

NINGBO BRITISH INTERNATIONAL SCHOOL

NEWSLETTER #8

27TH OCTOBER 2023



**UNITY
DIVERSITY
EXCELLENCE**



Cambridge Assessment
International Education
Cambridge International School

Dates to Remember

- October 30: NBIS Primary Parent/Teacher Conferences (PTCs)
- October 30: NBIS Pink Day/Secondary Spirit Week Starts
- November 3: Yearbook Cover Design Competition
- November 6-10: Primary Science Week
- November 7-8: Secondary Parent/Teacher Conferences (PTCs)
- November 10: Secondary Sports Day
- November 16: Ningbo International Drama Festival



Ariana Rutherford



Biel Das Cervera



Kaylee Kirkpatrick



Rom Ronen



Sean Yu

Please vote for our students who participating in the preliminary of the Ningbo International Students Oral Chinese Competition 2023

NO. 1/2/4/7/8

Thanks 😊



SCAN HERE

The deadline for voting is November 5th 2023.





NBIS UNITED NATIONS DAY 2023



Ningbo British International School (NBIS) cherishes its diversity. Our school hosts United Nations Day annually to celebrate Ningbo's international community, representing over 50 countries and regions from around our world! In many ways, NBIS can be considered a microcosm for the harmonious collaboration between people which embodies the spirit of the United Nations and the internationally minded city of Ningbo.





In the morning, teachers, students and parents of our international community gathered on NBIS's front lawn and surrounding skywalks to watch the parade of nations. The hosts Avni (India) and Nawrin (Bangladesh), students from the school's Primary and Secondary Sections, diligently welcomed each country to the stage. They listed interesting facts for each country with charm and gusto. Students of all ages come together to represent their countries. Some groups were larger, others smaller, but all were cheered for and welcomed onto the stage as equals.



Stay tuned for high quality pictures of each group





Next, students put on performances to celebrate the diversity of culture at NBIS.



Toleration - NBIS Rock Band



Latin Dance - Latin ECA



Dil Dil Pakistan - Year 5A Ayesha



Cherrot Pirate



Break Dance - Year 8B Kenny



Return of Spring - Year 7B Hanna



You Are The Reason - Laura's Family



Soran Bushi



Sing, Sing, Sing - NBIS Choir





NBIS's international community of learners isn't only its students and teachers, but the parents and international families who support it. NBIS's Parent Teacher Association supports the school each year by providing a remarkable banquet of dishes from all over the world. The food cooked by NBIS' international families is nothing less than foodie heaven!



Mohamed Zahran from Egypt came wearing clothes to represent the ancient Egyptian style. He noted that his favourite part of the day was the parade because you can "see all of the different countries and all of the different people, showing their traditional clothes. It was really very interesting!" Although Mohammed hadn't eaten lunch when we talked to him, he told us that he was really impressed with the variety on offer "from all around the world which shows the diversity of our school".



Year 11B NBIS student Hridita Nawrin said that "there are more countries, more people, more friends and more people to meet this year!". She was also one of the hosts for the UN Day parade and performances and while speaking she complimented her co-host, Avni from Year 5 and the teachers who helped her prepare. When asked about her favourite food she commented, "This year I really liked the Japanese food stall. I used to live in Japan and I found the food really nostalgic!"

Special thanks to the United Nations Day committee, led by Ms Katerina, Mr Armstrong, Ms Arlene, Ms Yu, Ms Pady, Ms Jenny, Mr Achilles, Mr Jessen, Ms Grace, Ms Gianna, Mr Bagnall and Mr Mosuwe from the NBIS teaching staff and Ms Sharon, Ms Yuky, Ms Shereen, Ms Shushu from Admin. Each member worked tirelessly to organise this special event for NBIS. It was certainly a difficult task to undertake, and evidence of harmonious international collaboration.

Written By Mr Dominic Armstrong (UK)



BREAST CANCER AWARENESS SEMINAR

AS PART OF BREAST CANCER
AWARENESS MONTH



DISCUSSION & INSIGHT

Understanding Breast Cancer

- Why do people get breast cancer?
- What are the signs of breast cancer?
- How is breast cancer found?
- How is breast cancer treated?

