



NBIS Weekly Newsletter 37

UNITY

DIVERSITY

EXCELLENCE



 Cambridge Assessment
International Education

Cambridge International School



Dates to Remember

- June 22 – June 25: Dragon Boat Festival (No School)
- June 24: NBIS Gala 2023
- June 26: Back to School
- June 27: NBIS Art Exhibition
- June 28: Year 6 Graduation Ceremony
- June 29: Battle of the Dance
- June 30: Last Day of School

NBIS ART EXHIBITION



JUNE 27, 2023



MARK MAKING | OIL PASTELS | CHALK PAINTINGS |

JUNE 27, 2023
AT 4:30 PM - 6:30 PM

NBIS STAFF LOUNGE

REFRESHMENTS
SERVED

TALENTED ARTWORK FROM
NBIS STUDENTS



Ningbo British
International
School

A COMMUNITY OF LEARNERS



PRIMARY GRADUATION CEREMONY PROGRAMME



Scan the QR Code to Register



Primary Class of 2023



Front row (l-r): Miumiu, Ginevra, James, Aaron, Anna H., Zhou, Vicky, Ike, Hanna, Anna K.
Back row (l-r): Felix, Jay, Odelia, Jenny, Ziva, Agnetha, Jason, Peach, Daniel, Max, Rom (insert)



Front row (l-r): Emily, Miranda, Annabel, Amy, Angela, Jackson, Jessy, Charlie, Kathy, Rex
Back row (l-r): Stern, Sergi, Clarice, Jason, Ruth, Stanford, James, Peter, Tony, Season, Stella

10 am on Wednesday, June 28th

NBIS Auditorium (3rd Floor, Building 2)





EVENT PROGRAMME

PROCESSION OF GRADUATES TO SEATS

Piano: Jason Hu

WELCOME AND INTRODUCTION

Host, Mr Kash-Lee Bane, Head of Primary

ITEM - YEAR 6A

Dayu Medley

HEAD OF FORMER ACTING PRIMARY'S SPEECH

Mr Mathew Thompson (Head of Former Acting Primary)

GRADUATE STUDENTS' REFLECTIONS 6A

Odelia Zhang

GRADUATE STUDENTS' REFLECTIONS 6B

Jackson Chen

GRADUATE MEMORIES

Slide Show

PARENTS' REFLECTIONS 6A

Ms Connie Hu

PARENTS' REFLECTIONS 6B

Mr Christopher Howes

ITEM - YEAR 6B

Dance Monkey Medley

PRESENTATION OF PRIMARY GRADUATION CERTIFICATES

Mrs Aileen Shirley & Ms Celeste Li, 6A

Mr Carl Kirkpatrick & Ms Peach Chen, 6B

PRESENTATION OF THE NBIS PRIMARY CLASS OF 2023 & FINAL REMARKS

Host, Mr Kash-Lee Bane, Head of Primary



Preschool

Preschool children have been busy engaging in the theme "water and exploring sea animals" this month, children love playing water in Summer. We have set up a lot of water play activities such as water beads play, water color mixing experiment, ice blocks painting, washing baby and finding out sea creatures in the water. Our children loved transporting water beads from one cup to another plastic cup, they also learned how to take care of babies and washed them thoroughly. All these activities help to enhance our children's concentration and fine motor skills.



NBIS Transition Day

June 13-15 are NBIS Transition Days, especially for Year 6 students, who are going to say goodbye to the Primary section and enter the Secondary section. During the transition days, they have the opportunity to attend assembly to get the tips about life in the Secondary section from other Year 7 students. There's also a chance for them to experience some Secondary classes to experience lessons and meet Secondary teachers in advance!



Here's what Y6A students have to say about their experiences:

June 16, 2023



Transition Day - My Experience.

Yesterday started differently, I didn't just start Secondary, I felt like a secondary student! My friends and I walked into the secondary building and found our homeroom more excited than ever.

