



# NBIS Weekly Newsletter 25

UNITY

DIVERSITY

EXCELLENCE



Cambridge Assessment  
International Education

Cambridge International School

## Dates to Remember

- April 7: Primary Sports Day
- April 11-12: EY Reception Parent/Teacher Conference
- April 12-13: Primary Parent/Teacher Conference
- April 12-14: Book Fair
- April 21: NBIS United Nations Day
- April 24-28: Book Week



## CONGRATULATIONS

### **Natania Solomon Belete**

Year 13 Student



For receiving the offer to study Biomedical Sciences  
at the University of Calgary.



**UNIVERSITY OF  
CALGARY**



**Ningbo British  
International  
School**

**A COMMUNITY OF LEARNERS**

# 500 International Teachers and Students Celebrate the Intangible Cultural Heritage of China

## NBIS Holds Signature Event - Chinese Culture Day

On this special day, the NBIS campus has been transformed into a museum, exhibiting the wonder of Chinese culture. Over 500 international teachers and students from almost 50 countries and regions around the world come together to celebrate the country which hosts our school – China!

Classrooms have been transformed into cultural workshops, where teachers dress up as craftspeople demonstrating China’s unique and rich heritage. NBIS’ international students also dress in traditional Chinese costumes while they explore their host country’s culture through workshops: “Shadow Puppet Plays”, “Bamboo Fighting Men”, “Chinese Herbal Medicine and “Paper Flowers” are just a few of the wonderful activities on campus today.



Shadow Puppet Plays



Bamboo Fighting Man



Chinese Herbal Medicine



Oiled Paper Umbrella (EY)



Oiled Paper Umbrella (PRI)





Paper Flowers



Wooden Movable-Type Printing



Plant Printing (LP)



Plant Printing (UP)



Dragon and Lion Dances



Rock Sugar Gourd



Tie-Dye



Pitch-Pot Game





Designing Steamed Buns



Tai Chi



Bamboo Dance



Dragon and Phoenix Rice Balls



Oiled Paper Umbrella (SEC)



Dragon and Phoenix Rice Balls

Spaces around our beautiful campus have been repurposed into murals and displays in an ode to the intangible cultural heritage of China. Decorated traditional kites adorn the hallways in the primary school building and murals have sprung up all around the school. The staffroom hosts an exhibition of art, cuisine and calligraphy for staff and students alike to come and enjoy in their free time.





The fortnightly PTA café brought in traditional Chinese snacks for staff to try during their breaks, and the school chefs prepared a special lunch featuring many special dishes to further celebrate the day!



So, what do the students have to say?

Year 3's Aarav, from India, told us, "I loved printing leaves with Ms Louisa – I've never done that before and didn't know I could use leaves to make such beautiful pictures. I want to do it again at home!"

Kohma from Japan enthusiastically reported, "My favourite thing today was learning Tai Chi with Ms Shen. It felt very quiet and calm which made me feel happy on the inside".

"I loved EVERYTHING today!" says Alicia, Year 3, from Indonesia, excitedly. When asked why, she chimed, "Because everything was so fun and I learned so much about Chinese culture! It's so wonderful!"

Odelia, a Year 6 student from Hong Kong, China, says "Today I joined four activities: "Oiled Paper Umbrella", "Bamboo Dance", "Dragon and Phoenix Rice Balls" and "Bamboo Fighting Man". I learned that China was the first country in the world to invent the umbrella and has been making umbrellas for over 3,500 years. The Bamboo Dance is not easy to perform, jumping around with graceful movements is harder than I expected! The Dragon and Phoenix Rice Ball is a speciality from Ningbo, and I learned that they not only taste good, but also have a symbolic meaning of reunion and good luck. The "Bamboo Fighting Man" is even more special, as they are made of bamboo joints and can flip and move around like a Chinese Kung Fu master, which is really cool!"

