



NBIS Weekly Newsletter 22

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Cambridge Assessment
International Education

Cambridge International School

Dates to Remember

- March 10: Early Years Teddy Bears Picnic
- March 15: Primary Information Day
- March 24: Chinese Culture Day

CONGRATULATIONS

Year 13
Brian Dong

Congratulations to Brian Dong for receiving the offer to study Mechanical Engineering at City University of Hong Kong.

Well Done!

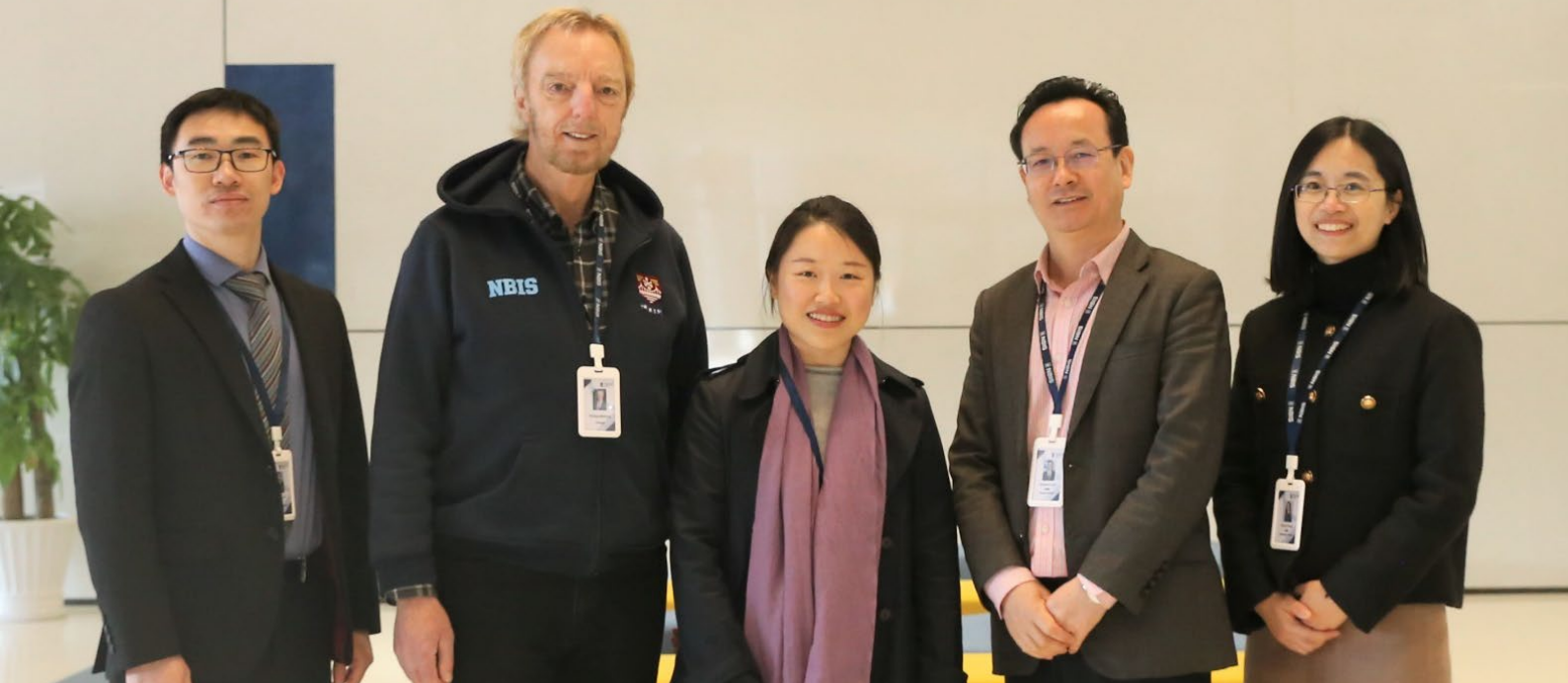


Cambridge Assessment International Education Representative Visit

On March 3rd, Ms. Sophia Feng, Manager of East Asia from Cambridge Assessment International Education, visited NBIS and had meetings with various groups of school leaders and teachers. NBIS Foreign Principal Phil Billing and Chinese Principal Robert Yan warmly welcomed Sophia and introduced her to NBIS's history, values, vision, and mission.



