

NINGBO BRITISH INTERNATIONAL SCHOOL

NEWSLETTER #1

1ST SEPTEMBER 2023



**UNITY
DIVERSITY
EXCELLENCE**



 Cambridge Assessment
International Education
Cambridge International School

Dates to Remember

- September 12: Primary Curriculum Evening
- September 13: Early Years Curriculum Evening
- September 26: Lower Secondary Curriculum Evening
- September 27: Upper Secondary Curriculum Evening

Welcome Back to a New School Year: A Message from NBIS's International Principal

With the start of the new academic year, I welcome new and returning students, parents and staff as we begin a new academic year at Ningbo British International School. It is a pleasure to greet you all and express my excitement for our journey. I am grateful for the support I have received since my arrival and the dedication of our school community and I look forward to sharing the joys and successes that this year will bring.

I am delighted to introduce the first edition of our school newsletter for this year. This newsletter is an essential communication tool, informing you as parents and the wider school community about events, updates, and noteworthy achievements. This platform will continue to foster unity and engagement among all members of our NBIS community.

I am thrilled to announce the successful completion of our first week of school! It has been an incredible start, and I couldn't be prouder of our students, staff and parents for their dedication and support. This is just the beginning and I am excited for our future.

Throughout the week, I witnessed our students arriving enthusiastically, ready to learn and reconnect with their friends and teachers. It was heartwarming to see the eagerness in their eyes as they entered the school gates. Our teachers and staff have worked tirelessly to create a safe and nurturing environment for our students.

During this week, we were honoured with Mr Lin, President of the Zhejiang Wanli Education Group and the esteemed delegates to welcome them for the WEG traditional oversight visit. We are collectively enthusiastic about this year's opportunities for further growth and achievements. With a belief in the transformative power of education, we are committed to setting a positive tone for success. Together, we will embark on a journey, embracing challenges and celebrating achievements.

As we move forward, I am excited about the endless possibilities and opportunities. We have an exciting year planned, filled with enriching activities, events, and educational experiences. We look forward to working together as a community to make this school year the best one yet.

Once again, thank you to everyone who contributed to the success of our first week. Let's continue to inspire and empower our students to reach their full potential.

Warm regards,

Nancy Eldars



CONGRATULATIONS

Yiwei Wang (Cici)

Class of 2023



For receiving the firm unconditional entrance to study Biomedical Engineering at Imperial College London (#6 in the QS World University Rankings 2024) .

Imperial College London



CONGRATULATIONS

Yi Ling Ng (Elaine)

Class of 2021



For receiving the firm unconditional entrance to study Biological Sciences at Imperial College London (#6 in the QS World University Rankings 2024) .

Imperial College London



CONGRATULATIONS

Jonathan Lin

Class of 2023



For receiving the offer to study Business Administration at The State University of New York (SUNY).



CONGRATULATIONS

Jooyoung Jang

Class of 2023



For receiving the offer to study Food and Nutrition at Hanyang University and receiving the offer to study Psychology at Segang University.





CONGRATULATIONS



Charles Morris

Year 9A Student

Congratulations to Charles in Year 9 who placed fourth in the Under 15's Jiangsu Youth Squash Open Tournament this year. His group was especially competitive, with excellent players from all over China: Beijing, Chongqing, Wuhan, Suzhou, Shanghai and Ningbo to name but a few. Charlie will be back next year to compete in the tournament again when he is 14!



Ready, Set, Learn - Your NBIS Learning Journey Continues

Welcome Back! August 28th marked the return of new and returning students and teachers to NBIS's beautiful campus.

Our fleet of yellow school buses arrived at the gate right on time, and our new International Principal, Ms Nancy Eldars, warmly welcomed parents and students while teachers expertly and patiently guided students to their new classrooms.



For some students, a change of classroom or a new school can be daunting, but our NBIS community promotes a comfortable and friendly environment for students to adjust. For others, the excitement of seeing new friends and greeting teachers is almost palatable – you can feel it in the air!





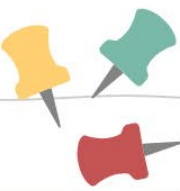
EARLY YEARS



PRIMARY



SECONDARY



BOARDING



Best wishes at the start of the new academic year.

We are confident that, we will make this year a memorable and successful one for our students at NBIS. Have a great year!

Reception B

Which group is more excited for the first week of school - the students, the teachers, or the parents? Certainly each group has different reasons to celebrate. But one thing that is shared is the appreciation and enjoyment of new friends, new teachers, and new experiences. Here, let's share a great week!