Last Friday, UA Clinic graciously agreed to come to NBIS and give a seminar to Secondary girls, teachers and mothers. Breast cancer is one of the world's most prevalent cancers for women; approximately 0.5–1% of breast cancers occur in men. The students found the talk valuable, and even though breast cancer is more likely to affect women when they are older, the students are now more informed and were encouraged to look out for their older family members. The seminar informed students about the importance of leading a healthy lifestyle because certain factors increase the risk of breast cancer, including increasing age, obesity, harmful use of alcohol, family history of breast cancer, and smoking. The students learnt about how cancer can form in the body and what cancer might look like and were encouraged to find out what their 'normal' was so that they could see a doctor if they noticed any differences in their bodies.

The One World One Dream Organisation (OWOD) is a non-profit charity in Ningbo that spreads awareness for breast cancer and raises funds to donate to cancer patients in financial need. NBIS is also having a Pink Day on October 30th to support OWOD.



BREAST CANCER AWARENESS SEMINAR





United Kingdom
Mathematics Trust

Senior Mathematical Challenge (UKMT-SMC)

Congratulations



This is to certify that

Ningbo British International School

in the 2023 Senior Mathematical Challenge
(UKMT-SMC) has won

- 1 Global Gold
- 1 Global Silver
- 1 Global Bronze
- 1 Best in School
- 1 Best in Year

**Congratulations to all the awarded students.
Wish them the best on their future
learning journey!**



For more information, please scan the QR
code above to learn about international competitions.



阿思丹

ASEEDER
香港



ZHEJIANG JUNIOR GOLF CHALLENGE SUCCESS!

Congratulations to Michelle Lu, Braxton Chan, Stanford Chan, Charlie Ye, Marvin Huang and Mason Bao who represented NBIS at the 2023 Zhejiang Junior Golf Challenge. The results of the top three students were combined and our school came out as the runner up. Fantastic work from all students!



The 2023 Zhejiang Junior Golf Challenge is a level 7 event hosted by the Zhejiang Golf Association. On October 22nd, 71 students from all over Ningbo formed teams in their schools to battle it out.





CONGRATULATIONS



Charles Morris

Year 9A Student



Congratulations to Charlie Morris in Year 9A who won the 1st place in the University of Nottingham Ningbo Fall Squash Competition on Saturday 21st of October, winning his quarter and semi-final matches 2-0 and the final 2-1.





CONGRATULATIONS



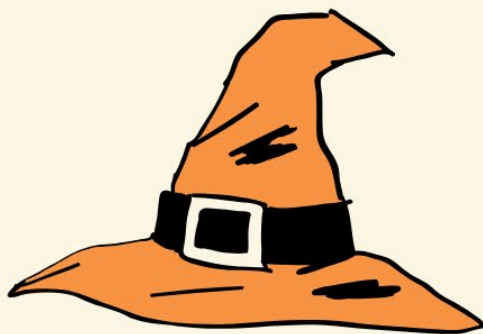
Kaian Ying
Year 3A Student



Congratulations to Kaian Ying in Year 3A who won the 3rd place in the Yinzhou District Children's Tennis Points Competition.



SPOOKY DRESS-UP DAY



Early Years & Primary Section



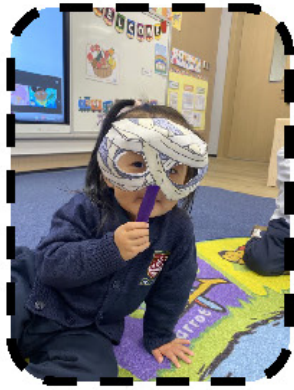


Pre-school

Pre-school has been busy exploring the topic of Healthy Food. We have discussed what healthy food is, and we have learnt about different kinds of fruits and vegetables during our group time. Children are also been engaged in making food crafts by choosing their favorite fruit and vegetable.