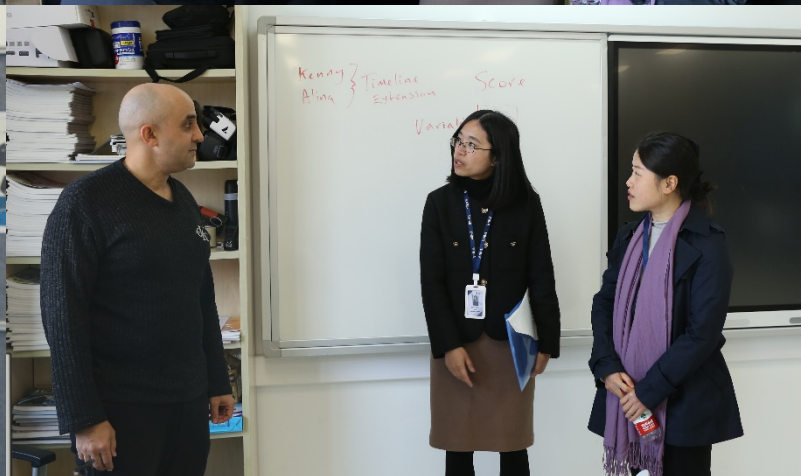
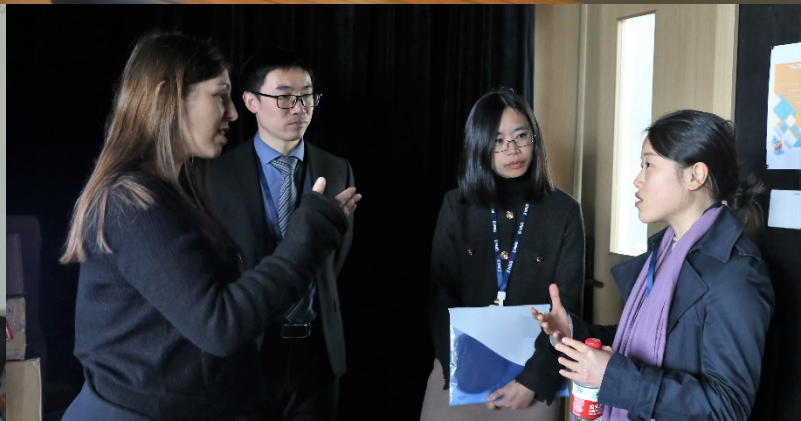
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Later on, Sophia met with teacher representatives from both primary and secondary sections, listening to their feedback on topics like Cambridge curriculum, professional development, resources, assessment, and university application while collecting questions for educational research and development. Sophia also shared with us resources on teaching and learning, academic competitions, leadership training and examination materials. Sophia had the opportunity to tour our campus, visit some classrooms and talk with various subject teachers as well. She was very impressed by our high-quality facilities, robust programs, and abundant school activities.



Cambridge Assessment International Education & NBIS

NBIS is a certified and registered Cambridge International school. In 2011, NBIS adopted the Cambridge Secondary Curriculum and was authorized as Cambridge Examination Centre CN625. It is one of very few schools in Zhejiang Province to have worked with Cambridge for over 10 years.



Certificate of Registration



In March 2017, having surveyed the emerging educational landscape, the school also adopted the Cambridge Primary Curriculum. The school is now authorized by Cambridge International to deliver the Cambridge Primary and Secondary Curricula leading to IGCSE Examinations and A-Levels. Cambridge Assessment International Examinations are the gold-star providers of international education from Year 1 to Year 11. And success in A-Levels (Years 12-13) provides access to some of the best universities in the world.



Cambridge International School



Ningbo British International School
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Certificate of Registration



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Happy

International Women's Day





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外籍人员子女学校



YOU ARE INVITED TO

NBIS EARLY YEARS

Teddy Bear Picnic



- ✿ A treasure hunt
- ✿ Teddy bear name tag creation
- ✿ Bubbles to pop
- ✿ A photo booth and of course a picnic for morning snack

