

NINGBO BRITISH INTERNATIONAL SCHOOL

NEWSLETTER #16

5TH JANUARY 2024



**UNITY
DIVERSITY
EXCELLENCE**



 **CAMBRIDGE**
International Education
Cambridge International School

Dates to Remember

- Monday 8th to 19th January 2024 - Upper Secondary Exams
- Friday 12th January 2024 - Primary Spelling Bee
- Monday 15th January 2024 - WEG Board Meeting

Welcome Back NBIS Families! Embracing the New Year - 2024!

Dear NBIS Community,

As we step into a new year, I extend a warm welcome back to our incredible families. I hope your break was rejuvenating, and you are prepared for another year of learning, growth, and collaboration. This fresh start brings a sense of renewal and opportunity, and I am excited to continue our journey together.

In navigating the challenges ahead, prioritizing the health and safety of our community remains paramount. I kindly remind all NBIS families to stay vigilant, adhere to recommended health and safety guidelines, practice good hygiene, and consult the school nurse when necessary. Let us demonstrate our unwavering commitment to each other's well-being.

Additionally, don't overlook the importance of self-care and mental well-being. Amidst work, school, and personal responsibilities, taking time for ourselves is crucial. Whether through hobbies, mindfulness, or seeking support, let's make self-care a priority, fostering a positive and resilient NBIS community.

As we commence the new year, let's not only focus on academic growth but also on the safety and well-being of our community. Emphasizing proper parking and helmet use during cycling to school underscores our commitment to everyone's well-being. Let's prioritize safety and continue fostering a culture of care within our community.

Furthermore, let's underscore the significance of attendance and punctuality for academic success. Regular attendance provides consistent learning opportunities, building a strong foundation. Punctuality instills time management and responsibility, ensuring students don't miss crucial instructions. By prioritizing these, students set themselves up for success.

Welcome back, NBIS families! Let's embrace this fresh start with a renewed commitment to health, safety, and well-being. Together, we can overcome challenges and thrive as a strong and supportive community. Here's to a successful and fulfilling year ahead!

Ms Nancy Eldars
NBIS International Principal



Reception B

Reception B students learn about the world by experiencing it with curiosity and enthusiasm!
Let's take a look at some holiday wonder!





NBIS 2023-24 Semester 1 SAC meeting minutes

Date and Time	December 11, 2023, 18:30-22:00	Location	NBIS Conference Room
Meeting Called By	NBIS SAC Team	Secretary	Sharon Wang (SW)
Attendees	Francesco Aguiari (FA); Adrien Chicouard (AC); Nancy Eldars (NE); David Foster (DF); Rosaria Franco (RF); Julia Hoferichter (JH); Zhang Kaiyu (ZK); Marisol Negro (MN); Roziel Dorin Rhee (RDR); Neta Ronen (NR); Brian Thomas (BT)s; Sharon Wang (SW), Aaron Lowe (AL)		
Excused	N/A		

No.	Agenda
1	<p>Welcome and introduction agenda and new speakers (RF)</p> <ul style="list-style-type: none"> The Chair of SAC welcomed the Head of Secondary, Mr. Aaron Lowe, and introduced the meeting agenda. SAC members introduced themselves briefly and welcomed the new speaker.
2	<p>Secondary curriculum (AL)</p> <ul style="list-style-type: none"> In an effort to better understand the educational experience and curriculum in the Secondary Section, the Head of Secondary, was invited to present a secondary section review. The head of Section presented a comprehensive review that included the subject choices and outlined the school's efforts to provide a balanced and interdisciplinary approach to learning. The information provided served as an opportunity for SAC to gain a deeper insight into the curriculum. By fostering open communication, the school aims to create a supportive environment that nurtures the success and growth of every student.
3	<p>Principal's update (CIS Accreditation update, recruitment and staff update etc.) (NE)</p> <ul style="list-style-type: none"> The International Principal provided essential updates regarding the school's ongoing efforts in various areas and the progress toward achieving CIS accreditation. She explained that the school has been actively working on a timeline of tasks pertaining to achieving the prestigious CIS accreditation. This notable achievement would signify that the school meets high-quality international standards in education. The International Principal also addressed the topic of recruitment, emphasizing the school's commitment to attracting and retaining talented educators. NBIS has been actively seeking highly qualified teachers who are knowledgeable and passionate about shaping young learners' lives. In addition to recruitment, Ms. Eldars shared a comprehensive plan for staff development. Recognising the importance of continuous professional growth. She emphasised that investing in staff development directly translates into enhanced student teaching and learning experiences.
4	<p>IEP and SEN (DF)</p> <ul style="list-style-type: none"> The Individual Education Plan (IEP) is a crucial tool in special education that ensures personalised and appropriate educational support for students with special



