



NBIS Weekly Newsletter 19

UNITY

DIVERSITY

EXCELLENCE



Cambridge Assessment
International Education

Cambridge International School

Dates to Remember

- February 24: The NBIS Spelling Bee
- March 3: Early Years Information Day
- March 10: Early Years Teddy Bears Picnic
- March 24: Chinese Culture Day

CONGRATULATIONS



Year 13
Yue Qu

Congratulations to Yue Qu (Jacqueline) for receiving the offer to study Merchandise and Marketing at the Fashion Institute of Design and Merchandising (Los Angeles, USA).



Well Done!

Congratulations!

Congratulations to our Chinese teachers April Chen and Angela Tao, who took the Second and Third Prizes in The Second International Chinese Teaching Short Video Competition.



二等奖

- ★ 陈嫣儿 《功夫熊猫闯关记之形容词重叠形式》 中国
- 马亚男 《你家有几口人?》 塔吉克斯坦
- 蒋丽洁 《“比”字句》 塔吉克斯坦

三等奖

- 苗欣、刘济芳 《远亲不如近邻》 中国
- ★ 陶晶晶 《中华有神功：点和提的教学》 中国
- 雷菁 《跟我学汉语》 马达加斯加
- 朱媛媛 《简单反义词》 美国
- 张雷 《语法点：连动句》 塔吉克斯坦



In order to promote the professional development of international Chinese language teachers, showcase their teaching style, and promote in-depth exchanges and cooperation among teachers, Costar Confucius Classroom and Chinese Testing International initiated the event. They held "The Second International Chinese Teaching Short Video Competition (2022)" together with the "International Chinese Teacher Certificate" foreign and domestic examination site and teachers' standard joint formulation units.

第二届国际中文课堂教学 短视频大赛

2022年10月10日-12月10日

With great support of the co-organisers, the competition has set up 22 different areas in various countries, including Russia, Tajikistan, Thailand, Egypt, Madagascar, South Africa, USA, UK, Spain, China and so on. It has received wide attention and active participation from international Chinese language teachers all around the world. During the registration period, a total of 347 sets of work were received from 27 countries.

The event was judged anonymously and senior experts from Fudan University, East China Normal University, Nanyang Technological University, Beijing Normal University, Beijing Foreign Studies University, Nankai University, Xiamen University, Northeast Normal University and Nanjing Normal University were invited to conduct professional reviews. After three rounds of evaluation, 44 outstanding winning entries were selected, including one Grand Prize, one First Prize, three Second Prizes, five Third Prizes, 11 Winners' Prizes and 23 Regional Prizes.





UNITED NATIONS DAY

Ningbo British International School United Nations Day Returns

APRIL 21st 2023

- We need your help -

UN Day Committee is recruiting talented students to perform

Can you sing a song in your native language?

Can you do a traditional dance?

Can you represent your country with an amazing talent?

Can you play a musical instrument that is related to your heritage?



Please contact your homeroom teacher, Mr Armstrong (3A) for primary or Ms. Katerina (gym) for secondary with you auditions.



Ningbo British
International
School

A COMMUNITY OF LEARNERS

THE NBIS SPELLING BEE

The Spelling Bee will be held in the **auditorium at 2 o'clock**.
Years 4-13 are welcome to come and support their peers with their teacher's permission.