Friday, March 10th
9:45 AM-11:00 AM

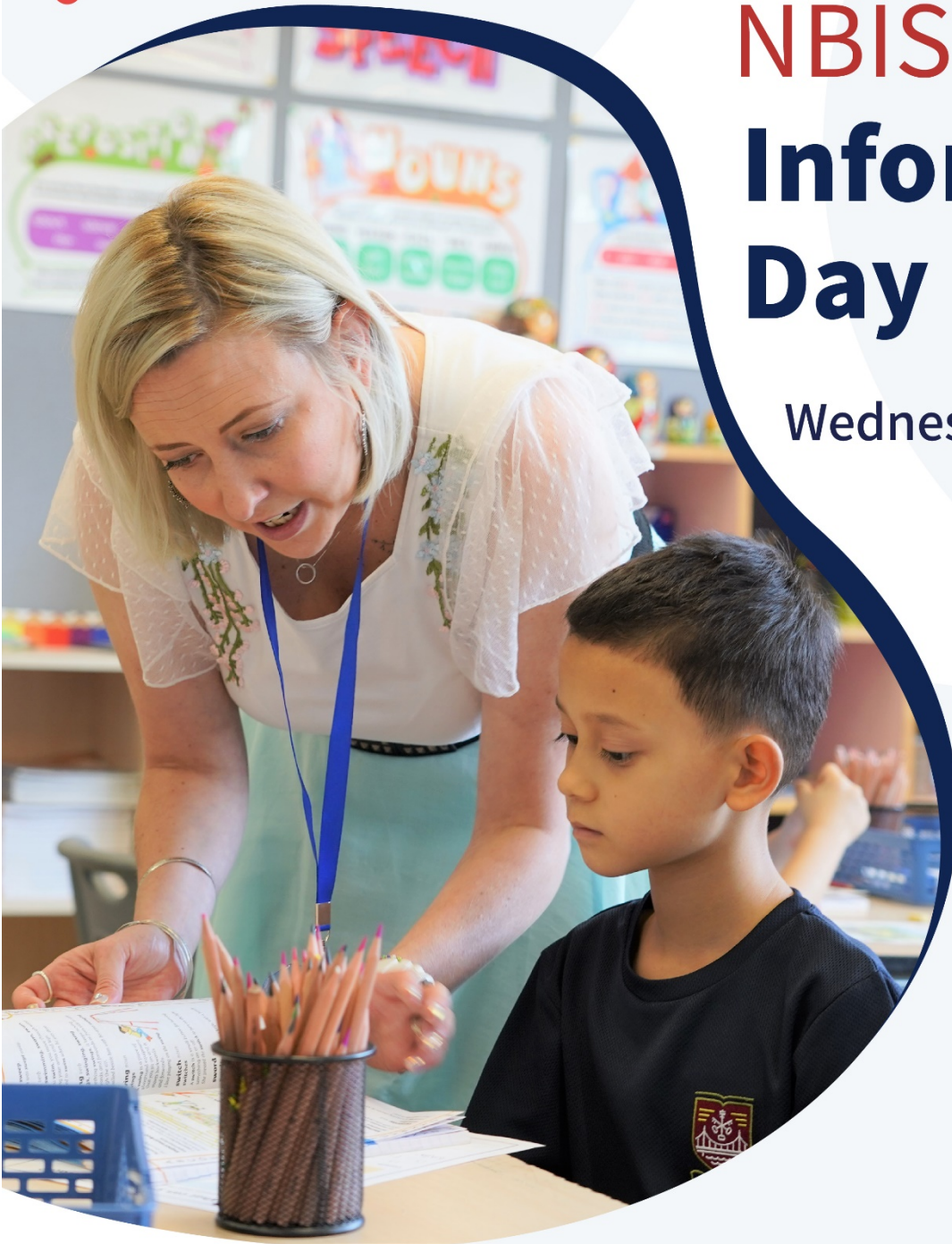




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NBIS Primary Information Day

Wednesday, March 15th
9:15-11:00AM



Scan QR code to join



Cambridge Assessment
International Education

Cambridge International School



+86 574 87611005



www.nbis.net.cn



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外籍人员子女学校

中国文化日

NBIS Chinese Culture Day 2023

Friday, March 24th

Intangible Cultural Heritage of China

传古今文化 播东方神韵
百年百艺 多彩非遗



NBIS

BATTLE OF THE BOOKS

Friday 31st March

1.30 pm in the auditorium



Students are invited to join the audience with their teacher's permission.

NINGBO BRITISH INTERNATIONAL SCHOOL



READ-A-THON MARCH 2023

You have one month to read as many books as you can!
Take part in a charitable endeavor and give back to your community.



Proceeds will go towards a charity in China that encourages education
for women in rural China (EGRC).



NBIS READ-A-THON SPONSOR INFORMATION



Make a pledge to encourage reading and raise money for EGRC (Educating Girls of Rural China). The NBIS read-a-thon will take place between **March 1st and March 31st, 2023.**

There are two ways to pledge:

1. You could sponsor a student for a flat amount.

If you pledge a flat donation of 20RMB, no matter how much the student reads, you will owe 20RMB.

2. You can pledge an amount for books read. For example, a student reads five books over the span of the read-a-thon. If you sponsored this student for 5RMB per book, you would owe $5 \times 5\text{RMB} = 25\text{RMB}$. You may put a limit on any donation, just indicate that on the sponsor form.





NBIS READ-A-THON

ERGC INFORMATION



"Educated women have educated children."

The read-a-thon is underway! Students are reading for a cause! All proceeds go towards Educating Girls in Rural China.



Spring into action
You can do it too!



NBIS

BOOK FAIR



The NBIS Book Fair is back in the school library for Semester 2!
View books on April 13th
Purchase books on April 14th





EARLY YEARS SECTION

NBIS Early Years Information Day

On March 3rd, the NBIS Early Years Section warmly welcomed prospective families to our campus. Ms Angela Thompson, Head of Early Years, gave the parents a tour of the Early Years Section during their first visit to the school. She outlined the curriculum and the particulars of studying in the Early Years Section. Parents' questions were answered by Ms. Karen Yang, Assistant Head of Early Years.





