



NBIS Weekly Newsletter 20

UNITY

DIVERSITY

EXCELLENCE



Cambridge Assessment
International Education

Cambridge International School

Dates to Remember

- February 24: The NBIS Spelling Bee
- March 3: Early Years Information Day
- March 7: Early Years Sports Day
- March 10: Early Years Teddy Bears Picnic
- March 20 - 23: Primary Maths Week
- March 24: Chinese Culture Day

Guests from China News Service Visited NBIS



On the 23rd of February, guests from China News Service visited NBIS for a tour. Ms Julie Lv from WEG, Mr Philip Billing, NBIS Principal, Mr Robert Yan, Chinese Principal, Ms Sharon Wang, Deputy Head of Admin, and Ms Yuky Chen, Marketing officer warmly welcomed them.

A cordial meeting was successfully held. The conversation and communication were carried out in a friendly atmosphere.

They visited our beautiful campus, from the library to the inclusion room to the primary classrooms, experiencing the warm atmosphere of our school.

We are looking forward to the next exchange of ideas and learning from each other.





Ningbo British
International
School

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CONGRATULATIONS



Year 13

Natania Solomon Belete

Congrats to Natania Solomon Belete for her offer to study Biology (Biomedical Science) at York University (Canada).

Well Done!





CONGRATULATIONS



Year 13

Brian Dong

Congratulations to Brian Dong for receiving the offer to study Intelligent Manufacturing Engineering at City University of Hong Kong.

Well Done!



Congratulations to 6A's Ginevra Gilardi for winning the 'Excellent' Prize in China-France International Children's Art Competition

With the theme of "Our Home" or "Future World", 7,284 international teenagers from France, the United States, Canada, Russia, New Zealand, Spain, Italy, and other countries participated in this art competition.

An international competition jury selected the list of winners and an exhibition of final works was held at the Zall Bookstore in Wuhan. The artworks give us a glimpse into the imagination of children aged 3-16 years about their current lives, their aspirations and the world of the future they wish to live in.

Take a look at Ginevra's fantastic artwork here:

CONGRATULATIONS



Year 6A
Ginevra Gilardi

Congratulations to Ginevra Gilardi for winning the Excellent Prize in China-France International Children's Art Competition.

Well Done!



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Hello, my name is Ginevra. I'm Italian. I really like Art. When I found out this competition, I was very excited. The two themes were my home and my future home. I painted my home by day and by night. By day, I really like flowers and butterflies, so I put all of them together into one picture. By night, I really like the stars and picnics, so I put them together, too.

"Ginevra is a very creative student and often shows her artistic talent in art classes. She can always add her unique ideas to her drawings and complete them well."

Ms Qian, Primary Art Teacher



Preliminary / September 1 — October 31
 Final / November 11 — November 26
 Exhibition / December 15 — December 30

2022 CHINA AND FRANCE

CHINA-FRANCE INTERNATIONAL CHILDREN'S ART COMPETITION

CALL FOR ENTRY :
 09.01--10.31
PARTICIPANTS :
 3-16 YEARS
SPECIFICATIONS :
 8K / A3

CHINA-FRANCE INTERNATIONAL CHILDREN'S ART COMPETITION

undertaker/ Organizing Committee of China France International Children's Art Competition
 The organizer/ Academy Culture and Exchanges
 The co-organizer/ France IMPETUOUS Magazine
 Paris WHITE L Gallery

THE COMPETING THEME :
 OUR HOME
 / THE FUTURE OF THE WORLD

大英官方官方微信 大英官方公众号



UNITED NATIONS DAY

Ningbo British International School United Nations Day Returns

APRIL 21st 2023

- We need your help -

UN Day Committee is recruiting talented students to perform

Can you sing a song in your native language?

Can you do a traditional dance?

Can you represent your country with an amazing talent?

Can you play a musical instrument that is related to your heritage?



Please contact your homeroom teacher, Mr Armstrong (3A) for primary or Ms. Katerina (gym) for secondary with you auditions.



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THE NBIS SPELLING BEE

The Spelling Bee will be held in the **auditorium at 2 o'clock**.
Years 4-13 are welcome to come and support their peers with their teacher's permission.