FRIDAY 24TH FEBRUARY
2023



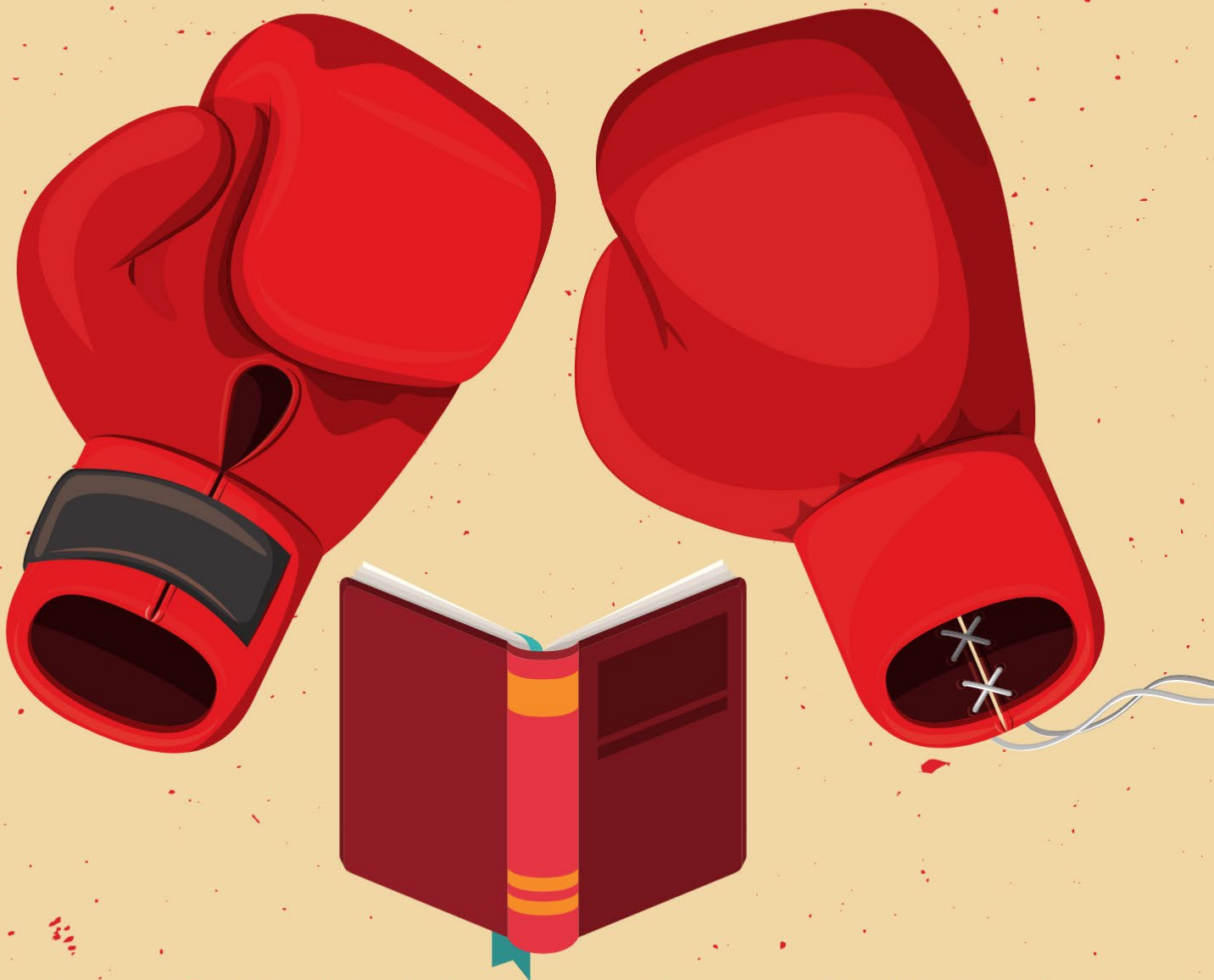
NBIS



BATTLE OF THE BOOKS

Friday 31st March

1.30 pm in the auditorium



Students are invited to join the audience with their teacher's permission.

The yearbook committee would like to offer their heartfelt thanks to all students who submitted artwork for the yearbook cover.

This year it was particularly difficult to choose the winner and the quality of work is a testament to the artistic talent in our school.

Sayaka Y4B

Molly, Marvin and Joyce Y4B

Olivia Y5A

Cherry Y5A

Yenvita Y5B

Laura and Yi-Chen 5B

Anne Y5B

Cassie Y5B

Kaylee Y5B

Riley Y5B

Ziva and Hanna 6A

Odelia Y6A

Clarice Y6B

Ruth Y6B



Sayaka from Year 4B



Molly, Marvin and Joyce from Year 4B









NINGBO BRITISH INTERNATIONAL SCHOOL



READ-A-THON MARCH 2023

You have one month to read as many books as you can!
Take part in a charitable endeavor and give back to your community.



Proceeds will go towards a charity in China that encourages education
for women in rural China (EGRC).



