



Ningbo British  
International  
School

2021-2022  
2022-4-8

NBIS WEEKLY  
NEWSLETTER 27



 Cambridge Assessment  
International Education

Cambridge International School



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**Dates to Remember**

- April 1-14: NBIS Poetry Competition
- April 12: Early Years Sports Day
- **Important CALENDAR ADJUSTMENT: SEMESTER 2**

**The Dragon Boat Festival Holiday will be June 3-7. Please make note of this change.**


**Look What's Coming...**

NBIS  
**POETRY  
MONTH**




**April, 2022**

- TAKE PART IN POETRY ACTIVITIES IN YOUR ENGLISH CLASS
- CREATE A FOUND POEM
- ENTER THE POETRY COMPETITION



**Poetry Competition details:**  
Word length: at least 40 words  
Topic: There are no restrictions but poems should be school appropriate.  
Age Groups: Junior (Y6-Y9) & Senior (Y10-Y13).  
Submissions: from April 1st to April 14th to  
Awards: There will be a 1st, 2nd, and 3rd place trophy for both the junior and senior age groups. The two first-place winners will also receive a book.

All entries must be submitted to Mr. Ivan by the 18th of April.  
ivan.muho@nbis.net.cn





**SUMMER  
SCHOOL** 2022

**July 11th – July 21st**

NBIS school is delighted to announce the return  
of our hugely popular Summer School  
*(subject to pandemic restrictions)*

Come along and experience a wealth of fun and  
educational activities delivered by our  
International and Chinese teachers.

Please sign and return the intent to  
participate by Wednesday April 6th.



Please note there is a fee for the Summer School

**Summer Fun  
Right At Your Doorstep**



# SPORTS DAY

The beginning of April is traditionally dedicated to celebrating Sports Day. This year, it took place last Friday, April 1<sup>st</sup>. Unlike Primary Sports Day, the Secondary section had chilly weather from the early morning. Yet, as the good mood amongst students rose, the sun began warming up the air too.



As usual, students were divided into teams based on the House they belong to and based on their age group. They were encouraged to wear the colour of their house, choose sports to participate in, and collect points for their houses. They chose from many options – football, basketball, frisbee, athletic disciplines, ringo, rounders, and some fitness challenges.



# 2021-2022 NBIS WEEKLY NEWSLETTER



2021-2022

# NBIS WEEKLY NEWSLETTER

We were able to see great teamwork and the urge to win, but friendships and fair play won out over rivalry. After the whole morning of running, throwing, jumping and kicking - students wearing green could celebrate. **Phoenix won!!!**



Although the morning was dedicated to all students from the Secondary section, the afternoon was especially anticipated by upper secondary students. They had the chance to compete against teachers- the one and only chance to beat their teachers and get away with it. 😊 Staff made the teams for running relay - 4x100 m, football, basketball and frisbee.



Thank you to Ms Katerina for organizing such a successful event!

Well done, everyone! We are already looking forward to Sports day 2023!



Ningbo British  
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A COMMUNITY OF LEARNERS



EGG CATERPILLAR CHRYSALIS BUTTERFLY



Reception  
A



Reception A has been busy learning all about different types of insects and the life cycle of a butterfly! The children are really loving learning about the “mini-beasts” we are starting to see buzzing around with the warmer weather!

**Year 1A**

Here 1A explored the concept of measurement during their Maths lessons. To learn about capacity, children filled different transparent cups with coloured water and were able to identify and label these using specific vocabulary such as full, nearly full, half full, nearly empty and empty.



1A also looked at weight using a set of balancing scales. They thoroughly enjoyed weighing various kinds of objects in the class. Children were able to demonstrate their understanding by identifying which object was heavier or lighter.





In March, several NBIS students from Year 11, 12 and 13 entered the British Biology Olympiad (BBO) to compete alongside over 10000 students from around the world. The British Biology Olympiad challenges and stimulates students with an interest in biology to expand and extend their talents. It enables students to demonstrate their talent and to be suitably rewarded with publicly recognised certificates. Based on the A Level syllabus, students are presented with topics and ideas which they are not familiar with, so compete with their problem-solving skills and understanding of core principles. The competition consists of two multiple-choice papers sat online under exam conditions.

All participants in this year's competition were rewarded with free membership to the Royal Society of Biology's BioNet where they can access publications including The Biologist, newsletters and content related to bioscience.

