



# NBIS Weekly Newsletter 24

UNITY

DIVERSITY

EXCELLENCE



Cambridge Assessment  
International Education

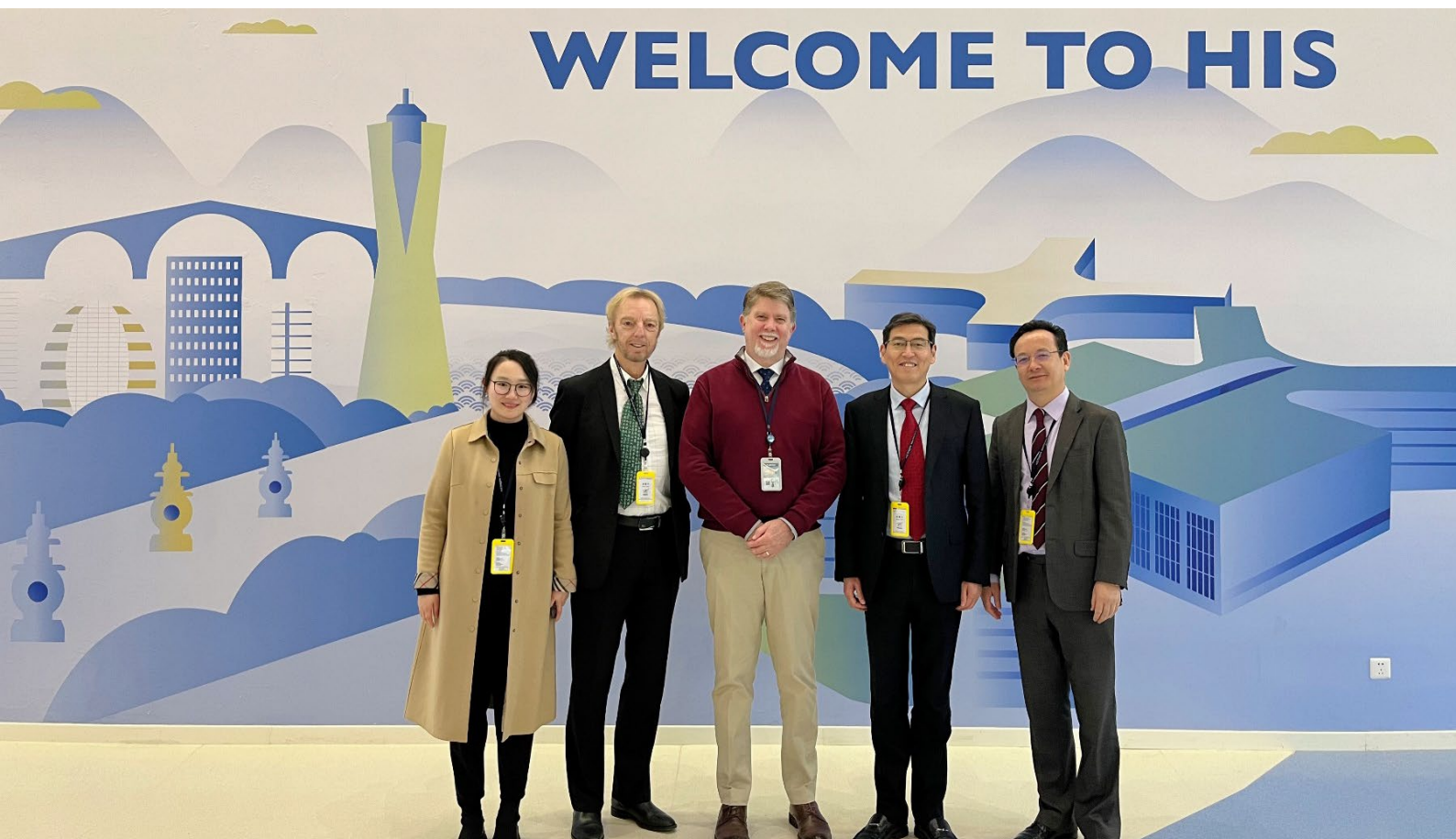
Cambridge International School

## Dates to Remember

- March 24: Chinese Culture Day
- April 7: Primary Sports Day
- April 11-12: EY Reception Parent/Teacher Conference
- April 12-13: Primary Parent/Teacher Conference
- April 12-14: Book Fair
- April 21: NBIS United Nations Day
- April 24-28: Book Week

### **NBIS Reach Out: A Productive Trip to HIS**

On March 16<sup>th</sup>, Mr Lin (President of Zhejiang Wanli Education Group), Mr Philip Billing (Principal), Mr Robert Yan (Chinese Principal) and Yuky Chen (Marketing Officer) had a productive and enjoyable trip to Hangzhou International School – the only other school like NBIS in Zhejiang Province. Encouraging to see that they have walked the same path, faced many of the same challenges and found similar ways to overcome them. We hope to develop the relationship and collaborate further with HIS.