Parents showed a lot of enthusiasm and curiosity towards the school. In response to queries from parents, Ms. Vicky Ren, Director of Admissions, gave thorough responses. The families gave NBIS a positive review. Also, thanks to the Marketing Team for supporting the event.



Early Years Sports Day

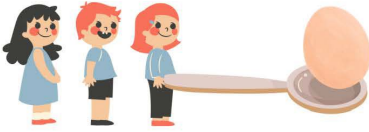
The Early Years children took part in their annual Sports Day event on Tuesday 7th March. Each class took part in 6 activities including:

- An Egg and Spoon Race
- Team Cup Tower Building
- Beach Ball Waddle or Jump
- Obstacle Course
- Team Lily Pad Number Jumping
- Bean Bag Balance and Toss

NBIS Sports Day

Activity 1

Egg and Spoon Race



- For this activity 5-7 students will line up at a starting point
- They will each be given a wooden spoon and a wooden egg
- Then the activity helper will say 'Ready Set Go!'
- Children are to balance the egg on the spoon. There should be no holding the egg in place!
- The objective of the activity is to be the first person over the finish line without the egg falling off the spoon.
- This activity supports hand-eye coordination, balance, and the ability to follow instructions.



The children showed great skills and effort in each of the activities. There was some friendly competition between the children as they took part in some class team activities.

NBIS Sports Day

Activity 2

Cup Tower Building



- For this activity the class will be split into 2 teams.
- Each team will select 1 team member to build their tower on a table.
- The other team members will stand in a line and when the activity leader says 'Ready Set Go!' they will pass 1 cup at a time along their line to the team builder who will use the cups to build a tower (see image).
- The activity will run for 5 minutes, the team with the highest tower wins!
- This activity supports cooperation, team work and the ability to follow instructions.



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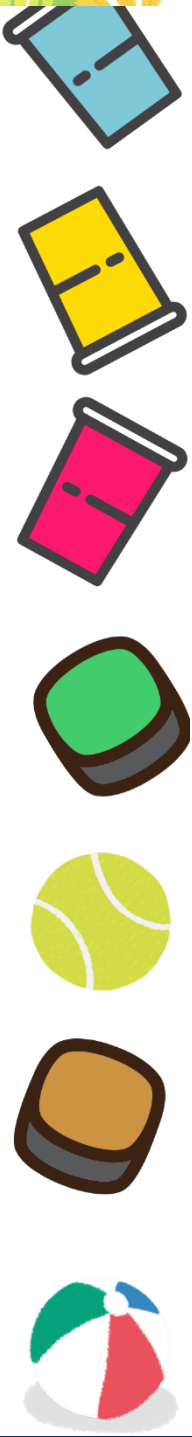
Beach Ball Waddle



- For this activity 5-7 students will line up at a starting point.
- Each child will be given a beach ball to hold between their knees (see image).
- The activity leader will say "Ready Set Go!" and all of the children in the race will jump holding the ball between their legs to the finish line without dropping the ball.
- This activity supports body coordination, strength, and persistence.



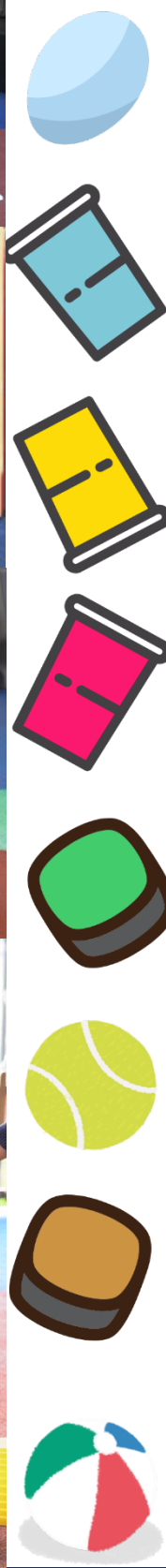
The activities were planned to encourage and support the children's development in areas such as hand-eye coordination, balance, team work and cooperation, as well as listening and following instructions. We had fabulous support from the Year 6B students who were on hand to support the children at each of the activities.



NBIS Sports Day Activity 4

Obstacle Course

- Children must move through the obstacle course – using their balance and co-ordination skills to pass through the course safely.



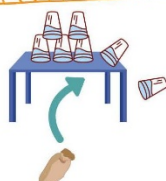
Lily Pad Jumping



- For this activity the class will be split into 2 teams.
- The teams will sit in a line behind a line of numbered "lily" pads. The activity leader will say "Ready Set Go!" and then team members will jump, one at a time, with a ball and place it on a cone next to a lily pad.
- The team to place a ball on all of the cones first wins!
- This activity supports team work, leg strength, balance, and continual motor planning.