A special congratulations to the following NBIS students for performing highly in the competition:

**Tatianna Irawan – Bronze**

**Yiwei Wang - Bronze**

**Felicia Wong – Bronze**

**Jianuo Zhu – Silver**

**UKBC** Competition dates: 2nd - 16th March 2022

# British Biology Olympiad

Join over 8,000 students worldwide and take part in this year's online competition.

- Free for UK schools
- Open to post-16 students
- No extra material or revision required
- Students are rewarded with e-certificates and RSB BioNet membership
- Top-scoring students are given the opportunity to represent the UK at the International Biology Olympiad

Further details can be found at: [ukbiologycompetitions.org](http://ukbiologycompetitions.org)

British Biology Olympiad

United Kingdom Biology Competitions, Registered Charity No. 1181037



# The Biologist

INSIDE

- INTERVIEW DAVID NUTT ON USING PSYCHEDELICS TO TREAT DEPRESSION
- A NEW FRONT THE RISE OF DISINFECTANT RESISTANT MICROBES
- THE COVID COHORT SUPPORTING PANDEMIC HIT STUDENTS

## Moths in detail

The changing fortunes of Britain's 900-plus species

Royal Society of Biology

Two other competitions offered by the organisation will be held later this semester and will be offered to NBIS students in different secondary year groups.



**UKBC** Competition dates: 2nd - 20th May 2022

# Biology Challenge

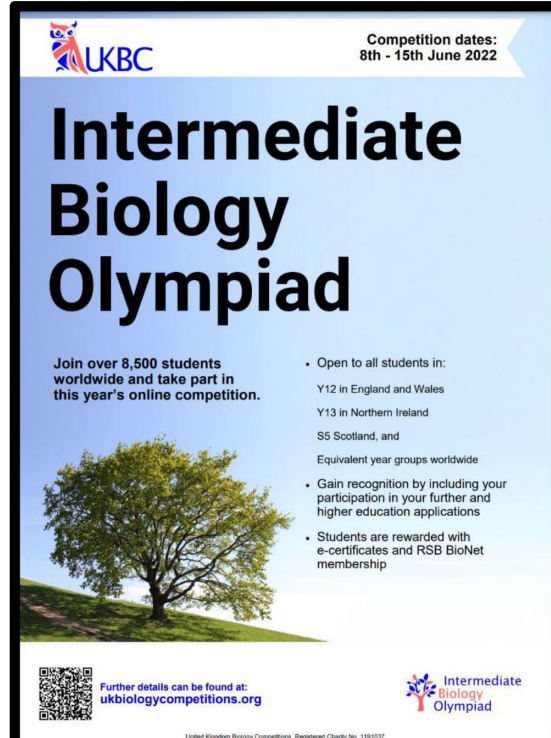
Join over 26,000 students worldwide in this year's online quiz and stimulate your curiosity for the natural world.

- Open to all students in:
  - Y9/Y10 in England and Wales
  - Y10/Y11 in Northern Ireland
  - S2/S3 in Scotland, and
  - Equivalent year groups worldwide
- Students are rewarded with e-certificates and RSB BioNet membership

Further details can be found at: [ukbiologycompetitions.org](http://ukbiologycompetitions.org)

**Biology Challenge**

United Kingdom Biology Competitions, Registered Charity No. 1191027



**UKBC** Competition dates: 8th - 15th June 2022

# Intermediate Biology Olympiad

Join over 8,500 students worldwide and take part in this year's online competition.

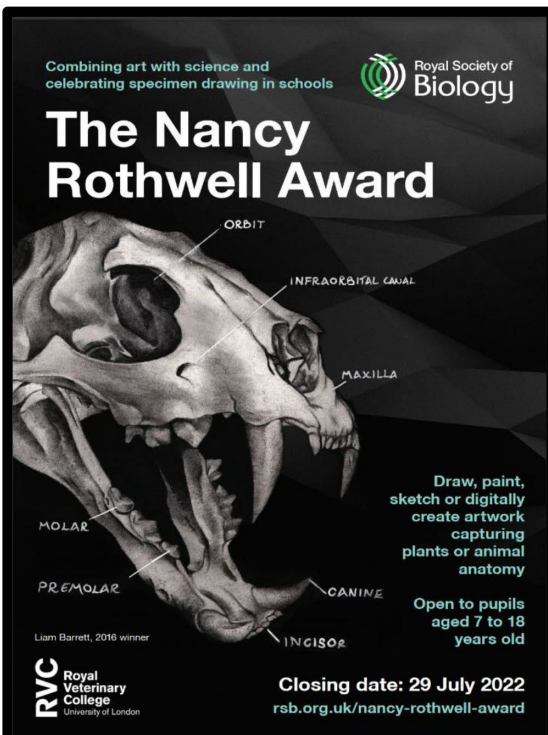
- Open to all students in:
  - Y12 in England and Wales
  - Y13 in Northern Ireland
  - S5 Scotland, and
  - Equivalent year groups worldwide
- Gain recognition by including your participation in your further and higher education applications
- Students are rewarded with e-certificates and RSB BioNet membership