## Guests from Sichuan Visit NBIS

On March 20th, Guests from Sichuan visited NBIS. Principal Mr Philip Billing and Chinese Principal Mr Robert Yan warmly welcomed them and introduced them about the history, values, staff, and students of the school.



Guests are leaders and teachers from Sichuan and they are very interested in NBIS. They explored the NBIS Chinese Calligraphy and Painting Exhibition and were amazed by the students and parents for their artistic talent and understanding of Chinese culture. Some of the visitors are from the Yi nationality, and they are highly appreciative of the NBIS's concept of promoting Chinese culture to the world.



Afterward, they met with our teachers and students and even enjoyed an amazing monologue performance from a secondary student.

Our principals received beautiful tricolor lacquerware handicrafts in the end.





## CONGRATULATIONS

### Yiwei Wang (Cici)

Year 13 Student

For receiving the offer to study Biomedical Engineering at University College London (UCL).  
Ranked #8 in the world (QS-2023)



## CONGRATULATIONS



### Jianuo Zhu (David)

Year 12 Student

Who has been selected and invited to participate in the London International Youth Science Forum (LIYSF) by ASDAN for his outstanding achievements in the numerous science competitions he has entered with them. Held in the summer holidays at Imperial College London.



## CONGRATULATIONS



### Isidro Santos Galindo

Music Teacher

For winning **Teacher Award** in recognition of the outstanding music teaching in the World Grand Prix International Music Contest Season 1, 2023



Ningbo British International School

A COMMUNITY OF LEARNERS

# Badminton tournament at Huamao School

After a long, long time with only occasional opportunities to measure the skills of our students, sports tournaments with other Ningbo schools are back!



As soon as the Covid restrictions relaxed, Ningbo Sports League started to organize tournaments, where students of international schools in Ningbo can participate and show their sports talents and skills. The Badminton tournament was the first one, but certainly not the last.



NBIS Badminton team members had to wake up early to meet up this Saturday, March 18th morning in Huamao stadium. After a warm-up and briefing from organizers, students started to play matches in a round robin system in their categories. Nearly 80 students from 4 different schools were divided into categories based on their age (under 11, under 15 and under 19) and if it was singles or doubles match or mixed doubles.

**NBIS had players in 8 of those categories and in 5 of them, they played in finals. In strong competition from other students, NBIS players managed to win two gold medals and 4th place three times.**

**1st place: Sikata (Y12) & Jason (Y10) – Mixed doubles U19  
Sikata (Y12) – Women`s singles U19**

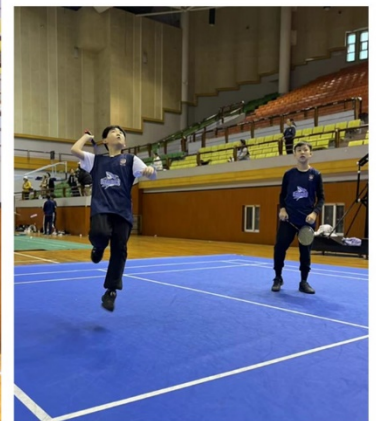
**4th place: Kit & Yuen Hei (both Y10) – Mixed Doubles U15  
Gavin & Brian (both Y8) – Men`s Doubles U15  
Adam (Y10) – Men`s singles U19**



Overall, NBIS players showed that their skills can be measured with other school players, they established new friendships and most importantly they enjoyed themselves.

Our thanks go to all fans, friends, teachers and parents who supported and cheered for us, PTA for providing a yummy & healthy snack supply and our coach Ms. Katerina who dedicated her time to ECA practice, organization of the game for us and mainly to support us on spot.

**Well done, all!!!**





Ningbo British  
International School  
浙江宁波英伦  
外籍人员子女学校

# 中国文化日

## NBIS Chinese Culture Day 2023

Friday, March 24th

Intangible Cultural Heritage of China

传古今文化 播东方神韵  
百年百艺 多彩非遗

NINGBO BRITISH INTERNATIONAL SCHOOL



# READ-A-THON MARCH 2023

You have one month to read as many books as you can!  
Take part in a charitable endeavor and give back to your community.



Proceeds will go towards a charity in China that encourages education  
for women in rural China (EGRC).



NBIS

# BOOK FAIR



**The NBIS Book Fair is back in the  
school library for Semester 2!  
View books on April 13th  
Purchase books on April 14th**

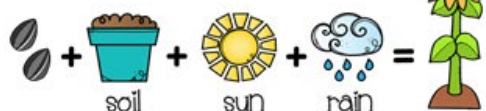


# EARLY YEARS SECTION



## Reception A

The past few weeks Reception A has learned all about flowers! First, we learned the needs of a flower for it to grow (very similar to us!). Next, the students learned the parts and life cycle of a flower. Then, we learned several types of flower names. Lastly, Reception A created crafts demonstrating their knowledge and understanding of the content – including planting sunflower seeds in the students' own pots – which we will observe and examine as their plants grow!



Archimede and Henry cut out their flowers.