First Mr. Aaron (head of Secondary) gave us an ~~intubal~~ introduction to the new chapter of ~~the~~ life. Then our first period ever in Secondary started. It was time ~~#~~ for maths class. Mr. Burk got us on a head start for algebra. I was nervous at first, ~~I never~~ heard of the ~~for~~ word algebra but I never did ~~it~~ before in any math classes. But actually when you get the hang of it it ~~isn't~~ ^{wasn't} hard at all. Just like ~~that~~, the first 45 ~~minutes~~ ^{minutes} of secondary ~~went~~ ^{went} like a flash!

OMG! ^{needed}

Now I ~~need~~ to walk to my second class (they call class period in secondary).

What if I ~~can't~~ ^{couldn't} find it! What if I got lost! But it turned out that it wasn't hard at all, I just had to follow the ~~int~~ instructions on my timetable.

I got ~~to~~ Chinese class on time with my friends. For Chinese we ~~too~~ learnt about ~~are~~ Chinese ~~fairytal~~ traditional story told in ancient words. It was a ~~really~~ ^{really} fun class.

Now that I actually got the hang of Secondary, I was less nervous. We walked to Science class held by Mr. Jefferies. We learnt all about the hard stuff in our bodies — our bones. I haven't learnt so many scientific vocabulary at once!

Now it's time to have a 15 minute break!

Wow, that 15 minutes went fast! Now it's time for English.

At first we talked about our favourite food then we learnt about about poems. Boy, am I hungry, but we still have a ~~class~~ class left before lunch.

Now, we're heading for Global Perspectives (GP). I thought GP was all about continents, countries, trade... but I was very VERY WRONG. GP actually stand for your point of view of the world. Next we played a game, it was exciting! But ~~then here~~ now I'm really hungry.

We got to the canteen and got some food, ate it as quick as we can and headed to the library. Soon ~~in~~ enough it was time for the last two period which was both IT (information technology).

In IT ~~we~~ we practised typing, learnt some new words ^(like software and hardware) and played Scratch. ~~and~~ It was really really cool!

Transition day sure ^{was} ~~is~~ special and fun and I could tell that we're ready, ready for a new chapter of life, ready for ~~SE~~ SECONDARY!

June 16, 2023 . Transition Day, My Experience



OMG.

As soon as I got out of the bus, the first thing I thought about was secondary, secondary, and secondary! I ~~also~~ almost didn't find the classroom! But then I found my bestie Ziva and her sister - who's already in Yr 8 - and they led me to the classroom, so it was alright. But I was still NERVOUS!

Mr. Buck was already in the class when I entered, he smiled and said a quick, "morning!" and "Find a seat."

A lot of ~~of~~ my other classmates were already there, none of us made a sound except for scruffling around trying to get comfortable on the steep chairs.

Mr. Buck was teaching us maths, but first we had a mini-quiz, not maths, but he asked us if we would rather be stuck with someone we don't like or on an island alone, and the joke: why didn't the nose go to school? I thought, because it nose everything, but it was, he was tired of getting picked on! Then ~~we~~ Mr. Buck asked us questions and we answered them on mini-white boards.

The we had Chinese. It was easy, we learned about a story of a man who was chasing the sun and drank a whole river because he was thirsty.

~~The~~ After Chinese we had science with Mr. Jeffries. We learned about bones.

I learned a lot of new words such as fibula, Tibia, Radius.

At recess, we could go anywhere we wanted to in the building. But Ziva and I just talked in a spot very close to the next classroom so we don't get detention.

Speaking of the next class, it's English. Mr. Black is really nice and we learned a new poem (called *The Lion*).

Then we had computer class. We were supposed to make a short story in Scratch. I didn't get to finish it, but I know that it will be the first thing I will do in the next computer class, IN SECONDARY!

Transition Day - My Experience



Transition Day was a lot of fun. At first I was very nervous, I walked up the stairs shaking, but as soon as I saw Hanna I was relieved. We walked up the stairs together and walked into class.

There standing was Mr Buck. He smiled at us and told us and told us to sit down.

We sat together waiting for class to start.

Finally we started class. We were doing some math questions. At first I was very scared it looked very hard, but when we started to do it, it was very easy.

Then we went to Chinese class.

We talked about some Chinese traditional stories.

It was very nice.

When we were finished, we walked to Science class.

It was very interesting - we were learning about the bones in our body and what their names are.