NINGBO BRITISH INTERNATIONAL SCHOOL



READ-A-THON

STUDENT INSTRUCTIONS

The NBIS Read-A-Thon will take place during the whole month of March.

It is your mission to read as many books as possible.

The books you read need to be age and level appropriate. Your English teacher needs to sign off on each book and may ask you questions about the book.

Your friends and family can sponsor the number of books you read.

Sponsors can pledge any monetary amount, e.g., 1RMB per book or 100RMB per book, or, a flat amount.

The reader is responsible for collecting the donations.

Homeroom teachers will collect donations from readers at the end of the month.

All proceeds will then be donated to EGRC (Educating Girls of Rural China).



NBIS READ-A-THON SPONSOR INFORMATION



Make a pledge to encourage reading and raise money for EGRC (Educating Girls of Rural China). The NBIS read-a-thon will take place between **March 1st and March 31st, 2023.**

There are two ways to pledge:

1. You could sponsor a student for a flat amount. If you pledge a flat donation of 20RMB, no matter how much the student reads, you will owe 20RMB.
2. You can pledge an amount for books read. For example, a student reads five books over the span of the read-a-thon. If you sponsored this student for 5RMB per book, you would owe $5 \times 5\text{RMB} = 25\text{RMB}$. You may put a limit on any donation, just indicate that on the sponsor form.





NBIS READ-A-THON

ERGC INFORMATION



"Educated women have educated children."

Established in 2005, EGRC provides young women in rural Western China access to high school and university education through financial sponsorship and emotional support.

EGRC further offers mentorship, and a variety of training programs with a specific focus on mental health, confidence-building, career, and personal development. EGRC is a registered and independent charity in China.

Impact

2,000+

Since 2005 EGRC has sponsored over 2,000 women with their high school and university education.

99%

Sponsored students have achieved over 99% graduation rate.

100%

100% of graduates have found employment. 100% of their families have been lifted out of poverty.



推荐使用微信支付

支持信用卡付款



EGRC上海

微信支付

To donate directly, scan the code

<https://egrchina.net/about-us/>

EARLY YEARS SECTION



Ningbo British
International School
浙江宁波英伦
外籍人员子女学校

NBIS Early Years Information Day

Unity - Diversity - Excellence

+86 574 87611005

www.nbis.net.cn

March 3rd, Friday
9:15-11:00 AM



Scan QR code to join



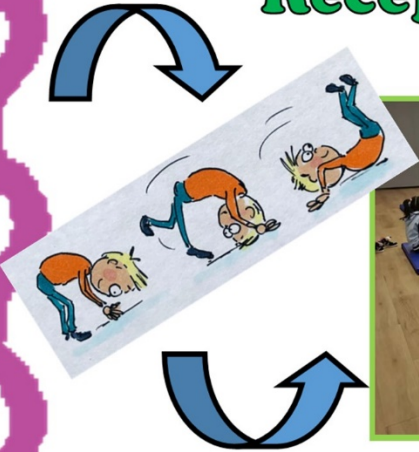
Cambridge Assessment
International Education

Cambridge International School



Reception B's PE class with Mr F!

13th February 2023



Over that last couple of weeks in the children in Reception B have been learning to do Forward Rolls with Mr F in their PE class. They started their PE lesson doing some warm up exercises and working on their listening skills following the different movements Mr F was saying. The warm up instructional movements included Star jumps, lie on your back, lie of your front, sit down, stand up, and jump. The children had a great time following to movements and found it funny laughing as they tried their best to follow Mr F's instructions. After warming up the children listened to Mr F as he reminded and modelled for them, the process of doing a forward roll. Then they each had a turn practicing their forward rolls with Mr F providing support as needed.