George poses in front of our flower garden of lilies, tulips, daisies, and hibiscuses.



Cecilia sees where she placed the "stem" piece during a blindfolded build-a-flower activity.



Caspian and Lola draw some of the types of flowers we learned.





L to R: Tony and Cecilia fill their pots with soil. Taisei and JS use trowels to top off their pots. Oscar places the seeds into the soil.



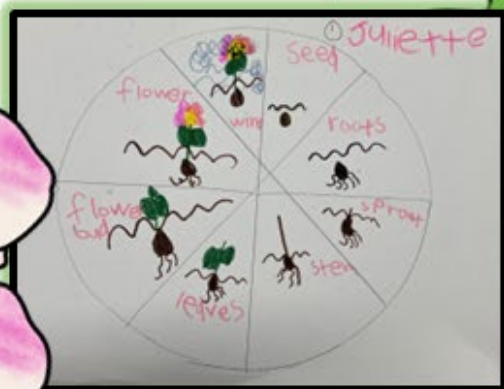
Reception A listens to Ms. Alex's instructions.



Juliette and Suri discuss their pots.



Zae proudly displays her pot.



Juliette did an excellent job illustrating and identifying the life cycle of a flower.



# Primary P.E. with Mr Fitzgerald



## Year 5 & 6

For this unit of work, Year 5 & 6 have been working on outdoor activities and games. We have been practicing our overarm throwing in preparation for a game of dodgeball! The students love working as a team to win. They have to move, throw, dodge, catch and communicate all in an attempt to knock the other team out. It's one of the most requested games from the students.



## Year 3

Year 3 have been learning a new game called Kings and Queens. It is a game we like to introduce at this stage and is one of the first games we play which encourages competition between teams. The students are tasked with throwing the ball over the opponents towards their king or queen who must then catch the ball. Lots of skills are involved such as overarm throwing, catching, blocking, jumping, positioning, communication, teamwork but most of all – how to play fairly, calmly and with good sportsmanship.



Ningbo British  
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Unity - Diversity - Excellence



## Musical Talent in Lower Primary Assembly

This week we Lower Primary students were treated to wonderful piano playing in assembly. Students arriving early were treated to a rare recital of one of Mr Armstrong's compositions before the main event began.

Derrick (3A) performed the song "Bluebells" with great musicality and dynamics. Amy J (3A) then took to the stage to play "Minuet in G" with elegance and charm. Enric (1C) rounded everything up with "Auld Lang Syne", which he played with confidence and character.





## Class Award

This week, the class award was given to 2A who have shown great improvement with their work and behaviour. There is fierce competition for the class cup in Lower Primary – hearty congratulations to 2A!



1C - Luke C  
 2A - Zayne  
 2B - Naia  
 - Eamon  
 -

Stars of  
 The Week

## Congratulations to our stars of the week

1A – Nia & Cecilia 1B – Mia & Yuto 1C – Luke & Celine 2A – Zayn & Jimmy  
 2B – Naia & Ruby 3A – Nik & Aarav 3B – Eamonn & Chanel



# NBIS Young Voices

## Celebrate Chinese Cultural Day

As a multicultural school, we like to celebrate our diversity as much as we are proud of the country that welcomes most of us. Chinese cultural day is one of the most important days in our calendar and plenty of related activities take place around that special day.

NBIS Young Voices choir is committed to our school values and they wanted to contribute singing one traditional Chinese song, "Song Bie".

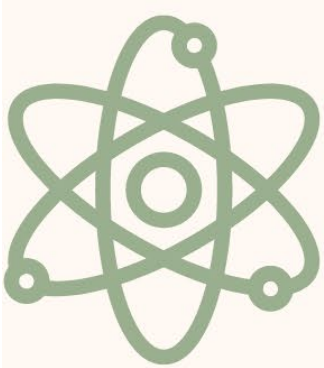
Our students couldn't wait to perform in front of the camera and were very excited about the video recording. They are eager to share their talent with our community.

Mr Isidro Santos Galindo

NBIS Music Coordinator

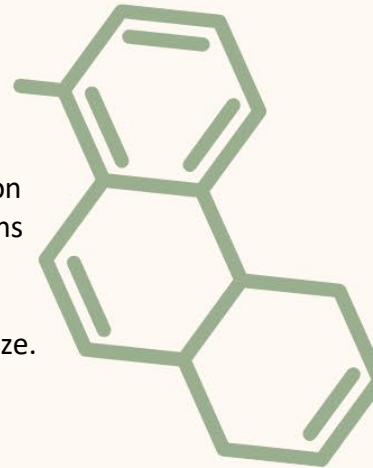
[Check out the performance video on our Official WeChat Account:](#)





# Elements of the Year

This is a small contest in Chemistry Class called Elements of the Year. Students were taught concepts of the atom and atomic structure and the periodic table of the elements. Students were told to make an imaginary element of their own and name the element with their own name. During this activity students needed to understand and apply knowledge of atomic number, nucleon number and chemical nomenclature.