FRIDAY 24TH FEBRUARY
2023

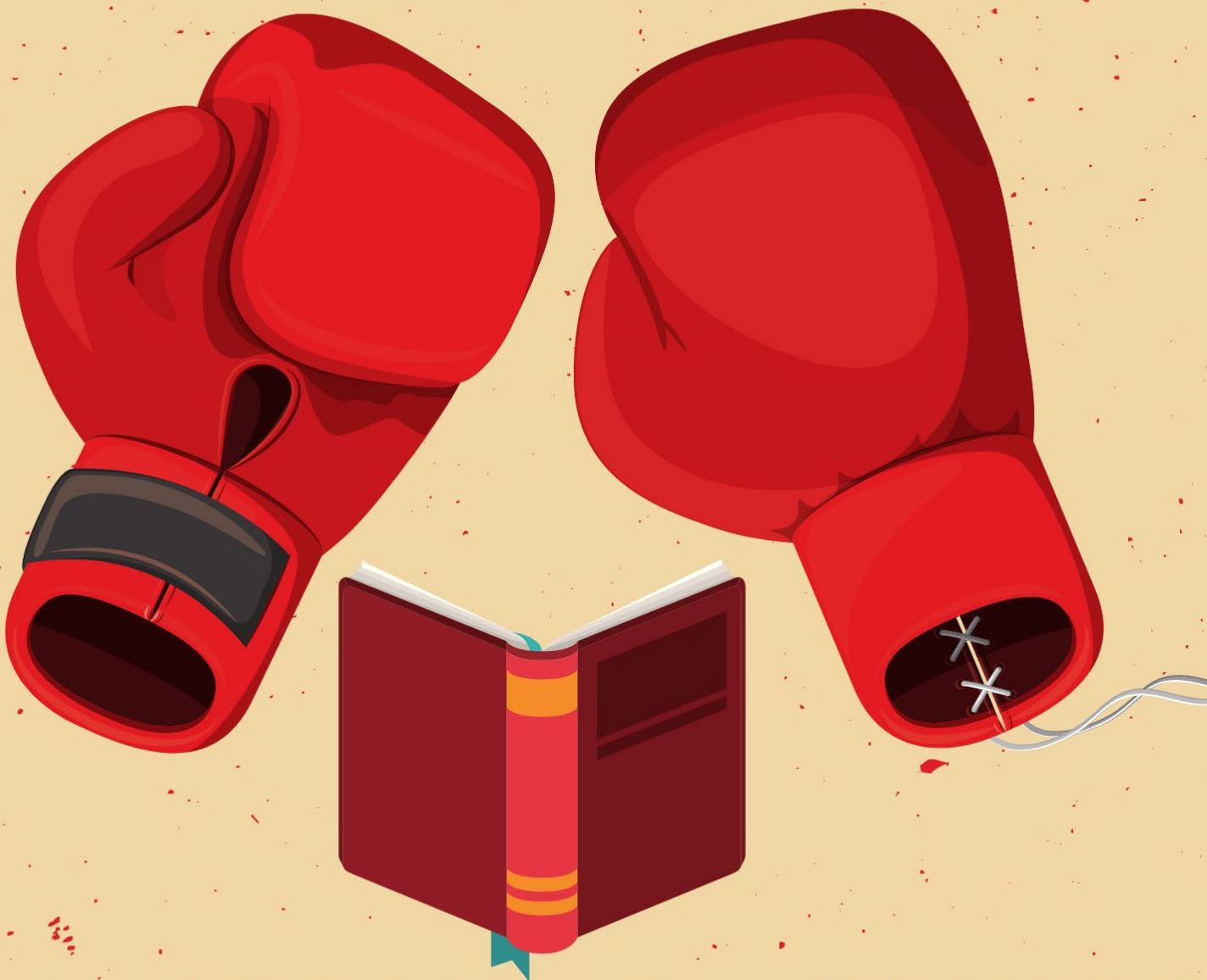


NBIS

BATTLE OF THE BOOKS

Friday 31st March

1.30 pm in the auditorium



Students are invited to join the audience with their teacher's permission.

The yearbook committee would like to offer their heartfelt thanks to all students who submitted artwork for the yearbook cover.

This year it was particularly difficult to choose the winner and the quality of work is a testament to the artistic talent in our school.