NBIS is extremely lucky to be situated in a country with such wealth and diversity of culture and rich heritage for our students to immerse themselves in. NBIS' Chinese Culture Day is a small reflection of the hard work our Chinese teaching staff – teaching Chinese language and culture to our students on a daily basis to help them understand and integrate into the wonderful country in which they reside.

Thanks again for the great contribution from our Chinese Teaching Team!



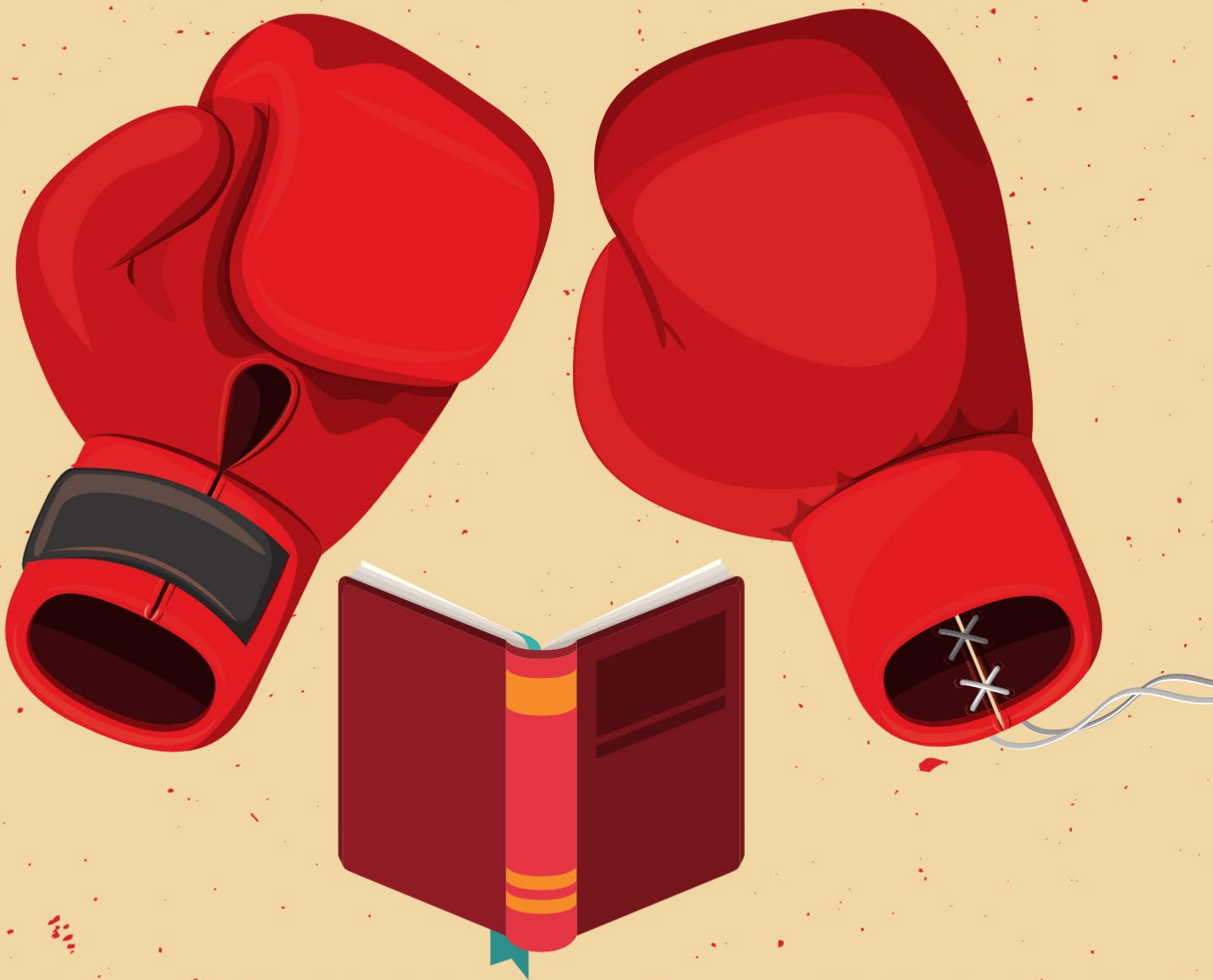
NBIS



# BATTLE OF THE BOOKS

**Friday 31st March**

1.30 pm in the auditorium



Students are invited to join the audience with their teacher's permission.