Secondary teachers were asked to vote on the elements created, and congratulations to Adeday (Adu) Belete 1st Prize, Hridita Nawrin 2nd Prize, and Zachary Heng and Anna Nian-An Liao who both won 3rd Prize.

Secondary Chemistry Teacher  
Mr Shen Zhou



1st Prize

Adeday (Adu)  
Belete from Y10B



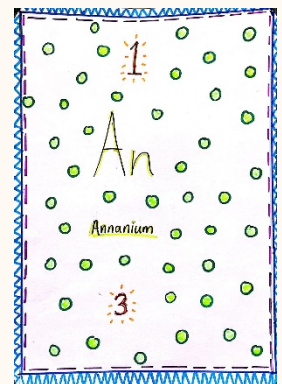
2nd Prize

Hridita Nawrin  
from Y10B



3rd Prize

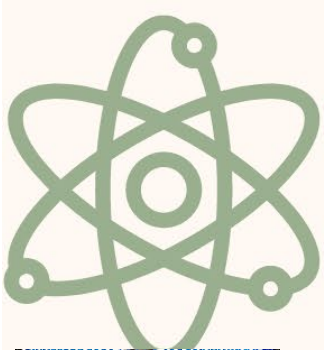
Zachary Heng  
from Y10A



3rd Prize

Anna Nian-An  
Liao from Y10A

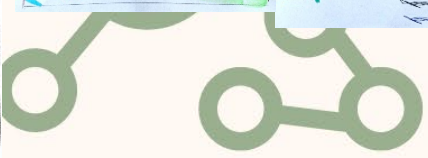




# Elements of the Year

A grid of 25 hand-drawn cards, each representing a fictional element. Each card includes a number, a symbol, a name, and a unique illustration or diagram.

- 1 An**: Annanium. Illustration: A grid of green dots.
- 2 N**: Nium. Illustration: A stylized 'N' with a red and orange vertical bar.
- 3 Jn**: Joegen. Illustration: A square with colorful triangles and the number 73.
- 4 T**: Jusgen. Illustration: A large 'T' with a beaker and clouds.
- 5 Re**: Riekygen. Illustration: A 3D box with the number 16.
- 6 Nh**: Noachon. Illustration: A blue and green background with the number 12.
- 7 Nn**: Nandinium. Illustration: A decorative border with hearts and stars.
- 8 Kl**: Kaylynium. Illustration: A face with colorful hair and the number 16.
- 9 F**: Flurina. Illustration: A large 'F' with various notes and diagrams.
- 10 Yu**: Yulium. Illustration: The letters 'YU' and the number 22.
- 11 H**: Hredmords. Illustration: A striped 'H' with a spider and the number 2.
- 12 Wn**: Winnieton. Illustration: A rainbow background with the number 48.
- 13 JI**: Jadium. Illustration: A blue background with stars and the number 27.
- 14 Ad**: Adaphorous. Illustration: A large 'A' with lightning bolts and the number 27.
- 15 Yh**: Yuenheinium. Illustration: A green 'Yh' on a patterned background with the number 32.
- 16 Ad**: Adobonium. Illustration: A pink 'Ad' with a speech bubble and the number 22.
- 17 Ja**: Jasionium. Illustration: A dark 'Ja' with orange rays and the number 35.
- 18 Lo**: Liaonium. Illustration: A blue background with a character and the number 36.
- 19 St**: Stalinium. Illustration: A large 'St' with a hammer and sickle and the number 40.
- 20 S**: Sultanium. Illustration: A green 'S' with a vertical bar and the number 50.
- 21 Kh**: Khrushchevium. Illustration: A large 'Kh' with a pencil and the number 52.
- 22 Ci**: Nuthpeteium. Illustration: A large 'Ci' with the number 73.
- 23 Yc**: Chanium. Illustration: A green 'Yc' with a beaker and the word TOXIC.
- 24 Yc**: Chanium. Illustration: A green 'Yc' with a beaker and the word TOXIC.
- 25**: Unnamed. Illustration: A grid of colored squares.






# Secondary Section:

## Displaying NBIS's

# Diverse School Culture



NBIS' school culture is comprised of a variety of factors and components. Our students, faculty members, parents, and external school partners establish, maintain, and develop it. In addition, our formal school curriculum, teaching methodology, events and activities, such as the upcoming Chinese Culture Day, strengthen, evolve, and advance our school identity.

Our school's culture, personality, and character are further enshrined through establishing a positive learning environment inside and outside our classrooms.

Forming a creative, colourful, dynamic, diverse environment has been a recent mini-project of our teachers. The secondary department at NBIS has been busy turning the 3rd, 4th and 5th floors into a living and vibrant representation of student work and activities, resulting in a gallery explanation describing what students study at NBIS.

