



NBIS Weekly Newsletter 35

UNITY

DIVERSITY

EXCELLENCE



Cambridge Assessment
International Education

Cambridge International School



MEMBER

Dates to Remember

- June 9: NBIS Secondary Graduation Ceremony
- June 21: Informal Open Evening with New International Principal
- June 21: NBIS International Music Day (Students and staff only)
- June 24: NBIS Gala 2023
- June 27: NBIS Art Exhibition



GRADUATION *Ceremony*



Class of 2023

Friday, June 9th | 11.00am

NBIS Auditorium



INFORMAL OPEN EVENING WITH NEW INTERNATIONAL PRINCIPAL

June 21, WEDNESDAY
19:00-20:30
NBIS Auditorium



MS NANCY ELDARS



NBIS Gala 2023

Saturday
June 24th 2023

Welyou 401
3rd Floor Link Lounge

Time: 19:00-21:30
Dress Code: Semi Formal



NBIS ART EXHIBITION



JUNE 27, 2023



MARK MAKING | OIL PASTELS | CHALK PAINTINGS |

JUNE 27, 2023
AT 7 PM - 8:45 PM

NBIS STAFF LOUNGE

REFRESHMENTS
SERVED

TALENTED ARTWORK FROM
NBIS STUDENTS

Nursery B

It is the time to learn about the five senses so children will be ready for more advanced anatomy lessons later on. These five senses activities help Children connect sight, sound, smell, hearing, and touch with the associated body parts. They're also a whole lot of fun!



NBIS Primary Outdoor Education 2023

Last week saw 46 students from Years 4-6 take part in a 3-day outdoor education experience. It was a valuable opportunity for the students to try new activities outside of the classroom.



After a final roundup in the auditorium, we left our beautiful and sunny NBIS campus, heading West to Lake Forest Resort. Once we arrived the Camp leaders led the students through a couple of "ice breaker" games. These saw students racing each other holding a balloon between their backs, and drawing images one line at a time. It was a great way to bond with their team mates and get to know one another.



After a lovely lunch, the students filled their water bottles, put on some sun cream and headed off to their respective afternoon activities. Half of the students started off with rock climbing. 5 different difficulties to try out. The other half were doing the high ropes course. The course has 4 different levels, with some students able to complete all 4! Although tiring, many of the students kept going for the full 2 hours, showing how much they were enjoying the challenges.





Before dinner, the children had to build their tents for the night. After being instructed by the coaches, they got to work. Some of the students even managed to earn some house points by helping us teachers build ours! Dinner was lovely, and it was followed by an amazing bonfire party! WildChina had even laid on a small barbecue so the students could toast their own marshmallows. Music played, the bonfire crackled and the students had an amazing time together.



A good night sleep was necessary! Day 2 saw more sunshine and lots of different activities for the students to try out. After taking down the tents and having some breakfast, the students worked in teams to build their own raft, which they would later have the chance to test out on the river. Luckily, they all worked well together and the rafts were all successful (mostly!) We came back in for some lunch before heading out again to do a River Trace. This is an activity that involves wading through a river, stepping over rocks and getting wet! It was a great challenge for our students and some were rewarded by having the chance to splash the instructors and teachers.





After a shower and drying off, the students created teams and worked together to cook their own dinner. They were cooking pasta, but they had a variety of sauces, vegetables and meats to choose from and make. After having tried all of the dishes, I can say that I was extremely full and we definitely have some Master Chefs in our primary section.

After a good night's sleep, we were up early for some bow and arrow making, and shelter building. The teams had to build shelters which were then tested against wind and rain – some stayed drier than others. The kids got to bring their bow and arrows back to school with them, to show their parents what they had built. A truly unique experience.



Our students are very lucky to be able to go on this trip, it was a brilliant experience and they will keep these memories for a long time. They showed great respect and politeness to each other and everyone they interacted with on the trip. Thank you to the parents for allowing your children to take part in such a wonderful adventure. Also, a big thank you to all involved in organizing the trip and to the teachers who led a group of students each, taking care of them all and making sure they had the best time possible – Mr Kirkpatrick, Miss Stevo, Miss Judith, Miss Sharon and Miss Shereen!