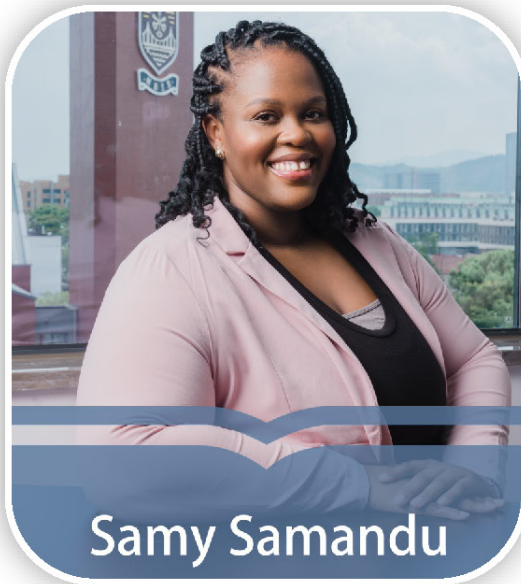
EYFS New Teachers



A preferred quote: *“Change is the constant of happiness; learning is the constant of change.”* It is in this that NBIS employs the famous Early Years Curriculum Framework. Each day, week, month, year ... we continuously change and are happy; we continuously learn and thus change. For young learners, every day is the most important day of their life. Our EYFS Teachers recognize this; indeed, we celebrate it. We will succeed together.

Thank you!

Three new educators join the EYFS Team this year:
Head of Early Years / Reception B Teacher - Mr Brian;
Reception A Teacher - Ms Samy;
Language Specialist - Mr Jessen.
We are honored to join NBIS!



Samy Samandu

I've been teaching for six awesome years, and now I'm bringing my teaching magic to Ningbo! Get ready for a classroom filled with both hard work and fun vibes. Let's dive into the world of Reception A and rock their learning adventure together!



Jessen Nallan

My name is Jessen, and I have lived in Ningbo since 2002. I am the Inclusion Teacher for the Early Years section. I believe in having fun whilst learning and I love to use music during my lessons. I am very excited to work with the children in Early Years and cannot wait to see our accomplishments at the end of the year.

Let the academic year begin!

Year 5B

The academic year is finally upon us, whereby all students, teachers and parents are in anticipation for what is about to happen across both semester periods. It is that time where the skills of organisation, preparation and hard work start to take precedence after the enjoyment of the summer holiday months. Students and teachers in our class as well as the whole school are motivated to be the best version of themselves for every single school day that they spend at Ningbo British International School.

On the very first day of school, each student from Year 5B designed their own locker display banner. This allowed us as teachers to identify the creativity of each individual student within Year 5B.

In addition to this, the students from Year 5B joined the classes of Year 5A and Year 5C to learn more about each other through a number of activities that they had experienced beforehand either inside or outside of a school environment. All students practiced their listening to detail and speaking through the art of conversation in groups.



For Maths, students in 5B described themselves with the use of numbers.



In their first PE class of the year, all students undertook a variety of activities like crossing a river with foam blocks and using their hand eye coordination to roll a ball with either hand.



In art class, students played a number of games related to their own artistic skills. Students of Year 5B got the chance to put forward their own ideas and viewpoints on the rules and expectations set for the 5B class in this academic year. Following this, all students within Year 5B wrote and drew a self-portrait of themselves, answering a set of questions based on their own hobbies and interests.

Furthermore, students had the option of writing an in-depth storyboard or letter to teachers about what they did during the summer holidays. Over the duration of this week, Year 5B students did some baseline assessments related to the subjects of English, Chinese and maths.

The aim for this was to recognise how much progress that the students had sustained or gained over the summer months.



We cannot wait to see where their undoubted holistic and academic potential will take them over the course of this academic year. We are already in agreement that this academic year in particular will be the most incredible school year yet! Together, we are all striving for Unity, Diversity and Excellence!