Did you know there's a bone in our body called the funny bone?!

Afterwards we had break time.

Hanna and I sat in front of our next class - English.

After 15 minutes, we went into the class.

Mr Black was very nice, we talked about animal poems.

Next we had GP, it stands for Global Perspectives.

We were split into groups and we did some quizzes it was extremely fun!

When GP was done, we went for lunch.

There was milk tea!!

Then lunch was over we went to the field for break. We played on the monkey bars.

Then we went to the library and we went on the computers to play poki.

Hanna and I were very smart and we went to our next class and sat there until break was over.

We walked slowly into the IT lab.

IT stands for Information Technology.

We practiced our typing. I got 87% accurate.

Then we did some Scratch - it was so amazing!

I loved secondary transition day. It was a lot of fun and exiting.

It's very different from primary.

We are more free and independent.

I had so much fun and it was very awesome.

I can't wait for secondary!



Chinese Summer Poetry Gala 2023

Written by Ms Peach Chen and Ms Bonnie Zhang

As summer is approaching, we started to celebrate our Chinese learning with various activities. “Summer Poetry Gala” is one of the most popular activities among students. We are able to have it again this year, after 3 years of waiting due to the pandemic.

As a famous writer Lin Yutang said in his book *My People and My Country*:

“Poetry is regarded as the highest literary accomplishment and the surest and easiest way of testing a man’s literary skill. Poetry has taught the Chinese a view of life which, through the influence of proverbs and scrolls, has permeated into society in general and given them a sense of compassion, an overflowing love of nature, and an attitude of artistic acceptance of life.”

Such as:

*A pot of wine amidst the flowers,
Alone I drink sans company.
The moon I invite as drinking friend.
And with my shadow we are three.*

花间一壶酒，独酌无相亲。
举杯邀明月，对影成三人。

written by the famous poet Libai from the Tang dynasty.

We started our gala with a graceful and beautiful dance about spring by Hanna Jiang from Upper Primary. Hanna’s dance was followed by a whole class performance *If There is No Libai* by the Upper Primary Mandarin Native Language level 3 group.





The Upper Primary Mandarin Foreign Language class sang us a lovely song about the fireflies in summer. The world renowned story of Mulan was recited by the Mandarin Native Language Level 5 class student Hanna Han as an ancient poem. Yuki and Tiffany from Mandarin Native Language Level 4 showed us a lovely dance about autumn poem. A winter poem was presented by Selena Gabrielle & Louis from Mandarin Native Language Level 4. Other various performance based on the ancient poems by Molly, Joyce, Jacqueline, Tiz from Mandarin Native Language Level 4 and Ruth, Amy, Angela and Kathy from Upper Primary Mandarin Native Language level 1 were enjoyed by all.





The most exciting part of our gala was the poetry contest. Students had a chance to win a prize if they could recite a famous poet using key clues. Students gathered together in the auditorium recite their poems and practice their literacy skill. The poems allowed us to listen to the echoes of thousands years gone by while embracing the embellishments of modern literature.

During the summer poetry gala, Principal Mr Robert gave awards to students who read the most books from iChinese. Three top students accomplished reading almost 200 books and the top class has read almost 2000 books in level-learning. In addition to the Summer Poetry Gala, teachers inspire students learning in other ways.



I read, you read, everybody reads!

Ningbo British International School builds a rich reading culture among our students. We want to help students develop a true love of reading and reading Chinese books is a part of this.

As a part of the NBIS Chinese curriculum, we provide students with a variety of high-quality books in which they not only learn Chinese language, but learn about Chinese culture. This helps them develop as global citizens and better integrate into our school's host country, China. If you take a look at our library, you will not want to leave. There are a plethora of books to satisfy any curious mind.


Books are the quietest
and most
constant of friends.



NBIS Chinese teachers model good reading skills and positive attitudes towards reading. We guide students to read, discuss books we've read, and share our reading experiences.

Also, we value independent reading. As well as the books which students borrow from the library, we provide accesses to online reading resources, like Level Learning for Mandarin Native Language and iChinese for Mandarin Foreign Language.



