



# NBIS Weekly Newsletter 23

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EXCELLENCE



Cambridge Assessment  
International Education

Cambridge International School



# ARE YOU A FAN OF SHARKS?

Come to cheer and support our team

**WHERE: NBHIS—Ningbo Huamao International School (East Gate)**

**WHEN: Saturday, 18th March, 9:00—12:00**

**WHY: To SUPPORT AND CHEER FOR OUR TEAM**



No need to sign up, just show up and say you are coming to the badminton tournament! They will let you in!!!





# 2023 Environmental Sustainability Week

18-26 March 2023

# go!

Your sustainable choices matter.



Supported by:  
NottinGreen  
Student Union  
SESA  
reUNNC  
Sport Centre  
Campus Run  
Library  
Communications and Marketing Office  
Ningbo British International School  
FHSS Summer Summit Workgroup  
Tri-campus Challenge Workgroup  
UNNC SDGsJR Team  
DCL/SSO/Estates Office

UNNC Environmental Sustainability Committee

NBIS is glad to contribute to promoting awareness about Sustainability. Our Drama expert Ms Nausicaa Giavarra has been involved in the committee organising the Environmental Sustainability Week at the University of Nottingham, Ningbo and will be offering a series of workshops exploring ideas on how to invest in our planet through performing arts during the event.



NBIS Drama Teacher

Ms Nausicaa Giavarra

- MA in Theatre production from University of Paris 3 Sorbonne Nouvelle, France
- Performing Arts Advanced Diploma from London International School of Performing Arts, UK



# Drama

# Workshop

## SESSION 01

### Reinvent Objects through Theatre

*Through improvisation and theatre games, participants will experiment with the magic of theatre using simple recycled pieces of fabric to express emotions and tell stories. They will discover how everyday objects can be reinvented, enhancing their creativity and giving discarded objects a new life.*

## SESSION 02

### Invest in our planet - Theatre in Education

*Theatre in Education is an innovative application of drama techniques to enable performers and audiences to understand issues, explore relationships, and suggest and evaluate solutions. Through drama activities and improvisations, participants will experiment with Educational theatre, exploring ways of investing in our planet, and they will be guided in creating short skits to sensibilise their peers on the matter.*



Ningbo British  
International School  
浙江宁波英伦  
外籍人员子女学校

# 中国文化日

## NBIS Chinese Culture Day 2023

Friday, March 24th

Intangible Cultural Heritage of China

传古今文化 播东方神韵  
百年百艺 多彩非遗



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外籍人员子女学校

# NBIS University Fair 2023

## WELCOME

Date : 2023-04-08 Saturday  
Time: 10:00 AM – 16:00 PM



清华大学  
Tsinghua University



復旦大學  
FUDAN UNIVERSITY



浙江大學  
ZHEJIANG UNIVERSITY



華東師範大學  
EAST CHINA NORMAL UNIVERSITY



寧波大學  
NINGBO UNIVERSITY



西湖大學  
WESTLAKE UNIVERSITY



浙江万里学院  
Zhejiang Wanli University



Australian  
National  
University



University of  
Nottingham  
UK | CHINA | MALAYSIA



Duke Kunshan  
University



上海理工大学中英国际学院  
The Sino-British College, USST



JOINT INSTITUTE  
交大密西根学院



Loughborough  
University



QUEEN MARY  
UNIVERSITY OF LONDON



1872 PRIFYSGOL  
ABERYSTWYTH  
UNIVERSITY



MICHIGAN STATE  
UNIVERSITY



AMERICAN UNIVERSITY  
WASHINGTON, D.C.



EHL Hospitality  
Business School



UNIVERSITY  
FOUNDATION  
PROGRAMME



新通教育  
Shinyway Education



MON EPOQUE  
莫逆时光 法国面包房



Innocorp  
英诺森伯



For registration,  
scan the QR code.



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# READ-A-THON MARCH 2023

You have one month to read as many books as you can!  
Take part in a charitable endeavor and give back to your community.

Make a pledge to encourage reading and raise money for EGRC (Educating Girls of Rural China).