NBIS Outdoor Education has become an important part of the school curriculum, recognising that in a changing environment, education should become more holistic and schools should consider the emotional, social, creative and spiritual growth of children alongside their academic development. NBIS Outdoor Education helps to equip students with different tools and skills that will help them adapt to various environments.



Written by Mr Fitzgerald





Ningbo British International School Chamber Music Concert Review



Ms Kaia Lyu and Mr Isidro Santos Galindo are two well-known faces at Ningbo British International School. When these two music teachers aren't busy planning and teaching lessons for students, conducting school choirs or giving piano lessons, you'll find them hanging out and chatting jovially in the canteen or sometimes performing an impromptu magic routine. Apart from the occasional melodies which wind their way down to fill building three's atrium, our international community rarely gets to see the breadth of their talents as professional performers. NBIS's first free *Chamber Music Concert*, which was held on Thursday 1st of June in NBIS's auditorium, was a chance to see just how proficient these two musicians really are.

Ms Lyu boasts a plethora of musical accomplishments, graduating with a master's degree in piano performance from San Francisco Conservatory of Music, "Scholarship of Zhejiang Provincial Government", "First Prize Scholarship for Outstanding Student" and "First Prize Scholarship in Academics of Zhejiang Conservatory of Music". She also has a host of music competition wins which are, quite frankly, too extensive to list here.



These myriad experiences became manifest as the two took to the stage to an audience of NBIS families and community friends.

The duo opened with *Fantasy for Clarinet*, an early work of Danish composer Carl Nielsen. The piece features dynamic extremes from fortissimo to piano, and although it is one of Nielsen's earlier works, it exemplifies the High Romantic period in which it was written. Mr Isidro played the repeated scalic figures with much aplomb and Ms Lyu accompanied with delicacy and tenderness.



The second piece made it evident that this was just a warm up in contrast to the far more emotionally ranged *Concerto No. 1* by Carl Maria von Weber. Although this piece is a staple in the clarinet repertoire, it is normally performed with full orchestral accompaniment. For an early-romantic piece, *Concerto No. 1* feels somewhat avant-garde for its time, with melodic hints of a late Alkan or Mendelson. Ms Lyu skillfully reduced the entire orchestral score to her ten fingertips while Mr Isidro embodied the varied paces of the three movements, swaying and moving with the melodies like a dance.

Mr Isidro has a master's degree in music and performing arts as well as a soloist postgraduate. He has performed all over the world: Spain, Belgium, France, Italy, Austria, Bulgaria, Poland, Lithuania, Czech Republic and, of course, China where he has twice performed with the Ningbo Symphony Orchestra.



- by Mr Dominic Armstrong



NBIS Chamber Music Concert Review



- by Mr Dominic Armstrong

The third piece, *Ninna Nanna*, attributed to the more contemporary Italian composer Henghel Gualdi, had a slower-paced melody which resonated around the NBIS auditorium with a haunting beauty, carried by the ebb and flow of the piano accompaniment. The piece gave the audience time to relax and certainly helped to settle some of more excited younger audience members, many of whom were attending their first ever concert.



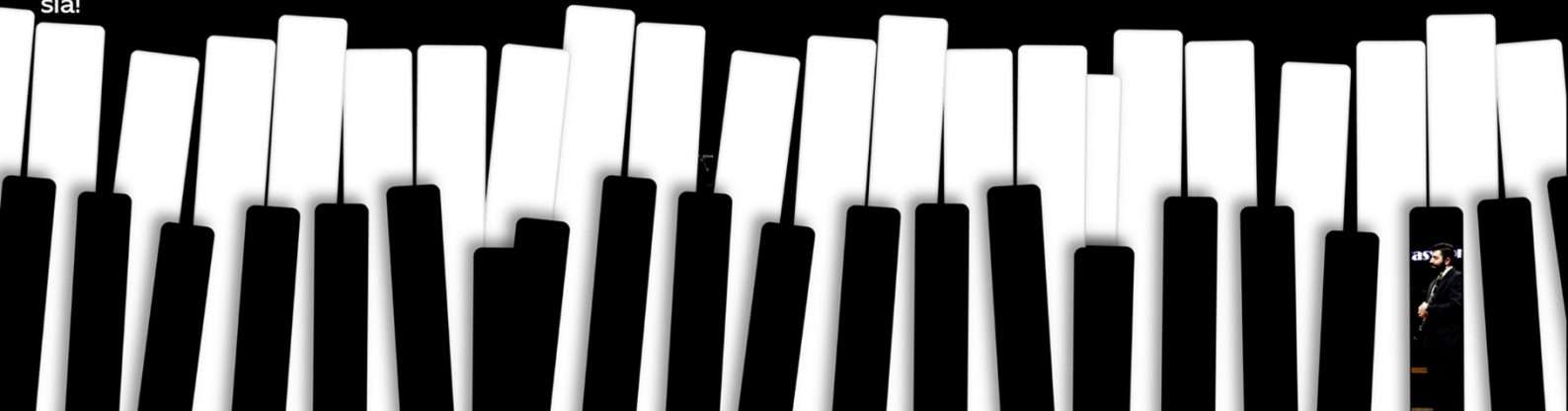
Next came Antonio Romero's *Primer Solo de Concierto* which woke the audience up with runs and arpeggios, showcasing Mr Isidro's technical prowess. Moments of well-considered call and response between piano and clarinet coincided with the especially beautiful phrasing.

