



NBIS Weekly Newsletter 14

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Cambridge Assessment
International Education

Cambridge International School

Dates to Remember

- December 13: Early Years Winter Concert
- December 14: Lower Primary Winter Concert
- December 15: Secondary Winter Talent Show
- December 16 - January 1: Winter Holiday & New Year's Day (No School)
- January 2: School Starts

NBIS Pakistan Flood Relief Effort

As NBIS opened its doors for the start of another school year, a devastating tragedy was unfolding in Pakistan - a deluge of monsoon rains plunging 30% of the country under water, displacing 30 million people and killing untold numbers.

We could not ignore the plight of so many and so quickly put together the NBIS Pakistan Flood Relief Fund with a view to raising 20,000 RMB to assist those immediately affected.



How amazed we were by the response of our students and community ... so fast, and so generous! In the end, we were able to donate **40,000 HK\$** to UNICEF's relief efforts and here is the proof! Thank you and well done to all who gave!

捐款收據 DONATION RECEIPT

Ningbo British International School

捐款人號碼 Donor No. : DN-00482250
捐款日期 Date Received : 2022-09-30
收據號碼 Receipt No. : RCPT-221020-02115
捐款金額 Donation Amount : \$ 40,000.00
捐款者姓名 Donor Name :
Ningbo British International School

感謝您的支持！

Thank you for your generous donation!



Hong Kong Committee for UNICEF
7/F, SUP Tower,
75-83 King's Road, Hong Kong
聯合國兒童基金會香港委員會
香港英皇道75-83號聯合出版大廈七樓

Telephone 電話 : 852 2833 6139
Facsimile 傳真 : 852 2834 0996
E-mail 電郵 : info@unicef.org.hk
Website 網址 : www.unicef.org.hk



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CONGRATULATIONS



Year 13
Yiwei Wang

Congratulations to Yiwei Wang (Cici) for reaching the interview stage for Biomedical Engineering at Imperial College London.

Good luck!



**Please Return
All Books to
School by:**

12 December, Monday



EARLY YEARS SECTION

Christmas creations in Reception B

We have had an exciting couple of weeks in Reception B. Last week we began decorating our classroom for the holiday season, and put up our class Christmas tree. Then this week we have been busy making handprint Christmas trees with colourful fingerprint lights. The children showed great concentration and care as they worked on creating their handprint Christmas Trees, and they all did a great job!



PRIMARY SECTION



Year 1B Winter Craft



In preparation for the winter concert, Year 1B used their creativity to make stage decorations - Christmas trees.

They used every-day materials - paper plates, colored paper, and popsicle sticks to make the tree. Check out their wonderful work!



Primary Assembly 5.12.22
The winter break is fast approaching and the children are getting excited. In our assembly today we read the story *The Christmasaurus* by Tom Fletcher. It is a fabulous story about friendship and resilience.



The Cheerleading Squad had their first public performance in our assembly. It was an amazing demonstration of cooperation and confidence. The chant reflected our values; respecting the different cultures that come together to make our school so special. You can see the full performance on the School Dojo. Well Done Ms. Alex and the Cheer Squad!



Student Council have been busy working with the Marketing Team to produce a video to show what it is like to be a Primary Student at NBIS. The Student Council planned what they wanted to show in the video as well as the questions they would use in their interviews. It was a fantastic way to show NBIS from the perspective of the students. All the participants in the video received a special certificate and gift from the Marketing Team.

Congratulations to all who took part!



Primary Stars of the Week

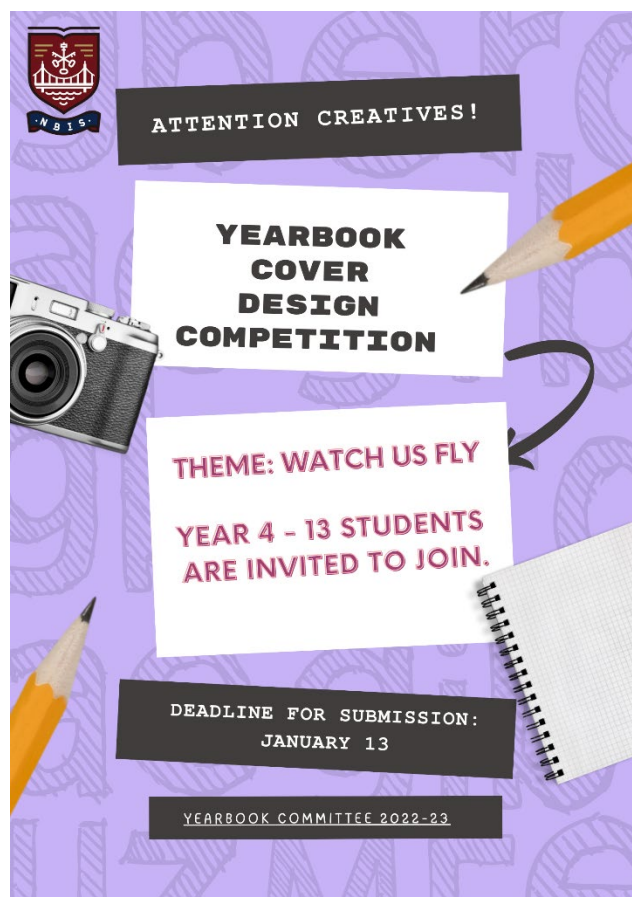
Respect ~ Cooperation ~ Self Worth ~ Achievement ~ Diversity ~ Caring ~ Integrity