Further details can be found at: [ukbiologycompetitions.org](http://ukbiologycompetitions.org)

**Intermediate Biology Olympiad**

United Kingdom Biology Competitions, Registered Charity No. 1191027

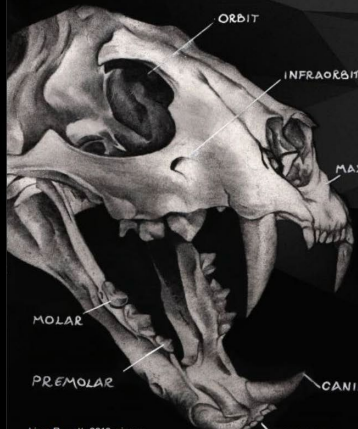
In addition to the two competitions above, the Royal Society of Biology is offering its two art-related competitions to students from around the world (including in upper primary school). Adults may also enter for the photography competition. Please see the posters below and use the links for more information:



Combining art with science and celebrating specimen drawing in schools

**Royal Society of Biology**

# The Nancy Rothwell Award



Draw, paint, sketch or digitally create artwork capturing plants or animal anatomy

Open to pupils aged 7 to 18 years old

Liam Barrett, 2016 winner

**RVC** Royal Veterinary College University of London

Closing date: 29 July 2022  
[rsb.org.uk/nancy-rothwell-award](http://rsb.org.uk/nancy-rothwell-award)



**Royal Society of Biology**

Royal Society of Biology Photography Competition 2022

# Communication

Capture how organisms keep in contact for a chance to win £1000

Closing date: 24 June 2022

Apply online at [rsb.org.uk/photocomp](http://rsb.org.uk/photocomp)



**NBIS Secondary takes part in Poetry Month this April**

The celebration of poetry each April has grown and established itself originally in the U.S and has expanded internationally. Around the world, publishers, booksellers, educators, and literary organizations use April to promote poetry: publishers often release and publicize their poetry titles in April, teachers, and librarians focus on poetry units during the month.

At NBIS, we have a poetry competition led by Mr. Ivan Muhov, and a found poem being made in English class. The poetry competition has two amazing books available for the first-place winners. *'Write Your Own Poems'* by Jerome Martin will encourage our budding poets to learn to dash off a limerick, ponder a sonnet, or plot an epic poem.