The NBIS read-a-thon will take place between

**March 1st and March 31st, 2023.**

There are two ways to pledge:

1. You could sponsor a student for a flat amount.  
If you pledge a flat donation of 20RMB, no matter how much the student reads, you will owe 20RMB.
2. You can pledge an amount for books read. For example, a student reads five books over the span of the read-a-thon. If you sponsored this student for 5RMB per book, you would owe  $5 \times 5\text{RMB} = 25\text{RMB}$ . You may put a limit on any donation, just indicate that on the sponsor form.





# NBIS READ-A-THON



*"Educated women have educated children."*

The read-a-thon is underway! Students are reading for a cause! All proceeds go towards Educating Girls in Rural China.

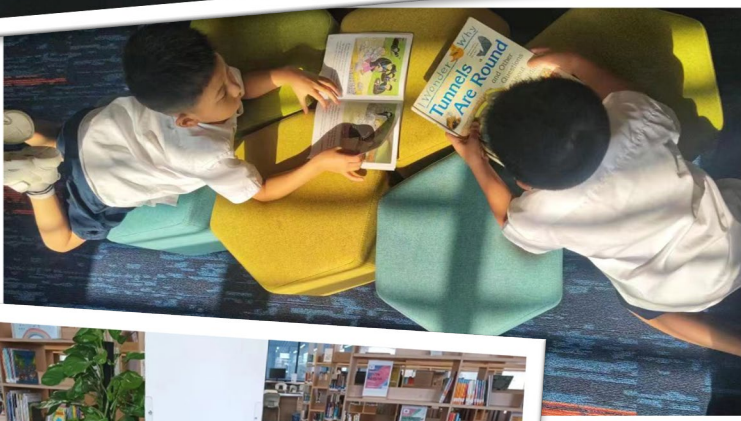




# NBIS READ-A-THON



*"Educated women have educated children."*





NBIS

# BOOK FAIR



**The NBIS Book Fair is back in the school library for Semester 2!**  
**View books on April 13th**  
**Purchase books on April 14th**



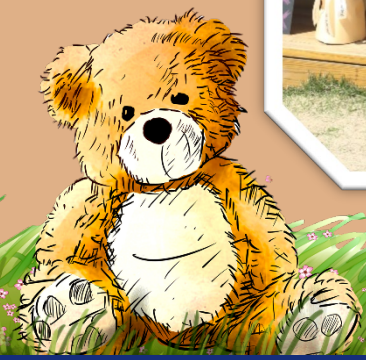
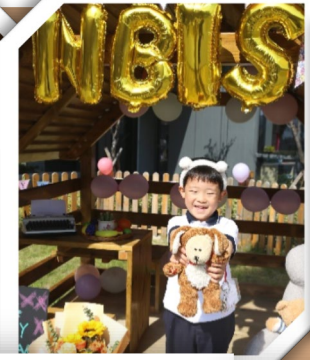


# EARLY YEARS SECTION

## 🐻 NBIS Early Years Teddy Bears' Picnic 🐻

What a fabulous time the children (and teachers!) had at our NBIS Teddy Bears' Picnic on Friday 10th March. The children took part in many different activities including, blowing bubbles, going on a treasure hunt, having their photos taken in a Teddy Bear themed photo booth, and of course having a picnic outside. They even had a visit from a friendly Bear when they were enjoying their picnic. Of course, some of the older Early Years children had an inkling of who the Bear may have been....





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School

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We were so pleased to be able to invite our Early Years families to join us for this event. The sun was shining and the children's happiness and laughter created an atmosphere of merriment and delight. Thank you to all of the people who were able to join us for this event. It helped make the experience so special for all of the children.



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# Jack and the Beanstalk role-play



Over the last 2 weeks in **Reception B** we have been exploring the story 'Jack and the Beanstalk'. Firstly the children listened to the story. Then they began taking turns roleplaying the different characters!

Taking part in roleplaying the characters of a story helps children to build their confidence, grow and develop their communication, work through a story in the correct sequential order (with support as needed), and share in an exciting activity with their peers.



