



Ningbo British
International
School

2021-2022

NBIS WEEKLY
NEWSLETTER



Cambridge Assessment
International Education

Cambridge International School



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Dates to Remember

- November 10: SAC/Teacher Get-Together
- November 11: American Mathematics Competition (AMC 10/12)
- November 11+12: EY and LP Dental Presentation and Checking
- November 15-18: Primary Maths Week
- November 16: Secondary Parent Teacher Conferences
- November 16+17: Primary Teacher Conferences



CONGRATULATIONS



Year 13
Harshita Kamal Bijani

Congratulations to Harshita Bijani for receiving the offer to study Business & Management at Kent University, Regent's University London and Manchester Metropolitan University

Well Done!

CONGRATULATIONS



Year 13
Ashmi Bhaisora

Congratulations to Ashmi Bhaisora for receiving the offer to study Business Management at both Salford University & Manchester Metropolitan University

Well Done!

CONGRATULATIONS



Year 13
Lucia Brucoli

Congratulations to Lucia Brucoli for receiving the offer to study Political Science - International Relations and Organisations at Leiden University

Well Done!



NBIS Dress-up Day 2021

On Friday the Early Years and Primary children took part in their annual 'Dress-up day'. It made for an exciting morning as the children arrived at school dressed as many different characters. From 'Poppy' the troll, and various princesses through to Vampires, and Ultraman it was certainly an interesting beginning to the day.

The Early Years children then took part in a 'Trick or Treat' during the morning through the Early Years classrooms. Their teachers greeted them in their own 'Dress-up' outfits and gave the children 'Trick or Treat' gifts to mark the special day. The happiness and joy were evident on the children's faces throughout the day as they talked about the many different costumes and characters they saw.

In Primary, we sing and dance together, wear interesting clothes and run around...

Everyone loves Dress-up Day!



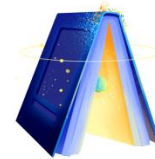
The NBIS Book Fair 2021

On the 3rd and 4th of November, NBIS students had the chance to peruse and buy literature from a Shanghai bookseller. 'Book Win' is a company that has a long relationship with NBIS and many other international schools. The book fair is a great resource for both students and schools because we don't have many English bookstores in Ningbo. A great variety of English books are brought straight to the students.

On Wednesday, the students got the chance to pick and reserve the books they are interested in, and on Thursday the students can purchase the books. Many students went away with a pile of books and big smiles on their faces.

In March, we hope to repeat the book fair with a Scientific theme!

NBIS Book Fair



Reception A's

pumpkin kisses
& harvest wishes

L to R: Yanny happily showing off her bag of goodies. Yoyo carefully coloring his Autumn leaf in Ms. Chelsea's MNL class. Lucas excitedly choosing from Ms. Angela's treats. Ms. Alex teaching the Reception A class Halloween vocabulary like "cauldron" and "potion."



L to R: "Spidey" Sam taking a phone call in the Home Corner. The children walking to "trick-or-treat" in the next classroom. Eli & Billy coloring their jack o' lantern pictures. Eden coloring his leaf with red (his favorite color).



L to R: Reception A posing with their Halloween treat bags. Elaine discussing an important matter with Ms. Chelsea.



Shaping-up with 1A

Last week in maths lessons, Y1A learned about flat 2D shapes. Children were able to recognise and say the names of these shapes as well as confidently describe their properties. For example, children were able to say how many sides a shape has and talk about whether a given shape is curved or straight. To consolidate learning, children went on to make a rocket ship using 2D shapes. They really enjoyed that. Further to this kind of hands-on learning, children went out to the school playground to identify 2D shapes around them. Whenever they found a shape, they all were very excited.



Year 6A

Who is the **G-O-A-T** (**G**reatest **O**f **A**ll **T**ime)?