Bean Bag Balance and Toss



- For this activity the class will be split into 2 teams.
- The teams will line up and each member of the team will take turns balancing a bean bag on their head while walking to a target area. Then they will toss (throw) their bean bag at a pyramid of cups trying to knock them over.
- This activity supports body balance, concentration, and hand/eye coordination.



As you can see from the photos the children really enjoyed their Early Years Sports Day. At the end of the morning, each of the children received a medal, a certificate, and a popsicle for taking part in the Sports Day event.



Preschool



It's spring now! Our preschoolers are busy learning and exploring this special season. We have talked about some spring insects and farm animals during our circle time. Children learned the names of the insects and animals by singing songs, reading stories and making crafts. We also took a tour around the beautiful NBIS campus to look for signs of Spring. Children were very curious about the plants and flowers they saw. By touching, feeling and smelling what they see, they can easily understand what spring is.





PRIMARY SECTION



**Warm congratulations to Mrs Candice Klue
our new Primary Subject Leader for English**



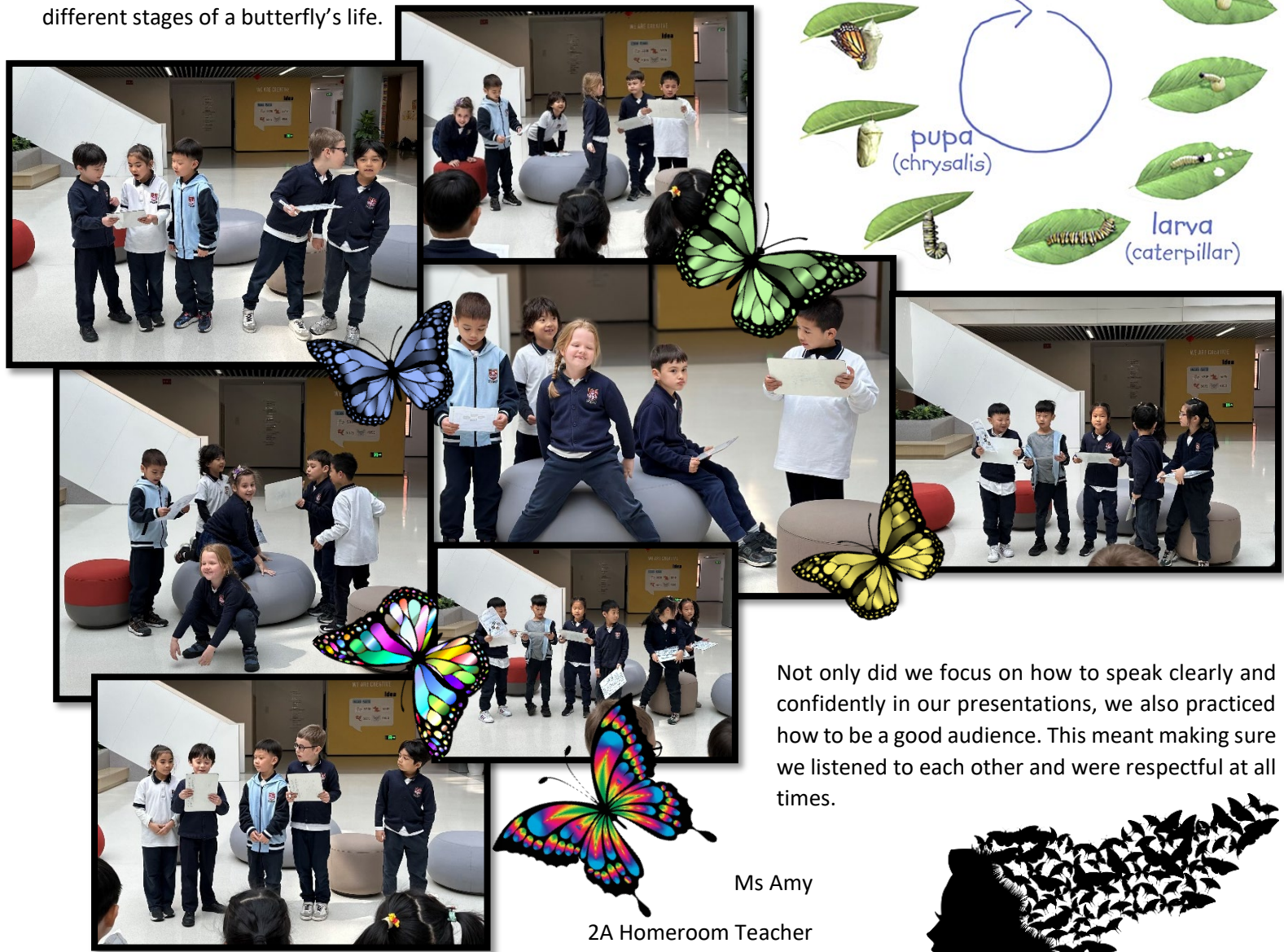
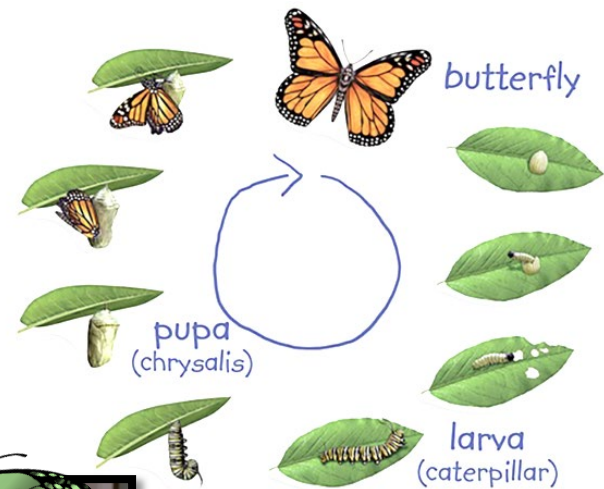
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Year 2A