NINGBO BRITISH INTERNATIONAL SCHOOL



# READ-A-THON MARCH 2023

You have one month to read as many books as you can!  
Take part in a charitable endeavor and give back to your community.



Proceeds will go towards a charity in China that encourages education  
for women in rural China (EGRC).



NBIS

# BOOK FAIR



**The NBIS Book Fair is back in the  
school library for Semester 2!  
View books on April 13th  
Purchase books on April 14th**





# THE POWER OF WRITING

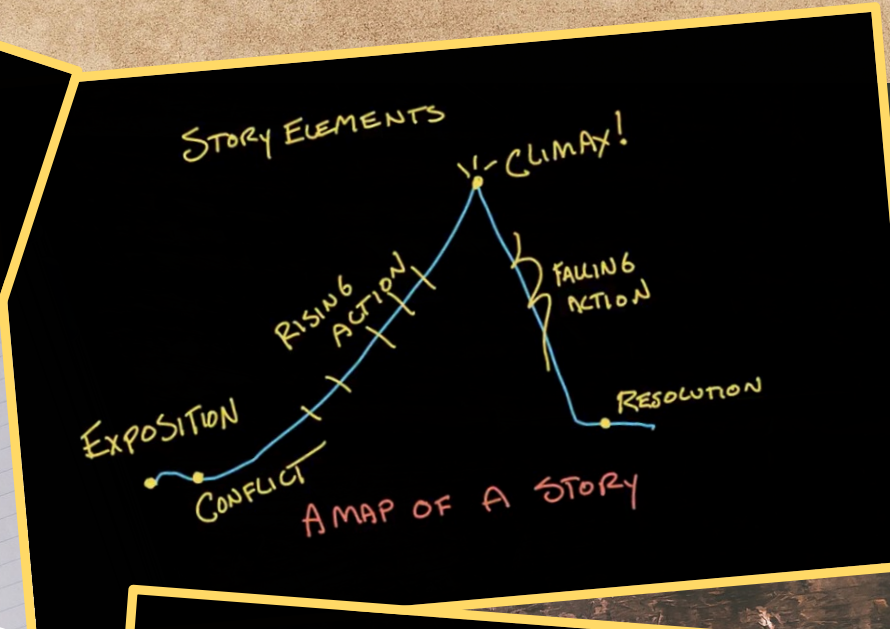
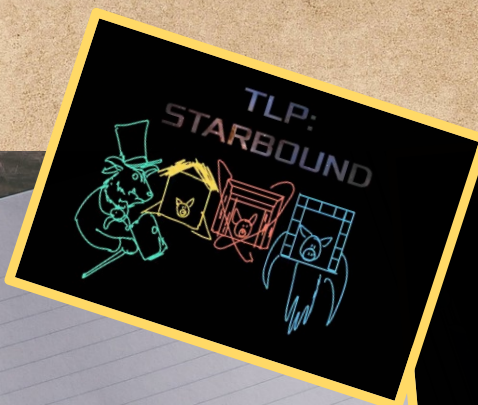
By Carl Kirkpatrick  
Homeroom teacher Year 6B

Even with today's digital world, writing is an important and fundamental point of learning. It is more than just encoding characters and typing words. Writing is putting down in words your thoughts, ideas, and feelings. It is still a powerful tool for communicating with others. The golden era of supreme writing and the significance of literary works are with us still!