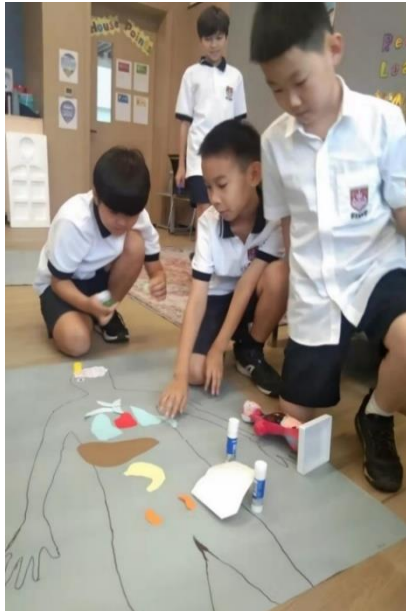
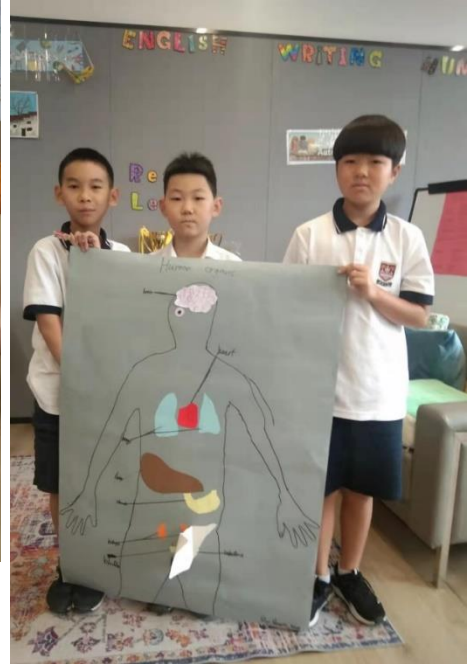
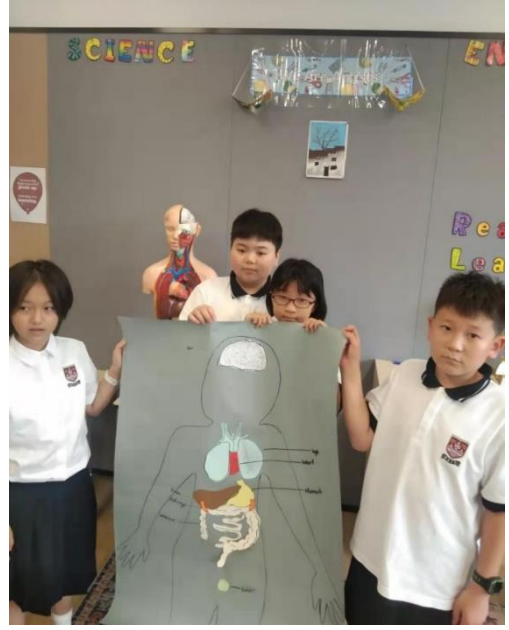


For Year 6A this prestigious title has to go to our friend “Billy the GOAT” who gave himself up for the furtherance of our knowledge in science.

It has been only seven weeks since we started our learning journey in year 6 and thanks in part to “Billy”, we can say that our knowledge of the science unit, Human Body Organs and Systems has grown tremendously. We began the unit by working in teams to do our own sketches of the human body and then labelling and filling in the major internal organs. Over the weeks, we built on our knowledge and even got a chance to work in our new science laboratory, exploring the organs that were donated to science by our friend “Billy” from the local meat market.

We can read information in textbooks and even watch videos on a topic, but sometimes there is just no comparison to a live demonstration. We observed the dissection process and found out that lung tissues are definitely very different in structure from heart tissues and that both tissue types were well suited for their jobs. This task was not for the *faint of heart*, but like true scientists, the year 6 students did well during the observation and were able to draw the right conclusions from the activity. Thanks Billy - You really are the G-O-A-T!

- by Aileen Shirley and Celeste Li, Year 6A





5. Finally I wrote down what I observed and drew diagrams.

Results
(Draw and describe what you see.)

Discussion
(Explain what you observed.)

They were different because the tissues of the lungs were softer than the tissues of the heart. The lungs were softer because it had to expand to get more air. The heart's colour is a kind of dark red. The heart is harder because it needs to pump blood.

4. Then I used a magnifying glass and a toothpick to examine the tissues of the lungs and the heart.

5. Finally I wrote down what I observed and drew diagrams.

Results
(Draw and describe what you see.)

Discussion
(Explain what you observed.)

If you breathe, your lungs would puff up. The lungs are like stretchy sponges that fill up with air.

Discussion
(Explain what you observed.)

