



NBIS Weekly Newsletter 16

UNITY

DIVERSITY

EXCELLENCE



Cambridge Assessment
International Education

Cambridge International School

Dates to Remember

- January 14 – February 5: Chinese New Year (No School)
- February 6: School Starts

NBIS - OPEN AND OPERATIONAL

The last three weeks have proved more than turbulent for many in China as all the mechanisms of pandemic prevention and control were dismantled at a speed that few had anticipated.

In just a few days, borders were opened, quarantine scrapped, checking of health and travel codes decommissioned, mass testing and tracing terminated.

And of course, the virus was given free rein ... leading to the vast majority of urban populations becoming infected and suffering – some more than others - for a while.

Opening school in these circumstances was by no means easy. However, as I've indicated many times, our purpose in Ningbo is to serve the international community with the provision of an excellent education for their children; and within the parameters of safety and common sense, we will always try to keep the school open.

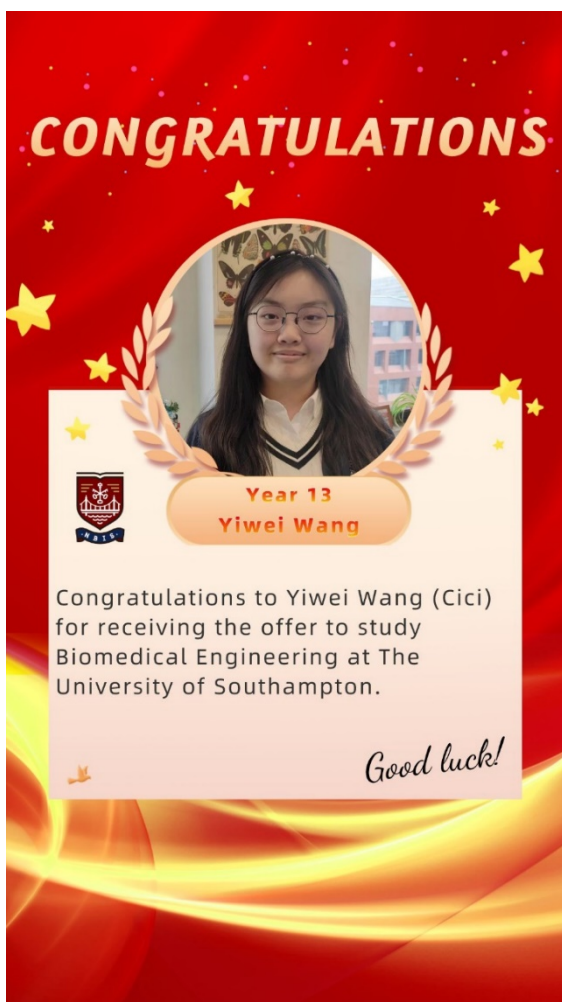


I wish to acknowledge the flexibility and positivity demonstrated by the teaching teams and support staff at the school during this time. Their good will, creativity, hard work and sense of humour has enabled us to keep going. And it is more than evident that the students are happy to be in school! Teachers are also providing relevant and meaningful tasks and activities for children at home.


Student attendance throughout has averaged around 60%, but not so evenly spread ... some year groups have virtually no absent students, while others have very few attending! Staff attendance has been around 75% ... with some teachers becoming ill and having to stay home, and others returning after recovery. Adjustments to arrangements are made daily.

Thank you for your understanding and support during this unusual time. Please continue to support with regard to the simple health rules: If a child has a fever, they must stay home and be clear of fever for 48 hours before returning to school. Any student with typical Covid symptoms should stay home until the symptoms have cleared. If your child is well, please send them to school.

Philip R Billing
Principal



CONGRATULATIONS



Year 13
Yiwei Wang

Congratulations to Yiwei Wang (Cici) for receiving the offer to study Biomedical Engineering at The University of Southampton.

Good luck!



CONGRATULATIONS



Year 13
Yue Qu

Congratulations to Yue Qu (Jacqueline) for receiving the offer to study Strategic Design and Management at Parsons School of Design, The New School. (Ranked #3 in the world for Art & Design and #1 in the USA - 2023 QS)

Well Done!

