

NINGBO BRITISH INTERNATIONAL SCHOOL

NEWSLETTER #22

1ST MARCH 2024



**UNITY
DIVERSITY
EXCELLENCE**



Dates to Remember

- Saturday 2nd March – NBIS VS ADCOTE Secondary Sports Exhibition
- Monday 4th March – Semester 2 Start of ECAs
- Thursday 7th March – NBIS Admissions Information Day
- Saturday 16th March – Ningbo Sports League – Lower and Upper Secondary Football Tournament (at GSN)
- Monday 18th March – Y9 & Y11 Secondary Options Parent Evening
- Thursday 28th March – Secondary Athletics Competition
- Friday 29th March – NBIS Chinese Culture Day and Macao Students Visit NBIS



Ningbo British
International School
浙江宁波英伦
外籍人员子女学校



*Scan QR code
to register*

NBIS Admissions Information Day 2024

Thursday, March 7th



nbis.admin@nbis.net.cn



0086-574-87611005 / 83888071



www.nbis.net.cn



 CAMBRIDGE
International Education
Cambridge International School

Unity - Diversity - Excellence



NBIS VS ADCOTE

SECONDARY **SPORTS EXHIBITION**

NBIS community, come and support our NBIS teams in a thrilling Sports Exhibition vs Adcote School from Suzhou. Our students are ready and they will give their best in every game, will you do the same and will you cheer them on from the sidelines?

Tournament Highlights

Volleyball • Basketball • Badminton • Football

**MARCH 2ND, FROM 10:30 AM
TO 4:30 PM AT NBIS SCHOOL**

**WINNING SCHOOL IN EACH
SPORT GETS A TROPHY**



**SCAN THE FOLLOWING QR CODE IF
YOU WANT TO ATTEND AS SPECTATOR**





CONGRATULATIONS

Jianuo Zhu (David)

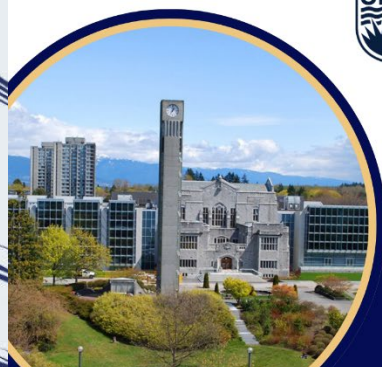
Class of 2024



for receiving the offer to study Science at the University of British Columbia.



THE UNIVERSITY OF BRITISH COLUMBIA



CONGRATULATIONS

Nancy Wu

Class of 2024



for receiving the offer to study at the University of California, Irvine.

UCI University of California, Irvine



CONGRATULATIONS

Sikata Anilkumar Gehani

Class of 2024



for receiving the offer to study Business Administration at East China Normal University.



華東師範大學
EAST CHINA NORMAL UNIVERSITY



CONGRATULATIONS

Nikolaj Højmark Parsberg Therkildsen

Class of 2024



for receiving the offer to study Business Administration & Business Management at the EU Business School and Business Administration at the Universidad Europea de Madrid.

eu Business School

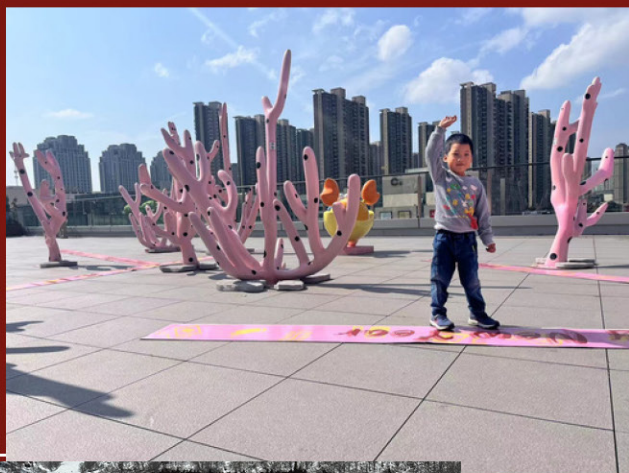
ue Universidad Europea



RECEPTION A

Ms Samy & Ms Chelsea

Welcome back! Happy Year of the Dragon. Our students this week have been focusing on re-acclimating to the new semester after a fruitful semester behind and well-deserved holiday with friends and family. Our students took their learning outside the classroom to different parts of the world.



CONGRATULATIONS TO OUR STARS OF THE WEEK

1A - CASPIAN
1B - THOR
1C - SURI
2B - ISABELLE
2C - IVY
3A - POLINA
3B - EVIE MAY



YEAR 3 DRAGON PARADE

Mr Dominic Armstrong

Led by Mrs Zhang and assisted by Mr Armstrong and Ms Yu, Year 3A and Year 3B created dragons to celebrate the Chinese new year.

They decorated dragons, writing messages of good luck and good fortune on the bodies of the dragons:

GOOD FORTUNE!
龙福齐天
LÓNG FÚ QÍ TIĀN

PEACE AND JOY!
平安喜乐
PÍNG ĀN Xǐ LÈ

GOOD LUCK!
大吉大利
DÀ JÍ DÀ LÌ



Year 3 students then paraded their dragons around the Primary Section building before putting them on display outside the year three classrooms in building three.