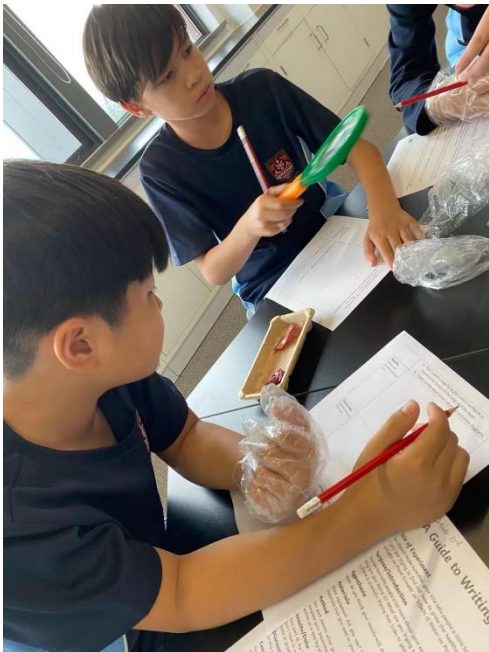
They were different, because the color and the shape were all different. Lungs have some holes but hearts do not. The lungs are soft and spongy and the heart is thick and muscular. The lungs were light pink and the heart was wine red.

Conclusion
(Say if your hypothesis was correct or not.)

My hypothesis was correct not correct .
My hypothesis was right.

Discussion
(Explain what you observed.)


They are not the same because their color is different and it feels different. One is harder, one is softer. Because if the lung is hard when you breathe in too much air it will pop, but when the lung is stretchy and soft when you blow in air, it will stretch and not pop.



Primary Student Council

And the winners are.....

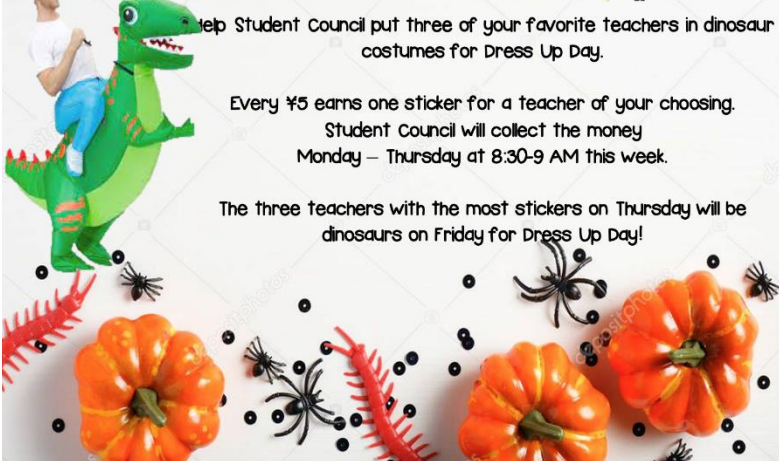
primary student council fundraiser



Help Student Council put three of your favorite teachers in dinosaur costumes for Dress Up Day.

Every ¥5 earns one sticker for a teacher of your choosing. Student Council will collect the money Monday – Thursday at 8:30-9 AM this week.

The three teachers with the most stickers on Thursday will be dinosaurs on Friday for Dress Up Day!



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Student council was so excited to give Ms. Stevo, Ms. Joy and Mr. Fitzgerald their costumes.



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A COMMUNITY OF LEARNERS

2021-2022

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Thank you to all of primary who contributed to the student council fundraiser.



Primary student council raised over 2,000 ¥ and they have decided to contribute to the primary break space and get some special equipment for everyone to share. Thank you to everyone who participated!



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Primary Assembly

Y5A opened our assembly this week with a fantastic African song Harambee – which means ‘All pull together’. A song that reflects the values of our school.



The theme of this week’s assembly was ‘Kindness’. Two very brave Y6 children, Marta and Dylan, volunteered to take part in the foam challenge. The challenge: to spray the most foam into a bucket in 2 minutes. Unfortunately, that wasn’t the end of the challenge. The last stage was to put the foam back in the can... The children in the auditorium agreed it couldn’t be done. We discussed that the foam represented unkind words and actions and once it is out of the can impossible to put back in. Even if we say sorry, our words and actions have still affected how someone feels. We then shared the story [‘Have You Filled a Bucket Today?’](#) which explains how everyone has an invisible bucket and by saying and doing kind things you can fill it up and become a ‘Bucket Filler’. We all agreed that we didn’t want to be a ‘Bucket Dipper’ where you say and do unkind things to empty a person’s bucket.



Primary Stars of the Week!