Meeting a salesman



The Giant and his hen



Mum is angry



Mum, Jack, and their cow



A sleeping Giant



Salesman and magic beans



Jack, Mum and their cow



The Giant, his magic hen and harp



Seven characters from Jack and the Beanstalk



Meeting a salesman



Mum chopping down the Beanstalk

# PRIMARY SECTION

## NBIS Primary Information Day

On March 15th, 2023, NBIS hosted the Primary Information Day to welcome prospective families. Mr Mathew Thompson, Head of Primary, introduced the primary curriculum, teaching team and extracurricular activities to the parents to help them know more about the school culture and teaching environment. Ms Sally Shen, Head of Chinese, introduced NBIS's Chinese curriculum and Chinese Culture Day activities. The Primary Subject Leader for English Ms Candice Klue, also supported this event.

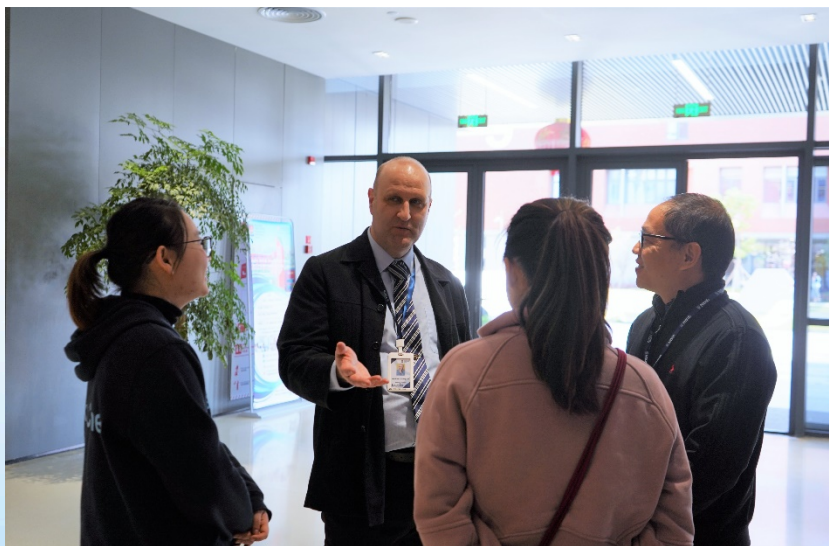
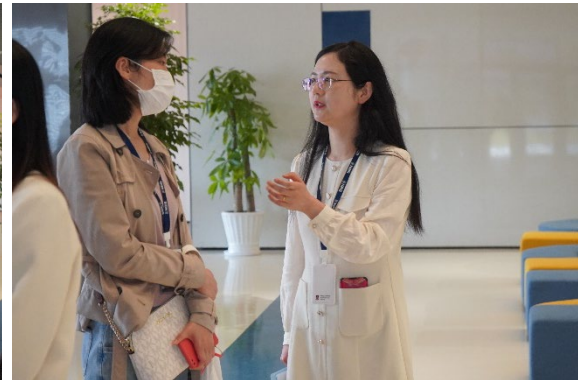
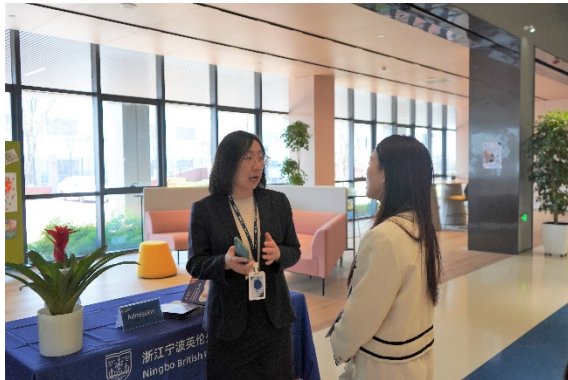


During the campus tour, parents visited our primary classrooms, library, auditorium, and gave a lot of positive feedback towards NBIS.