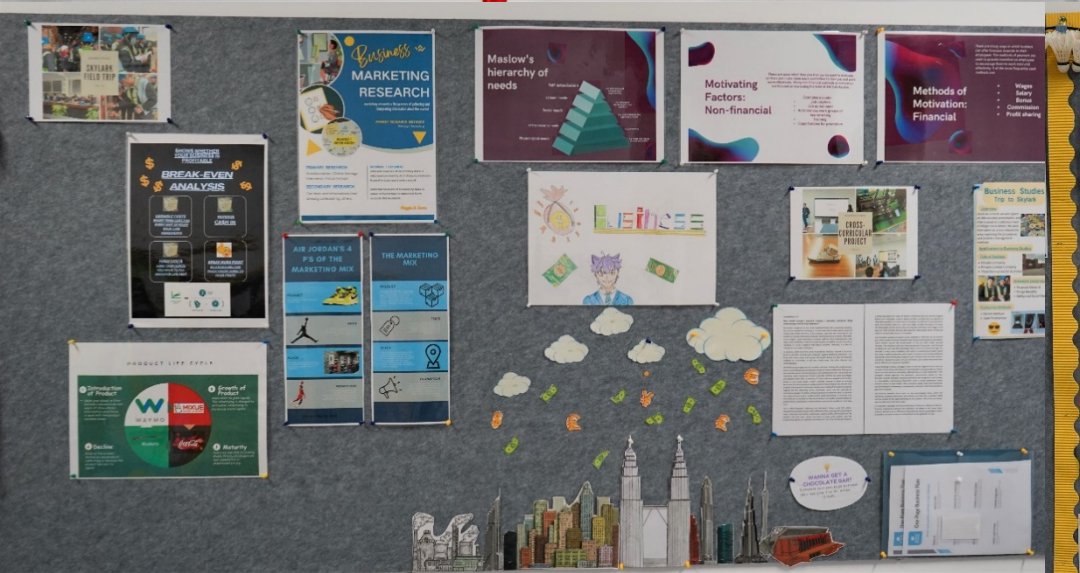
The result has been a diverse selection of interactive subject displays bursting with information, telling a clear and colourful story of what life is like at Ningbo British International School. Our objective is that students are surrounded by knowledge, student achievements, and insight into what to expect from the subjects they choose to study at NBIS.

Mr Aaron Lowe

Head of Secondary





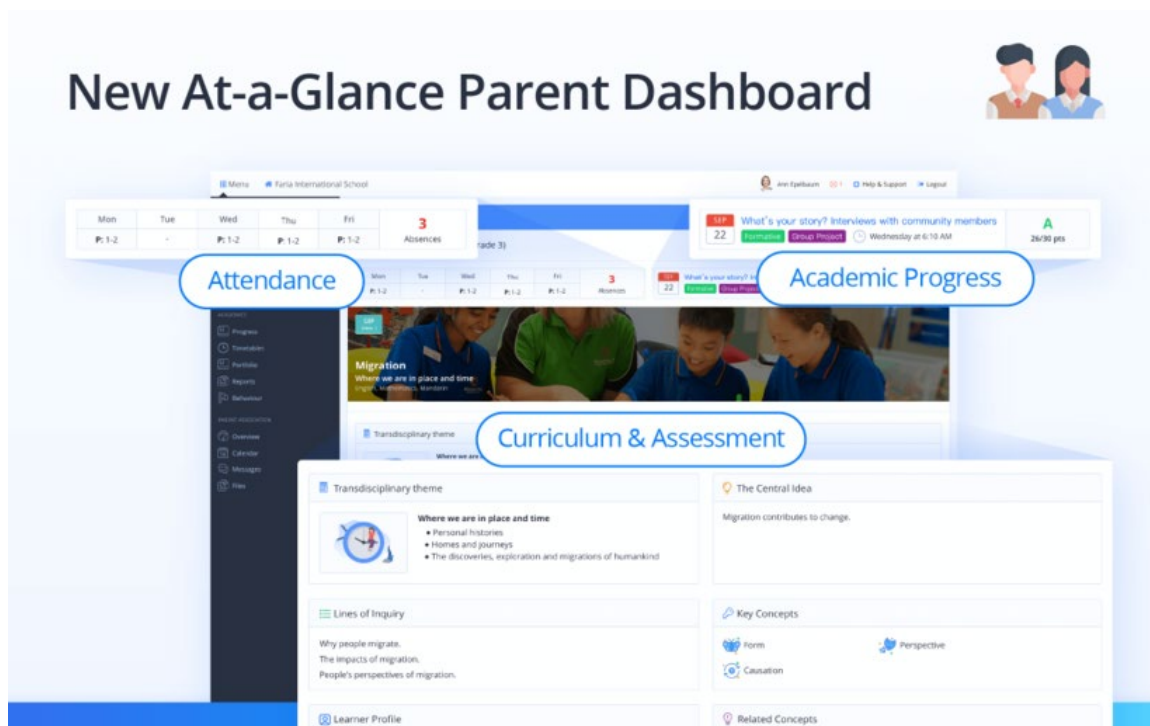






# ManageBac for Parents

[nbis.managebac.cn](https://nbis.managebac.cn)



## What is ManageBac?

ManageBac is built for students, parents, teachers, and coordinators to share information and collaborate! ManageBac is a convenient way to keep track of everything to do with school work, from checking class attendance (coming soon) and completion of coursework, to getting detailed information about assessments, grades, and curriculum coverage. Parent dashboard is enabled for mobile access.