Please take a look!





YEAR 7 & 8 SCIENCE

Mr Martin Coetzee

As we welcome back our Year 7s and 8s after a rejuvenating break following the completion of semester one, we are thrilled to embark on the next leg of our science journey together. The first semester saw our students delve into a wide array of fascinating topics, including respiration, invasive species, dichotomous keys, compound naming rules, bioaccumulation, and biomagnification, among others. They have eagerly absorbed knowledge and engaged with concepts spanning biology and chemistry, demonstrating a commendable thirst for understanding the natural world.

In semester 2, both our Year 7s and 8s will wrap up their exploration of chemistry concepts before delving into the captivating world of physics. Their recent adventures in material properties, substance separation, and the complexities of Earth's atmosphere have laid a solid foundation for the exciting experiments and discoveries that lie ahead.



Separating ferromagnetic and non-ferromagnetic substances



Secondary Section

The eagerness of our students to engage meaningfully with scientific concepts and tackle real-world challenges is truly inspiring. Through their collective efforts, they aim to foster a love for learning, critical thinking, and scientific inquiry that will empower them to become informed and responsible global citizens.

As this new chapter unfolds, parents and guardians are encouraged to support their children's scientific exploration both inside and outside the classroom. By fostering curiosity and providing opportunities for hands-on learning experiences, we can enrich their educational journey and inspire a lifelong passion for science.

Excitement fills the air as we continue this journey of discovery with our Year 7 and 8 students, eagerly anticipating the adventures that lie ahead in semester 2.





NBIS Weekly Menu



Sample Dishes



March 4 – March 8



Ningbo British
International School
浙江宁波英伦
外籍人员子女学校

NBIS: Unity - Diversity - Excellence

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Menu	Meat with potato	Roast sausage	Garlic vermicelli scallops	Rib with Corn	Braised beef
	土豆烧肉	烤香肠	粉丝扇贝	玉米仔排	红烧牛肉
	Chicken sausage	Salt baked chicken	Stewed Pork	Turkey	Salty fried chicken
	鸡肉肠	盐焗鸡腿	卤肉	烤火鸡	盐酥鸡
	Roast duck	Braised meatball	Curry chicken	Chicken	Shredded chicken
	烤鸭	红烧狮子头	咖喱鸡	上校鸡块	手撕鸡
	Cauliflower	Roast sweet potato	Sushi	Tapioca pudding	Roasted rice cake with vegetables
	炒花菜	烤地瓜	寿司	西米露	天菜烤年糕
	Pasta with beef	Pasta with cream	Roast sweet potato	Spaghetti meat sauce	Steamed purple potato
	牛肉木通心粉	奶油意面	红薯	肉酱意大利面	紫薯
	Vegetable	Cabbage	Cauliflower	Scrabbled egg with tomato	Broccoli
	炒青菜	炒包菜	花菜	西红柿炒蛋	西兰花
	Tofu	Corn with green beans	Roast potato	Potato String	Egg tart
	葱油豆腐	青豆玉米	烤土豆	土豆丝	蛋挞
	Fruit	Fruit	Fruit	Fruit	Fruit
	水果	水果	水果	水果	水果
	French bread	Croissant	Vegetables	Pizza	Minced pork with baked potatoes
	法国面包	牛角包	五号菜	披萨	肉末焗土豆
	Fried slice streaky pork	Poached pork slices	Pork slices	Shrimp with Soy Sauce	Spicy pork slices
	小炒肉	水煮肉片	酸菜肉片	红烧虾	麻辣肉片
	Shrimp with Soy Sauce	Poached Shrimp	Fried Shrimp	Braised Crucian Carp with Scallion	Shrimp with Soy Sauce
	红烧虾	盐水虾	油爆虾	葱烤鲫鱼	红烧虾
	Fish	Jerk filefish	Little yellow croaker	Sichuan-style beef with duck blood curd	Ribbonfish
	椒盐龙利鱼	孜然橡皮鱼	葱油小黄鱼	毛血旺	椒盐带鱼
	Vegetable soup	Tofu and cabbage soup	Tomato soup with egg	Seaweed soup with dried shrimps	Seaweed soup
	万年青汤	大白菜豆腐汤	西红柿蛋汤	紫菜虾皮汤	海带汤
	Rice	Rice	Rice	Rice	Rice
	米饭	米饭	米饭	米饭	米饭
Vegetable	Vegetable	Vegetable	Vegetable	Vegetable	
蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	
Grapes	Banana	Cherry tomato	Banana	Orange	
葡萄	香蕉	小番茄	香蕉	橙子	
Omelette	Dumpling	Egg	Steamed creamy custard bun	Potato strips cake	
鸡蛋饼	蒸饺	水煮蛋	奶黄包	土豆丝饼	
Pear	Winter jujube	Apple	Longan	Pear	
雪梨	冬枣	苹果	桂圆	香梨	
Bread with jam	Dried egg	Cake with dried meat floss	Chocolate biscuit	Cookie	
土司面包+果酱	鸡蛋干	肉松蛋糕	巧克力饼干	抹茶曲奇	





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