Science Rocks with Year 6A

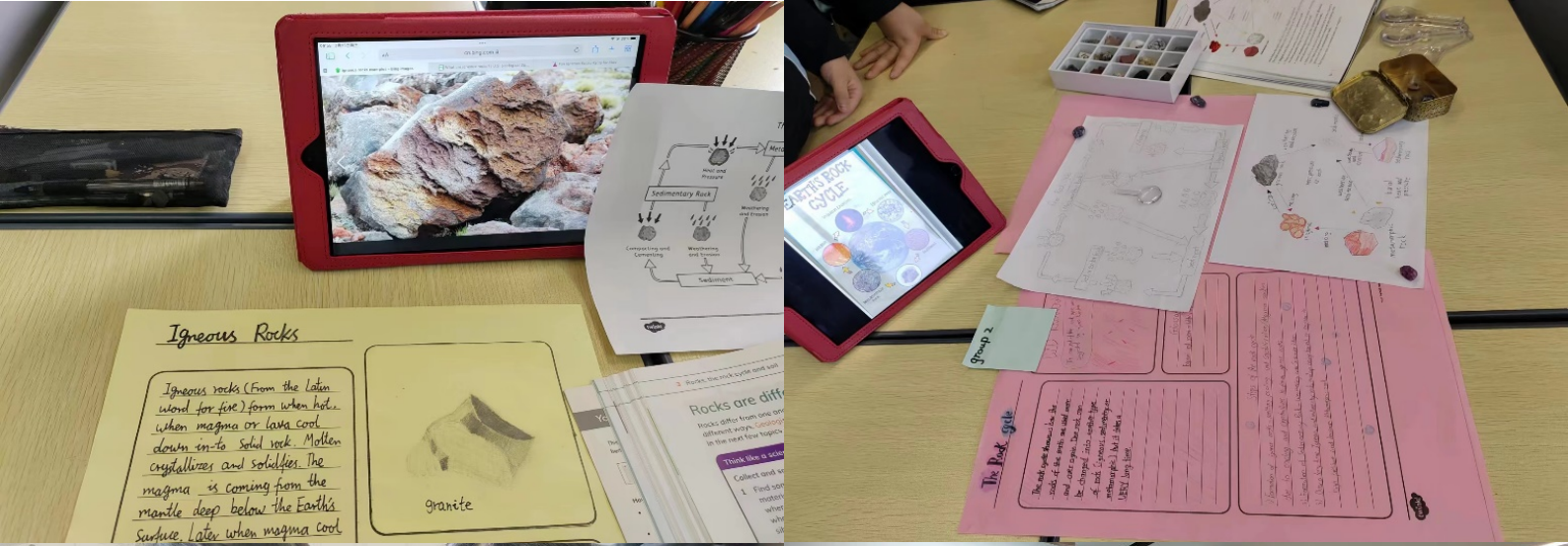


What are rocks? Why are they important? How are they formed? Can rocks be changed? These are just some of the questions that Year 6A students have been investigating in our Cambridge Primary Science Unit on Materials Properties and Changes. Students conducted their own research on rocks, watched videos and read books in class and investigated rock samples in the Science laboratory. They then demonstrated their learning by giving group presentations in class. Here are some of their findings:



Scientists that study rocks are called geologists. Geologists disagree about how many different types of rocks there are, but they all agree that rocks are formed from minerals – the basic building blocks on the earth. Rocks come in all shapes, sizes and colours and can even change from one form to another! There are three main types of rocks – Igneous, metamorphic and sedimentary. Igneous rocks are formed from the cooling of hot Earth material called magma. Sedimentary rocks are formed from sediments. Sediments are tiny pieces of Earth's material such as mud, sand and clay carried by wind or water. Over hundreds of thousands of years, the layers of sediment are pressed together to form rock. Metamorphic rock is rock that is changed by heat and pressure. For example, an igneous rock like granite can be changed to gneiss – a metamorphic rock, and a sedimentary rock like limestone, changes through intense heat and pressure to form marble.





Rocks are very important and can sometimes tell a story. Take a look at the rocks where you live and see if you can uncover their story like the scientists of Year 6A. Science Rocks!