## Sign-In (on a Computer)

A welcome email from ManageBac with a link to set up your password was sent to parents on Friday, 3<sup>rd</sup> March 2023. This link expires after **seven days** and you cannot join now. If you would like to join please reach out to the Head of Secondary or Mr. John Helmy.

If you have already done this but have forgotten your password, select the **Forgot Password** button and enter your email to reset your password.



## What can you do with ManageBac?



### Students



### Parents



#### Deadlines & Calendar

See personal and class calendars. Manage deadlines well.

View child's progress, events and attendance.



#### Curriculum

See what is coming up in the course syllabus or the year in general. Be able to plan ahead.

View child's syllabus and progress over the year.



#### Class Management

Students can easily manage tasks and units and send their classes messages and files

Stay up-to-date on child's assignments and tasks as well as their overall class progress.



#### Homeroom

Have a class-like room for advisory/homeroom.

See child's advisory/homeroom comments like a separate class.



#### Photo & File Sharing

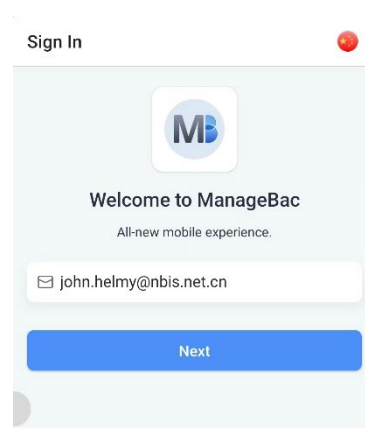
Share photos & files directly into your Portfolio, Assessment Tasks, Activity Reflections, and Project Worksheets.

-



## Sign-In (via Mobile)

The ManageBac app is available for both iOS and Android users Via the App Store or Google Play. Upon first opening the MB mobile app, select China region (top right corner), enter your email and password to login. If you would like the app to remember your login credentials, select the **Remember me** toggle. If you have forgotten your password, select the **Forgot Password** button and enter your email to reset your password. You must have logged in at least once from your computer before you can log in via the Mobile App.



## Switching Between Children

Use the left Menu to navigate to any section of the System. Here you can also switch between children if you have multiple children in ManageBac. A dropdown menu will appear with your listed children (top left corner).

If you don't see a child you know you should be linked to, check the **Academics** tab for a **Key Contact** to email on the left panel. If you have any questions about your programme or ManageBac, they're a great place to Start!

If you don't see an appropriate contact, get in touch with the Head of Secondary or John Helmy.

## Updating Personal Information, Interface Language and Themes

Click on your name at the top of the page to access your **Profile**. Here, you can update your email, password, address, picture and the language ManageBac appears in under **UI Language**.

Note: NBIS has locked student profiles, which means they won't be able to make personal/information changes on their own. Get in touch with a **Key Contact** or advisor to request changes in this case.

To change the colour of your ManageBac interface, click on Themes. You can choose from five different colours to change the look of your ManageBac account.

**Getting Started with ManageBac as a Parent Guide can be located here:**

<https://help.managebac.com/hc/en-us/articles/360045820491-Getting-Started-with-ManageBac-as-a-Parent>





# BATTLE OF THE BOOKS

**HIGHSCHOOL**

**PRIMARY  
SCHOOL**

*Middle  
School*

|                         |
|-------------------------|
| And Still I Rise        |
| Nervous Conditions      |
| Atonement               |
| Hamlet: A Graphic Novel |
| The Moonstone           |
| Indian Ink              |
| Lord of the Flies       |
| Wolf By Wolf            |

|                                     |
|-------------------------------------|
| Edge of Extinction                  |
| Refugee Boy                         |
| Call It Courage                     |
| Anne Frank's Diary: A Graphic Novel |
| One Thousand and One Arabian Nights |
| Hatchet                             |
| Fish in a Tree                      |
| The Best Poems Ever                 |

|                              |
|------------------------------|
| Night Bird                   |
| Smells Like Pirates          |
| Amulet No.2: A Graphic Novel |
| Stef Soto Taco Queen         |
| Wings of Fire                |
| Charlotte's Web              |
| Bridge of Terabithia         |
| Boys Without Names           |



**FOUR TEAMS WILL COMPETE**

**MARCH 31 AT 1.30PM**



Ningbo British  
International  
School

**A COMMUNITY OF LEARNERS**



NBIS

# OUTDOOR LEARNING

Years 7-9

Join us for the adventure of a lifetime!

**Destination: Anji, Zhejiang**

**Duration: 5 days (June 12th-16th)**

**Cost: 4800RMB (not including train fare).**

**Learning Goals:**

- Health and well-being
- Sustainability
- Team building
- Global citizenship.