The penultimate piece, *Sonatina*, was chosen as it was composed by British composer sir Malcom Arnold, as the duo wanted to honour the Britishness of NBIS. This more contemporary piece is more challenging for listeners, featuring polyrhythms and more complex harmonies. The first movement was brisk followed by a softer and slower second movement. The third movement has the denotation "Furioso", meaning that it should be played with fury and anger, and indeed it was! Octave jumps and runs were played with great fluency. The harmonies often found their resolution in a dissonant beauty which made it my favourite piece of the evening. At the zenith of one particularly virtuosic run, Mr Isidro could be seen jumping into air in a leap of synaesthesia!

The final piece of the night, Giampieri's *Il Carnevale di Venezia* (Venetian Carnival) was full of technical swirls and musical colour. However, the duo softened the cadenzas into a sophisticated interpretation of larger melodic phrasing, played as casually as a walk in the park for these two skilled musicians.

At the end of the concert, the duo was met with well-deserved applause. The programme was excellently selected and exhibited the skills of our NBIS music staff. The audience was left in no doubt that Mr Isidro and Ms Lyu were in their element as professional performers and that the students at NBIS are fortunate to have these two gifted and hardworking musicians as their music teachers.

Transcending the music itself, the event was a moment of bringing people together. A harmony of harmonies, of different cultures, people and their emotions unified in our collective and intangible understanding of musical expression. This togetherness - finding of common ground while accepting our differences - are among the key tenets of NBIS as a school. Although we may not speak the same language and come from different places and cultures, music is one thing which we can all feel and experience in the purest of senses.





Ningbo British
International
School

IGCSE MARINE SCIENCE

Ever wondered about the life cycle of a leatherback turtle? What causes tsunamis, earthquakes and volcanoes? How do coral reefs form? Investigate the answers to these and other fascinating questions in a course which explores the mystery and beauty of our blue planet!

IGCSE Marine Science is an interdisciplinary science subject that contains elements of biology, chemistry, physics and Earth science. Topics covered include:

- The Earth and its oceans
- Sea water
- Marine organisms
- Nutrients and energy
- Marine ecology
- Human influences on the marine environment



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[RSB.org.uk/nancy-rothwell-award](https://rsb.org.uk/nancy-rothwell-award)
@RoyalSocBio

Draw, paint or
sketch your
favourite animal,
plant or fungi

Closing date:
29th July 2023



Oleander Hall,
2020 Shortlist

BioArtAttack 2D 2023 Combining Art with Science

RVC Royal
Veterinary
College
University of London

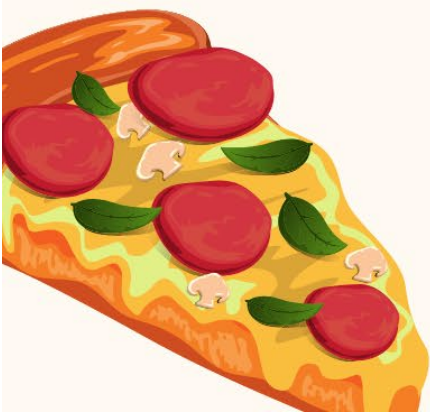
Competition
open to all
pupils aged
7-18 years