Contributed by Adam Bagnall and Ivy Liu Year 5B Class Teachers

NBIS Secondary Assembly



Congratulations to our Y10 students who received their Y9 Checkpoint results

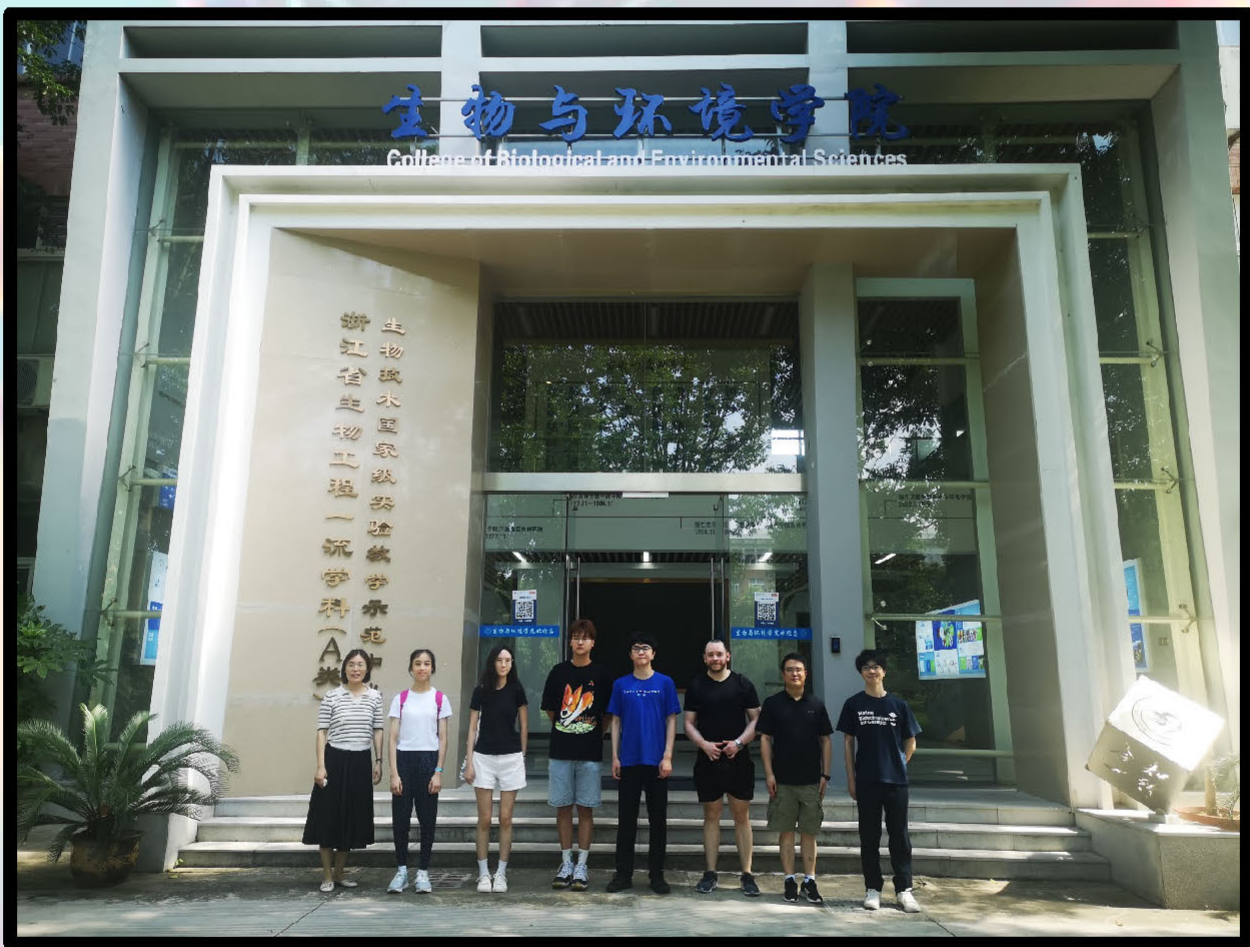


NBIS Awards Assembly 2022-2023 (Part Two)