6A: Hannah 6B: Victoria 5A: Genevra 5B: Sergi 4A: Jessica 4B: Min Jae
3A: Avni 3B: Jackie 2A: Eddie 2B: Kohma 2C: Majus
1A: Molly 1B: Steven

Achievement ~ Respect ~ Integrity ~ Diversity ~ Cooperation ~ Caring ~ Self-worth

Lower Secondary Science

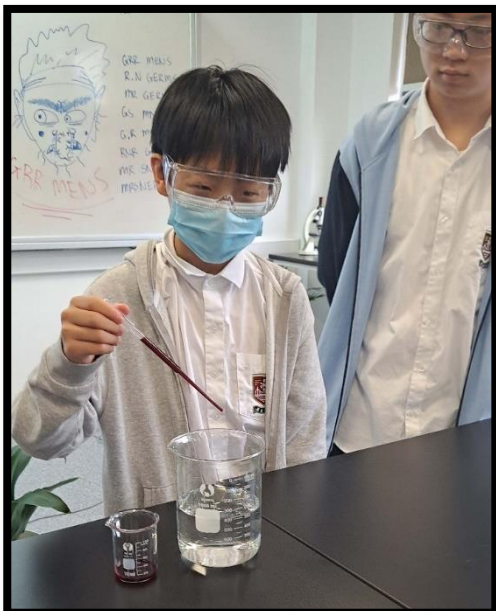
Year 7 and 8 science students have started this year with biology. Mr Hodder and the students have been getting used to their new science lab where they have been exploring the science of life.

Year 7 have been learning all about cells. They learned how to operate a mirror microscope, observing and recording onion cells. In recent weeks, students have been becoming specialists in specialized cells.



Here they are working collaboratively by sharing research and knowledge with each other. Each group investigated different types of animal cells and they then shared the information that they found with their classmates.

Finding out what keeps our body running, the Year 8 class has been looking into nutrients, proteins, fats, and carbohydrates. They have looked at what makes a healthy diet and why it is important. They will be moving on to the vital respiratory system next.



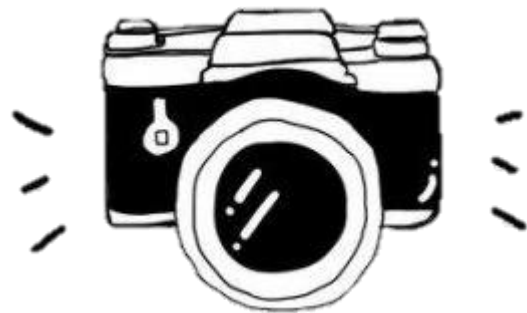
Here Year 8 students are learning about the fundamentals of diffusion. Using ink in water, students learned the particle theory of diffusion where a substance moves from a high concentration to low concentration. This forms a base from which we will move on to understand how oxygen and carbon dioxide are exchanged between our lungs and bloodstream.

The Urban Jungle Photography Competition

The science department's first photography competition is now live and ready to receive entries from students. Deadline is the 17th of December so students have plenty of time to go out and explore Ningbo and take some cool snaps of the nature that shares our city with us.

Suggested shooting locations include the many parks, canals and rivers that are found around Ningbo, communities, as well as the botanical gardens, Dongqian Lake and the Ningbo Eco-Corridor in the East New Town (near the new Japanese mall).

Please scan the QR code on the poster to see the competition rules as well as to submit your entry: only one entry per student - so choose carefully!



A poster for the Urban Jungle Photography Competition. The background is a close-up photograph of a large red flower with a dark center. At the top left is the Ningbo British International School logo. The text on the poster reads: "NBIS Science Presents THE URBAN JUNGLE PHOTOGRAPHY COMPETITION Deadline: December 17th, 2021". Below this, it says: "Submit one photo that showcases the nature in Ningbo this autumn/winter! Go out and explore and let's see those photography skills!". At the bottom left, it says: "Scan the QR code to submit your photo and see the competition rules." and there is a QR code on the bottom right.

Light effects and mysterious atmosphere in Drama

Inspired by the Halloween season, Years 5 to 8 students experimented with weird and spooky characters and mysterious atmospheres. While telling stories, they reflected on the effectiveness of dramatic pauses, sound effects and how to create suspense.