Year 2A have been studying explanation texts. We looked at a variety of non-fiction texts and discussed the features of explanation texts. We were particularly interested in one text about the life cycle of a butterfly. We did some research and together in groups gave an oral presentation about the different stages of a butterfly's life.



Not only did we focus on how to speak clearly and confidently in our presentations, we also practiced how to be a good audience. This meant making sure we listened to each other and were respectful at all times.

Ms Amy

2A Homeroom Teacher





Lower Primary Assembly

Mr Armstrong entertained Lower Primary students with his warmth and charisma again this week. Students were wowed by a presentation about the micro and macroscopic universe before his class, 3A, took the stage for a musical performance.

Ms Cha has been teaching year three students about rhythm and melody in music in class, which Year 3A confidently introduced in their performance *One Bottle of Pop*. They spoke eloquently and clearly. Alicia [right] informed the audience, "round songs are songs where two or more people sing a similar melody with different words. Different people or groups may start at different times."

The audience were thoroughly entertained by the performance, which featured three simultaneous melodies and actions and gave them a long and loud round of applause.





Class Award

This week, the coveted class award was given to Mr Armstrong and Ms Bonnie's Class 3A for excellent behaviour, lining up well and setting a great example for the rest of lower primary.

Star of the week winners, Jessica and Silas [right] came to the stage to accept the award.



Congratulations to our stars of the week:

1A – Samuel, Chris **1B** – Yuto, Austin

1C – Elaine, Anson

2A – Molly, Jordane **2B** – Eito, Marie

3A – Jessica, Silas **3B** – Kiros

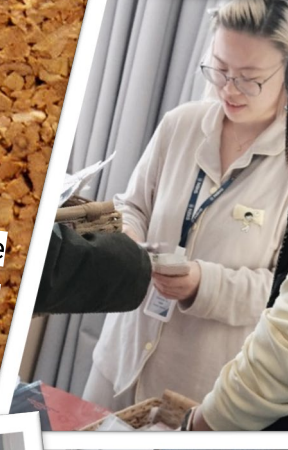


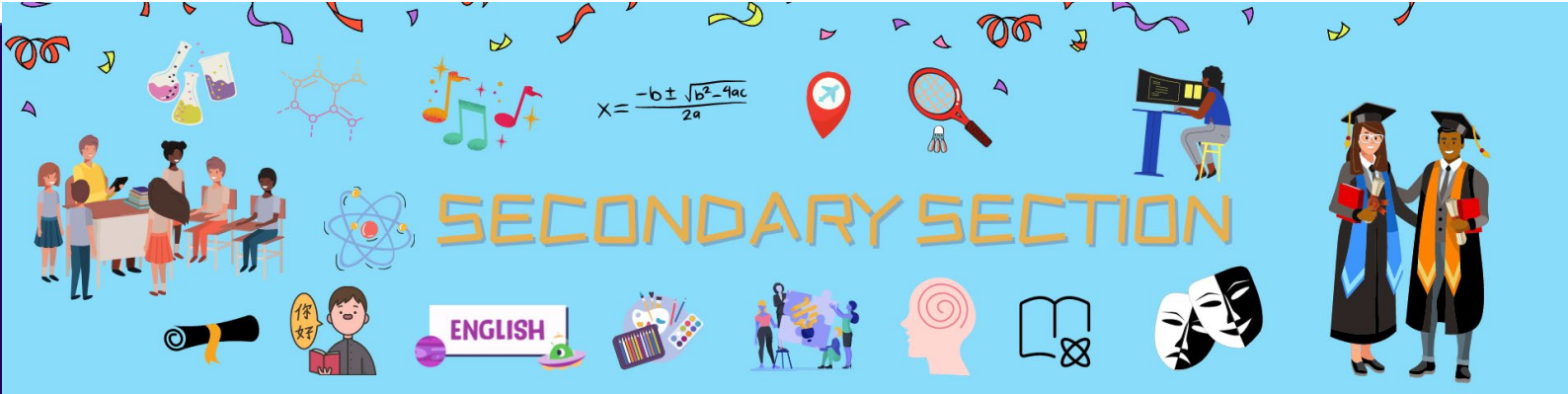
100 DAYS OF SCHOOL! Pyjama Party!