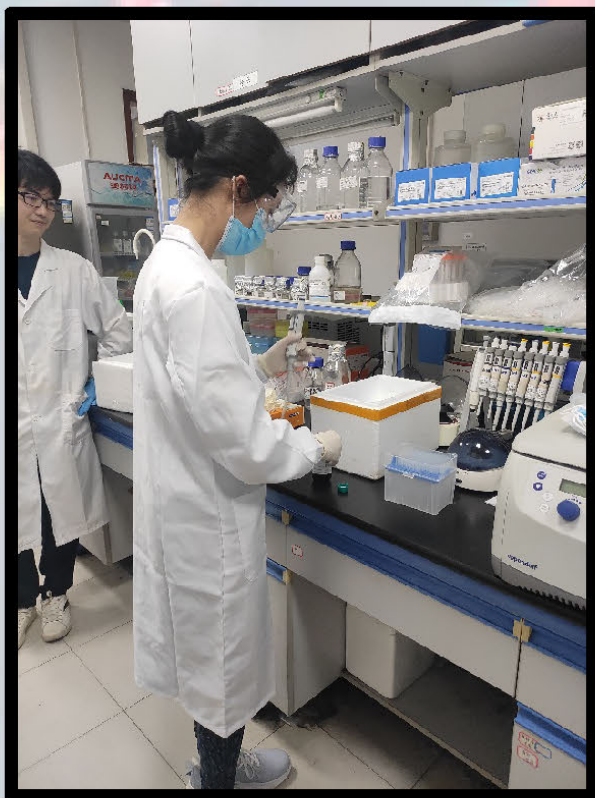
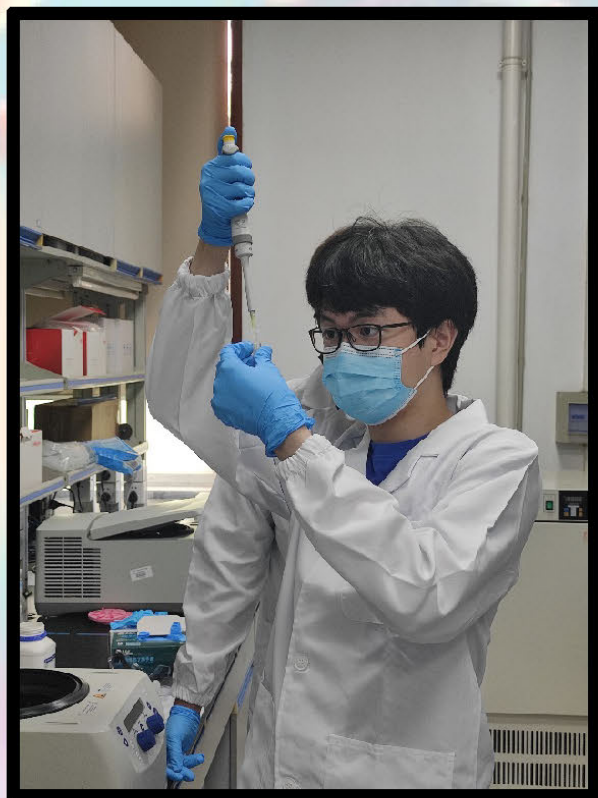
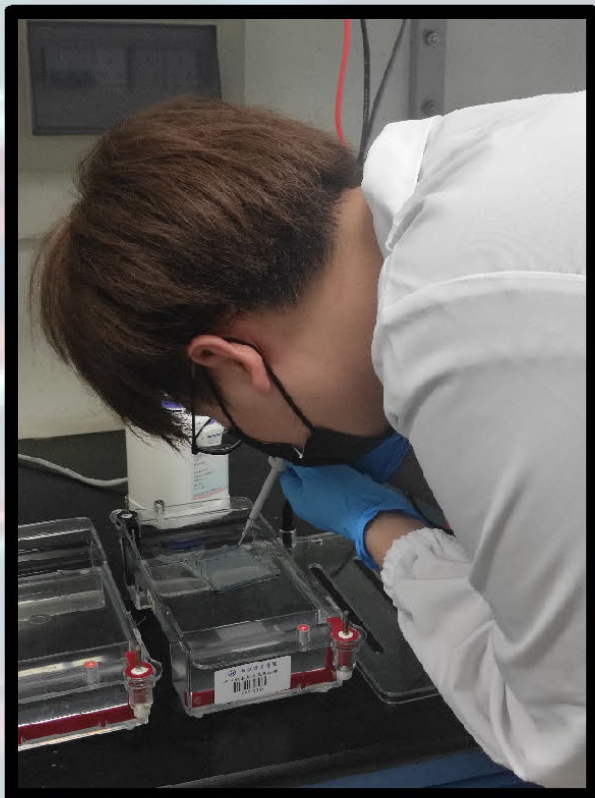
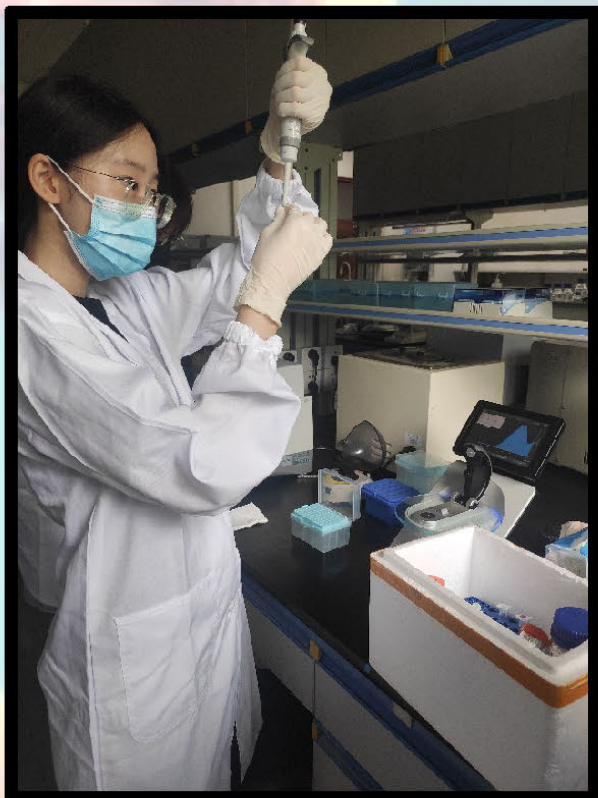
Summer Biology Lab Experience

At the beginning of the summer holidays, four Year 12 AS Biology students spent a couple of days at Zhejiang Wanli University in the university's biology department. Here they were taught how to carry out a number of key techniques including microdissection, tissue extraction, and homogenization. They were then taught about and performed RNA extraction, the polymerase chain reaction, and gel electrophoresis. They also received a tour of the laboratory facilities and gained an insight into the research carried out at the university. The experience was highly valuable as it enabled the students to learn about key molecular biology techniques, which are also part of their A Level Biology syllabus.