NBIS Weekly Menu

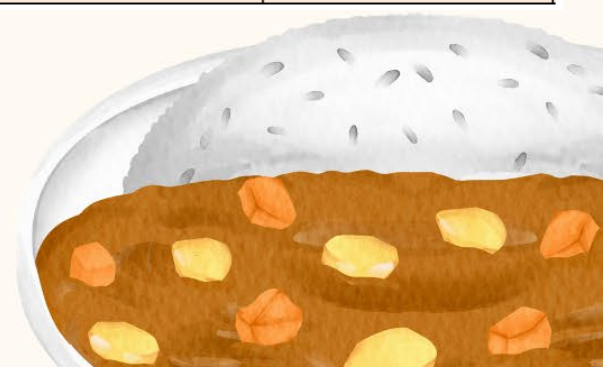


Sample Dishes



June 12 – June 16

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Menu	烤香肠	菠萝咕咾肉	叉烧肉	大烤鲑鱼	五香牛肉
	Roast sausage	Sweet sour pork	Barbecued pork	Broiled cuttlefish	Beef
	鸡柳	烤鸡腿	蒜苗腊肉	香酥仔排	烤鸡
	Roast chicken breast strip	Toast chicken leg	Meat with garlic	Rib	Roast chicken
	笋干烧肉	葱油鱼片	盐焗鸡	芝麻鸡丝	虾饼
	Meat with dried bamboo shoot	Basa fish	Salt baked chicken	Sesame chicken	Deep fried shrimp
	肉沫粉丝	芹菜干丝	花菜	西兰花	花菜
	Meat with glass noodle	Celery with glass noodle	Cauliflower	Broccoli	Cauliflower
	花菜	焗土豆	炒包菜	烤土豆	薯条
	Cauliflower	Baked potatoes	Cabbage	Roast potato	French fries
	葱油豆腐	蛋挞	牛角包	珍珠奶茶	凯撒鸡肉卷
	Tofu	Egg tart	Croissant	Pearl milk tea	Caesar chicken roll
	果酱面包	青豆玉米	烤地瓜	法国面包	葱油万年青
	Bread with jam	Corn with green bean	Roast sweet potato	French bread	Vegetable
	红烧虾	水煮肉片	酸菜肉片	毛血旺	麻辣肉片
	Shrimp	Poached pork slices	Poached pork slices	Gross blood Mong	Pork slices
	椒盐玉兔鱼	盐水虾	油爆虾	葱烤河鲫鱼	红烧虾
	Fish	Shrimp	Shrimp	Braised Crucian Carp with Scallion	Shrimp
	小炒肉	孜然橡皮鱼	葱油小黄鱼	红烧虾	椒盐带鱼
	Fried slice streaky pork	Jerk filefish	Little yellow croaker	Shrimp	Ribbonfish
水果	水果	水果	水果	水果	
Fruit	Fruit	Fruit	Fruit	Fruit	
万年青汤	大白菜豆腐汤	西红柿蛋汤	紫菜虾皮汤	海带汤	
Vegetable soup	Vegetable soup with tofu	Tomato soup with egg	Seaweed soup	Kelp soup	
米饭	米饭	米饭	米饭	米饭	
Rice	Rice	Rice	Rice	Rice	
蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	
Vegetable	Vegetable	Vegetable	Vegetable	Vegetable	
Snack Menu	牛奶	牛奶	牛奶	牛奶	牛奶
	Milk	Milk	Milk	Milk	Milk
	小青瓜	香蕉	小番茄	香蕉	橙子
	cucumber	Banana	Cherry tomato	Banana	Orange
	鸡蛋饼	蒸饺	水煮蛋	奶黄包	土豆丝饼
	Egg cake	Dumpling	Egg	Stemmed creamy custard bun	Potato strips cake
	香梨	橘子	苹果	桂圆	香梨
	Pear	Orange	Apple	Longan	Pear
吐司面包+果酱	蔓越莓饼干	肉松蛋糕	巧克力饼干	抹茶曲奇	
Bread with jam	Cranberry biscuit	Cake with dried meat floss	Biscuit	Biscuit	





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