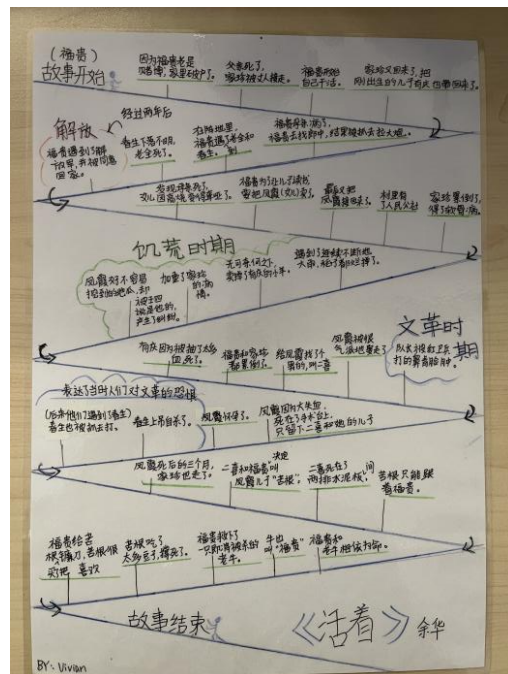
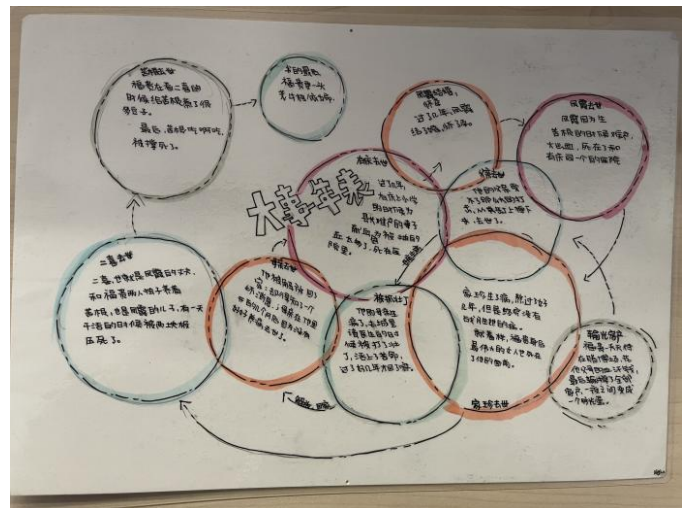
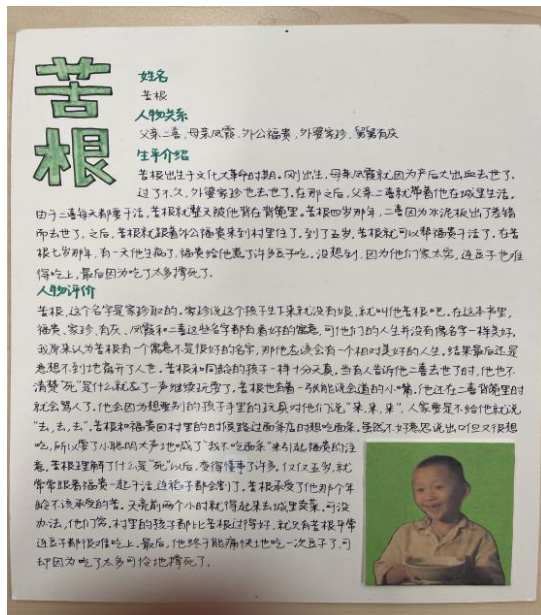
### Y7 MNL-1 and Y8 MNL-1 Chinese Reading Party

In Y7 MNL-1 and Y8 MNL-1, we hold a reading party every month. At the beginning of each semester, teachers will assign the books students should read. For example, this semester, Y7 MNL-1 students will read 'Journey to the West', 'The Grass House', and 'Christmas Pig'. Students will share the book they read this month and express their feelings about what they have read.

At the reading party, students will present their reading in different ways to show their creativity. Last week, Y7 MNL-1 students presented a great drama show about 'Journey to the West' for teachers and their classmates. Each group picked a story they found most interesting and rewrote the story. Students wrote the script based on the book and made some stage props for the performance. Through the performance, students learned more about the personality of the characters and the theme the author wants to express.



Besides the drama show, at the reading party, we also design posters and write a report about the book. Y8 MNL-1 students read 'To Live' during the winter holiday and each student designed a poster for one character in the book and figured out the timeline in the book by drawing a mind map. In the posters, students summarized the social relationship of the characters, and their life experience and wrote their comments on the characters.



Through the reading party, students show their great passion for reading Chinese books and their interest in literature. It also helps students improve their reading skills to summarise the story, appreciate the characters and analyse the author's intention.

**The Literary Magazine Club**

The Literary Magazine Club’s aim is to help students develop their writing skills across a variety of genres, promote reading throughout our secondary school, and provide a creative outlet for students. It also gives students the opportunity to carry out research and meet deadlines while working as a member of a team. This club was started by Ms. Burke-Green in 2017 and we are always keen to welcome new members.

We are pleased to have you read our March issue!



“I enjoy the fact that I get to have the chance to take the role and responsibility of a leader and be able to lead something that allows students to improve their English skills and express their ideas.

Moreover, I enjoy editing and usually edit the magazine whenever I need something to improve my mood.”

Tithi Muljani – Chief Editor

about us

Tithi is in Year 9A, and is currently the Editor and Chief of the magazine. She likes to express her thoughts and emotions through art, music, and writing and will continue doing so in the future. She is very open minded and looks forward to every learning experience as well as sharing her ideas with as many as she possibly can!