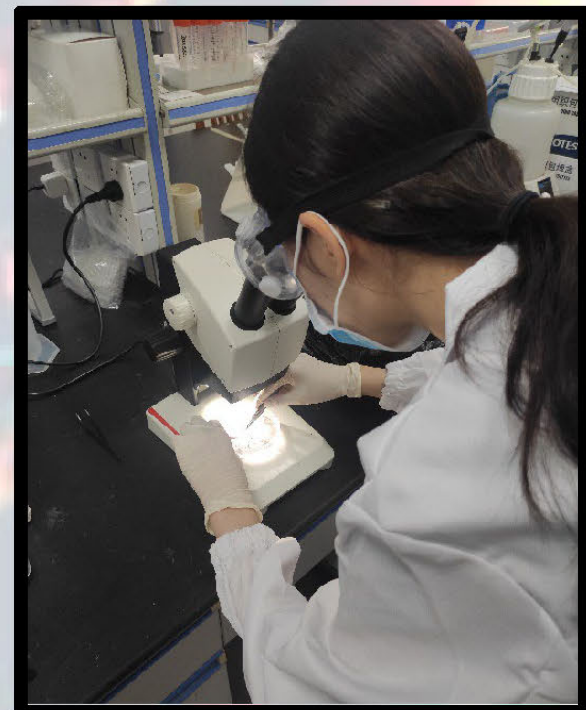
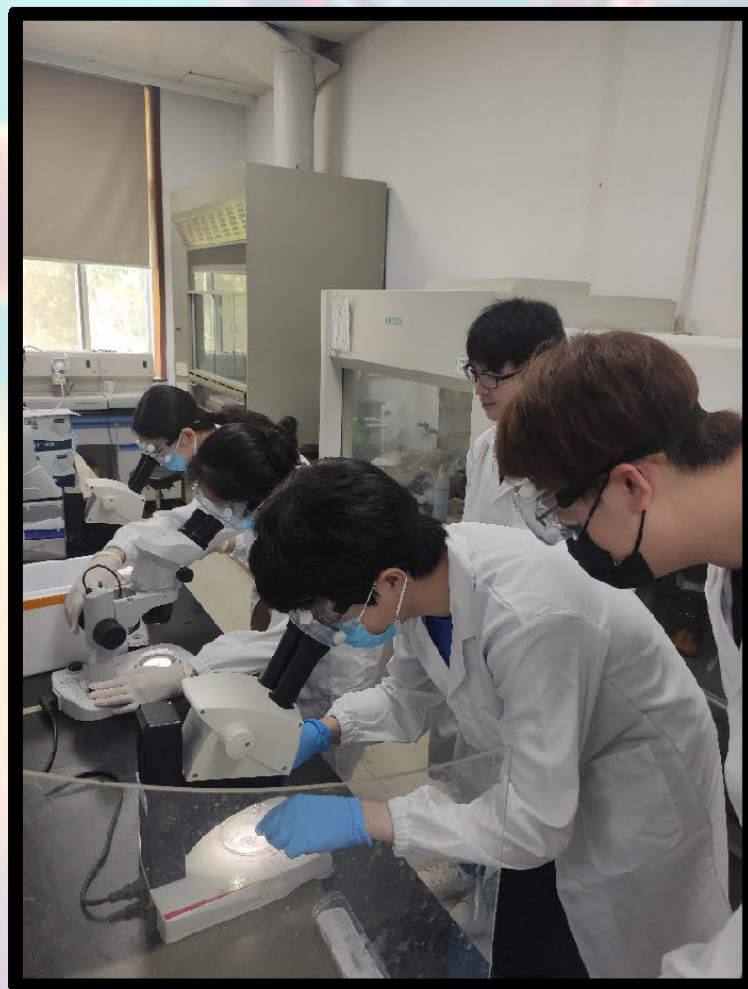


The students had this to say about the experience:

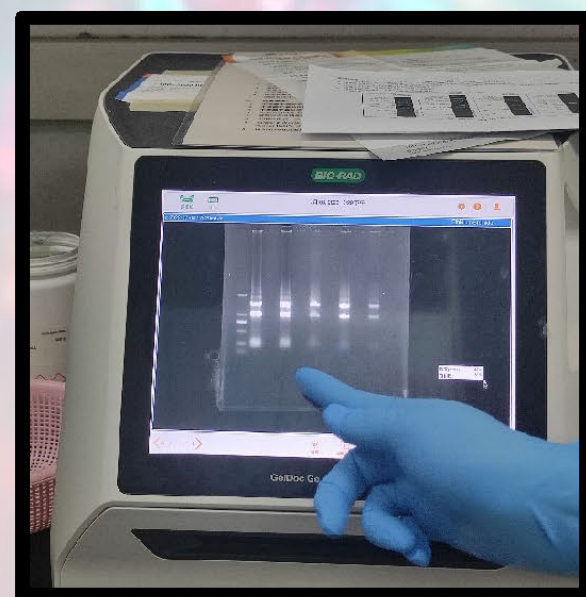
“The lab experience days at Zhejiang Wanli University were very interesting and insightful. It was great to use equipment and carry out techniques that furthered our knowledge of theories that we learned about in school. The researchers were very kind and patient in teaching us how to carry out the techniques and use the equipment.”



Top left: Sewon Lee
Top right: Elliott Gu
Bottom left: Jianuo Zhu
Bottom right: Felicia Wong Qian Yi

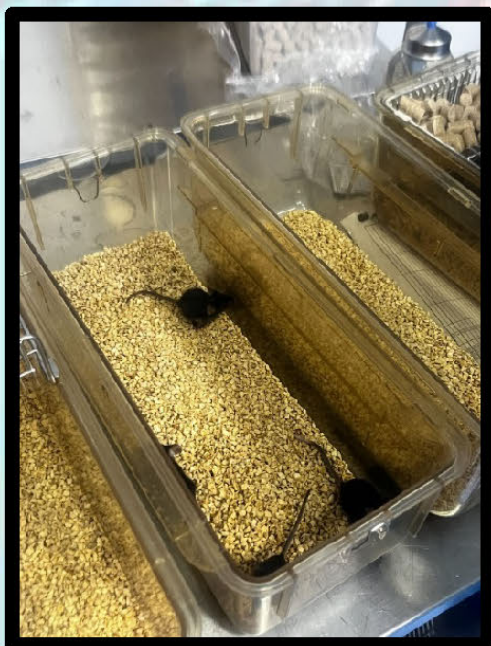


The students extracted RNA from a tissue of their choice from turtle embryos. They then used a variety of techniques such as the polymerase chain reaction and gel electrophoresis to investigate if their chosen tissue was expressing a particular gene.



