



Ningbo British
International
School

2021-2022
2022-4-28

NBIS WEEKLY
NEWSLETTER 30



Cambridge Assessment
International Education

Cambridge International School



Address: No. 365 Guanghai Road, National Hi-Tech Zone, Ningbo 315000

Website: www.nbis.net.cn

Email: nbis.admin@nbis.net.cn

Tel: 86 574 87611005

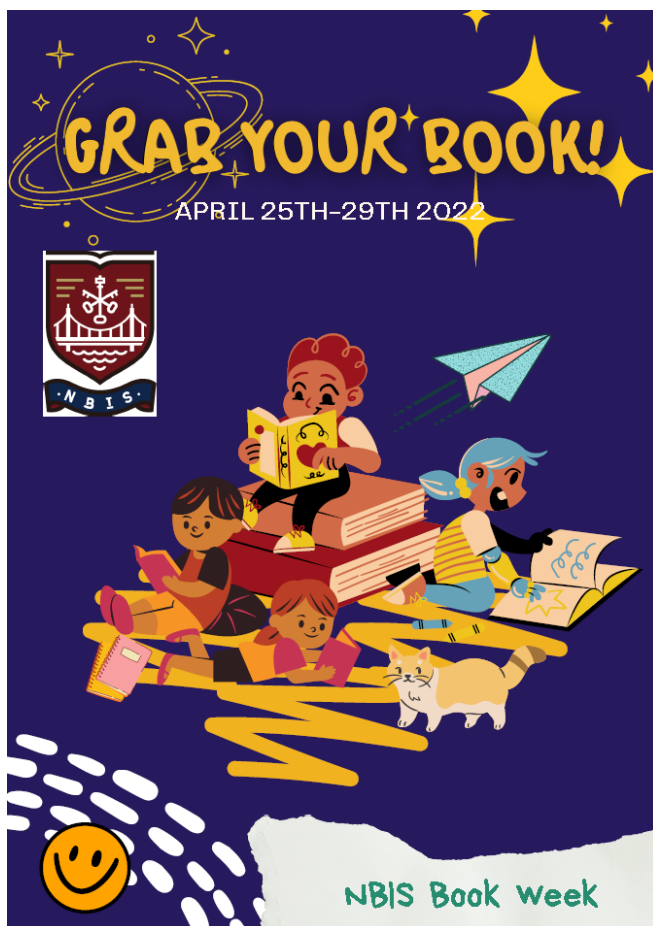
Fax: 86 574 87611136

Dates to Remember

- April 25 - 29: NBIS Book Week
- April 30 - May 3: Labour Holiday (No school)
- **Important CALENDAR ADJUSTMENT: SEMESTER 2**

The Dragon Boat Festival Holiday will be June 3-7. Please make note of this change.

Look What's Coming...



More University Offers

The future is bright for our graduating students!

CONGRATULATIONS



**Year 13
Lucia Brucoli**



Congratulations to Lucia Brucoli for receiving the offer to study Global Studies at The Chinese University of Hong Kong with an admission scholarship covering the full 2022-23 academic year.

Well Done!

CONGRATULATIONS



**Year 13
Congwen Deng**

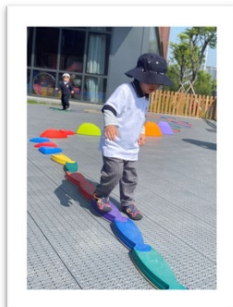
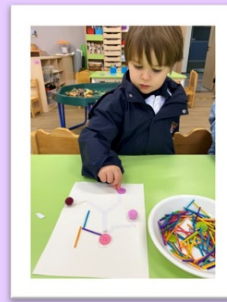


Congratulations to Congwen Deng for receiving the offer to study Mathematics with Statistics at the University of Southampton.