	<p>educational needs (SEN). The IEP meetings promote the individualised approach, is a binding document that sets clear goals, facilitates collaboration and supports smooth transitions, documentation and monitoring the effectiveness of the plan.</p> <ul style="list-style-type: none"> • Suggestions for the development of the SEN department at NBIS: <ol style="list-style-type: none"> 1. Raising awareness and understanding about Special Educational Needs and Specific Learning Difficulties; characteristics, and appropriate teaching strategies. Develop and implement inclusive policies that promote equal opportunities for all students, regardless of their abilities. 2. Recognise the unique needs of each student with SEN and provide IEP tailored to their requirements. Gather and provide relevant resources to parents to help them better understand their child's needs. Collaborate with external agencies, such as ELG in Shanghai or Olivia's place, to provide additional support and expertise for students with SEN. Consider inviting guest speakers occasionally to share their expertise. 3. Allocate sufficient human resources, including shadow teachers or aids (A shadow teacher, also known as an educational assistant or paraeducator, plays a crucial role in supporting students with SEN.) and assistive technologies to support effective SEN education in schools. 4. Offer comprehensive training and professional development opportunities for teachers to enhance their skills and knowledge in supporting students with specific needs.
<p>5</p>	<p>SEN Parent's Support Group (BT) Proposal:</p> <ul style="list-style-type: none"> • Setting up an SEN (Special Educational Needs) parent's support group at NBIS can be a great way to provide a supportive environment for parents who require this. By creating a safe and supportive atmosphere where parents feel comfortable sharing their experiences, concerns, and insights. This will provide opportunities for open discussions, allowing parents to interact, seek advice, and support one another. • Conduct a survey to gauge NBIS parents' interest and gather suggestions if feasible. • Seek support from experienced parents and professionals. • Share ideas and discuss how the support group can benefit the school community. • Advertise the support group to parents of children with special educational needs in NBIS. Use various channels such as newsletters and school websites to spread the word. Ensure that all parents know the group's purpose and how it can benefit them.
<p>6</p>	<p>Calendar future meetings approval (RF)</p> <ul style="list-style-type: none"> • The dates of SAC meetings 2023-24 below are confirmed. <ul style="list-style-type: none"> ➤ January 15th 2024 ➤ February 26th 2024 ➤ April 8th 2024 ➤ May 20th 2024 • It is suggested that in future SAC meetings, each agenda point be given an allocated time slot so that the 2 hours are adhered to and worked out per agenda point.
<p>7</p>	<p>Short Review SAC – Teacher Get Together (NR)</p>



	The low attendance rate at SAC – Teacher Get Together on November 30 th is possibly due to it being held on a Thursday with work commitments the following day.
8	AOB (FA) We would like to express our gratitude to NBIS SAC member Mr. Francesco Aguiari for his dedicated service to the school. Due to family reasons, he and his family will be leaving the Ningbo and returning to Spain. We appreciate Mr. Francesco’s commitment and wish him and his family all the best.

The next SAC Meeting will be held on Monday 22nd January 2024.





NBIS Weekly Menu



Sample Dishes



January 8 – January 12



Ningbo British International School
浙江宁波英伦
外籍人员子女学校

NBIS: Unity - Diversity - Excellence

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Menu	Beef with potato	Fried mushroom with meat	Braised pork leg	Braised meatball	Spiced Beef
	土豆牛肉	香菇肉片	红烧猪蹄	红烧狮子头	酱牛肉
	Roast chicken	Chicken drumstick	Salty fried chicken	Crispy chicken cutlet	Kung Pao Chicken
	烤鸡	芝麻鸡腿	盐酥鸡	嗜兹脆鸡排	宫保鸡丁
	Chicken nuggets	Garlic vermicelli scallops	Pork loin	Pork joint	Roast duck
	黄金鸡块	粉丝扇贝	黑椒汁猪排	葱油肘子	烤鸭
	Corn with green beans	Celery with glass noodle	Tofu	Baked potatoes	Tapioca pudding
	青豆玉米	芹菜拌干丝	麻辣豆腐	焗土豆	西米露
	Broccoli	Cauliflower	Broccoli	Roasted rice cake with vegetable	Curry potato
	西兰花	花菜	清炒西兰花	天菜烤年糕	咖喱土豆
	Roast sweet potato	Honey pumpkin	Hamburger	Cauliflower	French bread
	烤地瓜	蜜汁南瓜	汉堡	花菜	法棍
	Croissant	Caesar meat roll	Kelp knot	Pizza	Broccoli
	牛角包	凯萨卷	葱油海带	披萨	西兰花
	Pork slices	Poached Pork slices	Fried slice streaky pork	Sichuan-style beef with duck blood curd	Spicy Pork slices
	酸菜肉片	水煮肉片	小炒肉	毛血旺	麻辣肉片
	Shrimp with Soy Sauce	Poached Shrimp	Fried Shrimp	Shrimp with Soy Sauce	Fried Shrimp
	红烧虾	盐水虾	油爆河虾	红烧虾	油爆虾
	Fish slice with Chopped Bell Pepper	Jerk filefish	Little yellow croaker	Braised fish slice	Steamed Pomfret
	剁椒鱼块	孜然橡皮鱼	葱油小黄鱼	红烧鱼块	葱油鲳鱼
Fruit	Fruit	Fruit	Fruit	Fruit	
水果	水果	水果	水果	水果	
Radish soup	Tofu and cabbage soup	Tomato soup with egg	Seaweed soup	Seaweed soup with egg	
萝卜汤	大白菜豆腐汤	番茄蛋汤	海带汤	紫菜蛋汤	
Rice	Rice	Rice	Rice	Rice	
米饭	米饭	米饭	米饭	米饭	
Milk/Yogurt	Milk/Yogurt	Milk/Yogurt	Milk/Yogurt	Milk/Yogurt	
纯牛奶/酸牛奶	纯牛奶/酸牛奶	纯牛奶/酸牛奶	纯牛奶/酸牛奶	纯牛奶/酸牛奶	
Snack Menu	Grape	Banana	Cherry tomato	Banana	Cucumber
	葡萄	香蕉	小番茄	香蕉	小黄瓜
	Omelette	Barbecued pork bun	Egg	Dumpling	Turnip strips cake
	鸡蛋饼	叉烧包	水煮蛋	蒸饺	萝卜丝饼
	Orange	Apple	Pear	Longan	Orange
	橙子	苹果	香梨	桂圆	蜜桔
	Egg waffle	Bread with jam	Cranberry biscuit	Cake	Biscuit
	鸡蛋仔	面包片+果酱	蔓越莓饼干	蛋糕	小熊饼干





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