Sayaka Y4B

Molly, Marvin and Joyce Y4B

Olivia Y5A

Cherry Y5A

Yenvita Y5B

Laura and Yi-Chen 5B

Anne Y5B

Cassie Y5B

Kaylee Y5B

Riley Y5B

Ziva and Hanna 6A

Odelia Y6A

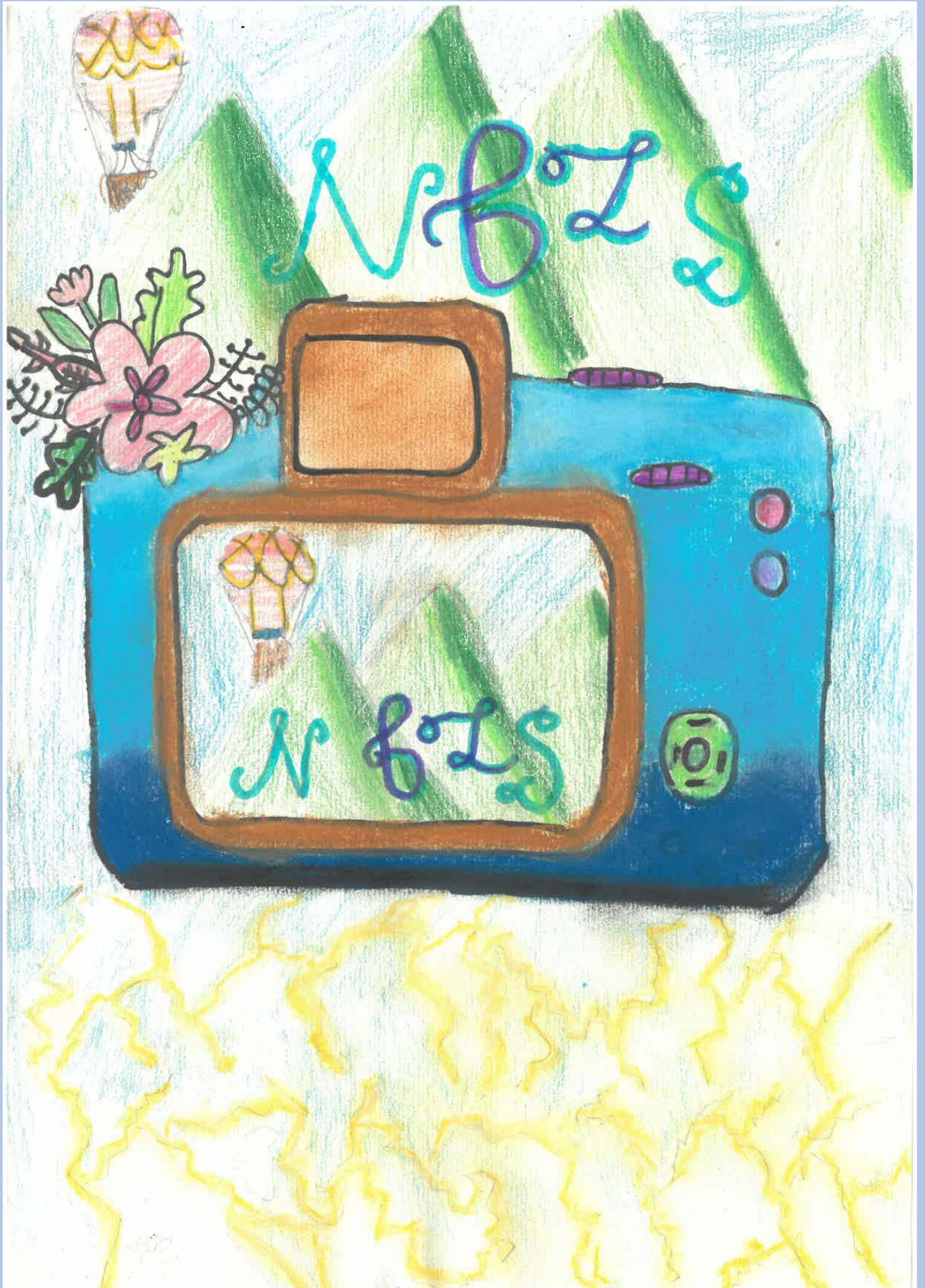
Clarice Y6B

Ruth Y6B



Anne from Year 5B





Kaylee from Year 5B







NINGBO BRITISH INTERNATIONAL SCHOOL

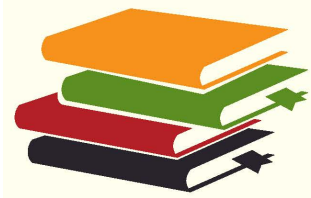


READ-A-THON MARCH 2023

You have one month to read as many books as you can!
Take part in a charitable endeavor and give back to your community.



Proceeds will go towards a charity in China that encourages education
for women in rural China (EGRC).



NINGBO BRITISH INTERNATIONAL SCHOOL



READ-A-THON

STUDENT INSTRUCTIONS

The NBIS Read-A-Thon will take place during the whole month of March.

It is your mission to read as many books as possible.

The books you read need to be age and level appropriate. Your English teacher needs to sign off on each book and may ask you questions about the book.

Your friends and family can sponsor the number of books you read.

Sponsors can pledge any monetary amount, e.g., 1RMB per book or 100RMB per book, or, a flat amount.

The reader is responsible for collecting the donations.

Homeroom teachers will collect donations from readers at the end of the month.

All proceeds will then be donated to EGRC (Educating Girls of Rural China).



NBIS READ-A-THON SPONSOR INFORMATION



Make a pledge to encourage reading and raise money for EGRC (Educating Girls of Rural China). The NBIS read-a-thon will take place between **March 1st and March 31st, 2023.**

There are two ways to pledge:

1. You could sponsor a student for a flat amount. If you pledge a flat donation of 20RMB, no matter how much the student reads, you will owe 20RMB.
2. You can pledge an amount for books read. For example, a student reads five books over the span of the read-a-thon. If you sponsored this student for 5RMB per book, you would owe $5 \times 5\text{RMB} = 25\text{RMB}$. You may put a limit on any donation, just indicate that on the sponsor form.