This week we started with the Dress Up day activity, and we have been getting ready for the UN Day event. Our children dressed up in their costumes and had a "trick or treat" activity from class to class. We also simply talked about what UN Day is and the children began to learn their own country's flag by looking at and coloring it.



WEEK 8 ASSEMBLY!



This is the way
we make friends



It's week 8 of school! Mrs McAleer, Ms Pady and students of 1A gave a beautiful presentation about friendship and making friends.

Students began by using their phonics skills to spell out the word "Friendship" on the stage before taking it in turns to present about the way we make friends. It was truly heartwarming to see the youngest members of the NBIS Primary Section standing on the stage with such enthusiasm and confidence.

Well done to all!



CONGRATULATIONS TO OUR STARS OF THE WEEK

- 1A - Jinny, Juliette
- 1B - Oscar
- 1C - Rosie, Conor
- 2A - Annabella, Marcus
- 2B - Louis, Cheryl
- 2C - Harry, Bella
- 3A - Caden, Jacob
- 3B - Eito, Lorin



PHYSICAL EDUCATION WITH MR AKI

Physical Education plays an integral part of child's education and well-being. It builds the character of the students by learning some essential values as they do the tasks that have life-long lessons such as focus, discipline, teamwork and fair-play.



EARLY YEARS ↗

For this week's learning goals; EY students amazingly demonstrated and enjoyed the tasks that focused on developing their locomotor and non-locomotor skills. This included jumping over the cones for leg power, crawling in the tunnel for contra-lateral movement, riding the roller/scooter for arm strength and beanbag throwing for accuracy.

MR AKI ↖



Lower Primary, had a thrilling and fun experience doing equipment manipulation by throwing and catching a smaller ball from a distance. The ball relay game tested the teams' ability in applying proper execution for underhand throwing and appropriate positions in catching. Each team also had a representative to share their thoughts about what went well and what was needed to improve.



Finally, Upper Primary students exhibited their practical knowledge in dribbling the ball around cones, shooting a ball into the ring and throwing a beanbag into the hoops. These activities help to develop their gross and fine motor skills as well as focus and accuracy.



TINKERTOBER 3D MODELLING



What is TinkerCAD?

Tinkercad is a free, easy-to-use app for 3D design, electronics and coding created by Autodesk. Autodesk is a global leader in software for architects, builders, engineers, designers, manufacturers, 3D artists, and production teams. 3D modelling allows students to develop their creativity and skills in working with professional 3D software.

Tinkertober at NBIS

NBIS students have taken part in making spooky 3D models for this month dubbed "TinkerTober!" The IT lab has been opened up for students by Mr Helmy to spend extra time with TinkerCAD. The students have designed some frighteningly great work so far...