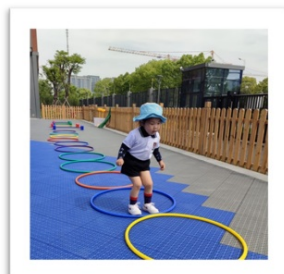
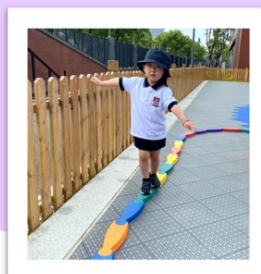
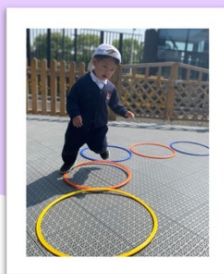
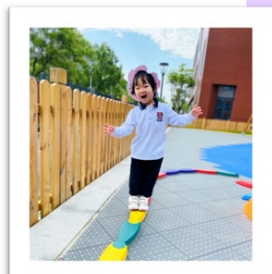
Well Done!

Pre-school

Preschool



The preschool children have been learning about movements over the past few weeks. We talked about some easy movements such as walking, running, hopping and jumping. We learned these movements through singing action songs, making handcrafts and getting involved in outdoor activities. Our children enjoyed moving themselves while getting to be familiar to these movements.



Year 1B

Earth Day



For Earth Day students painted and got messy with some green and blue paint! It was great to see their excitement and we also discussed how important the planet is to us and how we can look after it.



DRAMA IN YEAR 6B

Teaching drama is a very important part of the primary school curriculum. It has many varied and diverse benefits. Through drama, students can stimulate creativity in problem solving. They can challenge their perceptions about their world and about themselves. Drama can also provide students with a channel for emotions, thoughts, and dreams that they might not otherwise have means to express. A student can, if only for a few moments, become another person, explore a new role, try out and experiment with different personal choices and solutions to real problems, which can also mirror problems from their own life. All this can happen in a safe environment, where actions and consequences can be examined and discussed with the guidance of a caring and supportive teacher.



At the center of drama is communication and language. Drama allows students to communicate with and understand others in new ways. A student who is an actor/actress can have less difficulty speaking in public, and can learn to be more influential in his/her communications, both written and oral. It can also help students to develop and foster a more positive, confident self image.



Participation in dramatic activity also requires self control and discipline that will serve the student well in all aspects of life. Students in drama will learn to work together and cooperate. They are able to find the best way for each member of a group to contribute. This collaborative environment is at the heart of a dramatic production where all actors need to work together to put on a successful production.



Drama also helps students develop tolerance and empathy. An actor must be able to understand how the world looks through another person's eyes. This does not mean a student will agree with every character. An actor can play a troubled hero without becoming one. But he cannot play the hero without understanding his point of view, without empathy.



And above all drama can be fun! Drama games and activities are a great way for students to unlock their use of imagination, and be wild and crazy in a safe way. They can support each other, laugh with each other, explore with each other and grow with each other.

Finally, let's remember the well-known quote (Act II, Scene VII) from William Shakespeare's famous play As You Like It: '**All the world's a stage**'. It is! So let's get out and get acting!



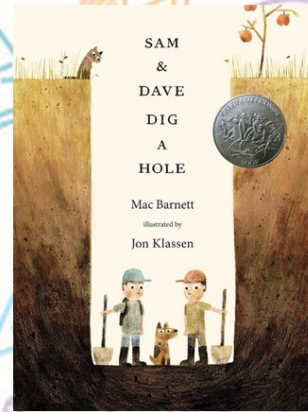
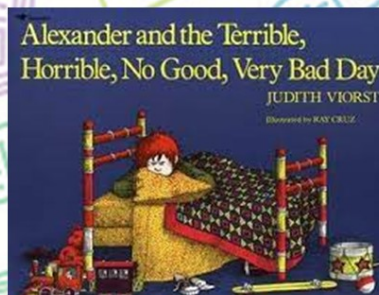
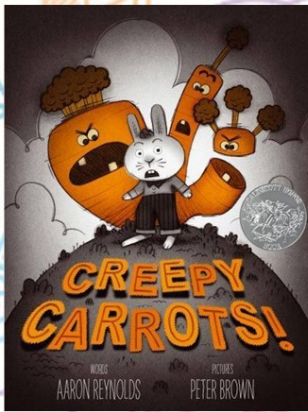
Primary Assembly

Primary Class Assembly 25.4.22

This week's class assembly celebrated Book Week. We were able to enjoy stories from teachers past and present to celebrate our love of reading.