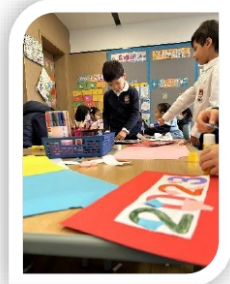


PRIMARY SECTION

Year 1C



In our current literacy unit, we are learning about instructions. This week we were working on following a sequence of simple instructions. Our friends needed to follow the instructions from the teacher to properly complete their pictures.



Each of our friends was given different materials to make a craft celebrating the new year. They needed to listen carefully, and follow instructions, in order to complete the picture correctly. They needed to first color, cut, and paste the year 2023 on their paper. Then they needed to tear small pieces of paper to decorate their paper with 'fireworks'. Finally, they needed to decorate their paper with a rabbit, dragon mask, and lantern. They did an amazing job of listening and using their knowledge of following instructions.



Elaine, Flynn, Yanny, Kartik, and Amanda loved showing their finished pictures!



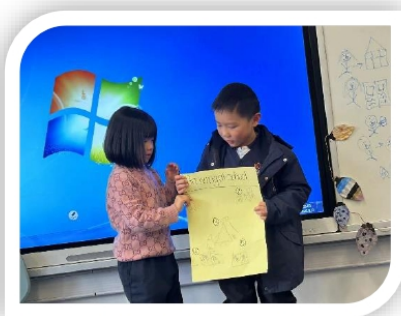


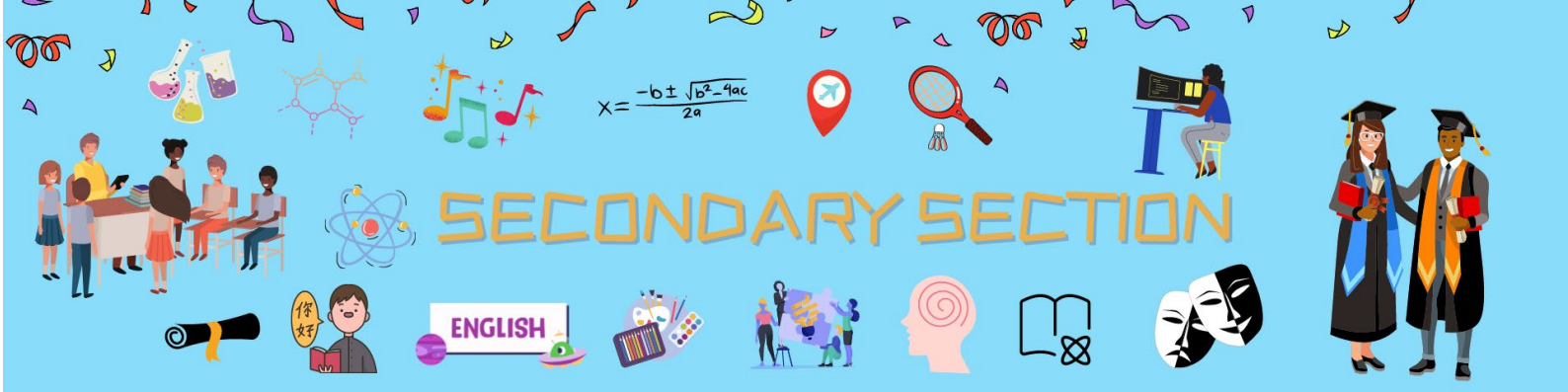
Year 1C

We continued our learning about instructions by giving our friends a chance to be the teacher. Each pair of friends needed to teach their classmates the sequence of steps needed to complete a task. Whether it was tidying up the classroom, arriving at school, going home after school, eating lunch at NBIS, or getting ready for school, the pairs needed to draw five pictures to illustrate the sequence of events needed to complete their specific tasks. The pairs did a great job of collaborating with one another and deciding on five steps needed to complete the task. They made sure each of their illustrations was detailed enough to help their friends clearly understand how to complete each of the five steps.



Once all of the pairs were finished, they came up one by one to present their instructions to the rest of the class. The other groups loved seeing the pictures from each of the pairs and listening to the sequence of instructions. Below, you can see the finished instructions from three of our pairs. Amanda and Mark, Harry and Celine, Yanny and Luke loved teaching their classmates the proper sequence of instructions to complete their tasks.