NBIS READ-A-THON

ERGC INFORMATION



"Educated women have educated children."

Established in 2005, EGRC provides young women in rural Western China access to high school and university education through financial sponsorship and emotional support.

EGRC further offers mentorship, and a variety of training programs with a specific focus on mental health, confidence-building, career, and personal development. EGRC is a registered and independent charity in China.

Impact

2,000+

Since 2005 EGRC has sponsored over 2,000 women with their high school and university education.

99%

Sponsored students have achieved over 99% graduation rate.

100%

100% of graduates have found employment. 100% of their families have been lifted out of poverty.



推荐使用微信支付

支持信用卡付款



EGRC上海

微信支付

To donate directly, scan the code

<https://egrchina.net/about-us/>



NBIS

BOOK FAIR



The NBIS Book Fair is back in the school library for Semester 2!
View books on April 13th
Purchase books on April 14th



EARLY YEARS SECTION



Ningbo British
International School
浙江宁波英伦
外籍人员子女学校

NBIS Early Years Information Day

Unity - Diversity - Excellence

+86 574 87611005

www.nbis.net.cn

March 3rd, Friday
9:15-11:00 AM



Scan QR code to join



Cambridge Assessment
International Education

Cambridge International School





Ningbo British
International School

浙江宁波英伦
外籍人员子女学校



YOU ARE INVITED TO

NBIS EARLY YEARS

Teddy Bear

Picnic



- ★ A treasure hunt
- ★ Teddy bear name tag creation
- ★ Bubbles to pop
- ★ A photo booth and of course a picnic for morning snack

Friday, March 10th
9:45 AM-11:00 AM





Nursery B



Let's learn about the people who help us in our communities. As children build literacy, develop vocabulary, practice math concepts, sing songs, sort materials, and participate in dramatic play activities, they learn about the tools, uniforms, and tasks of a variety of community helpers such as police officers, garbage collectors, firefighters, postal carriers, and more!



PRIMARY SECTION



We made a non-Newtonian solid for science. To demonstrate the difference between a solid and a liquid and how the molecules move to determine whether a substance is a liquid solid or gas; we also had some fun. It is a mix of corn flour and water if you want to make a huge mess and try it at home.





Welcome to our new students Ariana and Yuki who have joined our class!

Here the class is working on their Fantasy stories. First, we established what you usually find in a Fantasy story, the unusual, strange, remarkable, and magical but that it has to be believable in its world to the reader. We work on the structure of a Fantasy story each day and how we will follow a step-by-step process for writing and editing it. We are studying 'The Worst Witch' as an example of Fantasy writing. We use peer feedback as an important part of our editing process. We are also teaching the students to spend as much time planning and editing their stories as they do writing them.



Year 4A having a lovely read of their reading books. I love seeing the children sitting down and enjoying a good book!





Lower Primary Assembly

Mr Dominic Armstrong presented the Lower Primary assembly, awarding Year 2B with the class trophy for excellent behaviour inside and outside of the classroom. Lower Primary students were wowed by a presentation about the sizes of planets and stars in our universe, before a charming story from the NBIS Student Council.



Congratulations to our stars of the week:

- 1A Annabella & Ethan
- 1B Cheryl & Eli
- 1C Yanny & Flynn
- 2A Kolya & Rodion
- 2B Evie May, Steven & Lorin
- 3A Victor, Alicia & Derrick
- 3B Ava Rose, Sara & Chanel



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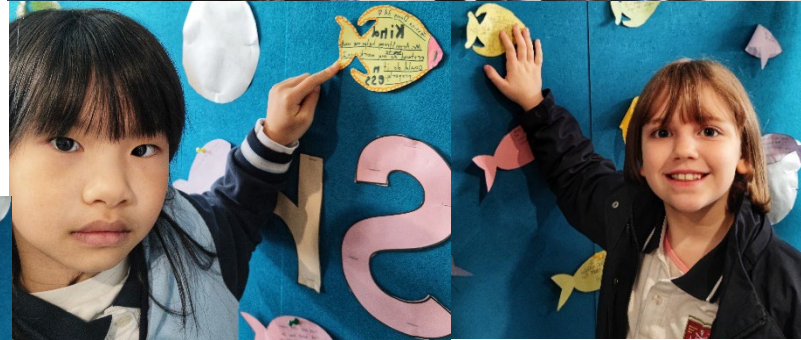
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Student Council Presentation

Like last week, NBIS' Student Council performed "The Rainbow Fish" for Lower Primary, a story which teaches children important morals about the kindness of sharing and how sharing ultimately leads to happiness.

The Student Council has also started a "Primary Rainbow Fish" display board where students can write down acts of kindness they have experienced at school. This board will grow to become full of the kindness and warm-heartedness of our NBIS students and staff.



Year 3A discussed acts of kindness in their Global Perspectives class. They concluded that true acts of kindness are those that are made without expecting anything in return.