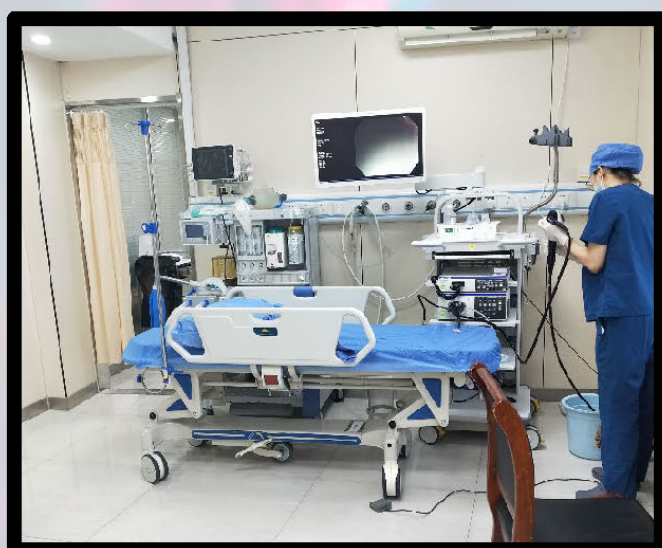
In addition to the above experience days, the students also organized their own work experience in order to prepare for their upcoming university applications.

Jianuo Zhu and Elliott Gu spent a week in Shanghai at Lingyi Med where they worked in the laboratories and learned about animal handling and the importance of animals in pharmaceutical research.



Felicia Wong Qian Yi carried out an externship at The First Affiliated Hospital of Ningbo University:

“It was a very interesting and insightful experience. I observed medical practice by different specialists in the International Medical Department, Gastroenterology Inpatient Ward, and Endoscopy Center – including endoscopies, ward rounds, medical students and residents training, health documentation, and many doctor-patient interactions in multiple settings. The hospital staff were very friendly and informative, they gave valuable perspective on patient care and the collaborative profession of practicing medicine.” - Felicia



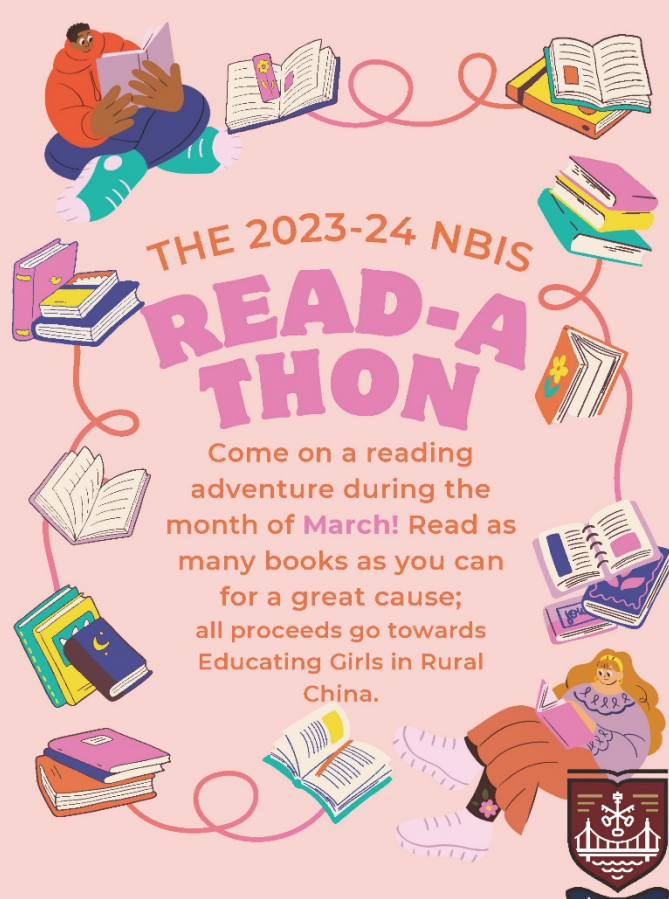


NBIS SPELLING BEE

Support some of the best spellers in the school as they compete to be the 2023-24 Spelling Bee Champion! Years 5-13 are welcome to come and support their peers with their teacher's permission.


 15 DECEMBER
1PM- 3.30PM

 THE NBIS AUDITORIUM

THE 2023-24 NBIS READ-A-THON

Come on a reading adventure during the month of March! Read as many books as you can for a great cause; all proceeds go towards Educating Girls in Rural China.




NBIS POETRY COMPETITION

April 2024

Poetry Competition details:
 Word length: at least 40 words
 Topic: There are no restrictions, but poems should be school-appropriate.
 Age Groups: Lower secondary (Y6-Y9) and upper Secondary (Y10-Y13).
 Submissions: from April 1st to April 14th
 Awards: There will be a 1st, 2nd, and 3rd place prize for both the lower and upper age groups.
 For more information, send an email to: ivan.muho@nbis.net.cn





NBIS
SECONDARY
APPROVED SCHOOL UNIFORM



Wear your uniform with pride.