Level Learning™



iChineseReader

BEST LEVELED READING PLATFORM

We celebrate reading! We give positive feedback for students' reading! We recognize each other's effort in reading! We build strong reading habits! We protect consistent time for reading! We share books! We share our love of reading!

At NBIS, we are proud to be a community of learners. Reading in our multi-lingual setting is integral to the success of our diverse staff and students.



Ningbo British
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Unity - Diversity - Excellence

NBIS Chinese Classes: Celebrating Dragon Boat Festival

Written by Ms Sally Shen and Ms Angela Tao

The Dragon Boat Festival is one of the traditional festivals in China. Students in NBIS participated in traditional activities in Chinese classes such as wrapping Zongzi, making sachets and making moxa leaf decorations. They also enjoyed dragon boat making and racing, to experience the cultural customs and historical connotations of the festival, and to exemplify traditional Chinese culture.

All the materials needed to wrap the zongzi, such as glutinous rice, reed leaves, stuffings of red bean paste, candied dates, etc. were prepared in advance. Students were guided and supported by Chinese teachers and school chefs to wrap Zongzi correctly. They learnt how to roll up the reed leaves, how to stuff the candied dates in, how to add the rice and how to tie the string for the Zongzi. It was the first time for many of them to try wrapping Zongzi. They were really excited. After about 40 minutes, many students became skilled in making Zongzi and they had lots of fun. As an extension of the activity, some classes took the Zongzi home with them, and some classes tasted their own Zongzi in the school canteen.



端午



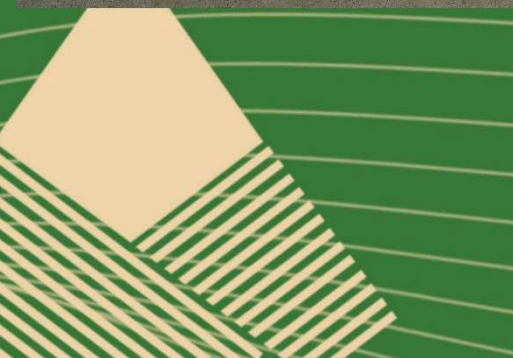
DRAGON BOAT FESTIVAL

端午



DRAGON BOAT FESTIVAL

端午



端午

One of the other traditions is to wear sachets filled with different herbs to relieve the nerves and prevent mosquitoes. Students made these special sachets in Chinese classes after teachers introduced the herbs and demonstrated the correct steps. The sachets look really nice and have a really beautiful fragrance. Students really enjoyed this activity.





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Tuesday



DRAGON BOAT FESTIVAL

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Dragon boat racing is another tradition during the Dragon Boat Festival. Early years children made Dragon Boats with block building and painting. Then they participated in a Dragon Boat Racing game and had great fun. Moxa leaves are usually hung up on the doors as a tradition too. Early years students had made these decorations in class to make this festival colorful and to experience traditional Chinese culture.



DRAGON BOAT FESTIVAL

端午



DRAGON BOAT FESTIVAL

端午



NBIS students enjoyed the traditional aspects of the Dragon Boat Festival in all these activities, which made the festival both unforgettable and meaningful.

DRAGON BOAT FESTIVAL

2022-2023 NBIS STEM Project!

The STEM project for the 2022-2023 academic year has been an interesting learning experience for everyone involved. What started off as a crazy idea to get the students to 3D design and 3D print some bows and have an archery competition, ended in success. This engaging project has been led by the passionate Mr Sean, and it has been a source of inspiration and learning for all involved.

Our students began their adventure by immersing themselves in the world of 3D design, using powerful and industry-quality software called 3DS Max. Guided by the expertise of Mr Sean, they learned the fundamentals of this powerful tool, giving flight to their imaginations as they designed their very own bows. It was truly remarkable to witness the breadth of creativity displayed by my students, each bringing their unique vision to life. Some students were able to design from scratch, whereas others looked to their favourite teacher and video games for inspiration!



Once the designs were finalised, it was time to transform these intangible digital creations into tangible objects. Our school's state-of-the-art 3D printers came into action, crafting the bows using top-notch materials. Anticipation filled the air as the students eagerly awaited the realisation of their designs, excited to hold their creations in their own hands. Students analysed their bows designs with the help of the kind and helpful Mr Sean, to try and identify potential weaknesses in their prototypes before moving onto a final print.