**Activities:**

- Team building games
- Scavenger hunt
- Rock climbing
- Abseiling
- Nighttime exploration/ flashlight games
- Building a waste incinerator
- Kung Fu master class
- Bamboo weaving workshop
- Orienteering
- Caving
- Tie-dye workshop
- Bonfire and BBQ

Sign up with your homeroom teacher





# NBIS OUTDOOR LEARNING

AN UNFORGETTABLE ADVENTURE

*Years 10-13*

**A 5-DAY  
EXCURSION**

**Location:** Songyang, Zhejiang  
**Cost:** 4900RMB (not including train fare)  
**Duration:** 5 days (June 12th-16th)  
**Learning goals:**  
Understand how poverty and wealth can affect human needs  
Learn about strategies to overcome inequalities  
Compare living in a megacity to the countryside.

**ACTIVITIES:**

- Teambuilding exercises
- Discussions on global citizenship
- Stargazing and talks on light pollution
- Learn survival skills
- Outdoor movie
- Mountain trail trek
- Making paper and bamboo weaving
- Opera workshop
- Scavenger hunt
- BBQ and bonfire
- Students will present their ideas on revitalizing Songyang to the local government.



Sign up with your homeroom teacher

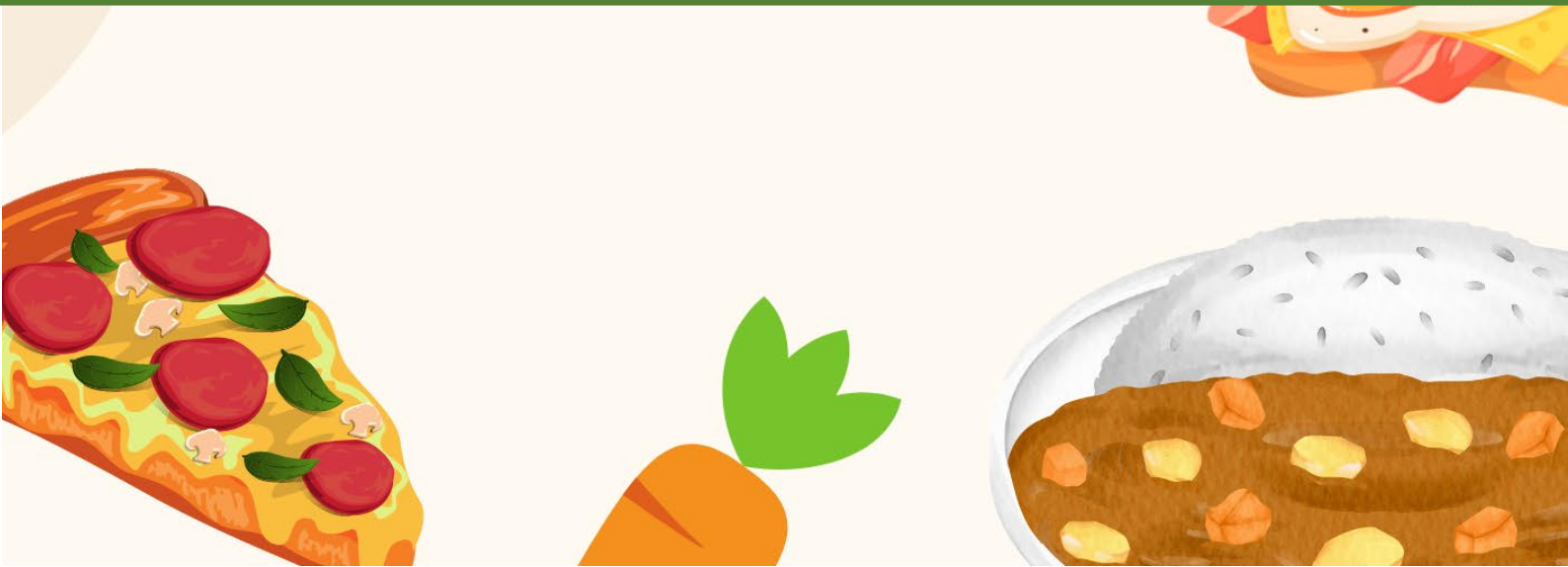
[www.wildchinaeducation.com](http://www.wildchinaeducation.com)



# NBIS Weekly Menu



Sample Dishes



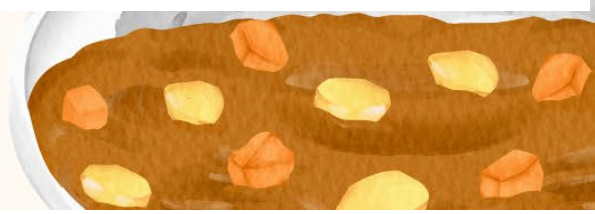
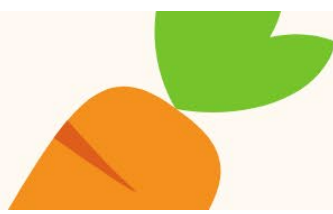
March 27th – March 31st