Secondary Art Department Updates

Dear Parents,

In Art & Design, 2022 was in fact a momentous year for Secondary Students; some youngsters put their hands to the test in drawing, geometric pattern-making, commercial art, print-making, and painting, other senior Art students were busy developing their visual literacy skills and Art History acumen, while preparing new works and final portfolios for Cambridge Exams around the corner. For both Art teachers and students at NBIS, it's been a very dynamic year. The feeling in the air is that we are even more excited for the creativity and possibilities to apply imaginations to the Visual Arts in 2023. Below are a few documentary photographs and some of the highlights from the past year.

Mr. Nicholas Toulouse, NBIS Art Teacher



Year 9 students inking their plates in an experimental print-making class



Year 8 students are now making big scale charcoal drawings with the help of a magnifying glass.



Year 8 students made small matchbox dioramas using small found objects in their households.



Year 8 and 9 entrepreneurs designed monograms and carved stamps using their initials.



Year 11 students drawing from observation during their mock exam last month.

A year 10 student Natalie made this drawing of her favorite breads and pastries from the bakery



Year 10 student Sue Guo studies the drapery of the famous statue in the Louvre the Venus de Milo

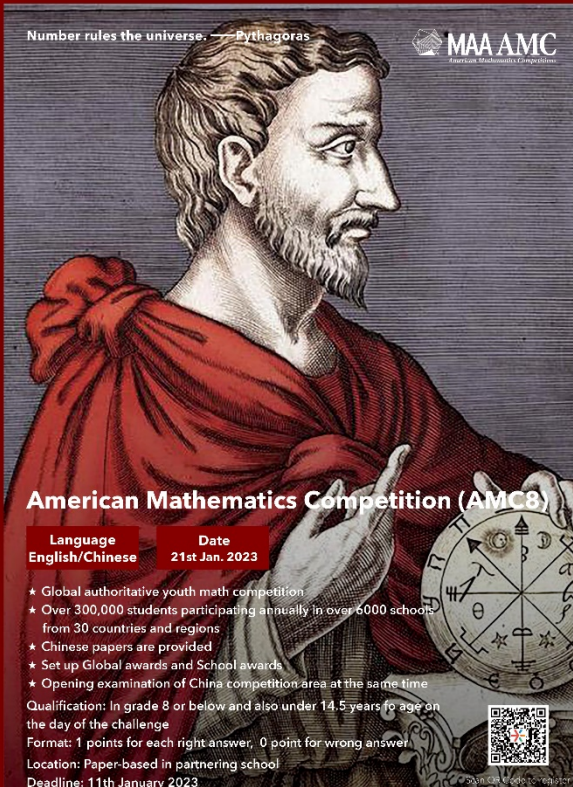


A talented young Emma Li Year 11 with her large-scale painting of a table arrangement

Year 11 Liena Schwartz exchanges with racquet and brush on both the tennis court and the canvas.



Number rules the universe. — Pythagoras




MAA AMC
Mathematical Association of America

American Mathematics Competition (AMC8)

Language	Date
English/Chinese	21st Jan. 2023

- ★ Global authoritative youth math competition
- ★ Over 300,000 students participating annually in over 6000 schools from 30 countries and regions
- ★ Chinese papers are provided
- ★ Set up Global awards and School awards
- ★ Opening examination of China competition area at the same time

Qualification: In grade 8 or below and also under 14.5 years of age on the day of the challenge
 Format: 1 points for each right answer, 0 point for wrong answer
 Location: Paper-based in partnering school
 Deadline: 11th January 2023



中国官网: www.seedasdan.asia/en/amc8-en
 联系电话: 400-9999-615

阿思丹 ASEEDER

数学是万物的本质——毕达哥拉斯



MAA AMC
Mathematical Association of America

美国数学测评

American Mathematics Competition (AMC8)

活动语言	活动时间
中英文	2023.1.21

- ★ 全球权威青少年数学测评活动之一
- ★ 每年超过 30 个国家和地区 6000 所学校 30 万学生参与
- ★ 采用中英文试卷便于中国学生参与
- ★ 设置全球奖项、学校团体奖
- ★ 中国大陆统一时间开考