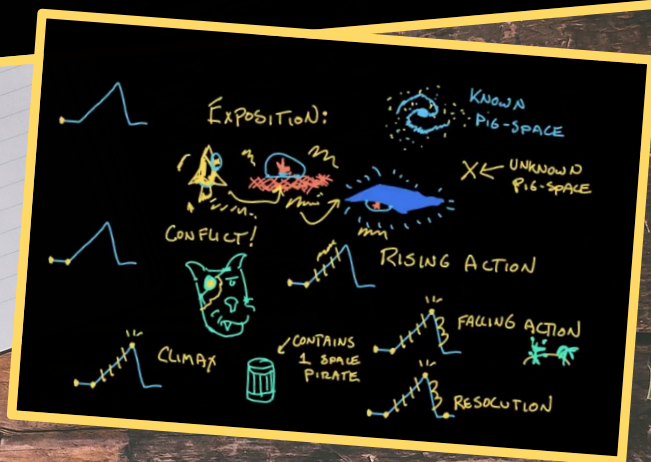
The highest power of writing is how it affects to the person. You don't have to be a best-selling author; the mere fact of writing can do wonders to anyone. You don't realize how much power you have when you write.

So how do we create this sense of wonderment and appreciation for writing in our young learners?

In year 6B, we began a recent study of narrative story writing. Our first few lessons were centered on reconnecting with what we already knew and understood about story maps. We used a modernized adaptation of the Three Little Pigs – the Three Little Pigs in Space! This allowed us to review important terms and discuss how we could apply these to our stories:



conflict  
exposition  
rising action  
climax  
falling action  
resolution



Next, we broke down the process of writing into different stages. There are many different ways to organize this. For our purposes this week, we broke it down into the following stages:

- Brainstorming
- Planning
- Writing an Introduction
- Writing Events (conflict)
- Writing a Closing
- Editing and Proofreading
- Publishing



In the brainstorming stage, students identified many and various characters and settings they might use. For this task, students used a circle graphic organizer. Our teacher's model looked something like this:

But year 6B students took it even further! They showed incredible imagination and creativity coming up with wondrous ideas for interesting characters and amazing settings. Some of their ideas for exciting characters included:

*Dragons* *At talking book*

*Likving Pictures* *At vomiting eyeball*

*At Nine-tailed fox* *At flying shoe that sings*

*At hulk policeman*

Some of their ideas for dreamlike settings included:

*At foggy bog with poisonous gases*

*At chocolate planet*

*At unicorn's palace*

*At magic cloud*

*Inside Albert Einstein's brain.....*





## Protect & Save Water for Earth

March 22 is World Water Day and March 22-28 is Water Week in China. Volunteers from Ningbo Water Environment Group visited NBIS to give an interesting lesson on water knowledge to the students. They invited our students to join them in protecting water resources and learning about Ningbo's beautiful water culture.



“What gets dirty the more you wash it?” “Water!”

During the lesson, the volunteers introduced the current situation of water resources and shared how water goes through various processes from natural to domestic water.

