelli | Braised Ribs |
| | 烤鸭 | 土豆焗虾仁 | 烤鱼片 | 粉条牛肉 | 红烧仔排 |
| | French fries | Roasted rice cake with vegetable | Roast sweet potato | Baked potatoes with cheese | Roast potato |
| | 薯条 | 带豆烤年糕 | 烤红薯 | 芝士焗土豆 | 烤土豆 |
| | Broccoli | Cauliflower | Broccoli | Cauliflower | Pearl milk tea |
| | 西兰花 | 有机花菜 | 西兰花 | 花菜 | 珍珠奶茶 |
| | Grilled corn | Eggplant | Spaghetti with meat sauce | Tofu with cabbage | Okra |
| | 烤玉米 | 烤茄子 | 肉酱意大利面 | 白菜油豆腐 | 秋葵 |
| | Vegetarian chicken | French bread | Egg tart | Sushi | Broccoli |
| | 红烧素鸡 | 法国面包 | 蛋挞 | 寿司 | 西兰花 |
| | Fruit | Fruit | Fruit | Fruit | Fruit |
| | 水果 | 水果 | 水果 | 水果 | 水果 |
| | sandwich | Vegetable | Spicy tofu | Corn with green beans | Caesar chicken roll |
| | 三明治 | 五号菜 | 麻辣豆腐 | 青豆玉米 | 凯撒鸡肉卷 |
| | Salt and Pepper Shrimp | Fish with Chopped Bell Pepper | Little yellow croaker | Poached Shrimp | Steamed Pomfret |
| | 椒盐虾 | 剁椒鱼 | 葱油小黄鱼 | 盐水虾 | 葱油鲰鱼 |
| | Salt Eel | Pork slices | Sichuan-style beef with duck blood curd | Braised Crucian Carp with Scallion | Pork with Chopped Bell Pepper |
| | 爆盐鳗鱼 | 水煮肉片 | 毛血旺 | 葱烤鲫鱼 | 泡椒肉片 |
| | Stir Fried Pork with Pepper | Shrimp with Soy Sauce | Shrimp with sauce | Spicy Pork slices | Fried Shrimp |
| | 辣椒炒肉 | 红烧虾 | 酱爆虾 | 麻辣肉片 | 油爆河虾 |
| | Red dates yingerh cod soup | Tofu and cabbage soup | Radish soup | Vegetable soup | Tomato soup with egg |
| | 红枣银耳汤 | 大白菜豆腐汤 | 萝卜汤 | 万年青汤 | 西红柿蛋汤 |
| | Rice | Rice | Rice | Rice | Rice |
| | 米饭 | 米饭 | 米饭 | 米饭 | 米饭 |
| Vegetable | Vegetable | Vegetable | Vegetable | Vegetable | |
| 蔬菜拼盘 | 蔬菜拼盘 | 蔬菜拼盘 | 蔬菜拼盘 | 蔬菜拼盘 | |
| Snack Menu | Cucumber | Banana | Melon | Cherry tomato | Orange |
| | 小黄瓜 | 香蕉 | 小甜瓜 | 小番茄 | 橙子 |
| | Dumpling | Turnip strips cake | Steamed meat dumpling | Omelette | Barbecued pork bun |
| | 蒸饺 | 萝卜丝饼 | 肉包 | 鸡蛋饼 | 叉烧包 |
| | Pear | Orange | Apple | Watermelon | Cantaloupe |
| | 香梨 | 桔子 | 苹果 | 西瓜 | 哈密瓜 |
| | Cake | Croissant | Bread with jam | Green tea biscuits | Soda biscuits |
| | 蛋糕 | 牛角包 | 土司面包+果酱 | 抹茶饼干 | 苏打饼干 |



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