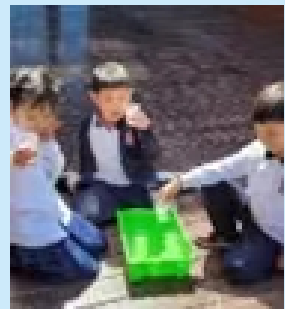
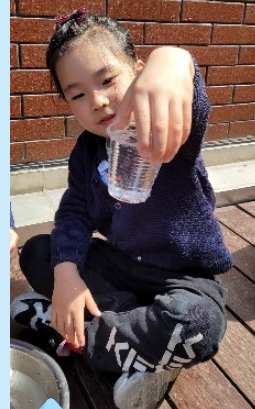


After the tour, parents were very enthusiastic about our school. They consulted with Ms. Vicky Ren (Director of Admissions) with more detailed questions. Thank you to the Admin Team for supporting this event. NBIS always welcomes new parents; please make an appointment and visit us. We look forward to seeing you here!



## Year 1A Maths - Measurement

Here 1A explored the concept of measurement as part of their Maths lessons. Regarding learning about capacity, children filled different transparent cups with glittering water. They then were able to identify and describe the capacity using specific vocabulary such as full, nearly full, half full, nearly empty and empty. All the children enjoyed this activity very much and did not want to return to the classroom.



1A also looked at weight using a set of balancing scales. They thoroughly enjoyed weighing various kinds of objects in the class. Children were able to demonstrate their understanding by identifying which objects are heavier or lighter.



## Science - Pushes and pulls

1A looked at Pushes and Pulls as part of our 'Forces' topic in Science. Children learned that there are many different types of force. They came to understand and experiment with the various kinds of force needed to push a miniature car, swing a golf club, pull a cart or throw and bounce a ball.



## Literacy - Traditional Tales

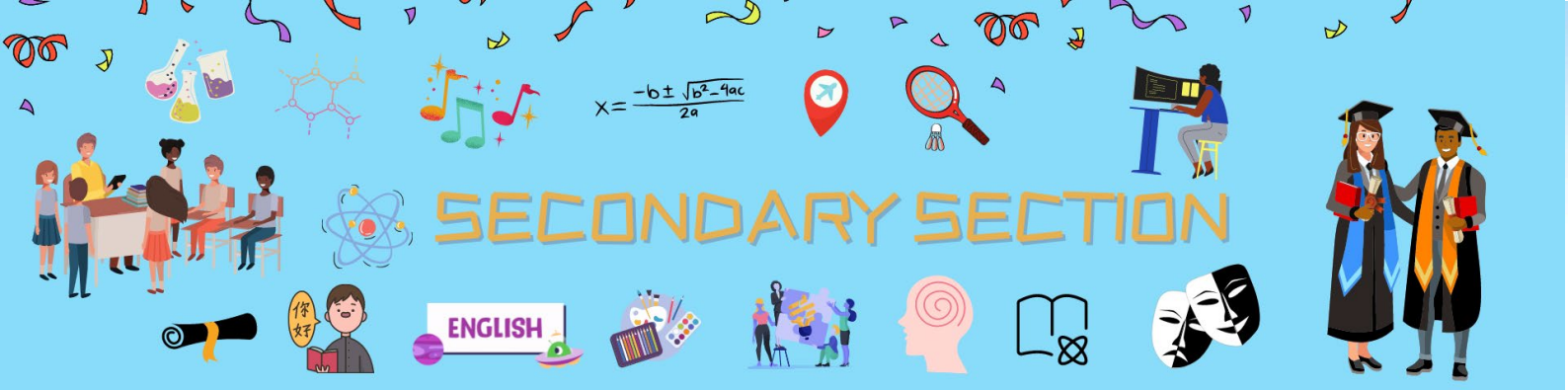
1A have been looking at traditional tales and stories such as Little Red Riding Hood and The Three Little Pigs. The children talked about the characters, settings and events while using describing words. In addition, they talked about story sequencing and really enjoyed a role play activity.