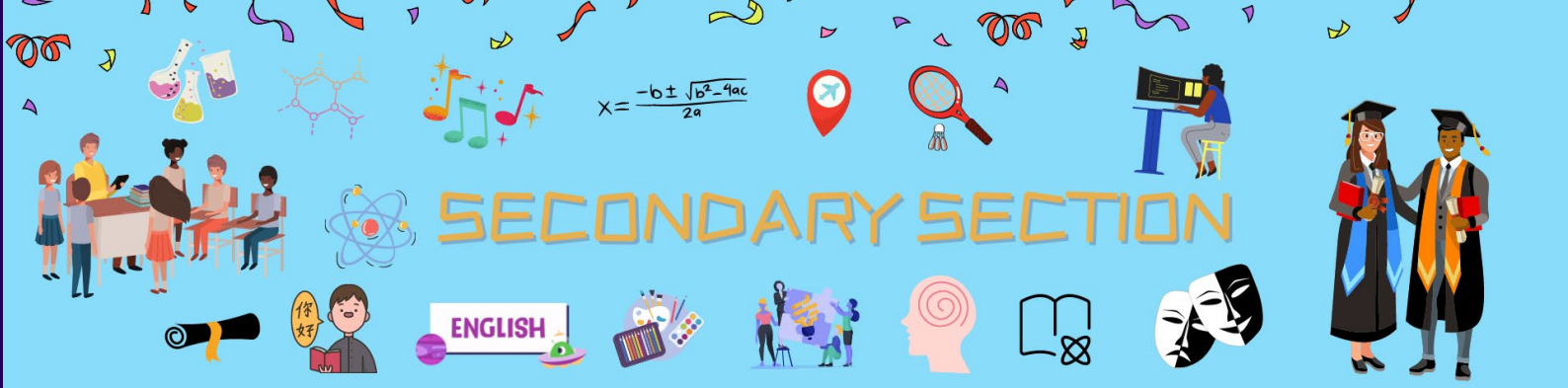


The most impressive experiment was the purification of sewage water. As the zinc sulfate and sodium hydroxide react with each other, a miracle happens. “Wow! Magic! Sewage turns into clean water!”



Through this lesson, students learned about the concept of reclaimed water and gained a deeper understanding of water conservation. “Let's save water for earth”, “Water is precious, we should prevent water pollution”, students say.





# SECONDARY SECTION

$$x = \frac{-b \pm \sqrt{b^2 - 4ac}}{2a}$$



# BATTLE OF THE BOOKS

**HIGHSCHOOL**

**PRIMARY SCHOOL**

*Middle School*

And Still I Rise
Nervous Conditions
Atonement
Hamlet: A Graphic Novel
The Moonstone
Indian Ink
Lord of the Flies
Wolf By Wolf

Edge of Extinction
Refugee Boy
Call It Courage
Anne Frank's Diary: A Graphic Novel
One Thousand and One Arabian Nights
Hatchet
Fish in a Tree
The Best Poems Ever

Night Bird
Smells Like Pirates
Amulet No.2: A Graphic Novel
Stef Soto Taco Queen
Wings of Fire
Charlotte's Web
Bridge of Terabithia
Boys Without Names