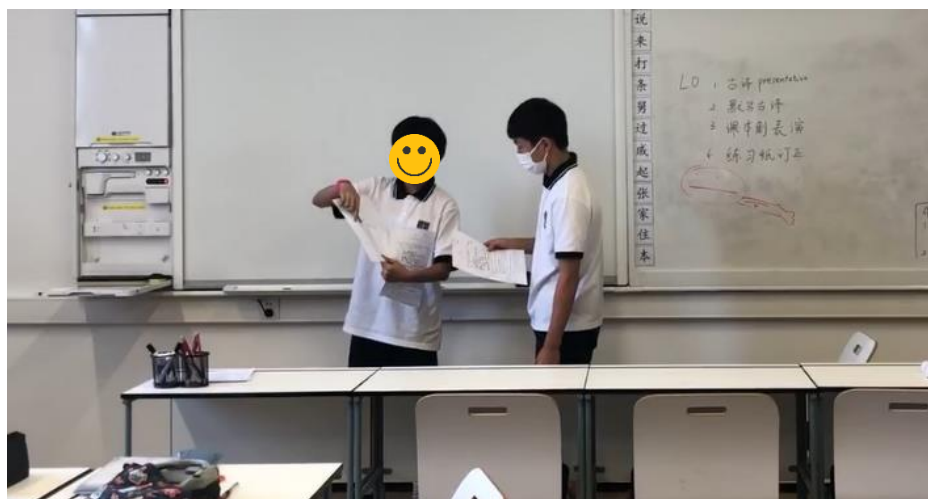
They improvised around the theme of a creepy shop owner and a two-head monster, creating some very interesting characters, which were scary and hilarious at the same time.

While doing that, students also had the chance to experiment with obscurity and light effects, enjoying some of our new Drama Studio's features.



Chinese Textbook Drama Play

This week the Year 9 MNL-2 class had an activity to rewrite and perform a textbook play. The class even made their own moustaches on the spot to show Mr. Fujino's charm and imitated him beautifully. In the play, each group worked together to design their own lines and divided up their roles to perform on stage. In order to bring out the character's characteristics, the students added a lot of details and used paper as props to show Mr Fujino's care and concern for his students.



What's Happening in Travel and Tourism?

Five year 10 students went on their first travel and tourism trip. We visited a tourism area in Ningbo: Gulou Drum Tower. The aim was to help students understand the local area's travel and tourism industry and show that it comprises of several interrelated spheres of activity offering a wide range of opportunities for visitors. They identified and provided examples of the main travel and tourism activities present in Gulou and then placed them into categories. Their next task was to make a pie graph showing the percentage of different tourism activities in Gulou.



The year 12 travel and tourism class has been working on their feasibility studies for their own travel and tourism trip. They have formed their own team and decided on their individual roles within the team.



They are responsible for creating their own tourism company and are planning a trip for their peers. The students created their own company name and logo. The merchandise that they created for their company is shown below.



Year 13 have been learning about SWOT and PEST analysis. Last week the class gave their presentations on PEST analysis in relation to a travel and tourism destination or company.



Secondary Student Council's Spirit week 25 - 29 October

Spirit Week has been a blast! Seeing many students contributing and dressing up throughout the week was very thrilling. The student council used the Spirit week to raise funds for charity, as well as activities for all the students in secondary, later in the year.

Monday

On Character Monday, students dressed up as characters from movies, tv shows, and more. All who participated were extremely creative and it showed a lot about everyone's interests.



Tuesday and Wednesday

On Trendy Tuesday, students dressed up in the comfort of their casual clothes. Everyone looked so stylish and on Wild-Life Wednesday, students showed up in various animal prints to raise funds for Ningbo Stray Coalition (NSC).



Thursday

This year we brought back Throwback Thursday as many students loved it. Students were dressed in outfits from the old times.



Friday

Friday was Breast Cancer Awareness Day, students and teachers wore pink to raise funds. In collaboration with Primary, we raised a total of 2,800 RMB, which is going towards to One World One Dream (OWOD). OWOD is a local organization in Ningbo which helps women battling breast cancer.



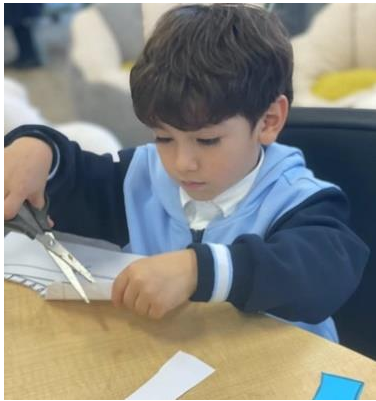
- Bishelle Sangsitthisakul
(Public Relations Officer)

- Natania Solomon
(Vice President & Editor)

NBIS Extracurricular Activities (ECAs)**Primary ECAs****Story Time**

Story Time ECA is a chance for year one and two students to be exposed to enriched vocabulary through picture books and do a little activity or craft about it. For Gruffalo we learned the Gruffalo song and used our gross motor skills while acting it out. For Room on the Broom, we made our own witches brooms and practiced our fine motor cutting skills while making creative caricatures who we would chose to fly around with. For Pete the Cat, we took turns being the teacher and practiced our fluency by reading a page to our friends. We are excited for the last two weeks of books and activities to come!