Tina comes from Vancouver, Canada and is currently in Year 8. Tina has a strong passion for arts and design, she wishes to have a career surrounding video game design or 2d illustration in the future.



Annie is from China, and is currently in Year 9B. Annie is really passionate about social justice and law and she wants to have a future career surrounding these topics. She hopes to raise awareness on topics such as gender equality and race equality to different parts of the world so that these issues will be solved.



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Maya is in year 7. She loves reading and writing. She also loves animals a lot and hopes one day to become a vet. She is half Chinese, half Canadian.



Anna is in year 9. Anna likes knitting, listening to music, reading, drawing, making videos on iMovie, and watching anime.



Margot is in year 9 and is a human. Margot likes reading, knitting, watching anime, and playing basketball.



Adu is in Year 9 and joined the magazine club to improve her writing skills and see through new perspectives. She enjoys reading and listening to music.

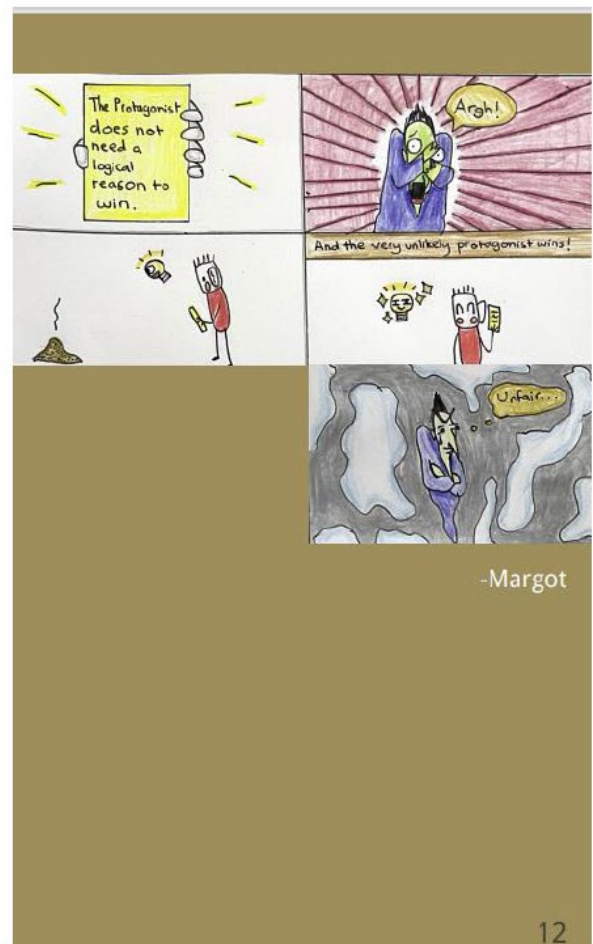
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Alyssa is in Year 8 and enjoys writing poetry, acting, drawing, and baking.

Here's a look at what you will find in our March issue





**sun and moon**  
Poems

**THE SUN**

Golden rays worth beyond compare,  
living happily in its light blue lair.  
Showering us all in sweet sunshine,  
gifting the tree with luscious green pines.  
Watching over us and giving us warmth,  
disappearing behind the mountains of the north.

**THE MOON**

Shimmering beauty hanging up high,  
saying its ugly would be a lie.  
Glowing like a giant ancient white pearl,  
possessing beauty beyond any girl.  
Holding secrets that will never be told,  
worth much more than a ton of pure gold.