**FOUR TEAMS WILL COMPETE**

**MARCH 31 AT 1.30PM**



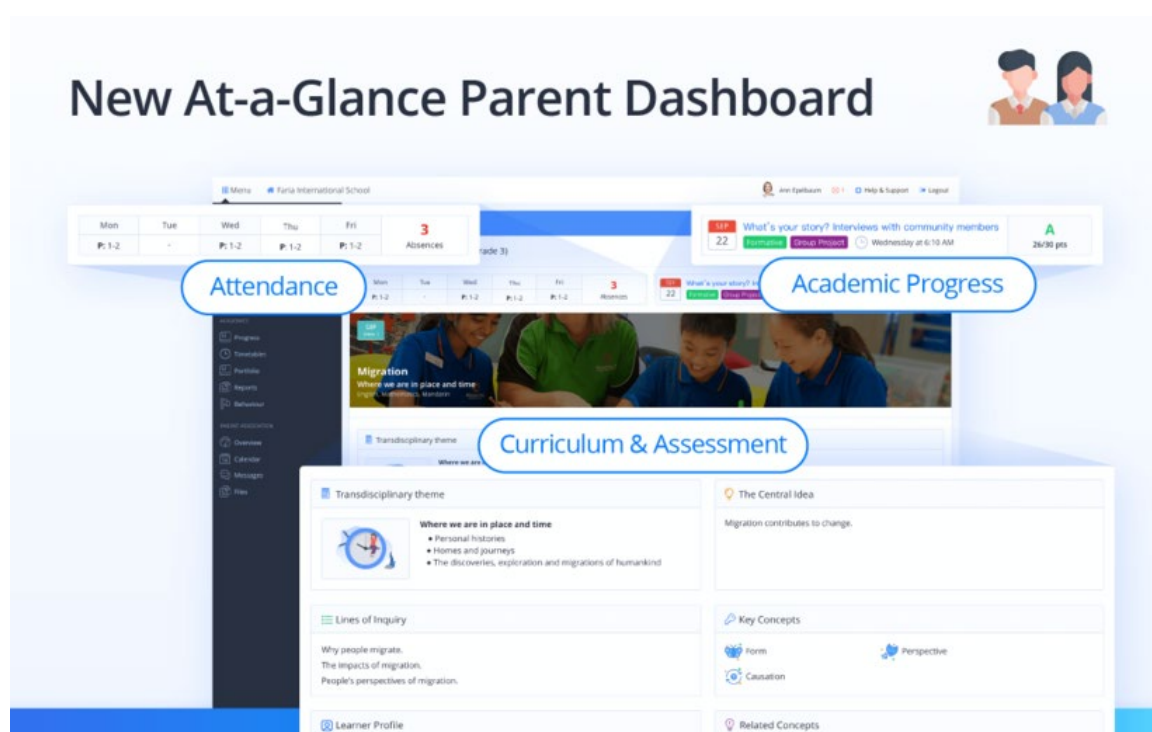
**Ningbo British International School**

**A COMMUNITY OF LEARNERS**



# ManageBac for Parents

[nbis.managebac.cn](https://nbis.managebac.cn)



## What is ManageBac?

ManageBac is built for students, parents, teachers, and coordinators to share information and collaborate! ManageBac is a convenient way to keep track of everything to do with school work, from checking class attendance (coming soon) and completion of coursework, to getting detailed information about assessments, grades, and curriculum coverage. Parent dashboard is enabled for mobile access.

## Sign-In (on a Computer)

A welcome email from ManageBac with a link to set up your password was sent to parents on Friday, 3<sup>rd</sup> March 2023. This link expires after **seven days** and you cannot join now. If you would like to join please reach out to the Head of Secondary or Mr. John Helmy.

If you have already done this but have forgotten your password, select the **Forgot Password** button and enter your email to reset your password.



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## What can you do with ManageBac?



### Students



### Parents



#### Deadlines & Calendar

See personal and class calendars. Manage deadlines well.

View child's progress, events and attendance.



#### Curriculum

See what is coming up in the course syllabus or the year in general. Be able to plan ahead.

View child's syllabus and progress over the year.



#### Class Management

Students can easily manage tasks and units and send their classes messages and files

Stay up-to-date on child's assignments and tasks as well as their overall class progress.



#### Homeroom

Have a class-like room for advisory/homeroom.

See child's advisory/homeroom comments like a separate class.



#### Photo & File Sharing

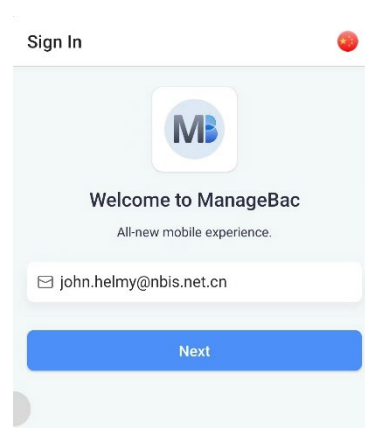
Share photos & files directly into your Portfolio, Assessment Tasks, Activity Reflections, and Project Worksheets.

-



## Sign-In (via Mobile)

The ManageBac app is available for both iOS and Android users Via the App Store or Google Play. Upon first opening the MB mobile app, select China region (top right corner), enter your email and password to login. If you would like the app to remember your login credentials, select the **Remember me** toggle. If you have forgotten your password, select the **Forgot Password** button and enter your email to reset your password. You must have logged in at least once from your computer before you can log in via the Mobile App.