Y8 HANNAH CHIEN



Y7 CLARICE CHUA



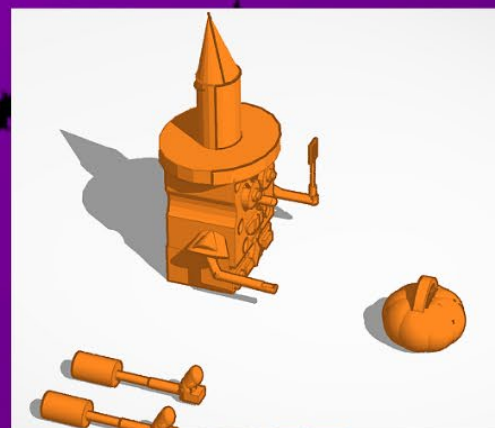
Y7 JASON HONG



Y8 BIFF KIM



Y7 PEACH ANZAI



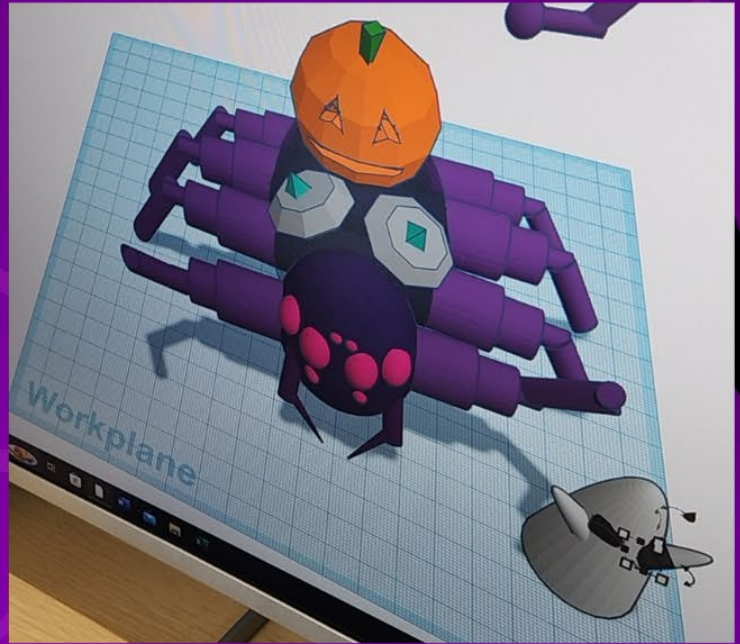
Y7 IKE YING

MUWAHAHAHA!