### Little Red Riding Hood Roleplay



# The Three Little Pigs





## New Options for Year 9 Students Going into IGCSE

On Monday, both year 9 classes attended sample lessons for:

- **Travel & Tourism** taught by Ms. Alicia Froome,
- **Business Studies** taught by Mr. Aaron Lowe,
- and **History** taught by Mr. Chris Black.

These options are new to the year 9 students, who can choose one of these subjects as part of their IGCSE course.

In years 10 and 11, students must take Math, English (first or second language), Chinese, and PE. However, they do get to choose some of their subjects. It is essential for students to choose carefully and not just follow their friends' choices. At this stage, students should consider what they might like to study beyond IGCSE. Still, they also need to consider keeping their options open and taking a variety of science, humanities and arts-based subjects.

### Travel & Tourism

**Cambridge IGCSE Travel & Tourism** is designed to help meet the need for skilled and knowledgeable individuals in this rapidly diversifying industry. The syllabus develops practical skills across a range of working roles, as well as providing a global and local perspective on **travel & tourism**. Learners gain an industry overview and learn about popular destinations, customer care, working procedures, travel and tourism products and services, and marketing and promotion. Through their studies, learners will understand the concepts, models, and theories used within the industry and also enhance their investigation, analysis, interpretation, and evaluation skills.

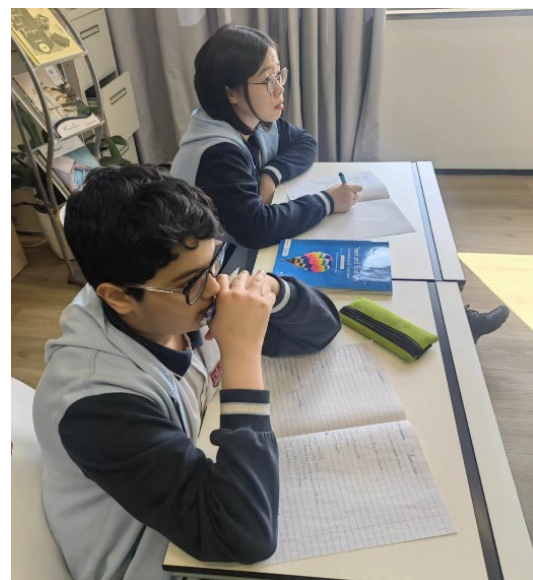


## Business Studies

In Business Studies, students investigate business, management, and economics principles. It combines elements of accountancy, finance, marketing, organisational studies, human resource management, and operations.

The topics for business include:

- Understanding Business Activity
- People In Business
- Marketing
- Operations Management
- Financial Information and Financial Decisions
- External Influences on Business decisions



## History

In History, students will study 6 units and 1 depth study over years 10 and 11.

The 6 units are:

- Was the Treaty of Versailles Fair?
- To what extent was the League of Nations a success?
- How far was Hitler's foreign policy to blame for the outbreak of war in Europe in 1939?
- Who was to blame for the Cold War?
- How effectively did the United States contain the spread of communism?
- How secure was the USSR's control over Eastern Europe, 1948-1989?
- The depth study is: The Second World War in Europe and the Asia-Pacific, 1939-1945?

### New Option for Year 11 students going into AS level.

Year 11 students are also in the midst of choosing their options for AS level. AS level is where students hone their interests and choose four subjects. By this time, students are seriously thinking about what subjects will lead to their preferred university courses.

Year 11 students attended a sample lesson from **psychology** teacher and school counselor, Ms. Chane.

The key concepts in **psychology** are:

- Nature versus nurture,
- Ethics in psychological research,
- Choice of psychological research methods,
- No one view in psychology is definitive,
- Relevance of psychology in contemporary society.