## Switching Between Children

Use the left Menu to navigate to any section of the System. Here you can also switch between children if you have multiple children in ManageBac. A dropdown menu will appear with your listed children (top left corner).

If you don't see a child you know you should be linked to, check the **Academics** tab for a **Key Contact** to email on the left panel. If you have any questions about your programme or ManageBac, they're a great place to Start!

If you don't see an appropriate contact, get in touch with the Head of Secondary or John Helmy.

## Updating Personal Information, Interface Language and Themes

Click on your name at the top of the page to access your **Profile**. Here, you can update your email, password, address, picture and the language ManageBac appears in under **UI Language**.

Note: NBIS has locked student profiles, which means they won't be able to make personal/information changes on their own. Get in touch with a **Key Contact** or advisor to request changes in this case.

To change the colour of your ManageBac interface, click on Themes. You can choose from five different colours to change the look of your ManageBac account.

**Getting Started with ManageBac as a Parent Guide can be located here:**

<https://help.managebac.com/hc/en-us/articles/360045820491-Getting-Started-with-ManageBac-as-a-Parent>





Royal Society of  
**Biology**

Competition open to all pupils  
aged 7-18 years

# BioArtAttack 2D 2023

## Combining Art with Science

Draw, paint or  
sketch your  
favourite  
animal, plant  
or fungi

Closing date:  
29th July  
2023



Junawo Choi

**RVC** Royal  
Veterinary  
College  
University of London

RSB.org.uk/  
nancy-rothwell-award  
@RoyalSocBio



NBIS

# OUTDOOR LEARNING

Years 7-9

Join us for the adventure of a  
lifetime!

**Destination: Anji, Zhejiang**

**Duration: 5 days (June 12th-16th)**

**Cost: 4800RMB (not including train fare).**

**Learning Goals:**

- Health and well-being
- Sustainability
- Team building
- Global citizenship.

**Activities:**

- Team building games
- Scavenger hunt
- Rock climbing
- Abseiling
- Nighttime exploration/ flashlight games
- Building a waste incinerator
- Kung Fu master class
- Bamboo weaving workshop
- Orienteering
- Caving
- Tie-dye workshop
- Bonfire and BBQ

Sign up with your homeroom teacher





# NBIS OUTDOOR LEARNING

AN UNFORGETTABLE ADVENTURE

Years 10-13

**A 5-DAY  
EXCURSION**

**Location:** Songyang, Zhejiang

**Cost:** 4900RMB (not including train fare)

**Duration:** 5 days (June 12th-16th)

**Learning goals:**

Understand how poverty and wealth can affect human needs

Learn about strategies to overcome inequalities

Compare living in a megacity to the countryside.

**ACTIVITIES:**

- Teambuilding exercises
- Discussions on global citizenship
- Stargazing and talks on light pollution
- Learn survival skills
- Outdoor movie
- Mountain trail trek
- Making paper and bamboo weaving
- Opera workshop
- Scavenger hunt
- BBQ and bonfire
- Students will present their ideas on revitalizing Songyang to the local government.