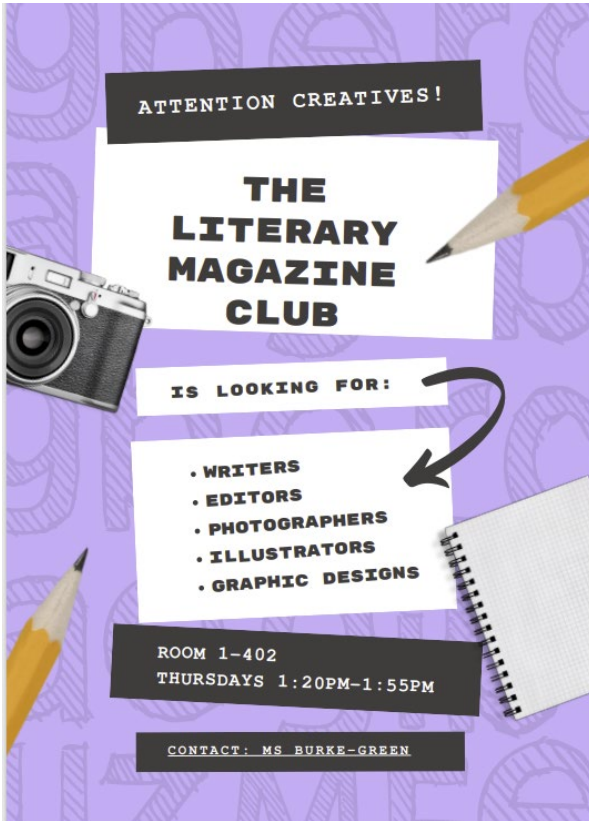
-Maya

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**COILER**

I'm sorry  
That I'm  
Dreaming in a nowhere place  
Where my breaths no longer bloom  
I never thought I could replace  
The feelings in an empty room  
Where my only torment  
Is myself  
If I  
Cannot,  
consume my thoughts  
They must devour me whole  
Until,  
I can't sleep  
Or stop  
Shaking  
I can't hear you anymore  
But just your tears  
And your pounding  
Against  
My skin  
My limbs  
I can't control  
And you can't  
Either  
-Alyssa

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**ATTENTION CREATIVES!**

**THE LITERARY MAGAZINE CLUB**

**IS LOOKING FOR:**

- WRITERS
- EDITORS
- PHOTOGRAPHERS
- ILLUSTRATORS
- GRAPHIC DESIGNS

ROOM 1-402  
THURSDAYS 1:20PM-1:55PM

CONTACT: MS\_BURKE-GREEN

If you are interested in joining us, then contact Ms. Burke-Green in Room 1-402.

**How to access the March issue of our magazine:**

[https://issuu.com/nbisoutoftheblue/docs/march issue- out of the blue](https://issuu.com/nbisoutoftheblue/docs/march_issue- out of the blue)

2021-2022

# NBIS WEEKLY NEWSLETTER



## "Tide rising Asian Sail, Ningbo Rivers Full of Green"

### Organizers

Information Office of Ningbo Municipal People's Government  
China Daily Zhejiang Bureau

### Coordinator

Ningbo Focus Magazine

### Theme

"Earth Day", "Asian Games", "Ningbo elements", "green"

### Requirements for the Artwork

1. Artwork type: no limit; installation works, visual design (including photography, design works), short videos, etc.
2. Design keywords: "Earth Day", "Asian Games", "Ningbo elements", "green"
3. Artwork naming format: Artwork type + artwork name + author.
4. A design introduction, no less than 200 words, is required to accompany all art pieces.
5. Independently created without logo, and fully copyrighted. All legal liabilities and consequences arising from content and copyright infringement shall be borne by participants themselves.
6. Physical works to be sent to: Ms Chen, 15968473866, 2nd Floor, Ningbo Talent Home, Wenchuang Port, No. 545 Daqing North Road, Jiangbei District, Ningbo
7. Email: ningbofocus@sina.com
8. Submission deadline: April 18, 2022

### Requirements for Installation Works

The material is not limited, and the volume of the work should not more than 1m<sup>3</sup>.

### Requirements for Visual Design

1. Photography, design works, and other forms are acceptable.
2. Photography, single picture resolution 300Dpi, size of more than 10MB.
3. Painting work in quarto (54\*38cm).

### Requirements for Short Video

1. The duration of the video should be less than 1 minute. The output format of the video should be MP4.
2. Horizontal screen format, clear picture.

### Award setting

There are special prizes, first prizes, second prizes and third prizes. Each prize contains different bonuses and rights and interests, which will be supplemented later.




Ningbo British  
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A COMMUNITY OF LEARNERS

**Kind Reminder for NBIS Community**

Teachers and students, please do not travel to these areas listed above, otherwise, your travel code will have a star \*, then teachers and students are not allowed to enter school with a star \* on the travel code.