Last week, Student council organized a special celebration for the 100th day of school at NBIS.

Students donated 10rmb to the student council to receive a special 100 days of school snack and contribute to the student council's special activities in the second semester. Even the teachers joined in!

Special thanks to our PTA members Jackie [left] and Yuki [right] who helped to organise and distribute the special snack to all classes and took these wonderful photos!





BATTLE OF THE BOOKS

HIGHSCHOOL

**PRIMARY
SCHOOL**

*Middle
School*

And Still I Rise	<i>Middle School</i>	Night Bird	
Nervous Conditions		Smells Like Pirates	
Atonement		Amulet No.2: A Graphic Novel	
Hamlet: A Graphic Novel		Stef Soto Taco Queen	
The Moonstone		Edge of Extinction	Wings of Fire
Indian Ink		Refugee Boy	Charlotte's Web
Lord of the Flies		Call It Courage	Bridge of Terabithia
Wolf By Wolf		Anne Frank's Diary: A Graphic Novel	Boys Without Names
		One Thousand and One Arabian Nights	
		Hatchet	
	Fish in a Tree		
	The Best Poems Ever		

FOUR TEAMS WILL COMPETE

MARCH 31 AT 1.30PM



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Lower Secondary Music



During the past few weeks, lower secondary studied Chinese music, the pentatonic scale and the steel tongue drum.

As Chinese Cultural Day is approaching, this is the perfect occasion to keep studying music while learning more about the country that welcomes us. We have explored the foundations of Chinese traditional music; developed our skills with the steel tongue drum, and practiced traditional Chinese melodies. All while continuing to work on our reading and singing abilities.

After two weeks of study, students made their own class-concert to perform those melodies! Our next step is to improve our skills in music writing and to make our own songs. I can see another class-concert in the near future!

Secondary Music Teacher

Mr Isidro Santos Galindo





Travel & Tourism Trip

The Year 10, 11, and 12 Travel & Tourism students were joined by the Year 12 Business class on a Travel & Tourism trip on Friday, the 3rd of March. We have a unit called 'principles of customer service'; therefore, it is important for students to learn about this from industry professionals. We also learn about promotion and marketing, building a brand, management, types of customers, and business. Gavin, a local business owner, was kind enough to offer the students of NBIS a talk about his experience in the food and beverage industry. Organizing English-speaking professionals to talk to the students can be difficult, so this was a very beneficial and educational opportunity for the students.



At 'Masterwine', students were lucky enough to meet and talk to Gavin, who has managed numerous venues in the United Kingdom, New Zealand, Shanghai, and Ningbo. He also spoke to the students about the factory in Ningbo and the online Butler and White shop. Gavin shared many facets of the industry that he has learned in his 40 years of experience, including how he got into the industry, his work in fine dining, fast food, nightclubs, and his work in China. The students were very interested in how he built the brand in China and how he markets to ex-pats and the local population. Students asked about how the company adheres to sustainable practices and how to deal with bad customers. Students were also very curious about the steps of opening a business.





Travel & Tourism Trip

As well as the presentation, we shared a delicious meal while noticing customer service standards in action.



Travel & Tourism Teacher

Ms. Alicia Froome



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NBIS

OUTDOOR LEARNING

Years 7-9

Join us for the adventure of a
lifetime!



Destination: Anji, Zhejiang

Duration: 5 days (June 12th-16th)

Cost: 4800RMB (not including train fare).

Learning Goals:

- Health and well-being
- Sustainability
- Team building
- Global citizenship.

Sign up with your homeroom teacher



OUTDOOR LEARNING

Years 7-9



Activities:

- **Team building games**
- **Scavenger hunt**
- **Rock climbing**
- **Abseiling**
- **Nighttime exploration/ flashlight games**
- **Building a waste incinerator**
- **Kung Fu master class**
- **Bamboo weaving workshop**
- **Orienteering**
- **Caving**
- **Tie-dye workshop**
- **Bonfire and BBQ**

For an information leaflet, ask your homeroom teacher



NBIS OUTDOOR LEARNING

AN UNFORGETTABLE ADVENTURE

Years 10-13

**A 5-DAY
EXCURSION**

Location: Songyang, Zhejiang

Cost: 4900RMB (not including train fare)

Duration: 5 days (June 12th-16th)

Learning goals:

Understand how poverty and wealth can affect human needs

Learn about strategies to overcome inequalities

Compare living in a megacity to the countryside.