Upper Primary Assembly

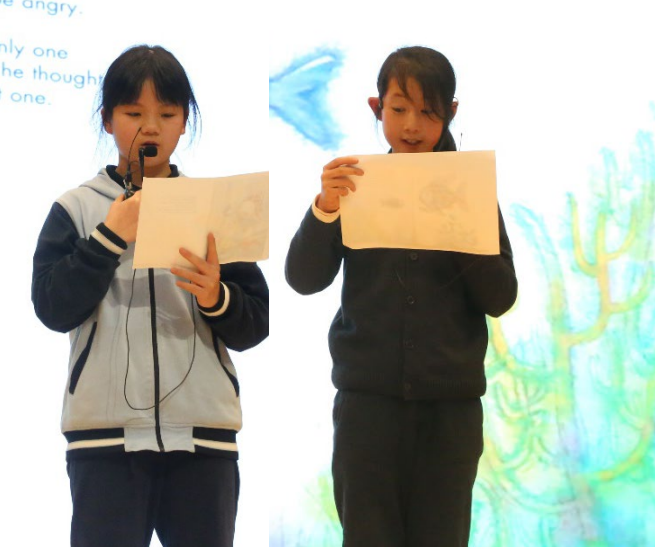
Mr Mathew Thompson presented awards during the Upper Primary assembly to this week to much enthusiasm and applause. Year Six students selected Class 5A to be inaugural winners of the new "Class Award", which was warmly presented by Stella and Odelia.



Congratulations to our stars of the week

4A Selena, 4B Melodie, 5A Dan, Chip 5B, Guanguan, 6A Hanna, Ike 6B Ruth, Angela





Student Council Presentation

NBIS' Student Council presented and performed "The Rainbow Fish", a story which teaches children important morals about the kindness of sharing and how sharing ultimately leads to happiness.

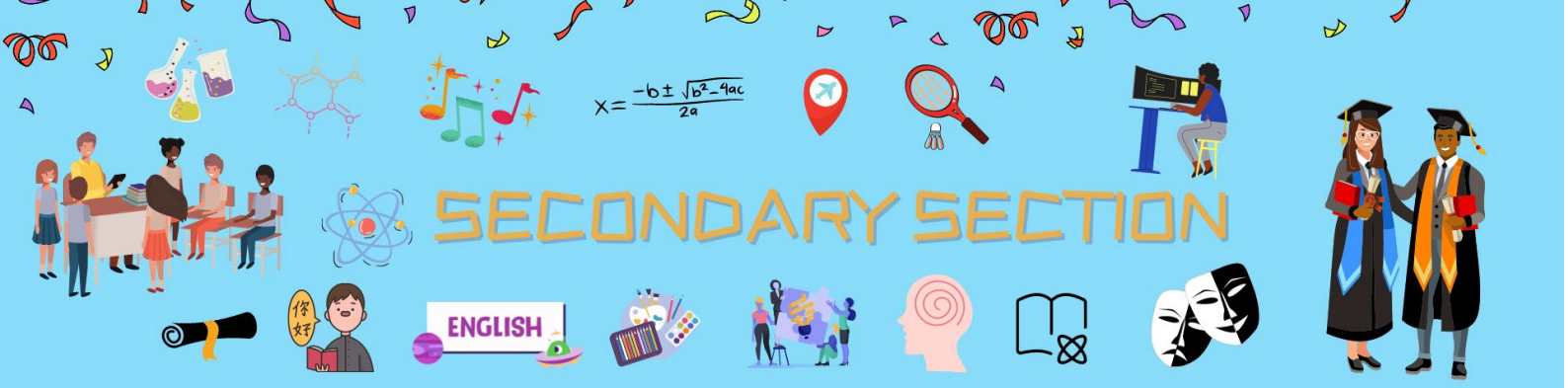
The council chose the story to tie in "Valentine's Day", celebrated on the 14th of February, which shares the values of sharing and kindness.

The Student Council are also designing a display board for students to celebrate each other's acts of kindness. More on this next week!