Guest readers were: Mr. Phil, Mr Holton and Miss Fuller.

We love a great story in Primary!



Primary Stars of the Week

6A: Dean 6B: Alex 5A: Agnetha 5B: Jackson 4A: Cherry 4B: Cloris
 3A: Arjun 3B: Finn 2A: Tobi 2B: Eason 2C: Tim
 1A: Zayne 1B: Eito

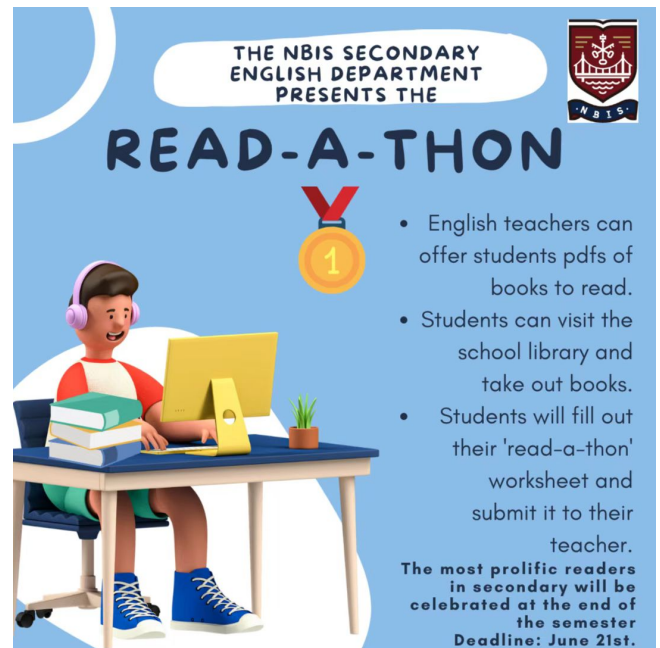


Secondary Book Week

During Book Week, schools spend one glorious week celebrating books. It encourages reading, literacy, and arouses interest in reading good books. The whole of NBIS celebrate Book Week every year. Here is what the secondary students are doing.

The secondary school students are taking part in a read-a-thon and the 'design a book mark' competition.

The read-a-thon encourages students to read as many age-appropriate books as possible. The read-a-thon is not limited to book week; students began an online read-a-thon when the school was locked down and are allowed to continue until June 21st.



THE NBIS SECONDARY
ENGLISH DEPARTMENT
PRESENTS THE

READ-A-THON

- English teachers can offer students pdfs of books to read.
- Students can visit the school library and take out books.
- Students will fill out their 'read-a-thon' worksheet and submit it to their teacher.

The most prolific readers in secondary will be celebrated at the end of the semester
Deadline: June 21st.

Secondary students from Year 7-10 visit the library once per week to take out books. They are given some reading time and are encouraged to read for pleasure.

The secondary English teachers have also made numerous PDFs available for students to read online. Included in these are classic novels and graphic novels.

Once the students have completed a book, they must write a very short summary and have it signed off by their teacher.



Ms. Burke-Green's year 7 class, pictured above, are filling out their read-a-thon work sheets and showing the books that they have chosen from the school library,

The secondary students are also being encouraged to express their creativity and their love of books in the 'design your own book mark' competition.

Pictured below are Ms. Froome's year 10 homeroom working diligently on their book mark designs.



Mr. Hassell's and Ms. Burke-Green's homeroom are creating some beautiful designs.



2021-2022

**NBIS WEEKLY
NEWSLETTER**

Liena, Year 10.



**Ningbo British
International
School**

A COMMUNITY OF LEARNERS

VINGARDIUM LEVIOSA!



... PUFF... and the students can fly!

Who wouldn't have known it? Harry Potter, the famous wizard, has come from Hogwarts to NBIS because it's Book Week!