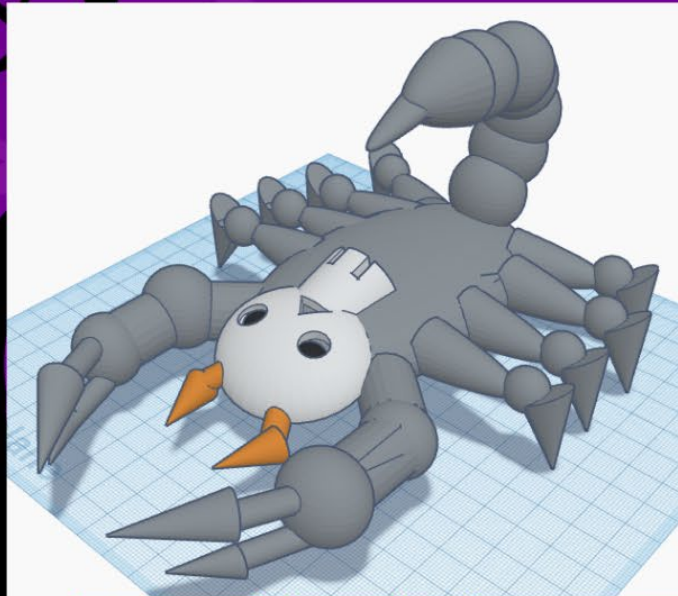
Secondary
Section



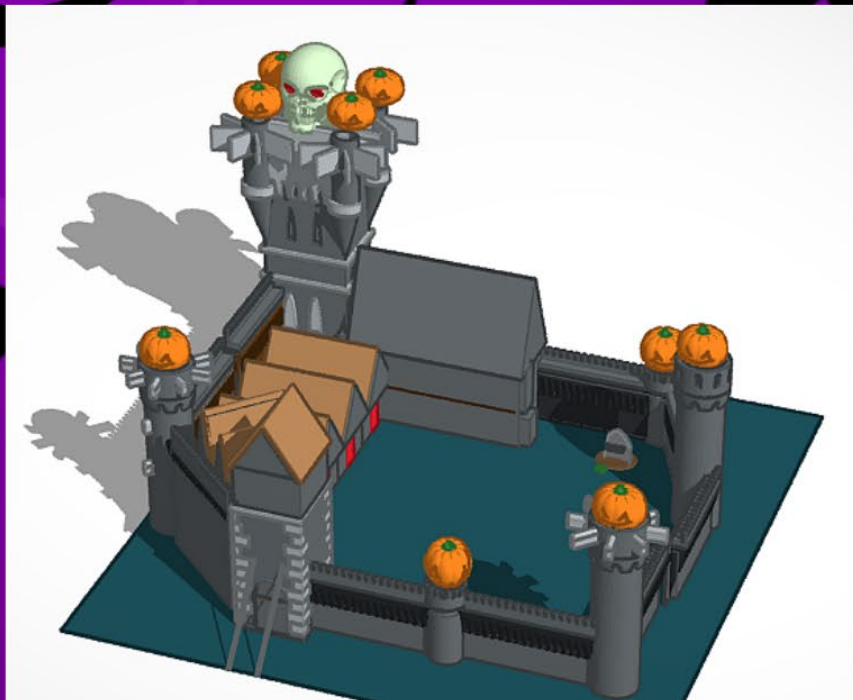
Y7 REX HU



Y7 RAYMOND LU

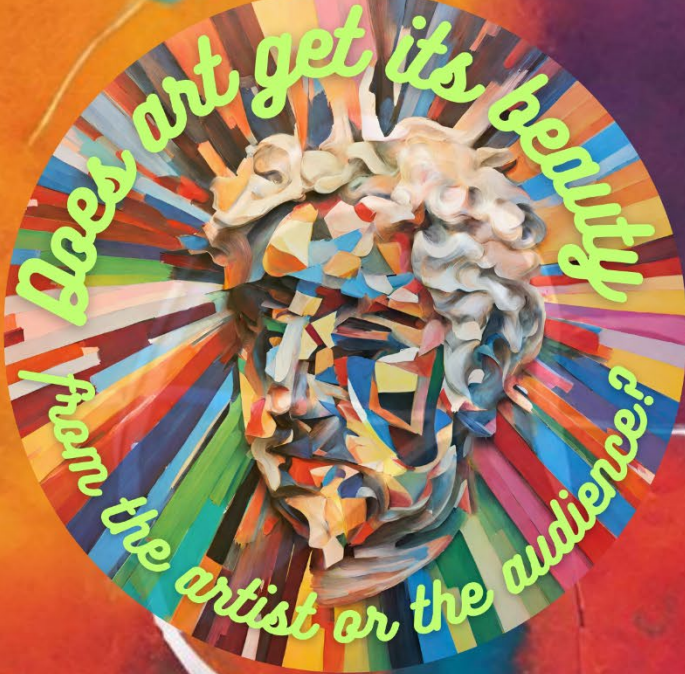


Y9 KIERAN KIRKPATRICK



Y7 JAY LI

SCARED YET!



ART is expression. As long as you are expressing yourself you are being an artist. If someone can appreciate what you are doing, no matter if they think it is good or bad, you already have an audience.

THE RELATIONSHIP BETWEEN THE ARTIST AND THE AUDIENCE IS LIFE TO ART.

What would happen if no one reads a novel? What about observing a painting or a sculpture? Listen to music? We can't avoid to listen to the city or nature sounds, see the buildings around and even read any commercial that we see on the bus stop.

All that is someone expressing, ALL THAT IS ART.

There aren't two identical fingerprints as it is impossible that two people make exactly the same (so, expressing the same) up to the atomic level.

What was first, the chicken or the egg? Creativity, inspiration, beauty, expression, feelings, art, artist and audience are connected in so many ways that we can't just reduce it to a note on a piece of paper.

EVERYTHING YOU DO IS ART, as saying good morning, cut the grass or compose a symphony. THINK TWICE AND DO YOUR BEST... YOU NEVER KNOW WHAT AUDIENCE YOU ARE HAVING.

The NBIS P4C for Adults Board is an opportunity for teachers to share their expertise with others. Certainly, NBIS has a diverse, highly-educated teaching body. And it is from the sharing and challenging of ideas that perspectives may stay fresh, minds will be broadened, and teaching practices improved. Teachers from all sections responded to the question "Does art get its beauty from the artist or the audience?"

Congratulations to Mr Armstrong for the winning response. Mr Armstrong, who is also a published poet and photographer, simultaneously subverted and answered the question by mimicking Maurizio Cattelan's 2019 artwork "Comedian", the banana famously taped to a wall. He wittily inscribed a quote from Andy Warhol "Art is whatever you can get away with". A simple, yet intelligent and powerful response.