1A—Joshua 1B—Eli 1C—Mark 2A—Juni 2B—Angela 3A—Eddie 3B—Nativ
4A—Gabby 4B—Mason 5A—Olivia 5B—YiChen 6A—Ginevra 6B—Annabel



Yearbook Cover Design Competition for 2022-23



Theme: Watch us Fly

Deadline for submission: January 13

All Upper Primary and Secondary students (Year 4 - 13) are invited to join.

Requirements: 1-page A4 portrait design for the front cover and 1-page A4 portrait design for the back cover of the yearbook. Sketches, paintings, and printed out computer designs are all welcome. Individual or group submissions are allowed.

Selection criteria: Yearbook Committee will be looking at the aesthetics, concept, and significance of your design.

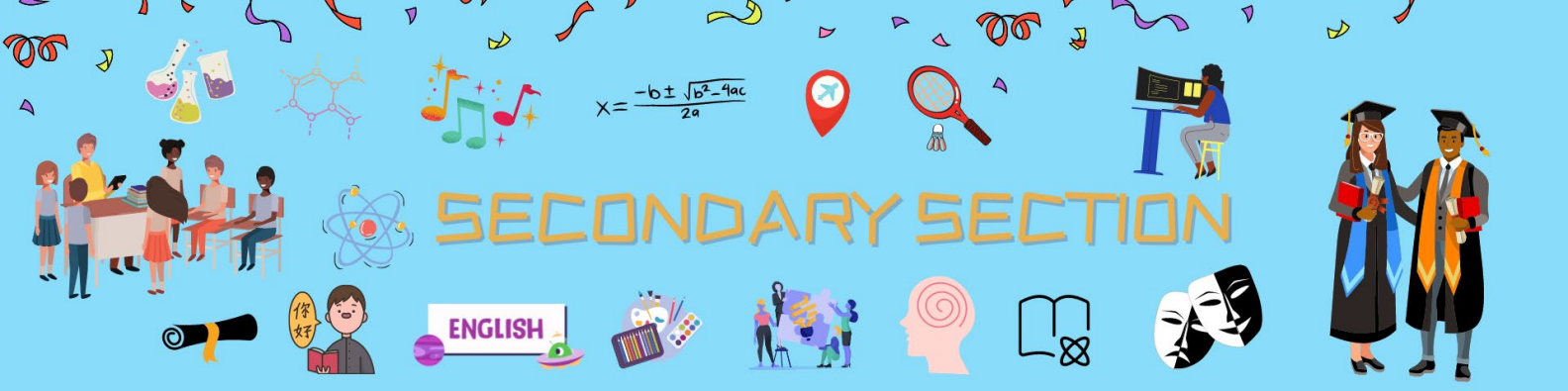
The prize:

Your design will be used as the cover page of the 2022-2023 Yearbook.

You will receive gifts and an official certificate from NBIS Marketing Team.

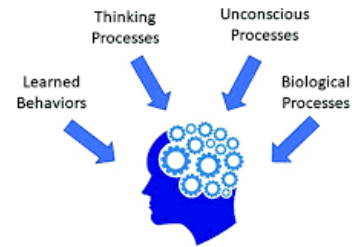
**Do not miss this opportunity to show us your creative side.
Come and join the Yearbook Cover Design Competition!**





Relevance of Psychology In Contemporary Society

Psychology is now used to underpin many aspects of our lives – it is used in organizing businesses, in planning our shops and homes, in treating medical conditions and to improve how we learn. Every study is undertaken with a specific purpose in mind which can then be applied in everyday life – whether it is improving our lives in general, understanding how groups of people behave or treating a disorder. By understanding psychology, we can improve how we live our lives and society in general.



This course is designed to give students an understanding of psychological concepts, theories, research methodology and benefits in university applications.