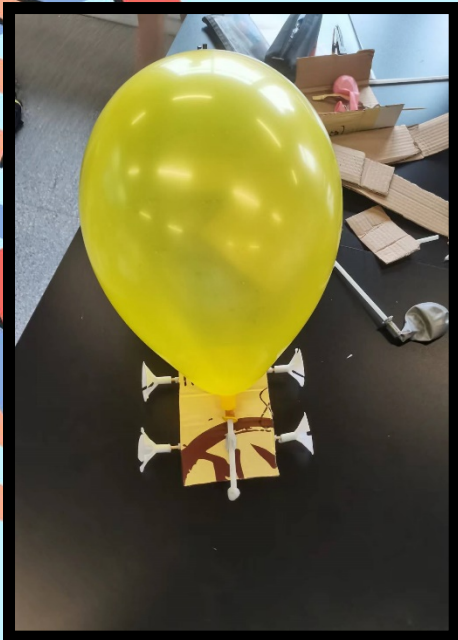


Ningbo British International School

A COMMUNITY OF LEARNERS



Lower Secondary Science - Semester One Summary



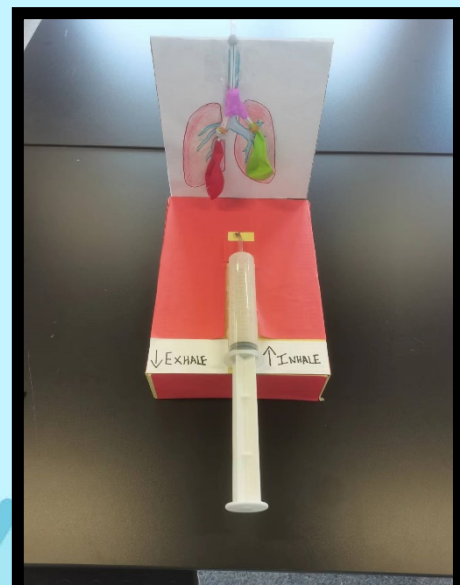
I started teaching the Year 7 and 8 classes in August 2022. We spent the first week bonding and getting to know one another. During this time, we did many ice-breakers. Perhaps one of the most popular activities during this period was where students had to build their own balloon powered cars and race them!

As the group chemistry increased, we wasted no time and swiftly started with our coursework. Biology was up first, where Year 7 class learnt about cells, tissues and organs, classification of organisms and microorganisms and the environment.

The Year 8s tackled respiration & gas exchange, ecosystems and nutrition and growth. They had a lot of fun creating models representing the respiratory system.

Overall I have been very impressed with the students' enthusiasm for learning science and look forward to working with them in semester two where we will continue learning about chemistry and physics. Currently the Year 7 and 8 classes are on their chemistry strand. Year 8s are learning about properties of materials, whilst Year 7s are focusing their energy on materials and their structure.

Mr. Martin Coetzee





NBIS

OUTDOOR LEARNING

Years 7-9

Join us for the adventure of a
lifetime!



Destination: Anji, Zhejiang

Duration: 5 days (June 12th-16th)

Cost: 4800RMB (not including train fare).

Learning Goals:

- Health and well-being
- Sustainability
- Team building
- Global citizenship.

Sign up with your homeroom teacher



OUTDOOR LEARNING

Years 7-9



Activities:

- **Team building games**
- **Scavenger hunt**
- **Rock climbing**
- **Abseiling**
- **Nighttime exploration/ flashlight games**
- **Building a waste incinerator**
- **Kung Fu master class**
- **Bamboo weaving workshop**
- **Orienteering**
- **Caving**
- **Tie-dye workshop**
- **Bonfire and BBQ**

For an information leaflet, ask your homeroom teacher



NBIS OUTDOOR LEARNING

AN UNFORGETTABLE ADVENTURE

Years 10-13

**A 5-DAY
EXCURSION**

Location: Songyang, Zhejiang

Cost: 4900RMB (not including train fare)

Duration: 5 days (June 12th-16th)

Learning goals:

Understand how poverty and wealth can affect human needs

Learn about strategies to overcome inequalities

Compare living in a megacity to the countryside.

ACTIVITIES:

- Teambuilding exercises
- Discussions on global citizenship
- Stargazing and talks on light pollution
- Learn survival skills
- Outdoor movie
- Mountain trail trek
- Making paper and bamboo weaving
- Opera workshop
- Scavenger hunt
- BBQ and bonfire
- Students will present their ideas on revitalizing Songyang to the local government.



Sign up with your homeroom teacher

www.wildchinaeducation.com



2022-23 Semester 2 NBIS ECA - External providers

Registration Deadline: 2023-03-01.
The payment will be made on semester basis.
Limited capacity! First come first serve!