Nineteen anonymous responses were shared on the P4C Board. There were twenty-six total sticker votes. The prize awarded is a beautiful, perspective-shifting Chinese book.

Thank you to the many people that participated. Question 2 will be posted next week.





NBIS 2023-24 Semester 1 SAC meeting minutes

Date and Time	October 23 rd , 2023 - 18:30 pm to 10:00 pm	Location	NBIS Staff's Lounge
Meeting Called By	NBIS SAC Team	Secretary	Sharon Wang
Attendees	Nancy Eldars; Rosaria Franco; Adrien Chicouard; Brian Thomas; David Foster; Julia Hoferichter; Kai Zhang; Marisol Negro; Neta Ronen; Roziel Dorin Rhee; Sharon Wang		
Excused	Francesco Aguiari		

No.	Agenda
1	<p>Short Review AGM</p> <p>The SAC AGM-Annual General Meeting was hold successfully but parents' attendance could be higher. Schools could look analyse communicate barriers and develop improved communication mechanisms.</p>
2	<p>SAC Community-faced Communication & NBIS Community Involvement</p> <p>To improve the communication and community involvement, strategies has been discussed:</p> <ul style="list-style-type: none"> • Establish regular communication channels between the SAC and the school community. Consider using SAC email that is accessible to all members of the community. • Actively seek input from students, parents, teachers. Conduct surveys where individuals can provide feedback and suggestions. This helps to ensure that everyone's voices are heard and considered. • Consider opportunities for SAC open forum in collaboration with UNNC. By offering diverse opportunities for involvement, the school community can feel more connected and engaged. • Ensure that all members of the school community feel welcomed and included. Emphasise the importance of diversity and provide opportunities for different perspectives to be represented.
3	<p>Mechanisms for parents to report concerns about teaching</p> <p>Parents follow below steps to report concerns:</p> <ul style="list-style-type: none"> • Parents could first reach out to the homeroom teachers, section heads, school admin office or principals to discuss concerns. NBIS promotes good communication between parents and the school. Parents are welcome to request meetings to communicate or clarify concerns. This can be through emails, phone calls or messages on Dojo (Primary) and WeChat (Early Years) and email (Secondary). • School hotline: +86-574-87611005 (Ms Christine). • NBIS email: nbis.admin@nbis.net.cn (Admin Team). • NBIS SAC email: nbis.sac@nbis.net.cn (SAC members). • Parents could engage with PTA or SAC members to raise concerns and seek assistance in addressing them. (Next SAC meeting Date: November 4th, 2023)





4	Review of Curriculum Evening <ul style="list-style-type: none">• Curriculum evenings across all sections were positive.• For Secondary, it was suggested the two evenings can be combined as one secondary curriculum evening. Parents may want to know about the range of secondary subjects available, their suitability for different university courses, and any specific requirements or prerequisites for specific universities.• SAC proposed to invite Head of Secondary to the next SAC meeting. Parents can gather information about the different subjects offered, the curriculum content, and potential career paths associated with the subjects. This helps to better support their child's interests and aspirations.
5	SAC – Teacher Get Together <ul style="list-style-type: none">• Date and Time: Thursday, November 30th, 2023 – 17:30 pm• Invitation to Staff: Monday, October 30th, 2023 – Morning Notice• Staff Registration DDL: Tuesday, November 21st, 2023.
6	School Canteen feedback <ul style="list-style-type: none">• Adrien from SAC visited the school canteen and had lunch. Feedback and suggestion for improvement were given to the SAC members.• SAC suggested the formation of a Food Committee consisting of SAC and PTA parents and international teachers who can work together to oversee the students' lunch in the cafeteria. This committee can help ensure that the meals are served in a suitable condition for consumption and variety.
7	SAC Constitution draft <p>Hard copies of the SAC Constitution have been printed out for all SAC members. All SAC members will read it through and final comments will be added in the next meeting.</p>
8	CIS Accreditation update <p>With two new SAC committee members, Principal shared brief CIS information on the accreditation process once more. Principal shared the CIS Membership report which will be used for development as per CIS recommendation. NBIS SLT are working through accreditation documentation which includes policies and processes in preparation for the Self-Study report required in 2024.</p>
9	Calendar future meetings <p>Below are the proposed dates of SAC meetings 2023-24.</p> <ul style="list-style-type: none">• December 4th 2023• January 15th 2024• February 26th 2024• April 8th 2024• May 20th 2024 <p>SAC members will check their calendars to see if the dates fit in their schedule. Once confirmed, the date can go in School calendar and to the community to pick up possible issues for discussion at SAC meetings 'bottom-up' style.</p>
10	Commencement of the recruitment cycle for 2023/2024