They enjoyed putting their own fish on the Student Council display, and reading about the kindness of other students, too.

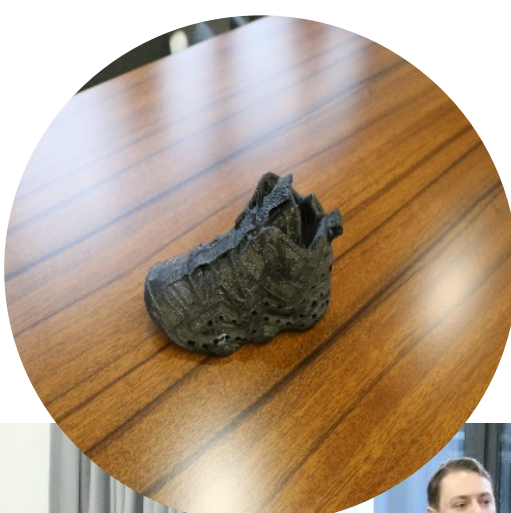




Under Mr Sean Pollitt and Mr Aaron Lowe’s careful guidance, the teams both worked hard throughout the week, researching their prospective customer bases, designing their shoes, creating a marketing campaign, learning how to use 3D software, 3D printing a prototype, and putting all of their information into a presentation that would be used on the final day of the project.

On the final day, the teams presented their ideas to a panel made up of the school principals, Mr Philip Billing and Mr Robert Yan, as well as the Business Studies teacher Mr Amine Azzane. The panel questioned each team on their ideas and gave feedback on areas to improve in the future. Ultimately, both teams were praised for their hard work and the panel was impressed at the creativity and professionalism of students. Well done to both teams!

The project started as a something small scale, though as student engagement increased, it evolved into a student-led project drawing on the expertise of staff and available school resources. Mr Sean Pollitt and Mr Aaron Lowe’s project not only gave new students a chance to integrate into NBIS and make new friends, but it allowed all students to apply their classroom knowledge into a real-world setting and show their talent and creativity. After the success of the shoe project, they are hoping to carry out more. Watch this space!





NBIS

OUTDOOR

LEARNING

Years 7-9

Join us for the adventure of a lifetime!



Destination: Anji, Zhejiang

Duration: 5 days (June 12th-16th)

Cost: 4800RMB (not including train fare).

Learning Goals:

- **Health and well-being**
- **Sustainability**
- **Team building**
- **Global citizenship.**

Sign up with your homeroom teacher



OUTDOOR LEARNING

Years 7-9



Activities:

- **Team building games**
- **Scavenger hunt**
- **Rock climbing**
- **Abseiling**
- **Nighttime exploration/ flashlight games**
- **Building a waste incinerator**
- **Kung Fu master class**
- **Bamboo weaving workshop**
- **Orienteering**
- **Caving**
- **Tie-dye workshop**
- **Bonfire and BBQ**

For an information leaflet, ask your homeroom teacher



NBIS OUTDOOR LEARNING

AN UNFORGETTABLE ADVENTURE

Years 10-13

**A 5-DAY
EXCURSION**

Location: Songyang, Zhejiang

Cost: 4900RMB (not including train fare)

Duration: 5 days (June 12th-16th)

Learning goals:

Understand how poverty and wealth can affect human needs

Learn about strategies to overcome inequalities

Compare living in a megacity to the countryside.

ACTIVITIES:

- Teambuilding exercises
- Discussions on global citizenship
- Stargazing and talks on light pollution
- Learn survival skills
- Outdoor movie
- Mountain trail trek
- Making paper and bamboo weaving
- Opera workshop
- Scavenger hunt
- BBQ and bonfire
- Students will present their ideas on revitalizing Songyang to the local government.



Sign up with your homeroom teacher

www.wildchinaeducation.com

MEET OUR NEW TEACHER



Hello everyone,

My name is Kash Bane and I am the new classroom teacher for 5B.

I first qualified as a teacher in 2013 in the UK where I spent five years teaching and leading in a variety of schools across London. I came to China in August of 2018 where I began my international journey in a school in Hangzhou before moving to Ningbo in 2021.

I am an advocate of lifelong learning, and since gaining my teaching qualifications, I have gone on to complete my Masters degree in Educational Leadership and Management and I am currently completing my SENCO certificate in special educational needs. Outside of school, I also like to further develop my skills in a variety of areas, including learning the violin, engaging in martial arts lessons and creating 3D printed projects.

I am extremely happy and grateful to be a member of the NBIS community and cannot wait to support the pupils in Year 5 and the NBIS community as a whole.