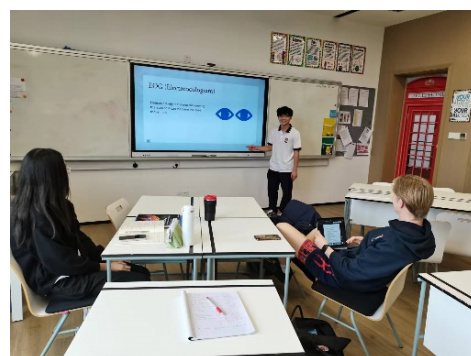


The syllabus:

- is suitable for students who have no prior learning in psychology
- engages with four core areas of psychology: **biological, cognitive, social and learning**
- allows students to deepen their knowledge through a choice of two options at Cambridge International A Level from **clinical psychology, consumer psychology, health psychology or organizational psychology**

This syllabus aims:

- to **encourage an interest in and appreciation of psychology** through an exploration of the ways in which psychology is conducted.
- Exploring a number of important research studies and looking at the ways in which psychology has been applied.



Urban Jungle Photography Competition



Congratulations to Year 12 student Nancy Wu for coming first in the photography competition.

2nd place was this beautiful rice field photo taken by Ike Ying from Year 6.



3rd place was this photo of an insect on a hydrangea flower by Suyun Kim in Year 13.





NBIS
SECONDARY
APPROVED WINTER SCHOOL UNIFORM



Long-sleeved white shirt.

Ink blue trousers



NBIS hoodie

Ink blue pleated skirt



NBIS winter jacket



Ink blue or black stockings

Wear your uniform with pride.



Activewear; short skirts; short shorts; non-regulation hoodies; tattered, frayed, or damaged clothing; visible brands, stripes, or insignia; caps or hats inside the classroom.

X BANNED





NBIS SECONDARY APPROVED WINTER SCHOOL UNIFORM



Polo



NBIS cardigan



Sport hoodie

White, black, or ink-blue socks.



Black leather shoes



Plain black trainers



Wear your uniform with pride.



~~X BANNED~~
High heels; flip flops; slippers; shower shoes; colourful trainers with obvious logos; patterned or striped socks.



The Secondary Section



Winter Party

15th December, 2022

— 9am- 3.30pm —

Quiz, Movies, Gift
Exchange, Class Party,
Winter Talent Show



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NBIS TALENT SHOW

15th of December, 2 p.m.



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NBIS Weekly Menu



Sample Dishes





	Monday	Tuesday	Wednesday	Thursday	
Lunch Menu	鸡米花	黄金鸡块	炸鸡排	鱼排	
	Popcorn chicken	Chicken nugget	Crispy chicken chop	Fish chop	
	油豆腐烧肉	巴沙鱼片	西芹虾仁	叉烧肉	
	Tofu with pork	Basa fish	Celery with shrimp	Barbecued pork	
	鸡肉肠	粉条牛肉	烤鸭	烤火鸡	
	Chicken sausage	Stewed beef vermicelli	Roast duck	Turkey	
	烤土豆	焗土豆	花菜	西兰花	
	Potato	Baked potatoes	Cauliflower	Broccoli	
	花菜	西兰花	炒包菜	焗土豆	
	Cauliflower	Broccoli	Cabbage	Baked potatoes	
	烤年糕	蛋挞	牛角包	烤意面	
	Roasted rice cake with vegetable	Egg tart	Croissant	Pasta	
	果酱面包	青豆玉米	炒面	法国面包	
	Bread with jam	Corn with green bean	Chinese noodle	French bread	
	小炒肉	水煮肉片	酸菜肉片	毛血旺	
	Fried slice streaky pork	Poached pork slice	Pork slices	Gross blood Mong	
	红烧虾	盐水虾	酱爆河虾	红烧虾	
	Shrimp	Shrimp	Shrimp	Shrimp	
	葱油玉兔鱼	孜然橡皮鱼	葱油小黄鱼	葱烤河鲫鱼	
	Fish	Jerk filefish	Little yellow croaker	Braised Crucian Carp with Scallion	
	水果	水果	水果	水果	
	Fruit	Fruit	Fruit	Fruit	
	万年青汤	大白菜豆腐汤	西红柿蛋汤	海带汤	
	Vegetable soup	Vegetable soup with tofu	Tomato soup with egg	Kelp soup	
	米饭	米饭	米饭	米饭	
	Rice	Rice	Rice	Rice	
	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	
	Vegetable	Vegetable	Vegetable	Vegetable	
	Snack Menu	牛奶	牛奶	牛奶	牛奶
		Milk	Milk	Milk	Milk
桔子		香蕉	小番茄	小青瓜	
Orange		Banana	Cherry tomato	cucumber	
鸡蛋饼		蒸饺	水煮蛋	奶黄包	
egg cake		Dumpling	Egg	Stemed creamy custrd bun	
雪梨		红心柚子	苹果	桂圆	
Pear		Pomelo	Apple	Longan	
面包片+果酱		蔓越莓饼干	肉松蛋糕	巧克力饼干	
Bread with jam	Cranberry biscuit	Cake with dried meat floss	Chocolate biscuit		





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Address: No. 365 Guanghua Road, National
Hi-Tech Zone, Ningbo 315000
Tel: 86 574 87611005
E-mail: nbis.admin@nbis.net.cn