# BATTLE OF THE BOOKS

**HIGHSCHOOL**

**PRIMARY  
SCHOOL**

*Middle  
School*

And Still I Rise
Nervous Conditions
Atonement
Hamlet: A Graphic Novel
The Moonstone
Indian Ink
Lord of the Flies
Wolf By Wolf

Edge of Extinction
Refugee Boy
Call It Courage
Anne Frank's Diary: A Graphic Novel
One Thousand and One Arabian Nights
Hatchet
Fish in a Tree
The Best Poems Ever

Night Bird
Smells Like Pirates
Amulet No.2: A Graphic Novel
Stef Soto Taco Queen
Wings of Fire
Charlotte's Web
Bridge of Terabithia
Boys Without Names



**FOUR TEAMS WILL COMPETE**

**MARCH 31 AT 1.30PM**



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NBIS

# OUTDOOR LEARNING

Years 7-9

Join us for the adventure of a  
lifetime!

**Destination: Anji, Zhejiang**

**Duration: 5 days (June 12th-16th)**

**Cost: 4800RMB (not including train fare).**

**Learning Goals:**

- Health and well-being
- Sustainability
- Team building
- Global citizenship.

**Activities:**

- Team building games
- Scavenger hunt
- Rock climbing
- Abseiling
- Nighttime exploration/ flashlight games
- Building a waste incinerator
- Kung Fu master class
- Bamboo weaving workshop
- Orienteering
- Caving
- Tie-dye workshop
- Bonfire and BBQ

Sign up with your homeroom teacher





# NBIS OUTDOOR LEARNING

AN UNFORGETTABLE ADVENTURE

*Years 10-13*

**A 5-DAY  
EXCURSION**

**Location:** Songyang, Zhejiang  
**Cost:** 4900RMB (not including train fare)  
**Duration:** 5 days (June 12th-16th)  
**Learning goals:**  
Understand how poverty and wealth can affect human needs  
Learn about strategies to overcome inequalities  
Compare living in a megacity to the countryside.

**ACTIVITIES:**

- Teambuilding exercises
- Discussions on global citizenship
- Stargazing and talks on light pollution
- Learn survival skills
- Outdoor movie
- Mountain trail trek
- Making paper and bamboo weaving
- Opera workshop
- Scavenger hunt
- BBQ and bonfire
- Students will present their ideas on revitalizing Songyang to the local government.



Sign up with your homeroom teacher

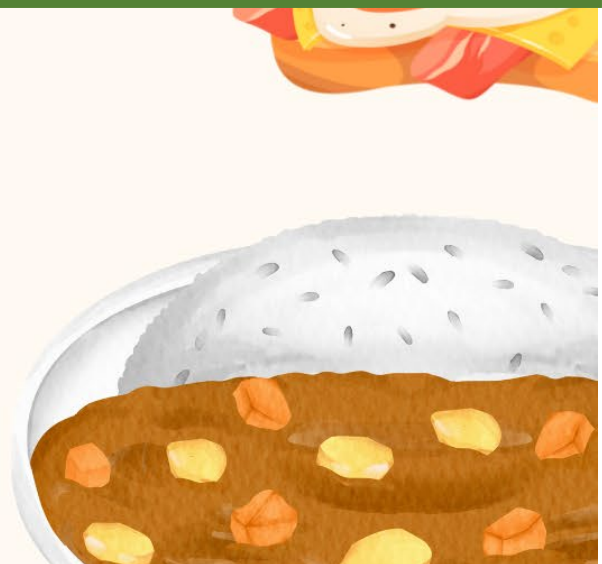
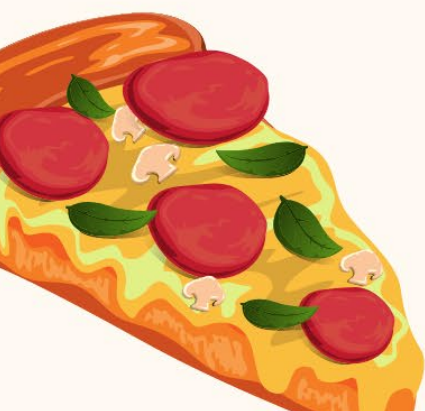
[www.wildchinaeducation.com](http://www.wildchinaeducation.com)