Ms. Katerina, our secondary PE teacher, taught our students how to master flying on a broom and to play the muggle version of the game 'Quidditch'. They learnt basic rules, understood the four major positions and their roles in the game. Each student had the chance to be a keeper, seeker, chaser and beater in different games and played with all kinds of balls – 'quaffle' and 'bludgers'. They even tried to catch the fast-flying golden snitch.

Look how much fun the students had learning about **QUIDDITCH**.



BROOMS AND HOOPS



CATCHING A GOLDEN SNITCH

Harry Potter



IN ACTION



STUDENTS FLYING



FIELD

Quidditch at NBIS



QUIDDITCH AROUND THE WORLD



CHARITABLE DONATION TO NBIS P.E. DEPARTMENT FROM KIT SHI

Year 9B student, Kit Shi has donated several badminton rackets and shuttlecocks to the Physical Education Department. Recently, Kit had a piano recital and earned money. Instead of treating herself, she told her mum that she would like to use her money to contribute positively to NBIS. Now, all her classmates and all of our NBIS students are able to enjoy more team sports!

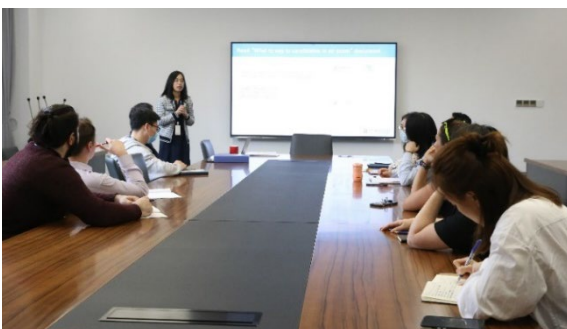


We would like to thank Kit for embodying the NBIS spirit of kindness and care. We are grateful for her donation and we look forward to many exciting badminton matches!

NBIS Exam Team Updates**Cambridge Assessment
International Education****Cambridge International School**

This week, NBIS Exam Team hosted the annual Cambridge Invigilation Training, refreshing the knowledge and practice on how to invigilate Cambridge exams. For Cambridge international assessment June 2022 series, NBIS has 46

candidates entered for a total of 27 syllabi, 97 exams in the level of IGCSE, AS & A Level exams. IGCSE results will be released on August 18th, AS & A Level August 11th, 2022. We wish all the best to our NBIS candidates.



Upcoming NBIS ECA

Coach Introduction



韩飞
Han Fei

飞戈击剑创始人/总教练
国家级健将运动员
原中国国家击剑队队员
世界杯国际击剑公开赛 冠军
全国击剑冠军总决赛 冠军
师出名门:赵刚 原国家击剑队主教练

Founder / head coach of Feige fencing
National level athlete, former member of China's National Fencing Team
World Cup International Fencing Open champion
National Fencing champion
Learnt from Master Zhao Gang, who is now the head coach of the Chinese National Fencing Team

Benefits of Fencing

Strength & Endurance

Fencing involves intense movement to keep distance with the opponent requiring speed.



Increased Balance

The constant motion strengthens the core and increases balance in day to day life as well.

Increase Flexibility

The core, arms, and legs all develop a good deal of flexibility in fencers.



Better Coordination

Fencing requires the body to move in full range, forcing arms and legs to work together.

Stress Reduction

The mind is focused on a game, and the body is producing feel-good endorphins. Win-win.



Mental Agility

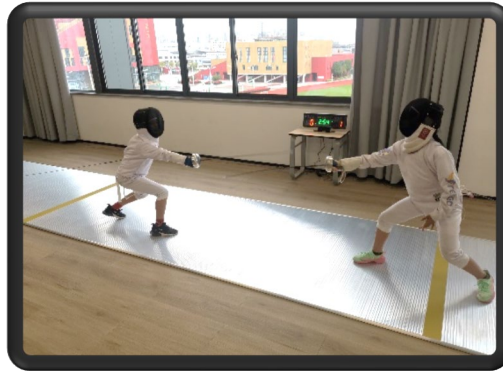
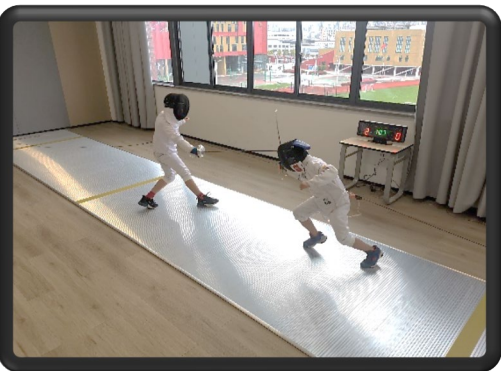
Enhances analytical and strategic capabilities by emphasizing cool and calculating manner.