2022-23 SAC 3rd MEETING

Date: February 20th, 2023

Time: 18:30 – 8:30 PM

Location: NBIS Staff Lounge

Attendees:

- Meeting Called By: SAC Team
- Secretary: Sharon Wang / Rashel Ten Holder
- Attendees: Francesco Aguiari; Philip Billing; Adrien Chicouard; Rosaria Franco; Julia Hoferichter; Zhang Kaiyu; Roziel Dorin Rhee; Neta Ronen; Rashel Ten Holder; Sharon Wang
- Excused: Filippo Gilardi, Marisol Negro

Agenda:

1. Approval minutes last meeting

Approved by all SAC members.

2. SAC Constitution Review and Revision

- Constitution subcommittee members - Kai/Rashel/Neta/Filippo will submit a draft of amendments needed to SAC, before April 10th SAC Meeting.
- Once approved Phil will proofread for English language purposes.

3. Staffing 2023-2024

- Phil has updated the SAC members that current staffing is very positive and only a few positions need to be filled.
- Student Enrolment impacts many aspects of planning such as recruitment of teachers, ordering of furniture, textbooks, stationery and other resources, bus services and so on.
- In order to plan effectively for the 2023-24 school year, the school has conducted a parent survey of serious intentions for 2023-24 to see if this brings more clarification.



Ningbo British International School

- Phil believes the school need a posture for growth, especially now that the Covid crisis is over.

4. NBIS New International Principal - Ms. Nancy Eldars

- Phil will now be in touch regularly with Nancy, especially with regard to decisions which will impact her role and responsibilities next year.
- Nancy will have online orientation sessions with Heads of Section. She will arrive in Ningbo on June 18th 2023 for a visit.
- Nancy will attend the WEG/School Board Meeting, investigate accommodation on 19th-21st on campus orientation. (The Board meeting time and date will need to be further confirmed.)
- Phil would like to convene a Parents Open Meeting one of the evenings. SAC will host one dinner either 18th or 19th June with Ms. Nancy.

5. Update on CIS Membership

- Virtual CIS Visit was held Feb 15th+16th. Very positive feedback from CIS representative – Ms. Anne Fowles.
- Reports from teachers about their encounter with Anne were positive.
- The immediate feedback from Anne on Thursday was that we have a really lovely school, and she believes that we have in place all the major components that make for a dynamic and successful learning and teaching environment.
- Report of Virtual Visit will be released after two weeks and will be submitted to CIS. CIS will render a decision six to eight weeks after report submission.

6. NBIS 2nd Semester Events Calendar

February

Friday, February 24th: Spelling Bee Competition

Monday, February 27th: Primary Assembly Yearbook Cover Competition Awards

March

Thursday, March 2nd: Yearbook Whole School Class Photo + Water Lesson (Primary)

Friday, March 3rd: EY Information Day

Monday, March 6th: ECAs Start + Y9-11 Assembly Options



Ningbo British International School

Tuesday March 7th: EY Sports Day

Friday, March 10th: EY Teddy Bears' Picnic

March 20th-24th Primary Maths Week

Friday, March 24th: Chinese Culture Day

TBC - Primary Information Day

April

SEC Poetry Month (whole month)

Friday, April 7th: Primary Sports Day

Saturday, April 8th: University Fair & Secondary Information Day

Tuesday & Wednesday, April 11st-12nd: EY PTC

Wed – Fri April 12-14: Book Fair

Wednesday & Thursday, April 12nd-13rd: Primary PTC

Friday, April 21st: UN Day

April 24th-28th Primary Book Week

Thursday, April 27th: Secondary Poetry Competition Award Ceremony

May

Saturday, May 6th: PTA Picnic & Bicycle Day

Wednesday, May 31st: Outdoor Education

June

Friday, June 16th: SEC Graduation (TBC)

Wednesday, June 21st: International Music Day

Tuesday, June 27th: Reception Graduation



7. SAC - Teachers' Get Together

Teachers have expressed their wish for a repeat of the first get together hosted by SAC. SAC happily would like to host again and targeted a date of May 18, 2023. Further confirmation needs to be made.

8. Manage BAC

Manage BAC will be open to Secondary parents within 2 weeks (March 3rd). Parents will be using their personal emails to access Manage BAC. NBIS team is now checking Manage BAC 'how to' processes for parents' access.

9. Confirmation of Fee Increase

5% increase of Tuition Fee in School Year 2023-2024 is confirmed.

WEG will review the tuition fee structure to keep the fee gap closer.

NBIS tuition fee rate is still the lowest in Ningbo among International schools.

10. Strategic presentation from Phil

- Council of International Schools (CIS) - also accredit universities. CIS accreditation is a pathway for NBIS graduates to go to universities already in the CIS. NBIS will improve international profile and reach, with initial development of international school partnerships for mutual benefit. Also, NBIS will be the only school in Ningbo awarded these accreditations.
- 3 teachers have undertaken the Cambridge Professional Development Qualification offered by Cambridge through UNNC. Teachers have accessed Cambridge online courses at the introductory or extension levels to reinforce and enhance their knowledge and understanding of the Cambridge programme. The courses are sponsored by the school as investment in the development of our teachers, with a direct impact on their performance in the classroom. The school also purchased a suite of online professional development courses offered by EduCare through the Times Educational Supplement (a leading provider of international online PD). The courses available are designed to enable schools to offer better well-being and care services to students.