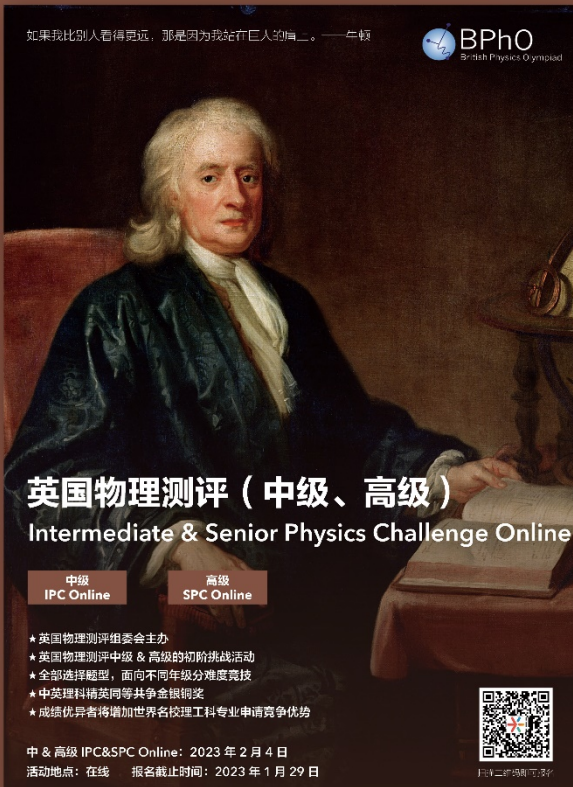
参与年级: 8 年级 (初二) 且 14.5 岁以下年级 / 年龄学生
 活动形式: 25 道单选题, 每题答对得一分, 答错不扣分
 活动地点: 全国各教学合作学校校内 报名截止时间: 2023 年 1 月 11 日



中国官网: www.seedasdan.asia/amc8
 联系电话: 400-9999-615

阿思丹 ASEEDER

如果我比別人看得更遠, 那是因为我站在巨人的肩上。——牛頓



BPhO
British Physics Olympiad


英国物理测评 (中级、高级)

Intermediate & Senior Physics Challenge Online

中级	高级
IPC Online	SPC Online

- ★ 英国物理测评组委会主办
- ★ 英国物理测评中级 & 高级的进阶挑战活动
- ★ 全部选择题型, 面向不同年级分难度竞赛
- ★ 中英理科精英同等共争金银铜奖
- ★ 成绩优异者将增加世界名校理工科专业申请竞争优势

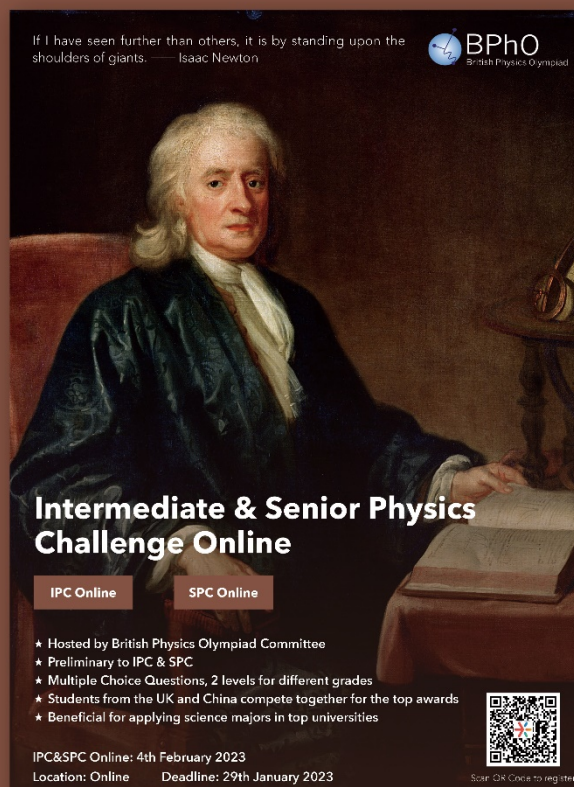
中 & 高级 IPC&SPC Online: 2023 年 2 月 4 日
 活动地点: 在线 报名截止时间: 2023 年 1 月 29 日



中国官网: www.asdanchina.asia/ipcspc
 联系电话: 400-9999-615

阿思丹 ASEEDER

If I have seen further than others, it is by standing upon the shoulders of giants. — Isaac Newton