Chess Club

“The game of chess is not merely an idle amusement. Several very valuable qualities of the mind, useful in the course of human life, are to be acquired or strengthened by it... Life is a kind of Chess, in which we have often points to gain, and competitors or adversaries to contend with.” – Benjamin Franklin.

Chess club has returned to NBIS. A chance to play the game of Kings. Learn new moves and test your brain power as you battle wits against members of our school. A great and fun activity for years 4 to 6.



Papier Mâché



I loved learning about papier mâché growing up and making this was so simple. Yes, this can be very messy but the end product is what makes it even more amazing!

The students had to shred recycled paper and then dip this in the flour and water mixture to make a round shape using a mold. The students had fun learning the basic technique of papier mâché. Once it's all dried-up, we will paint this and make it look pretty for them to take at home.



Tag Rugby

Tag rugby is a fast-paced and exciting sport where the children work in teams to score a 'try'. It is the 'minimal contact' version of Rugby which is a safe, fun and enjoyable way for kids (and adults) to get in to rugby. Rugby is a sport that is growing in Ningbo with the Ningbo Rhinos rugby club playing in and hosting tournaments all year round. Rugby is a sport played with a ball in your hands, with running, tackling and passing all involved. The five main pillars of rugby are; teamwork, respect, discipline, sportsmanship and enjoyment, so what better way to get fit and active! My goal is to develop an interest in playing rugby, with future plans of possible links with the Ningbo Rhinos team. So far, the children have had great fun playing lots of different 'tag' games as well as developing their knowledge of the game – remember, you can only pass the ball backwards! If you are interested in developing skills that are transferable to the classroom and life, as well as getting fit and healthy, why not give Tag Rugby a try!



Scrabble ECA

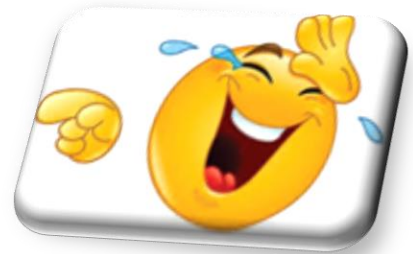
When I was growing up, Scrabble was a firm favorite in my family home, and I strongly believe that all kids should be exposed to it – actually grow up with it – just like I did. If I look back to my youth and what Scrabble taught me, I am thankful for the many years that I was exposed to it. My spelling is undeniably great, my vocabulary is extensive, and I find myself thoroughly enjoying anything to do with the written

word – whether it is reading or writing. I also find that I am able to communicate more easily than others who were not exposed to word games of a similar nature growing up.

The game is played by two to four players on a square game board imprinted with a 15×15 grid of cells (individually known as "squares"), each of which accommodates a single letter tile. In official club and tournament games, play is between two players or, occasionally, between two teams, each of which collaborates on a single rack



Board Games ECA ... Non-Stop Laughter



The Board Game ECA got off to a roaring start on Wednesday October 20, 2021 with twelve excited new members from years 3 - 6. The first day was full of fun and laughter as we learned a new card game called DONKEY. In this thrilling game, players sit in a circle and try to gather all four of the same type of cards by taking turns to pass a card that they do not want to the next player. The first person to gather all four cards of the same type (4 Aces, 4 Jacks or 4 Queens etc.) is the winner, but they must quickly drop their 4 matching cards to the ground to show that they have won. Losers then race to throw down their cards because the last person to drop their cards gets a letter to their score card, starting with D until someone spells D-O-N-K-E-Y! (*Nobody wants to be DONKEY- You have to be careful, because if you drop your cards too early by mistake, you still get a letter, inching you closer to becoming the DONKEY*). This game can be played by a small group of 3 to 4 players and can even have as many as 14 players. One thing is certain, screams and cheers and lots of laughter are bound to be a part of the experience, and this was evident from the sounds leaving the Board Games ECA room on that first Wednesday.

Every week, we learn new games and get to share some of our favourite board games with each other. We are happily making new friends and deepening our existing friendships. You simply cannot be bored in the board games club!