With the 3D-printed bows now in their possession, the students embarked on the task of assembly. Armed with 3D pens and plenty of superglue, they meticulously pieced together their bows. This hands-on experience honed their fine motor skills and deepened their understanding of the intricate mechanics involved in constructing a functional object.



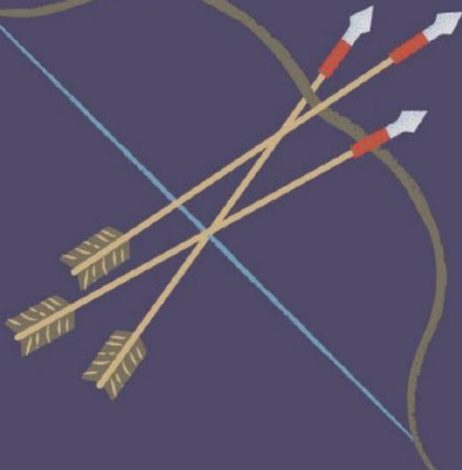
As with any undertaking, the project presented its share of challenges. While some bows triumphed, hitting their mark with precision, others encountered unexpected hurdles, sometimes even exploding under pressure. But this doesn't stop the students from laughing and taking turns using each other's creations instead!



These obstacles proved to be valuable learning opportunities as the students adapted, troubleshooted, and discovered innovative ways to enhance their designs. I commend their resilience and perseverance throughout this process.

The students have expressed their immense satisfaction and joy in participating in this STEM project. They have acquired invaluable skills that will serve them well beyond the project's scope. Not only did the project nurture their creativity and critical thinking abilities, but it also fostered a sense of teamwork and collaboration among their peers. These attributes will undoubtedly empower them as they embark on future endeavours.

Looking ahead to the upcoming academic year, we are excited to offer a glimpse into our next STEM project. With Mr Sean's unprecedented expert guidance and the support of our UNNC partners, our students will delve into the captivating world of automotive engineering. They will have the opportunity to design their very own air-propelled miniature Formula 1 cars, a venture that promises to be both thrilling and educational. We eagerly anticipate their exploration of aerodynamics, mechanics, and design principles.





Year 9-12 Students will get their first glimpse into this project on June 26th as they travel to the UNNC engineering department for a lecture and experience day on automotive design, which will task students with designing their own car, talking to current and ex-students who have built incredible machines, hopefully igniting a passion for this amazing potential career path.

We are immensely proud of our students' achievements and eagerly anticipate their continued growth in the realm of STEM education.



Written by Mr Sean Pollitt



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Secondary Outdoor Education 2023

NBIS recently organized a secondary outdoor education trip that involved various activities such as kayaking, raft building, river tracing, abseiling, rock climbing, and many more. The trip was a great opportunity for students to learn new outdoor skills and build their teamwork and leadership abilities.



One of the most exciting activities during the trip was kayaking where students had a chance to paddle down a winding river, experiencing the thrill of adventure and the beauty of nature. Students were also taught about raft building, where they worked in teams to construct a raft using limited materials and then navigate it through the water. It was an excellent opportunity for the students to practice their communication and critical thinking skills.



River tracing was another activity that challenged the students. They had to navigate their way through the water, sometimes walking and other times swimming. This tested their endurance, balance, and courage. The students also had the opportunity to learn abseiling and rock climbing, which required them to use physical strength and mental focus.



The students also participated in a Master Chef challenge where they had to cook their own meals in the great outdoors. They learned to plan menus, work together, and make adjustments when things didn't go according to plan. Another activity was the navigating hike where students had to read maps and use a compass to navigate and find their way through different terrains.





Other fun activities include catapult building, where they constructed their catapults and competed with their classmates in a range of games. The orienteering challenge was another highlight of the trip, where students had to find specific checkpoints using a map and compass.



Additionally, before heading back to school, the NBIS secondary students made dumplings for a group of elderly in the local village.