Ningbo British International School

- 600 target enrollees by 2024-2025. 600 is not a final figure ... it is a target along the way. 600 represents an average cumulative increase of 10% across the whole school; but there is obviously much greater capacity for increase in Early Years where enrolment has stagnated during the Covid years. We will be considering creative ways to attract and incentivise new families to join our Early Years Programme.
- The school must investigate the possibility of a triangulation between universities in Zhejiang ... such as UNNC and Zhejiang University ... NBIS, and High School Students in countries who are members of the Regional Comprehensive Economic Partnership. Might there be a way to develop a pathway for such students via A-Level and/or SAT at NBIS to undergraduate courses at these universities. Similarly, there may be an untapped market for such a pathway for students from India, Pakistan and other countries along the new silk route.

11. Duke of Edinburgh Awards Programme

- This scheme was investigated around 2017 and introduced in the Secondary Section in 2018 following the training of 3 teachers as DoE Leaders. Student interest on the program 'Duke of Edinburgh' died down after a while, so it has been replaced by new campus activities, internships, and out-sourced outdoor learning activities.
- With Covid behind us, we are now engaged with another Outdoor Ed company - Wild China and believe that this company will offer better opportunities for both groups, Primary and Secondary.
- Wild China also have links with the DoE in China and some of their 'events' qualify as part of the DoE requirements for various qualifications/awards. They will be pitching to students shortly and then to parents.

12. AOB

SAC expressed the desire to liaise with the professional community to offer NBIS students the possibility of excursions to companies/organisations and possible internships so they can gather some practical and 'real' experience within the business world.

13. Next Meeting - TBC



2022-23 Semester 2 NBIS ECA - External providers

Registration Deadline: 2023-03-01.

The payment will be made on semester basis.

Limited capacity! First come first serve!

ECA: French <https://ding.tomatoform.com/f/dog2edhx>



NBIS French ECA

ECA Venue	Day & Time	Age Group	Fees (RMB)	No. of Students
2C Classroom	Tuesday/Thursday	Grade 4 – Grade 9	150 per class	10-15

ECA: Primary Football <https://ding.tomatoform.com/f/ves9wqmt>



Primary Football ECA

ECA Venue	Day & Time	Age Group	Fees (RMB)	No. of Students
NBIS Grounds	Wednesday/Friday	Grade 1-6	100 per class	10-15

ECA: Brazilian Jiu-Jitsu <https://ding.tomatoform.com/f/dqad06dm>



Brazilian Jiu-Jitsu ECA

ECA Venue	Day & Time	Age Group	Fees (RMB)	No. of Students
Dance Studio	Thursday	Grade 1 – Grade 9	150 per class	25 maximum

If you have any question regarding to the ECA above please contact us via school email at nbis.admin@nbis.net.cn. Thank you.

Address: No. 365 Guanghua Road, National Hi-Tech Zone, Ningbo 315000 Website: www.nbis.net.cn

Email: nbis.admin@nbis.net.cn Fax: 86 574 87611136 Tel: 86 574 87611005



Ningbo British International School

ECA: Lower Primary Tennis <https://ding.tomatoform.com/f/v5o3wsd0>



ECA Venue	Day & Time	Age Group	Fees (RMB)	No. of Students
NBIS Gym	Tuesday/Wednesday	Grade 1-3	200 per class	6-12

ECA: Fencing <https://ding.tomatoform.com/f/wknhamdd>



ECA Venue	Day & Time	Age Group	Fees (RMB)	No. of Students
Fencing Room	Monday/Tuesday	Grade 1 – Grade 9	180 per class	15-20

ECA: Golf <https://ding.tomatoform.com/f/bq8ld83b>



ECA Venue	Day & Time	Age Group	Fees (RMB)	No. of Students
NBIS Campus	Thursday/Friday	Grade 1 – Grade 9	230 per class	6-12

ECA: Skating <https://ding.tomatoform.com/f/6nm9xjye>



ECA Venue	Day & Time	Age Group	Fees (RMB)	No. of Students
Champion Rink (InTime Mall)	Wednesday	Grade 1-6	300 per class + bus fee	25 maximum

Address: No. 365 Guanghua Road, National Hi-Tech Zone, Ningbo 315000 Website: www.nbis.net.cn