Ningbo British International School  
浙江宁波英伦  
外籍人员子女学校

NBIS: Unity - Diversity - Excellence

|                | Monday                       | Tuesday                  | Wednesday             | Thursday                           | Friday              |
|----------------|------------------------------|--------------------------|-----------------------|------------------------------------|---------------------|
| Lunch Menu     | 牛肉卷                          | 珍珠肉丸                     | 金沙骨                   | 芙蓉虾                                | 五香牛肉                |
|                | Meat roll                    | Meatball                 | Rib                   | Shrimp                             | Beef                |
|                | 黄金鸡块                         | 烤鸡腿                      | 蒜苗腊肉                  | 红烧狮子头                              | 烤鸡                  |
|                | Chicken nugget               | Toast chicken leg        | Meat with garlic      | Braised meatball                   | Roast chicken       |
|                | 笋干烧肉                         | 葱油鱼片                     | 盐焗鸡                   | 芝麻鸡丝                               | 虾饼                  |
|                | Meat with dried bamboo shoot | Basa fish                | Salt baked chicken    | Sesame chicken                     | Deep fried shrimp   |
|                | 花菜                           | 焗土豆                      | 花菜                    | 蒜蓉荷兰豆                              | 薯条                  |
|                | Cauliflower                  | Baked potato             | Cauliflower           | Green pea                          | French fries        |
|                | 肉沫烧丝                         | 芹菜炒干丝                    | 炒包菜                   | 烤土豆                                | 盐水秋葵                |
|                | Meat with glass noodle       | Celery with glass noodle | Cabbage               | Potato                             | Okra                |
|                | 葱油豆腐                         | 蛋挞                       | 牛角包                   | 葱油娃娃菜                              | 凯撒鸡肉卷               |
|                | Tofu                         | Egg tart                 | Croissant             | Baby cabbage                       | Caesar chicken roll |
|                | 果酱面包                         | 青豆玉米                     | 烤地瓜                   | 法国面包                               | 葱油万年青               |
|                | Bread with jam               | Corn with green bean     | Roast sweet potato    | French bread                       | Vegetable           |
|                | 红烧虾                          | 水煮肉片                     | 酸菜肉片                  | 毛血旺                                | 麻辣肉片                |
|                | Shrimp                       | Pork slice               | Pork slice            | Gross blood Mong                   | Pork slice          |
|                | 椒盐玉兔鱼                        | 盐水虾                      | 油爆虾                   | 葱烤河鲫鱼                              | 红烧虾                 |
|                | Fish                         | Shrimp                   | Shrimp                | Braised Crucian Carp with Scallion | Shrimp              |
|                | 小炒肉                          | 孜然橡皮鱼                    | 葱油小黄鱼                 | 红烧虾                                | 椒盐带鱼                |
|                | Fried meat                   | Jerk filefish            | Little yellow croaker | Shrimp                             | Ribbonfish          |
|                | 水果                           | 水果                       | 水果                    | 水果                                 | 水果                  |
|                | Fruit                        | Fruit                    | Fruit                 | Fruit                              | Fruit               |
|                | 万年青汤                         | 大白菜豆腐汤                   | 番茄蛋汤                  | 紫菜虾皮汤                              | 海带汤                 |
|                | Vegetable soup               | Vegetable soup with tofu | Tomato soup with egg  | Seaweed soup                       | Kelp soup           |
|                | 米饭                           | 米饭                       | 米饭                    | 米饭                                 | 米饭                  |
|                | Rice                         | Rice                     | Rice                  | Rice                               | Rice                |
| 蔬菜拼盘           | 蔬菜拼盘                         | 蔬菜拼盘                     | 蔬菜拼盘                  | 蔬菜拼盘                               |                     |
| Vegetable      | Vegetable                    | Vegetable                | Vegetable             | Vegetable                          |                     |
| Snack Menu     | 牛奶                           | 牛奶                       | 牛奶                    | 牛奶                                 | 牛奶                  |
|                | Milk                         | Milk                     | Milk                  | Milk                               | Milk                |
|                | 草莓                           | 香蕉                       | 小番茄                   | 香蕉                                 | 草莓                  |
|                | Strawberry                   | Banana                   | Cherry tomato         | Banana                             | Strawberry          |
|                | 鸡蛋饼                          | 蒸饺                       | 水煮蛋                   | 奶黄包                                | 土豆丝饼                |
|                | Egg cake                     | Dumpling                 | Egg                   | Stemed creny custrd bun            | Potato strips cake  |
|                | 香梨                           | 橘子                       | 苹果                    | 桂圆                                 | 香梨                  |
|                | Pear                         | Orange                   | Apple                 | Longan                             | Pear                |
| 吐司面包+果酱        | 蔓越莓饼干                        | 肉松蛋糕                     | 巧克力饼干                 | 抹茶曲奇                               |                     |
| Bread with jam | Cranberry biscuit            | Cake                     | Biscuit               | Cookie                             |                     |





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