ECA: French <https://ding.tomatoform.com/f/doq2edhx>



NBIS French ECA

ECA Venue	Day & Time	Age Group	Fees (RMB)	No. of Students
2C Classroom	Tuesday/Thursday	Grade 4 – Grade 9	150 per class	10-15

ECA: Primary Football <https://ding.tomatoform.com/f/ves9wqmt>



Primary Football ECA

ECA Venue	Day & Time	Age Group	Fees (RMB)	No. of Students
NBIS Grounds	Wednesday/Friday	Grade 1-6	100 per class	10-15

ECA: Brazilian Jiu-Jitsu <https://ding.tomatoform.com/f/dqad06dm>



Brazilian Jiu-Jitsu ECA

ECA Venue	Day & Time	Age Group	Fees (RMB)	No. of Students
Dance Studio	Thursday	Grade 1 – Grade 9	150 per class	25 maximum

If you have any question regarding to the ECA above please contact us via school email at nbis.admin@nbis.net.cn. Thank you.

Address: No. 365 Guanghua Road, National Hi-Tech Zone, Ningbo 315000 Website: www.nbis.net.cn

Email: nbis.admin@nbis.net.cn Fax: 86 574 87611136 Tel: 86 574 87611005



Ningbo British International School

ECA: Lower Primary Tennis <https://ding.tomatoform.com/f/v5o3wsd0>



ECA Venue	Day & Time	Age Group	Fees (RMB)	No. of Students
NBIS Gym	Tuesday/Wednesday	Grade 1-3	200 per class	6-12

ECA: Fencing <https://ding.tomatoform.com/f/wknhamdd>



ECA Venue	Day & Time	Age Group	Fees (RMB)	No. of Students
Fencing Room	Monday/Tuesday	Grade 1 – Grade 9	180 per class	15-20

ECA: Golf <https://ding.tomatoform.com/f/bq8ld83b>



ECA Venue	Day & Time	Age Group	Fees (RMB)	No. of Students
NBIS Campus	Thursday/Friday	Grade 1 – Grade 9	230 per class	6-12

ECA: Skating <https://ding.tomatoform.com/f/6nm9xjye>



ECA Venue	Day & Time	Age Group	Fees (RMB)	No. of Students
Champion Rink (InTime Mall)	Wednesday	Grade 1-6	300 per class + bus fee	25 maximum

Address: No. 365 Guanghua Road, National Hi-Tech Zone, Ningbo 315000 Website: www.nbis.net.cn

Email: nbis.admin@nbis.net.cn Fax: 86 574 87611136 Tel: 86 574 87611005

The New Management of the Logistics Company Provides Professional Services for NBIS



Welcome to Ms Fan, the new manager of the logistics company which provides services for our school.

Ms Fan has worked with the Wanli Education Group for many years and comes to us from her previous posting at the University of Nottingham, Ningbo Campus.

Ms Fan is eager to assess the quality of the services provided to NBIS and to consult with us about how things can be further improved.

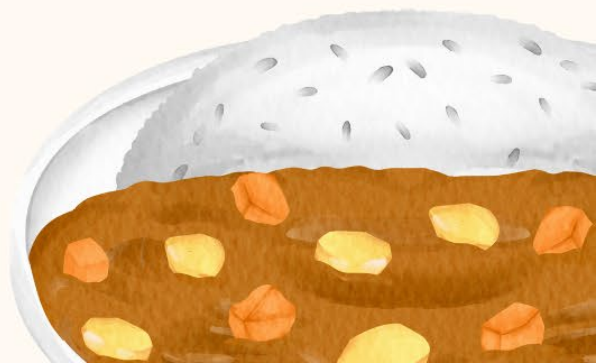
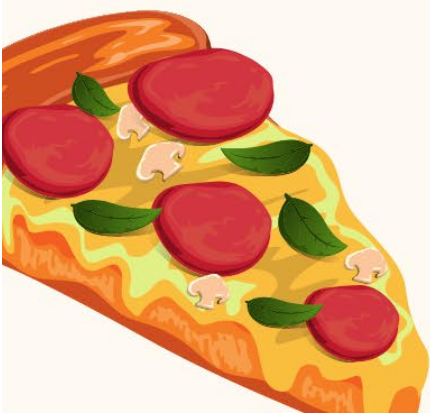