Sign up with your homeroom teacher

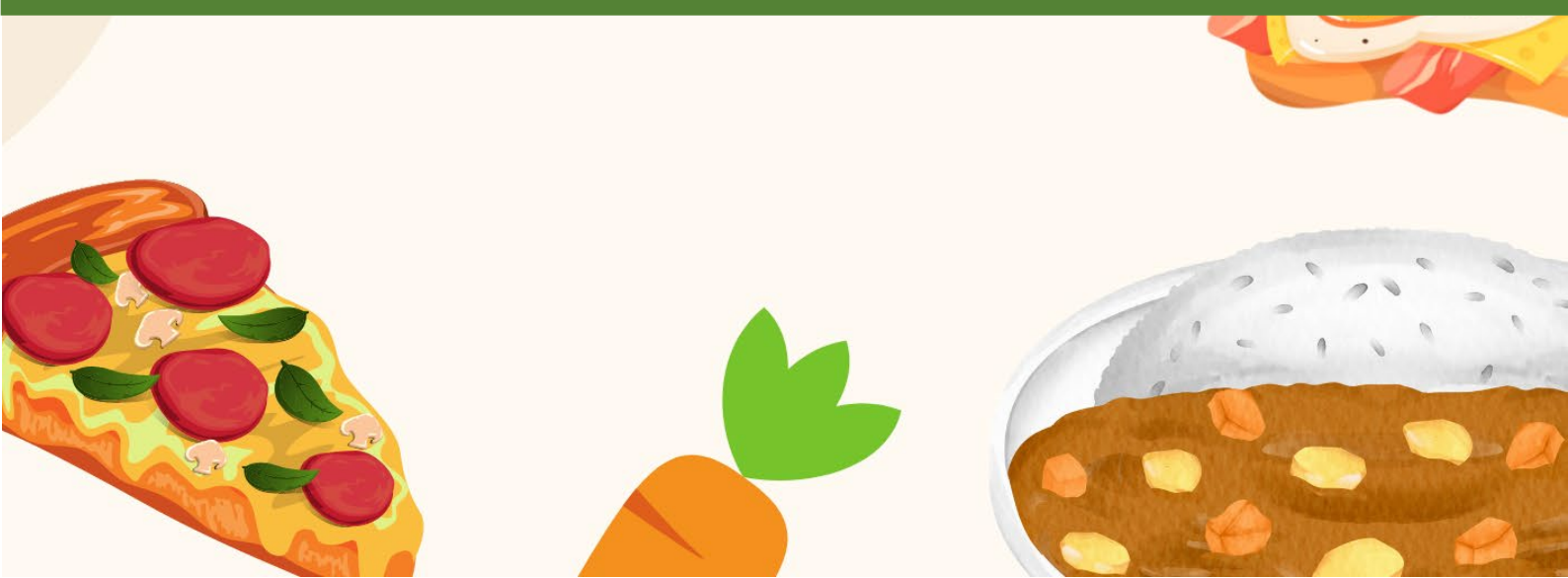
[www.wildchinaeducation.com](http://www.wildchinaeducation.com)



# NBIS Weekly Menu



Sample Dishes



March 6th – March 7th



Ningbo British  
International School  
浙江宁波英伦  
外籍人员子女学校

	Thursday	Friday
Lunch Menu	烤香肠	三色虾仁
	Roast sausage	Shrimp
	芝麻小鸡腿	盐酥鸡
	Chicken drumstick	Salty fried chicken
	春笋肉丸	烤鸭
	Meatball with bamboo	Roast duck
	胡萝卜花菜	烤地瓜
	Cauliflower with carrot	Roast sweet potato
	青瓜凉皮	西兰花
	Cold noodle with cucumber	Broccoli
	葱油土豆	天菜烤年糕
	Potato	Roasted rice cake with vegetable
	牛角包	蛋挞
	Croissant	Egg tart
	红烧鱼块	葱油小黄鱼
	Braised fish	Little yellow croaker
	江白虾	水煮肉片
	Shrimp	Poached pork slices
	毛血旺	红烧虾
	Gross blood Mong	Shrimp
水果	水果	
Fruit	Fruit	
紫菜蛋花汤	万年青汤	
Seaweed soup with egg	Vegetable soup	
米饭	米饭	
Rice	Rice	
蔬菜拼盘	蔬菜拼盘	
Vegetable	Vegetable	
Snack Menu	牛奶	牛奶
	Milk	Milk
	苹果	橘子
	Apple	Orange
	土豆丝饼	奶黄包
	Potato strips cake	Stemed cream custard bun
	火龙果	香梨
	Pitaya	Pear
抹茶曲奇	港荣蛋糕	
Green tea cookies	Cake	



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