Basic training of fencing class



Fencing class confrontation training



Provincial and Municipal Youth Fencing Series




It's time to get on the road to becoming the best version of yourself! Further detail about NBIS Fencing Club will be released to you in due course. If you have any question regarding to the Fencing Club or you would like to join one of the free classes to get a feel for our community and coaches, please contact us via school email. Thank you.

Kind Reminder for NBIS Community

Teachers and students, please do not travel to these areas listed below, otherwise, your travel code will have a star *, then teachers and students are not allowed to enter school with a star * on the travel code.

(师生请不要前往以上中高风险区所在的地区，以免导致行程码带*无法正常入校。)



WARM REMINDER

Up to April 28th

High-risk areas 高风险地区
Beijing 北京市
Changchun, Jilin Province 吉林省长春市
Ningde, Fujian Province 福建省宁德市
Harbin, Heilongjiang Province, 黑龙江省哈尔滨市
Medium-risk areas 中风险地区
Handan, Xingtai, Hengshui, Tangshan, Hebei Province 河北省邯郸市、邢台市、衡水市、唐山市
Dandong, Liaoning Province 辽宁省丹东市
Taiyuan, Shanxi Province 山西省太原市
Hulunbeir, Inner Mongolia 内蒙古自治区呼伦贝尔市
Jilin, Baicheng, Jilin Province 吉林省吉林市、白城市
Shanghai 上海
Xuzhou, Suzhou, Jiangsu Province 江苏省徐州市、苏州市
Hangzhou, Jiaxing, Jinhua, Quzhou Sealed Control Areas in Zhejiang Province 浙江省杭州市、嘉兴市、金华市、衢州市封控区
Shangrao, Jiangxi Province 江西省上饶市
Luohe, Xinyang, Henan Province 河南省漯河市、信阳市
Shaoyang, Hunan Province 湖南省邵阳市
Xi'an, Shaanxi Province 陕西省西安市

NBIS Food

	Wednesday	Thursday	Friday
Lunch Menu	玉米炖仔排	烤鸡腿	红烧牛肉
	Rib with corn	Toast chicken leg	Braised beef
	烤鸭	肉丸	卡兹脆鸡排
	Roast duck	Meatball	Crispy chicken chop
	盐酥鸡	椒盐里脊	烤香肠
	Salty fried chicken	Salt and pepper with pork	Roast sausage
	法国面包	肉沫焗土豆	薯条
	French bread	Baked potatoes with minced	French fries
	有机花菜	西兰花	木莲冻
	Cauliflower	Broccoli	Jelly with water
	烤土豆	青豆玉米	有机花菜
	Roast potato	Corn with green bean	Cauliflower
	炒面	披萨	蛋挞
	Chinese noodle	Pizza	Egg tart
	水果	水果	水果
	Fruit	Fruit	Fruit
番茄蛋汤	万年青汤	大白菜豆腐汤	
Tomato soup with egg	Vegetable soup	Tofu and cabbage soup	
米饭	米饭	米饭	
Rice	Rice	Rice	
蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	
Vegetable	Vegetable	Vegetable	
Snack Menu	牛奶	牛奶	牛奶
	Milk	Milk	Milk
	鸡蛋	烧卖	烧卖
	Egg	Shao-mai	Shao-mai
	包子	牛角包	牛角包
	Steamed Bun	Croissant	Croissant
水果	水果	水果	
Fruit	Fruit	Fruit	