ACTIVITIES:

- Teambuilding exercises
- Discussions on global citizenship
- Stargazing and talks on light pollution
- Learn survival skills
- Outdoor movie
- Mountain trail trek
- Making paper and bamboo weaving
- Opera workshop
- Scavenger hunt
- BBQ and bonfire
- Students will present their ideas on revitalizing Songyang to the local government.



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Focus on forest fire protection,
share the beauty of the forest.



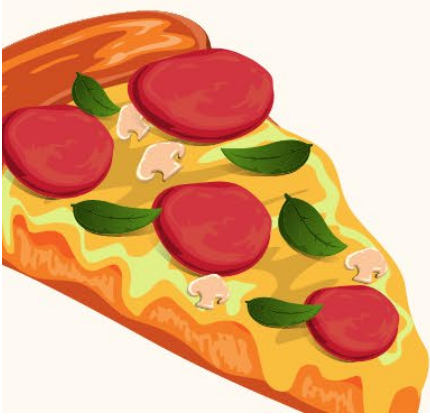
关注森林消防，共享森林美景



NBIS Weekly Menu

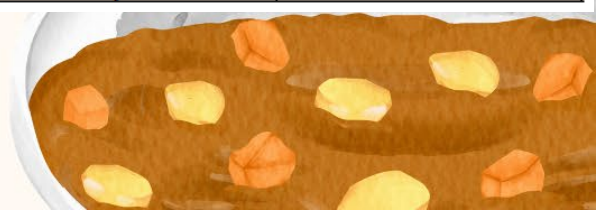
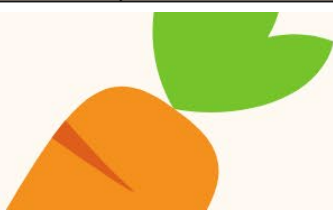


Sample Dishes



March 13rd – March 17th

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Menu	红烧牛肉	蜜汁鸡翅	烤鸡排	手撕鸡	炸鱼排
	Braised beef	Braised chicken wing	Chicken chop	Shredded chicken	Fried fish chop
	鸡米花	咖喱鸡肉	红烧肉	仔排玉米	萝卜烧肉
	Popcorn chicken	Curry chicken	Braised pork	Rib with corn	Beef with turnip
	火腿	红酒牛排	蛋饺	虾饼	烤鸡
	Ham slice	Braised beef with wine	Egg dumpling	Deep fried shrimp	Roast chicken
	蛋挞	孜然米饭	汉堡	椒盐土豆	薯条
	Egg tart	Cumin rice	Hamburger	Potato	French fries
	烤土豆	西兰花	面条	西兰花	花菜
	Potato	Broccoli	Noodle	Broccoli	Cauliflower
	西红柿炒蛋	法式面包	花菜	大白菜	牛角包
	Scrabble egg with tomato	French bread	Cauliflower	Cabbage	Croissant
	花菜	葱油万年青	肉沫粉丝	三明治	汤圆
	Cauliflower	Vegetable	Meat with glass noodle	Sandwich	Sweet dumplings
	椒盐虾	剁椒鱼	葱油小黄鱼	盐水虾	葱油鳊鱼
	Shrimp	Fish	Little yellow croaker	Shrimp	Butterfish
	爆盐鳊鱼	红烧虾	油爆虾	葱烤河鲫鱼	油爆河虾
	Congo eel	Shrimp	Shrimp	Braised Crucian Carp with Scallion	Shrimp
	辣椒炒肉	水煮肉片	毛血旺	麻辣肉片	泡椒肉片
	Capsicum fried meat	Pork slice	Gross blood Mong	Spicy pork slice	Pork slice
	水果	水果	水果	水果	水果
	Fruit	Fruit	Fruit	Fruit	Fruit
	萝卜汤	番茄蛋汤	南瓜汤	银耳红枣汤	紫菜蛋花汤
	Radish soup	Tomato soup with egg	Pumpkin soup	Red dates yingerh cod soup	Seaweed soup with egg
	米饭	米饭	米饭	米饭	米饭
	Rice	Rice	Rice	Rice	Rice
蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	
Vegetable	Vegetable	Vegetable	Vegetable	Vegetable	
Snack Menu	牛奶	牛奶	牛奶	牛奶	牛奶
	Milk	Milk	Milk	Milk	Milk
	西瓜	香蕉	小番茄	小甜瓜	草莓
	Watermelon	Banana	Cherry tomato	Muskmelon	Strawberry
	鸡蛋饼	蒸饺	烧麦	奶黄包	萝卜丝饼
	Egg cake	Dumpling	Shao-mai	Stemed cremy custrd bun	Turnip strips cake
	香梨	橘子	苹果	桂圆	小青瓜
	Pear	Orange	Apple	Longan	cucumber
吐司面包 + 果酱	港荣蛋糕	达利园面包	蔓越莓饼干	牛角包	
Bread with jam	Cake	Bread	Cranberry biscuit	Croissant	





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