- Aileen Shirley, *Board Games ECA Coordinator*

Ludo



Battleship



Tomato



Tomato



Cheerleading Club

The cheerleaders are off to a great semester, having completed 3 weeks of cheer practice! They know the importance of 20 young ladies becoming one squad. We have learned about stretching, motions, timing, staying tight, jumps, voice projection, stunting (“human pyramid”), and school spirit! The cheerleaders have been eager to learn and practice their new chant (a short, repeated cheer) celebrating their pride for NBIS diversity and unity! We look forward to performing for the school soon!

Cheerleading Club

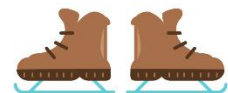


Skating Club

We are thrilled to be kicking off the first ever NBIS Skating Club! 18 Skaters hit the ice every Wednesday afternoon for an exciting session of skill development, games and.....skating! Skating sessions take place at Champion Rink where they are directed by Coach Liu, former player on the Chinese National Hockey Team, and led by Coach Yu and Coach Wang. Assistant Coaches Kieran and Kaylee also help the students gain confidence and ability during the training.



Skating Club



The goal of the programme is to develop and foster a love of skating. We are so very proud of our skaters who have shown great improvement in only the first three sessions. Free skating time is provided to all participants and it is wonderful to see our skaters staying one, two, even three hours after the class to keep skating. Smiles, giggles and peals of laughter fill our days at the rink – a great time is had by all.

What's next? If you have missed the first session, don't worry. There are plans to continue the Skating Club in the second semester, growing into three levels:

1. Level 1 - Beginner skating
2. Level 2 - Hockey
3. Level 2 - Figure skating

And further down the track.....our very own NBIS Hockey Team!!

We can't wait to see you there.....Let's Get Skating!!

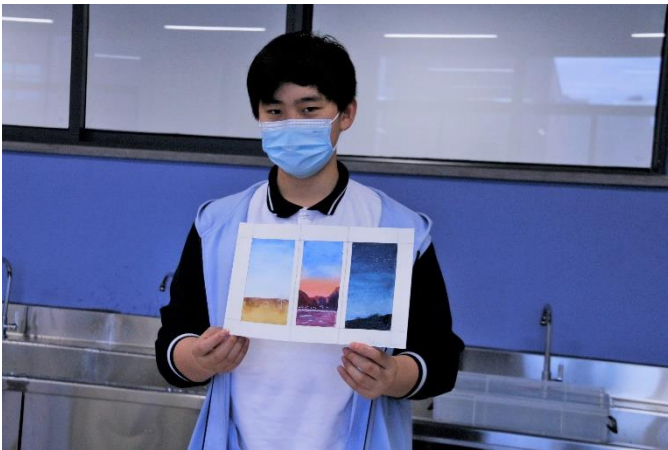
Carl Kirkpatrick
Skating Club Coordinator

Judith Zhu
Skating Club Teacher

Secondary ECAs**Painting Club**

On a Thursday after school, we meet in Room 1-312 and paint until 5pm. Members can leave at any time if they need to, but we have a little extra time so that we can complete a significant amount of painting. It takes a while to set up and clean up, so we leave the classroom just before 5pm.

The last couple of weeks we have been painting generic landscapes with the aim of learning how to use watercolours effectively. We have looked at using thin washes of colour and layering the paint. At times we used the wet-on-wet technique, and at others dry on wet.



If you are a more experienced painter, there is also space to sit and paint peacefully using the medium of your choice. Here is a sneak peak at what has been happening in Painting Club...