(师生请不要前往以上中高风险区所在的地区，以免导致行程码带\*无法正常入校。)



## WARM REMINDER

Up to April 6th

High-risk areas 高风险地区
Tianjin 天津市
Tangshan City, Langfang City, Hebei Province 河北省唐山市、廊坊市
Shenyang City, Yingkou City, Liaoning Province 辽宁省沈阳市、营口市
Jilin City, Changchun City, Jilin Province 吉林省吉林市、长春市
Jiamusi City, Heilongjiang Province, 黑龙江省佳木斯市
Quanzhou City, Fujian Province 福建省泉州市
Binzhou City, Shandong Province 山东省滨州市
Lanzhou City, Gansu Province 甘肃省兰州市
Medium-risk areas 中风险地区
Handan City, Hebei Province 河北省邯郸市
Chifeng City, Inner Mongolia 内蒙古自治区赤峰市
Dalian City, Dandong City, Liaoning Province 辽宁省大连市、丹东市
Harbin City, Heilongjiang Province, 黑龙江省哈尔滨市
Shanghai 上海
Taizhou City, Xuzhou City, Jiangsu Province 江苏省泰州市、徐州市
Ningbo, Hangzhou City, Wenzhou City, Jiaxing City, Jinhua City, Huzhou City, Zhoushan City, Taizhou City, Lishui City, Shaoxing City Sealed Control Areas in Zhejiang Province 浙江省宁波市、杭州市、温州市、嘉兴市、金华市、湖州市、舟山市、 台州市、丽水市、绍兴市封控区
Wuhu City, Huainan City, Fuyang City, Anhui Province 安徽省芜湖市、淮南市、阜阳市
Putian City, Fujian Province 福建省莆田市
Nanchang City, Fuzhou City, Jiangxi Province 江西省南昌市、抚州市
Luohe City, Zhoukou City, Henan Province 河南省漯河市、周口市
Changsha City, Hengyang City, Hunan Province 湖南省长沙市、衡阳市
Maoming City, Dongguan City, Zhaoqing City, Guangdong Province 广东省茂名市、东莞市、肇庆市
Leshan City, Sichuan Province 四川省乐山市

**NBIS Food**

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Lunch Menu</b>	油豆腐烧肉	粉条牛肉	烤鸡腿	酱蒸仔排	红烧肉
	Tofu with pork	Stewed beef vermicelli	Toast chicken leg	Rib	Braised pork
	鸡米花	咖喱鸡肉	肉饼蒸蛋	手撕鸡	鸡肉肠
	Popcorn chicken	Curry chicken	Minced meat with egg	Shredded chicken	Chicken sausage
	烤鸡	鸡翅	卡兹脆鸡排	炸热狗	炸鱼排
	Roast chicken	Chicken wings	Crispy chicken chop	Hotdog	Fried fish chop
	烤土豆	西兰花	五号菜	西兰花	薯条
	Roast potato	Broccoli	Vegetable	Broccoli	French fries
	花菜	孜然米饭	面条	大白菜	西兰花
	Cauliflower	Cumin rice	Noodle	Cabbage	Broccoli
	番茄炒蛋	蜜汁南瓜	花菜	椒盐土豆	炒青菜
	Scrabble egg with tomato	Honey pumpkin	Cauliflower	Potato	Vegetable
	麻婆豆腐	法国面包	汉堡包	披萨	牛角包
	Spicy tofu	French bread	Hamburger	Pizza	Croissant
	水果	水果	水果	水果	水果
	Fruit	Fruit	Fruit	Fruit	Fruit
	蔬菜通心粉汤	番茄蛋汤	南瓜汤	银耳红枣汤	紫菜蛋花汤
Minestrone soup	Tomato soup with egg	Pumpkin soup	Red dates yingerh cod soup	Seaweed soup with egg	
米饭	米饭	米饭	米饭	米饭	
Rice	Rice	Rice	Rice	Rice	
蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	
Vegetable	Vegetable	Vegetable	Vegetable	Vegetable	
<b>Snack Menu</b>	牛奶	牛奶	牛奶	牛奶	牛奶
	Milk	Milk	Milk	Milk	Milk
	鸡蛋	鸡蛋	鸡蛋	烧卖	烧卖
	Egg	Egg	Egg	Shao-mai	Shao-mai
	包子	包子	包子	牛角包	牛角包
	Steamed Bun	Steamed Bun	Steamed Bun	Croissant	Croissant
水果	水果	水果	水果	水果	
Fruit	Fruit	Fruit	Fruit	Fruit	