Activewear; short skirts; short shorts; non-regulation hoodies; tattered, frayed, or damaged clothing; visible brands, stripes, or insignia; caps or hats inside the classroom.



NBIS
SECONDARY
APPROVED SCHOOL UNIFORM



Wear your uniform with pride.



High heels; flip flops; slippers; shower shoes; colourful trainers with obvious logos; patterned or striped socks.

MEET OUR NEW TEACHERS

Series 1



Brian Thomas

Head of Early Years

Do you remember your first day of grade school? Do you remember the first time you rode a horse? Or, can you recall how you felt when you took the test to get your driver's license ... can you think of the moment when you got married or celebrated the birth of a child? That experience; that seminal, "I can't believe this is happening!" feeling, is the magic of meeting new people and travelling to new places. We've all done many things. We've all shared triumphs and losses. That's life, and this is something we will now share together. It is with pleasure that I join the NBIS Community of Learners. As Head of the Early Years Section, and Reception B Homeroom Teacher, I hope to integrate my education and experience with that of the wonderful NBIS teachers and administration personnel. It's been said that, "the chains of habit are too tight to be felt until they are too heavy to be broken". It is in this that I look forward to working with students, parents, teachers, administration, staff, and everyone so that we will build a proper foundation of mutual respect, teamwork, and harmony.

Thank you so much for your time.

Sincerely,

Mr Brian Thomas

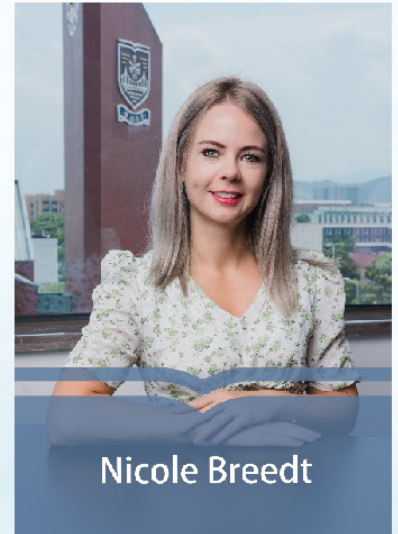
I've been teaching for six awesome years, and now I'm bringing my teaching magic to Ningbo! Get ready for a classroom filled with both hard work and fun vibes. Let's dive into the world of Reception A and rock their learning adventure together!



Samy Samandu

Hello everyone. I'm Nicole Breedt and I'm from South Africa. This year I'm the homeroom teacher of Year 2C. I've been working and living in China for the past four and a half years. I have experience teaching in South Africa, South Korea and China.

In my free time I love to play squash. I actually developed a love for this sport after moving to China. Last year I joined a squash league in Dalian and was awarded the number one amateur female player award. I hope to continue developing my squash skills here in Ningbo.



Nicole Breedt

When I'm not on the squash court, I love to go for long walks and pop into cute coffee shops for a cup of coffee. I'm genuinely excited to have this opportunity to be part of the NBIS family.

Warmest greetings to all! My name is Achilles Luciano and I come from the beautiful country of the Philippines. I am a licensed professional teacher with master's degree in PE. I have been in the field of teaching for almost a decade both in Philippines and China wherein I experienced being a PE teacher and volleyball coach.

Being an educator, I aspire to make a difference in the lives of others and teaching children gives me an immense satisfaction and sense of accomplishment. Furthermore, I am also passionate, goal-oriented, enthusiastic, and resourceful in terms of teaching PE and coaching volleyball. I have developed all of these characteristics from the years of my teaching career which I also use as my core to improve my craft in teaching and pass them on to my students and athletes.

As a new PE teacher at NBIS, it is my desire to contribute something beneficial to the development and character of the students and be part in the attainment of the school's mission and vision.

Cheers to a brand-new school year!



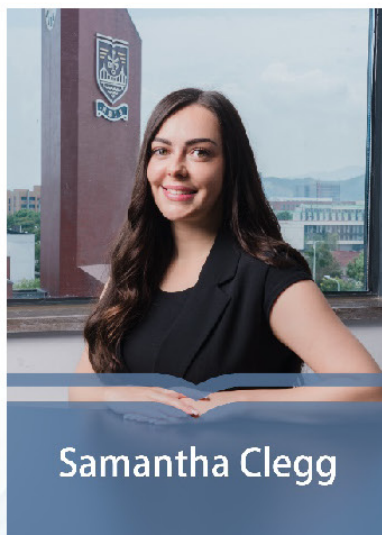
Achilles Luciano

Hello everyone! I'm Samantha Clegg, from Scotland, U.K. Having spent 9 enriching years in Ningbo, I'm delighted to introduce myself as the new NBIS Art and Design Teacher for both lower and upper levels in the Secondary Section. It's a true honor to be part of this dynamic community and embark on a shared journey of artistic exploration and growth with your children.

I hold an NQ in Fine Art along with a Bachelor's Degree in Fashion Design. My teaching background is both diverse and comprehensive. I've had the privilege of instructing Fashion Design at college level, nurturing creativity through the teaching of AP Art, and delivering artistic knowledge to students from the earliest stages of kindergarten up to the advanced level of year 13. This extensive teaching journey has enriched my understanding of various learning styles, developmental stages, and the nuances of nurturing creativity at every level.