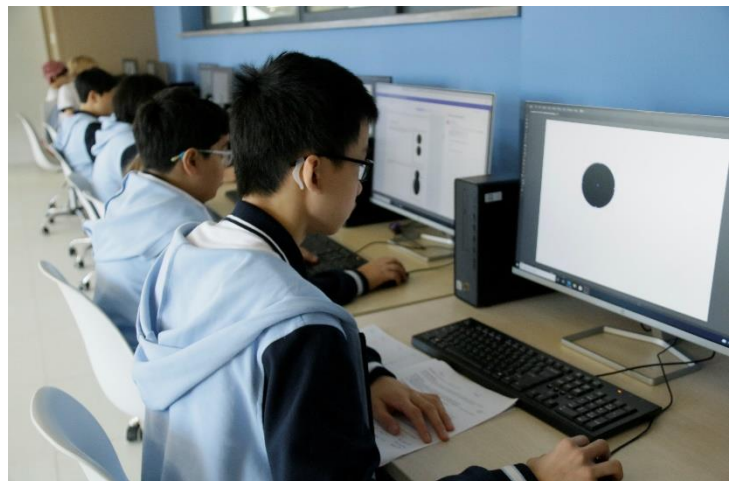
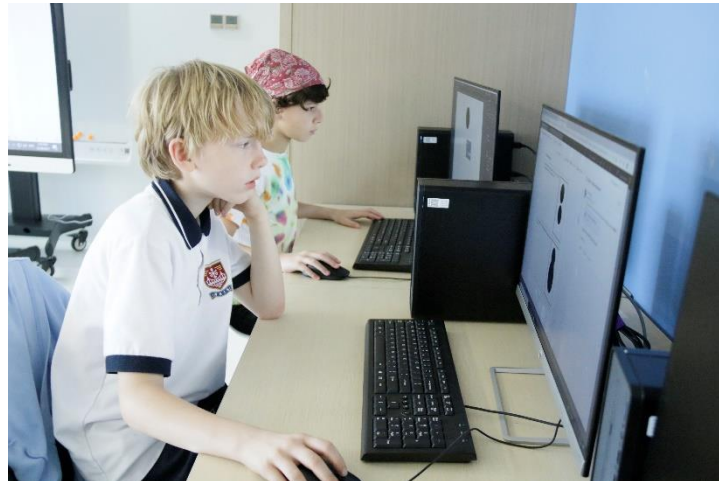


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Computer Club

Last Thursday lunchtime was the first week of our Computer Club ECA. Students quickly started using Adobe Illustrator, a software used in the industry by professional graphic designers. Adobe Illustrator allows you to create vector art, which is great for a variety of uses, such as: logos, line art, 3D-like renderings, animations, anime and so on.



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NBIS Fire Drill

Wednesday November 3rd, NBIS had the Evacuation Drill... all students and staff evacuated from the building, gathered at predetermined assembly points and accounted for as quickly as possible.

We were delighted at the conduct of our students as they responded and made their way by the most efficient route to the assigned assembly points.

Well done all. By my watch, the entire building was cleared and all accounted for in 5 mins 20 seconds.



NBIS Food

	Monday	Tuesday	wednesday	Thursday	Friday
Lunch Menu	萝卜牛腩	红烧鸡翅	红烧牛排	秘制鸭脯肉	红烧肉
	Beef with radish	Braised chicken wing	Braised beef	Duck	Braised pork
	烤鸡	珍珠肉丸	茄汁鸡脯肉	土豆仔排	烤鸭
	Roast chicken	Meatball	Breast meat	Rib with potato	Roast duck
	卡兹脆鸡排	椒盐里脊	炸热狗	五彩鸡丁	无骨鸡柳
	Crispy chicken chop	Salt and pepper with pork	Hotdog	Chicken	Boneless chicken breast strip
	烤土豆	蜜汁南瓜	炸薯条	烤地瓜	葱油土豆
	Roast potato	Honey pumpkin	French fries	Roast sweet potato	Potato
	盐水秋葵	黄豆芽炒粉丝	青菜炒香菇	蒸饺	五号菜
	Okra	Glass noodle with sprout	Fried mushroom with vegetable	Dumpling	Vegetable
	西红柿炒蛋	法国面包	有机花菜	葱油海带结	春卷
	Scrabble egg with tomato	French bread	Cauliflower	Kelp knot	Spring roll
	炒包菜	西兰花	三明治	芹菜腐竹	牛角包
	Cabbage	Broccoli	sandwich	Beancurd stick with celery	Croissant
	水果	水果	水果	水果	水果
	Fruit	Fruit	Fruit	Fruit	Fruit
	大白菜豆腐汤	裙带菜汤	番茄蛋汤	紫菜蛋花汤	冬瓜虾皮汤
Tofu and cabbage soup	Soup with vegetable	Tomato soup with egg	Seaweed soup with egg	Gourd soup dried shrimps	
米饭	米饭	米饭	米饭	米饭	
Rice	Rice	Rice	Rice	Rice	
蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘 hot(Alt + A)	蔬菜拼盘	
Vegetable	Vegetable	Vegetable	Vegetable	Vegetable	
Snack Menu	牛奶	牛奶	牛奶	牛奶	牛奶
	Milk	Milk	Milk	Milk	Milk
	鸡蛋	烧卖	鸡蛋	烧卖	鸡蛋
	Egg	Shao-mai	Egg	Shao-mai	Egg
	包子	牛角包	包子	牛角包	包子
	Steamed Bun	Croissant	Steamed Bun	Croissant	Steamed Bun
	水果	水果	水果	水果	水果
	Fruit	Fruit	Fruit	Fruit	Fruit