NBIS Weekly Menu



Sample Dishes



October 30 – November 3



Ningbo British
International School
浙江宁波英伦
外籍人员子女学校

NBIS: Unity - Diversity - Excellence

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Menu	Beef with potato	Fried mushroom with meat	Braised pork leg	Braised meatball	Beef
	土豆牛肉	香菇肉片	红烧猪蹄	红烧狮子头	酱牛肉
	Ham	Chicken drumstick	Salty fried chicken	Crispy chicken chop	Roast duck
	布拉格火腿	芝麻鸡腿	盐酥鸡	嗜兹脆鸡排	烤鸭
	Chicken nugget	Garlic vermicelli scallops	Pork lion	Pork joint	Tapioca pudding
	黄金鸡块	粉丝扇贝	黑椒汁猪排	葱油肘子	西米露
	Corn with green bean	Celery with glass noodle	Spicy tofu	Baked potatoes	Curry potato
	青豆玉米	芹菜干丝	麻辣豆腐	焗土豆	咖喱土豆
	Fried mushroom with vegetable	Cauliflower	Broccoli	Cauliflower	French bread
	青菜香菇	花菜	西兰花	花菜	法棍
	Roast sweet potato	Honey pumpkin	Hamburger	Roasted rice cake with vegetable	Broccoli
	烤红薯	蜜汁南瓜	汉堡	天菜烤年糕	西兰花
	Roast sweet potato	Caesar vegetable roll	Kelp knot	Pizza	Pork slices
	牛角包	凯萨卷	葱油海带	披萨	麻辣肉片
	Shrimp	Shrimp	Fried slice streaky pork	Shrimp	Shrimp
	红烧虾	盐水虾	小炒肉	红烧虾	油爆河虾
	Fish slices	Jerk filefish	Shrimp	Gross blood Mong	Braised pomfret
	剁椒鱼块	孜然橡皮鱼	油爆河虾	毛血旺	葱油鲳鱼
	Spicy pork slice	Pork slice	Shrimp	Fish slices	Kung Pao Chicken
	麻辣肉片	水煮肉片	葱油小黄鱼	红烧鱼块	宫保鸡丁
	Fruit	Fruit	Fruit	Fruit	Fruit
	水果	水果	水果	水果	水果
	Radish soup	Tofu and cabbage soup	Tomato soup with egg	Kelp soup	Seaweed soup with egg
	萝卜汤	大白菜豆腐汤	西红柿蛋汤	海带汤	紫菜蛋汤
	Rice	Rice	Rice	Rice	Rice
	米饭	米饭	米饭	米饭	米饭
Vegetable	Vegetable	Vegetable	Vegetable	Vegetable	
蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	
Snack Menu	Grapes	Banana	Cherry tomato	Banana	Cucumber
	葡萄	香蕉	小番茄	香蕉	小黄瓜
	egg cake	Barbecued pork bun	Egg	Dumpling	Turnip strips cake
	鸡蛋饼	叉烧包	水煮蛋	蒸饺	萝卜丝饼
	Orange	Apple	Pear	Longan	Orange
	橙子	苹果	香梨	桂圆	蜜桔
	Egg waffle	Bread with jam	Cranberry biscuit	Cake	Biscuit
鸡蛋仔	吐司面包+果酱	蔓越莓饼干	蛋糕	小熊饼干	





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