NBIS Weekly Menu

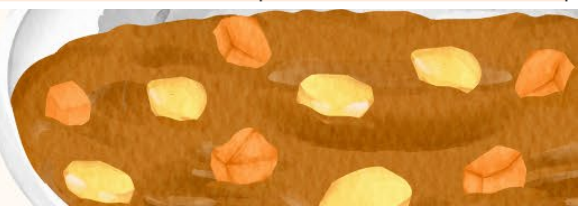
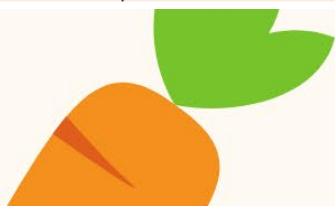
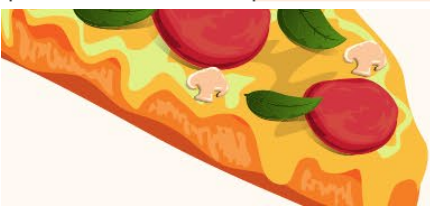


Sample Dishes



February 20th – February 24th

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Menu	卡兹脆鸡排	烤香肠	鸡米花	五彩焗虾仁	热狗
	Crispy chicken chop	Roast sausage	Popcorn chicken	Shrimp	Hotdog
	粉条牛肉	肉丸	红烧肉	黑椒鸡块	烤鸡腿
	Stewed beef vermicelli	Meatball	Braised pork	Chicken nugget	Toast chicken leg
	褰袋	巴沙鱼	烤鸡	玉米仔排	西红柿烩牛肉
	Bean curd skin rolls with minced pork	Basa fish	Toast chicken	Rib with Corn	Braised beef with tomato
	薯条	意大利面	三明治	菠萝炒饭	葱油山药
	French fries	Pasta	Sandwich	Rice with pineapple	Yam
	西兰花	花菜	红薯	花菜	水果玉米
	Broccoli	Cauliflower	Roast sweet potato	Cauliflower	Corn
	西红柿炒蛋	法式面包	西兰花	汉堡	西兰花
	Scrabble egg with tomato	French bread	Broccoli	Hamburger	Broccoli
	牛角包	包菜	大白菜	西米露	蛋挞
	Croissant	Cabbage	Cabbage	Tapioca pudding	Egg tart
	椒盐虾	剁椒鱼	葱油小黄鱼	盐水虾	葱油鳊鱼
	Shrimp	Fish	Little yellow croaker	Shrimp	Butterfish
	爆盐鳊鱼	红烧虾	油爆虾	葱烤河鲫鱼	油爆河虾
	Congo eel	Shrimp	Shrimp	Braised Crucian Carp with Scallion	Shrimp
	辣椒炒肉	水煮肉片	毛血旺	麻辣肉片	泡椒肉片
	Capsicum fried meat	Pork slice	Gross blood Mong	Spicy pork slice	Pork slice
	水果	水果	水果	水果	水果
	Fruit	Fruit	Fruit	Fruit	Fruit
	海带汤	大白菜豆腐汤	红枣银耳汤	万年青汤	西红柿蛋汤
Kelp soup	Vegetable soup with tofu	Red dates yingerh cod sou	Vegetable soup	Tomato soup with egg	
米饭	米饭	米饭	米饭	米饭	
Rice	Rice	Rice	Rice	Rice	
蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	
Vegetable	Vegetable	Vegetable	Vegetable	Vegetable	
Snack Menu	牛奶	牛奶	牛奶	牛奶	牛奶
	Milk	Milk	Milk	Milk	Milk
	小青瓜	香蕉	小甜瓜	小番茄	橙子
	Cucumber	Banana	Muskmelon	Cherry tomato	Orange
	蒸饺	鸡蛋	肉包	鸡蛋饼	蒸饺
	Dumpling	Egg	Steamed meat dumpling	Egg cake	Dumpling
	香梨	橘子	苹果	西瓜	哈密瓜
	Pear	Orange	Apple	Watermelon	Hami melon
蛋糕	牛角包	吐司面包+果酱	巧克力饼干	苏打饼干	
Cake	Croissant	Bread with jam	Chocolate biscuit	Soda biscuit	





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Tel: 86 574 87611005
E-mail: nbis.admin@nbis.net.cn