# NBIS Weekly Menu



Sample Dishes



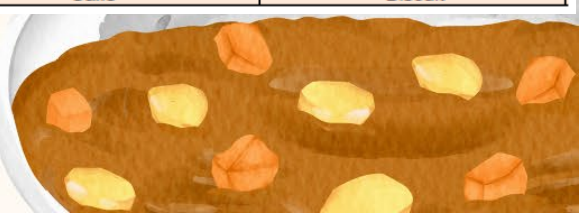
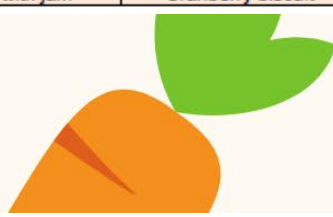
March 20th – March 24th



Ningbo British International School  
浙江宁波英伦外籍人员子女学校

NBIS: Unity - Diversity - Excellence

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Menu	香菇蚝油肉片	卡兹脆鸡排	红烧猪蹄	烤龙利鱼	酱牛肉
	Mushroom with meat	Chicken chop	Braised pork leg	Sole fish	Beef
	芝麻鸡腿	青蒜烧牛筋	火腿	盐酥鸡	板栗鸡肉
	Chicken drumstick	Beef with with green garlic	Ham slice	Salty fried chicken	Braised chicken with chestnut
	粉丝扇贝	大烤鱿鱼	烤翅中	葱油肘子	烤鸭
	Garlic vermicelli scallops	Broiled cuttlefish	Roast chicken wing	Pork joint	Roast duck
	芹菜炒腐竹	奉芋腊肠	芒果酱	卤蛋	西米露
	Celery with yuba	Taro with sausage	Mango jam	Marinated Egg	Tapioca pudding
	烤土豆	花菜	西兰花	拌凉皮	咖喱土豆
	Potato	Cauliflower	Broccoli	Cold noodle	Curry potato
	糯米藕	蒜泥南瓜	汉堡	花菜	法棍
	Glutinous rice root	Pumpkin with garlic sauce	Hamburger	Cauliflower	Baguette
	三明治	凯撒卷	烤南瓜	披萨	胡萝卜炒莴笋
	sandwich	Caesar meat roll	Roast pumpkin	Pizza	Carrot with lettuce
	小炒肉	水煮肉片	酸菜肉片	毛血旺	麻辣肉片
	Capsicum fried meat	Poached pork slices	Pork slices	Gross blood Mong	Spicy pork slice
	红烧虾	盐水虾	油爆河虾	红烧虾	油爆虾
	Shrimp	Shrimp	Shrimp	Shrimp	Shrimp
	椒盐玉兔鱼	孜然橡皮鱼	葱油小黄鱼	葱烤河鲫鱼	葱油鲳鱼
	Fish	Jerk filefish	Little yellow croaker	Braised Crucian Carp with Scallion	Butterfish
	水果	水果	水果	水果	水果
	Fruit	Fruit	Fruit	Fruit	Fruit
	万年青汤	大白菜豆腐汤	番茄蛋汤	海带汤	紫菜蛋花汤
	Vegetable soup	Vegetable soup with tofu	Tomato soup with egg	Kelp soup	Seaweed soup with egg
	米饭	米饭	米饭	米饭	米饭
	Rice	Rice	Rice	Rice	Rice
	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘
	Vegetable	Vegetable	Vegetable	Vegetable	Vegetable
Snack Menu	牛奶	牛奶	牛奶	牛奶	牛奶
	Milk	Milk	Milk	Milk	Milk
	橘子	香蕉	小番茄	香蕉	芦柑
	Orange	Banana	Cherry tomato	Banana	Orange
	鸡蛋饼	叉烧包	水煮蛋	蒸饺	萝卜丝饼
	Egg cake	Barbecued pork bun	Egg	Dumpling	Turnip strips cake
	草莓	苹果	香梨	桂圆	草莓
	Strawberry	Apple	Pear	Longan	Strawberry
	巧克力饼干	面包片+果酱	蔓越莓饼干	蛋糕	小熊饼干
Chocolate biscuit	Bread with jam	Cranberry biscuit	Cake	Biscuit	





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