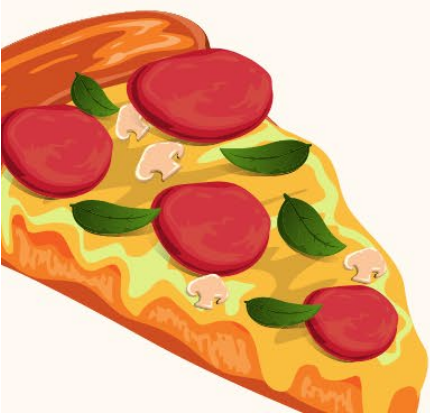
Email: nbis.admin@nbis.net.cn Fax: 86 574 87611136 Tel: 86 574 87611005



NBIS Weekly Menu



Sample Dishes



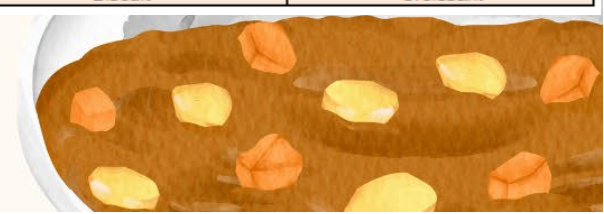
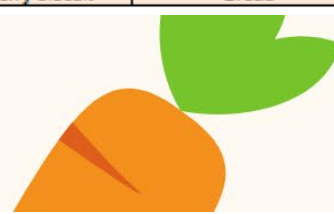
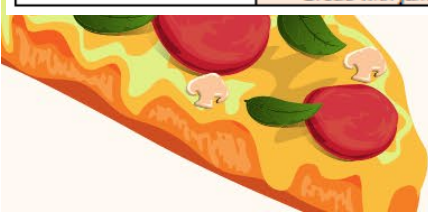
February 27th – March 3rd



Ningbo British International School
浙江宁波英伦
外籍人员子女学校

NBIS: Unity - Diversity - Excellence

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Menu	鸡米花	烤鸡翅	鸡排	芝麻翅根	炸鱼排
	Popcorn chicken	Roast chicken wing	Crispy chicken chop	Chicken wing	Fried fish chop
	香芋仔排	椰蓉咖喱鸡	香菇蚝油肉片	红烧肉	红酒烩牛肉
	Rib with taro	Curry chicken	Mushroom with meat	Braised pork	Braised beef
	烤鸭	卤肉	手撕鸡	鸡肉肠	玉米鸡丁
	Toast duck	Stewed pork	Shredded chicken	Chicken sausage	Chicken with corn
	花菜	西兰花	蛋挞	椒盐土豆	薯条
	Cauliflower	Broccoli	Egg tart	Potato	French fries
	果酱面包	焗土豆	花菜	西兰花	西兰花
	Bread with jam	Baked potato	Cauliflower	Broccoli	Broccoli
	烤土豆	法式面包	三丝炒面	大白菜	牛角包
	Potato	French bread	Chinese noodle	Cabbage	Croissant
	西米露	包菜	洋葱土豆片	披萨	天菜年糕
	Tapioca pudding	Cabbage	Potato with onion	Pizza	Roasted rice cake with vegetable
	椒盐虾	剁椒鱼	葱油小黄鱼	盐水虾	葱油鳊鱼
	Shrimp	Fish	Little yellow croaker	Shrimp	Butterfish
	爆盐鳊鱼	红烧虾	油爆虾	葱烤河鲫鱼	油爆河虾
	Congo eel	Shrimp	Shrimp	Braised Crucian Carp with Scallion	Shrimp
	辣椒炒肉	水煮肉片	毛血旺	麻辣肉片	泡椒肉片
	Capsicum fried meat	Pork slice	Gross blood Mong	Spicy pork slice	Pork slice
	水果	水果	水果	水果	水果
	Fruit	Fruit	Fruit	Fruit	Fruit
	万年青汤	西红柿蛋汤	萝卜汤	红枣银耳汤	紫菜蛋花汤
	Vegetable soup	Tomato soup with egg	Radish soup	Red dates yingerh cod soup	Seaweed soup with egg
米饭	米饭	米饭	米饭	米饭	
Rice	Rice	Rice	Rice	Rice	
蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	
Vegetable	Vegetable	Vegetable	Vegetable	Vegetable	
Snack Menu	牛奶	牛奶	牛奶	牛奶	牛奶
	Milk	Milk	Milk	Milk	Milk
	西瓜	香蕉	小番茄	小甜瓜	油桃
	Watermelon	Banana	Cherry tomato	Muskmelon	Nectarine
	鸡蛋饼	蒸饺	水煮蛋	蒸饺	萝卜丝饼
	Egg cake	Dumpling	Egg	Dumpling	Turnip strips cake
	香梨	橘子	苹果	桂圆	小黄瓜
	Pear	Orange	Apple	Longan	cucumber
吐司面包+果酱	蔓越莓饼干	达利园面包	雪饼	牛角包	
Bread with jam	Cranberry biscuit	Bread	Biscuit	Croissant	





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Address: No. 365 Guanghua Road, National
Hi-Tech Zone, Ningbo 315000
Tel: 86 574 87611005
E-mail: nbis.admin@nbis.net.cn