Overall, the NBIS secondary outdoor education trip this year was a success and allowed students to challenge themselves in a safe and supportive environment. They gained new skills, developed their teamwork and leadership abilities, and forged lifelong memories with their classmates.





UPCOMING STUDENT COUNCIL EVENTS

JUNE 26TH & 27TH

NORMAL SCHOOL DAYS

JUNE 28

MOVIE AND MALL TRIP

JUNE 29

LAKE FOREST RESORT TRIP

JUNE 30

CLASS PARTY AND SUMMER FORMAL

ACTIVITIES WEEK

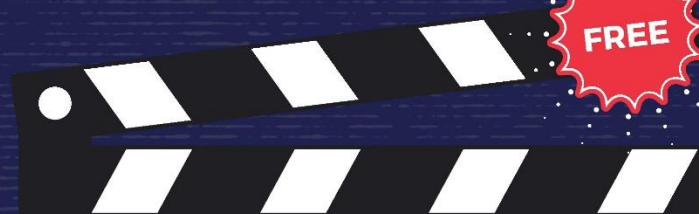
THE SECONDARY STUDENT COUNCIL PRESENTS



MOVIE

and Mall Trip

FREE



FEATURED MOVIES

SPIDERMAN OR TRANSFORMERS

MORE INFORMATION

Wednesday the 28th

Students must bring lunch and snack money (at least 50RMB)

INTIME MALL
YINZHOU

SIGN UP BY THE 20TH
OF JUNE - RETURN
FORMS TO HOMEROOM
TEACHERS.

WE WILL LEAVE
SCHOOL AT 9.20
AM AND RETURN
BY 3.20

CONTACT STUDENT COUNCIL PRESIDENT ZHUI RHEE, IF YOU HAVE ANY QUESTIONS



The NBIS Secondary Student Council presents:

100RMB

LAKE FOREST PARK AND PICNIC

Thursday 29th June

- Enjoy a fun day out with your friends.
- Experience The Crystal Tower and Virtual Reality Room.
- Bring a picnic to share.

SIGN UP NOW!



Summer Formal MASQUERADE

GAMES
PRIZES
SHOW
MUSIC
DANCE

Snacks and drinks are included.
Dress code: Black, white or red.
Wear a masquerade mask.



JUNE 30TH AT
10.15 AM - 1.00 PM
Staff Lounge



Ningbo British
International
School

IGCSE MARINE SCIENCE

Ever wondered about the life cycle of a leatherback turtle? What causes tsunamis, earthquakes and volcanoes? How do coral reefs form? Investigate the answers to these and other fascinating questions in a course which explores the mystery and beauty of our blue planet!

IGCSE Marine Science is an interdisciplinary science subject that contains elements of biology, chemistry, physics and Earth science. Topics covered include:

- The Earth and its oceans
- Sea water
- Marine organisms
- Nutrients and energy
- Marine ecology
- Human influences on the marine environment



Cambridge Assessment
International Education



[RSB.org.uk/nancy-rothwell-award](https://rsb.org.uk/nancy-rothwell-award)
@RoyalSocBio

Draw, paint or
sketch your
favourite animal,
plant or fungi

Closing date:
29th July 2023



Oleander Hall,
2020 Shortlist

BioArtAttack 2D 2023 Combining Art with Science

RVC Royal
Veterinary
College
University of London

Competition
open to all
pupils aged
7-18 years



Dragon Boat Festival

端午

June 22 – June 25 (No School)

June 26 (Back to School)

NBIS wishes you and your family a happy and safe holiday.