My passion for fostering artistic growth remains constant, regardless of the student's age or stage of education. My goal is to instill not only technical skills but also a lifelong love for art, encouraging critical thinking, self-reflection, and a sense of accomplishment. I am committed to creating a supportive, inclusive, and engaging classroom environment where each student thrives.

Thank you!



Samantha Clegg

My name is Gabriela Chen and I am very happy to join NBIS as a Chinese teacher at Secondary. I graduated from Ningbo University majoring in Teaching Chinese to Speakers of Other Languages. I studied this major for 7 years, including 3 years of postgraduate study, so I have a strong knowledge of the Chinese language and culture as well as academic research skills.

I began teaching Chinese in 2017. I taught Chinese to local students in Thailand from 2018 to 2019 and worked as a listening and speaking teacher for international students at Ningbo University from 2021 to 2022.

In the new semester, I will work and learn together with other experienced Chinese teachers to contribute to the development of students and the continuous progress of Chinese language teaching at NBIS.



Gabriela Chen



NBIS External Extra-Curricular Activities

We are excited to announce that the NBIS External-ECAs semester 1 programs will commence on October 9th.

To provide you with detailed information, we have prepared an e-version brochure.

Please scan the QR code below.



Please note that the registration process for the ECAs will be announced in mid-September. We kindly request you to stay tuned and keep an eye out for further updates through our school's official communication channels.

We will provide clear instructions on the registration procedure, including the deadlines and necessary forms.

Participation in the ECA program not only promotes your child's personal growth but also helps them develop new skills and explore their interests outside the regular academic curriculum. Therefore, we highly encourage each student to actively participate in these engaging and enriching activities.

If you have any questions please feel free to contact us at nbis.admin@nbis.net.cn. We are more than happy to provide any necessary support.



NBIS Weekly Menu



Sample Dishes



September 4 – September 8



Ningbo British
International School
浙江宁波英伦
外籍人员子女学校

NBIS: Unity - Diversity - Excellence

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Menu	烤香肠	菠萝咕咾肉	叉烧肉	葱油巴沙鱼	五香牛肉
	Roast sausage	Sweet sour pork	Barbecued pork	Basa fish	Beef
	鸡柳	烤鸡腿	蒜苗腊肉	香酥仔排	烤鸡
	Boneless chicken breast strips	Toast chicken leg	Meat with garlic	Rib	Roast chicken
	土豆烧肉	葱油鱼片	盐焗鸡	芝麻鸡丝	虾饼
	Meat with potato	Basa fish	Salt baked chicken	Sesame chicken	Deep fried shrimp
	肉沫粉丝	焗土豆	花菜	西兰花	花菜
	Meat with glass noodle	Baked potatoes with cheese	花菜	西兰花	花菜
	花菜	西兰花	炒包菜	烤土豆	薯条
	Cauliflower	Broccoli	Cabbage	Potato	French fries
	葱油豆腐	蛋挞	牛角包	珍珠奶茶	凯撒鸡肉卷
	Tofu	Egg tart	Croissant	Pearl milk tea	Caesar chicken roll
	果酱面包	炒绿豆芽	烤地瓜	法国面包	葱油万年青
	Bread with jam	Mung bean sprout	Roast sweet potato	French bread	Vegetable
	小炒肉	水煮肉片	酸菜肉片	毛血旺	麻辣肉片
	Fried meat	Poached pork slices	Pork slice	Gross blood Mong	Pork slice
	红烧虾	盐水虾	油爆河虾	葱烤河鲫鱼	红烧虾
	Shrimp	Shrimp	Shrimp	Braised Crucian Carp with Scallion	Shrimp
	椒盐玉兔鱼	孜然橡皮鱼	葱油小黄鱼	红烧虾	椒盐带鱼
	Fish	Jerk filefish	Little yellow croaker	Shrimp	Ribbonfish
	水果	水果	水果	水果	水果
	Fruit	Fruit	Fruit	Fruit	Fruit
	万年青汤	大白菜豆腐汤	番茄蛋汤	紫菜虾皮汤	海带汤
Vegetable soup	Vegetable soup with tofu	Tomato soup with egg	Seaweed soup	Kelp soup	
米饭	米饭	米饭	米饭	米饭	
Rice	Rice	Rice	Rice	Rice	
蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	
Vegetable	Vegetable	Vegetable	Vegetable	Vegetable	
Snack Menu	牛奶	牛奶	牛奶	牛奶	牛奶
	Milk	Milk	Milk	Milk	Milk
	小青瓜	香蕉	小番茄	香蕉	沃柑
	cucumber	Banana	Cherry tomato	Banana	Orange
	鸡蛋饼	蒸饺	水煮蛋	奶黄包	土豆丝饼
	Egg cake	Dumpling	Egg	Stemed creamy custard bun	Potato strips cake
	香梨	橙子	苹果	桂圆	香梨
	Pear	Orange	Apple	Longan	Pear
吐司面包+果酱	蔓越莓饼干	肉松蛋糕	巧克力饼干	抹茶曲奇	
Bread with jam	Biscuit	Cake	Biscuit	Green tea cookies	





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