BPhO
British Physics Olympiad

Intermediate & Senior Physics Challenge Online

IPC Online	SPC Online
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- ★ Hosted by British Physics Olympiad Committee
- ★ Preliminary to IPC & SPC
- ★ Multiple Choice Questions, 2 levels for different grades
- ★ Students from the UK and China compete together for the top awards
- ★ Beneficial for applying science majors in top universities

IPC&SPC Online: 4th February 2023
 Location: Online Deadline: 29th January 2023



Website: www.seedasdan.asia/en/ipcspc-en/
 Telephone: 400-9999-615

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I have never had any luck, and I will never expect to be lucky in the future! —Madame Curie



ROYAL SOCIETY OF CHEMISTRY

UK Chemistry Olympiad

Language English	Date 28 Jan. 2023
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- ★ The most prestigious chemistry competition for school students in the UK
- ★ Special opportunity for Chinese students to compete on the same problems as UK students
- ★ Awards provide evidence supporting applications to top universities

Location: Paper-based in partnering school Deadline: 18 Jan. 2023

Scan QR Code to register

Website: www.seedasdan.asia/en/ukcho-en/
Telephone: 400-9999-615

阿思丹 ASEEDER

我从来不曾有过幸运，将来也不指望幸运
我的最高原则是：无论对任何困难都决不屈服
——居里夫人



ROYAL SOCIETY OF CHEMISTRY

英国化学测评 UK Chemistry Olympiad

活动语言 英文	活动时间 2023.01.28
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- ★ 英国最高学术难度的高中化学测评活动
- ★ 国际权威学术机构英国皇家化学会主办
- ★ 与美国化学精英同台竞争金银铜奖
- ★ 获奖选手增加世界名校申请竞争优势

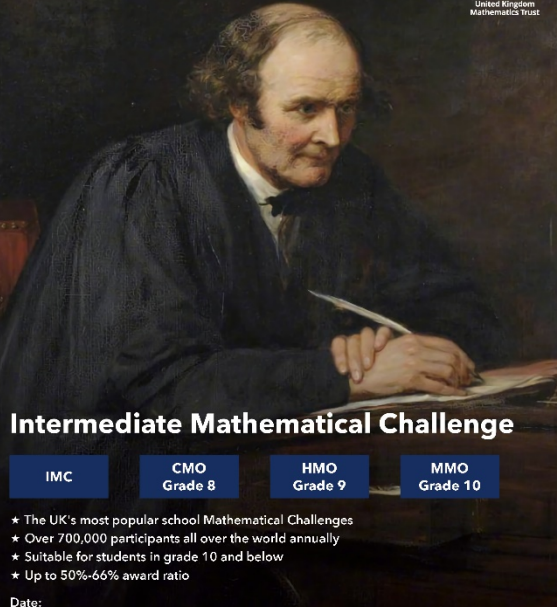
活动地点：全国各教学合作学校校内 报名截止时间：2023年1月18日

扫描二维码可报名

中国官网: www.seedasdan.asia/ukcho
联系电话: 400-9999-615

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As for everything else, so for a mathematical theory: beauty can be perceived but not explained. —Arthur Cayley



United Kingdom Mathematics Trust

Intermediate Mathematical Challenge

IMC	CMO Grade 8	HMO Grade 9	MMO Grade 10
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- ★ The UK's most popular school Mathematical Challenges
- ★ Over 700,000 participants all over the world annually
- ★ Suitable for students in grade 10 and below
- ★ Up to 50%-66% award ratio

Date:
IMC: 2nd February 2023 (Thursday)
CMO/HMO/MMO: 17th March 2023 (Friday)

Location: Paper-based in partnering school
IMC Deadline: 23rd Jan. 2023

Scan QR Code to register

Website: www.seedasdan.asia/en/imc-en/
Telephone: 400-9999-615

阿思丹 ASEEDER

数学理论如任何其他事物一样：美只能感知不能言传。
——阿瑟·凯莱



United Kingdom Mathematics Trust

英国数学测评 (中级) UKMT - Intermediate Mathematical Challenge

中级 /IMC	8 年级进阶 / CMO	9 年级进阶 / HMO	10 年级进阶 / MMO
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- ★ 英国规模最大、最权威的中学数学测评活动
- ★ 每年超过 70 万全球中学生参加，从中选拔选手晋级英国数学奥林匹克国家队
- ★ 中级数学测评适合 10 年级 (高一) 及以下年级同学参加
- ★ 全球评奖获奖率高达 50%-66%