NBIS Weekly Menu

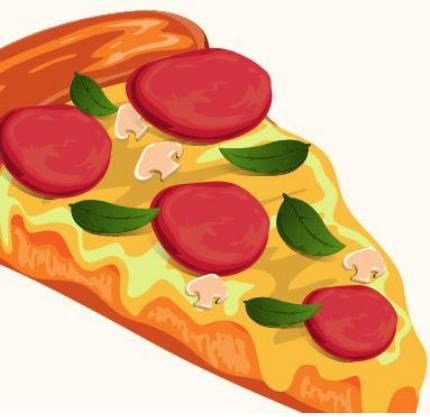


Sample Dishes



June 26 – June 30

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------|--------------------------|----------------------------|----------------------------|------------------------------------|---------------------------------|
| Lunch Menu | 土豆牛肉 | 黑椒牛仔骨 | 粉丝扇贝 | 玉米仔排 | 红烧牛肉 |
| | Beef with potato | Rib | Garlic vermicelli scallops | Rib with Corn | Beef |
| | 鸡肉肠 | 盐焗鸡腿 | 咖喱鸡 | 酱蒸面结 | 盐酥鸡 |
| | Chicken sausage | Salt baked chicken | Curry chicken | Brown knots | Salty fried chicken |
| | 烤鸭 | 葱油鱿鱼花 | 烤香肠 | 上校鸡块 | 手撕鸡 |
| | Roast duck | Squid flower | Roast sausage | Chicken | Shredded chicken |
| | 花菜 | 烤地瓜 | 寿司 | 西米露 | 青瓜凉皮 |
| | Cauliflower | Roast sweet potato | Sushi | Tapioca pudding | Cold noodle with cucumber |
| | 炒青菜 | 炒包菜 | 花菜 | 西红柿炒蛋 | 肉沫焗土豆 |
| | Vegetable | Cabbage | Cauliflower | Scrabble egg with tomato | Baked potatoes with minced pork |
| | 葱油豆腐 | 青豆玉米 | 烤土豆 | 土豆丝 | 西兰花 |
| | Tofu | Corn with green bean | Roast potato | Potato wire | Broccoli |
| | 法国面包 | 牛角包 | 五号菜 | 披萨 | 蛋挞 |
| | French bread | Croissant | Vegetable | Pizza | Egg tart |
| | 小炒肉 | 水煮肉片 | 酸菜肉片 | 毛血旺 | 麻辣肉片 |
| | Fried slice streaky pork | Poached pork slices | Pork slices | Gross blood Mong | Spicy poached pork slices |
| | 红烧虾 | 盐水虾 | 油爆虾 | 葱烤河鲫鱼 | 红烧虾 |
| | Shrimp | Shrimp | Shrimp | Braised Crucian Carp with Scallion | Shrimp |
| | 椒盐玉兔鱼 | 孜然橡皮鱼 | 葱油小黄鱼 | 红烧虾 | 椒盐带鱼 |
| | Fish | Jerk filefish | Little yellow croaker | Shrimp | Ribbonfish |
| | 水果 | 水果 | 水果 | 水果 | 水果 |
| | Fruit | Fruit | Fruit | Fruit | Fruit |
| | 万年青汤 | 大白菜豆腐汤 | 西红柿蛋汤 | 紫菜蛋汤 | 海带汤 |
| | Vegetable soup | Vegetable soup with tofu | Tomato soup with egg | Seaweed soup with egg | Kelp soup |
| | 米饭 | 米饭 | 米饭 | 米饭 | 米饭 |
| Rice | Rice | Rice | Rice | Rice | |
| 蔬菜拼盘 | 蔬菜拼盘 | 蔬菜拼盘 | 蔬菜拼盘 | 蔬菜拼盘 | |
| Vegetable | Vegetable | Vegetable | Vegetable | Vegetable | |
| Snack Menu | 牛奶 | 牛奶 | 牛奶 | 牛奶 | 牛奶 |
| | Milk | Milk | Milk | Milk | Milk |
| | 小黄瓜 | 香蕉 | 小番茄 | 香蕉 | 沃柑 |
| | Cucumber | Banana | Cherry tomato | Banana | Orange |
| | 鸡蛋饼 | 蒸饺 | 水煮蛋 | 奶黄包 | 土豆丝饼 |
| | egg cake | Dumpling | Egg | Stemed creamy custard bun | Potato strips cake |
| | 香梨 | 沃柑 | 苹果 | 桂圆 | 香梨 |
| | Pear | Orange | Apple | Longan | Pear |
| 吐司面包+果酱 | 蔓越莓饼干 | 肉松蛋糕 | 巧克力饼干 | 抹茶曲奇 | |
| Bread with jam | Cranberry biscuit | Cake with dried meat floss | Chocolate biscuit | Biscuit | |





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