活动时间:
IMC - 2023 年 2 月 2 日 (周四)
CMO/HMO/MMO - 2023 年 3 月 17 日 (周五)

活动地点：全国各合作学校校内 IMC 报名截止时间：2023 年 1 月 23 日

扫描二维码可报名

中国官网: www.seedasdan.asia/imc
联系电话: 400-9999-615

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浙江宁波英伦
外籍人员子女学校
Ningbo British
International
School

No Fireworks

不放烟花爆竹，
文明绿色过节！



做好疫情个人防护，少放不放烟花爆竹，
从你我做起。



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NBIS Weekly Menu



Sample Dishes



	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Menu	鸡米花	红烧鹌鹑蛋	炸鸡排	鱼排	红烧牛肉
	Popcorn chicken	Braised quail egg	Crispy chicken chop	Fried fish chop	Braised beef
	油豆腐烧肉	香酥鸡腿	西芹虾仁	红烧肉	蒜苗腊肉
	Tofu with pork	Crispy chicken	Celery with shrimp	Braised pork	Meat with garlic
	鸡肉肠	粉条牛肉	烤鸭	咖喱鸡	烤鸡
	Chicken sausage	Stewed beef vermicelli	Roast duck	Curry chicken	Toast chicken
	虾仁日本豆腐	焗土豆	花菜	西兰花	花菜
	Japanese tofu with shrimp	Baked potatoes	Cauliflower	Broccoli	Cauliflower
	花菜	西兰花	炒包菜	烤土豆	薯条
	Cauliflower	Broccoli	Cabbage	Roast potato	French fries
	烤年糕	蛋挞	牛角包	葱油娃娃菜	凯撒鸡肉卷
	Roasted rice cake with vegetable	Egg tart	Croissant	Baby cabbage	Caesar chicken roll
	果酱面包	青豆玉米	炒面	法国面包	炒青菜
	Bread with jam	Corn with green bean	Chinese noodle	French bread	Vegetable
	小炒肉	水煮肉片	酸菜肉片	毛血旺	麻辣肉片
	Fried slice streaky pork	Poached pork slice	Pork slices	Gross blood Mong	Spicy pork slice
	红烧虾	盐水虾	酱爆河虾	红烧虾	红烧虾
	Shrimp	Shrimp	Shrimp	Shrimp	Shrimp
	葱油玉兔鱼	孜然橡皮鱼	葱油小黄鱼	葱烤河鲫鱼	椒盐带鱼
	Fish	Jerk filefish	Little yellow croaker	Braised Crucian Carp with Scallion	Ribbonfish
	水果	水果	水果	水果	水果
	Fruit	Fruit	Fruit	Fruit	Fruit
	万年青汤	大白菜豆腐汤	西红柿蛋汤	紫菜虾皮汤	海带汤
	Vegetable soup	Vegetable soup with tofu	Tomato soup with egg	Seaweed soup with dried shrimps	Kelp soup
	米饭	米饭	米饭	米饭	米饭
	Rice	Rice	Rice	Rice	Rice
	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘
	Vegetable	Vegetable	Vegetable	Vegetable	Vegetable
Snack Menu	牛奶	牛奶	牛奶	牛奶	牛奶
	Milk	Milk	Milk	Milk	Milk
	橘子	香蕉	小番茄	小青瓜	香蕉
	Orange	Banana	Cherry tomato	Cucumber	Banana
	鸡蛋饼	蒸饺	水煮蛋	奶黄包	叉烧包
	egg cake	Dumpling	Egg	Stemed creamy custard bun	Barbecued pork bun
	香梨	红心柚子	苹果	桂圆	芦柑
	Pear	Pomelo	Apple	Longan	Orange
	面包片+果酱	蔓越莓饼干	肉松蛋糕	巧克力饼干	抹茶曲奇
	Bread with jam	Cranberry biscuit	Cake	Chocolate biscuit	Green tea cookies

January 9 – January 13



UNITY

DIVERSITY

EXCELLENCE



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