



NBIS Weekly Newsletter 11

UNITY

DIVERSITY

EXCELLENCE



Cambridge Assessment
International Education

Cambridge International School

Dates to Remember

- November 22: NBIS Concert (in-house only)
- December 2: NBIS United Nations Day 2022
- December 9: Ningbo International Drama Festival





NBIS UNITED NATIONS DAY

DECEMBER 2, 2022



UNITY - DIVERSITY - EXCELLENCE

NBIS Concert

November 22nd
13:30
Auditorium



Ningbo British
International
School

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Ningbo International Drama Festival



Monologue & Duologue Competition

9th December 2022, 1:30-2:30
NBIS AUDITORIUM



Ningbo British
International
School

Designed by Tithi Y10

Contact: nausicaa.giavarra@nbis.net.cn



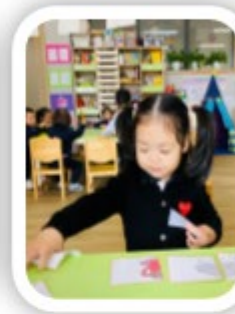
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EARLY YEARS SECTION



Nursery B



Fall is a fantastic time of year to experiment with new color schemes. Get cozy and warm this autumn by engaging in some of our easy activities from our Fall-themed activity plan for kids.



PRIMARY SECTION

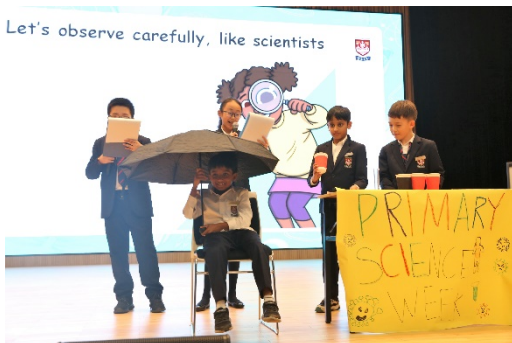
NBIS PRIMARY SCIENCE WEEK

NBIS Primary celebrated Science week from November 7 -10 to coincide with **World Science Day for Peace and Development** which is celebrated on November 10th every year. We chose the theme: “Science at Work – Science at Play – Science Every Day” to showcase the importance of science in our everyday lives. The section was buzzing with Science activities for the whole week. There was a lot of learning and a lot of fun. Here is an account from Year 6A student and Student Council President, Odelia, of the week’s activities.

Hello Science!

In this past week, I saw and heard the word science more than I ever did in my life. NBIS Primary Science Week was off to a good start.

Monday was the start of Science Week and the Student Council hosted a funny assembly full of laughter. From then on, I knew that it was the beginning of a brilliant week.



Tuesday was here and we had a fantastic morning. We went to 4A and learned a lot about bones, fractures and bone illnesses. At the end, 4A actually splinted our finger with a colourful hub, bandage and tape. They did a fantastic job and I could see some future doctors.





Hosts: Year 4A, Visitors: Year 6A

Topic: Bones and Fractures

Wednesday was our day to present to Year 5A and I have to say we did a great job. We had four groups presenting about the Circulatory System and its diseases and the Respiratory System and its diseases. Furthermore, Mrs. Shirley did an amazing experiment dissecting the heart and lungs of a goat. So my job was to teach the children in 5A who were scared of blood to make a model of the Respiratory System (*It was pretty disgusting to see a real heart and lungs. I was also scared*). At the end, Mrs. Shirley gave out some grapes (because they were shaped like the alveoli in the lungs) as a gift.



Hosts: Year 6A, Visitors: Year 5A

Topic: The Human Circulatory and Respiratory System



Time flew. It was already Thursday – the last day of Science Week. It was Dress-Up Day. We were supposed to dress up as something related to Science – like an astronaut, a scientist, a disease ... Everybody that dressed up needed to donate 10 RMB or more to a charity that supports children who are sick and couldn't afford the fees for some experiments to heal diseases. The Student Council reps collected the donations and I have to say, we had some good entries.



During this amazing week, there was a lot to see and I believe we learned a lot about this wonderful subject that affects all of us – SCIENCE!

- Odelia Zhang, 6A
Primary Student Council President

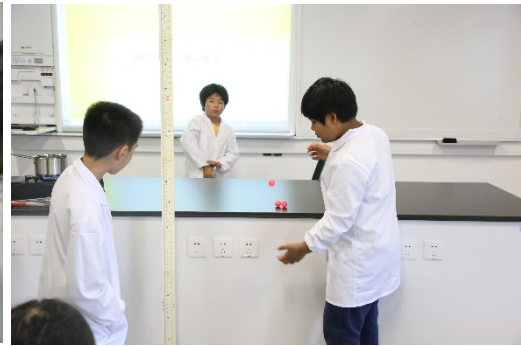
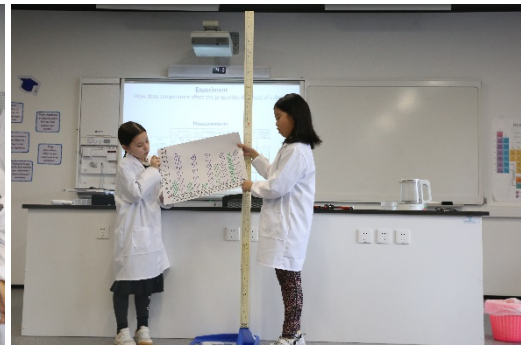
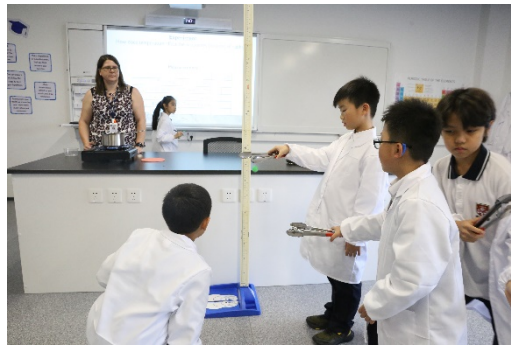
On behalf of the Primary Science Department, I must say congratulations and a job well done to the entire primary section for the brilliant execution of Science Week 2022!





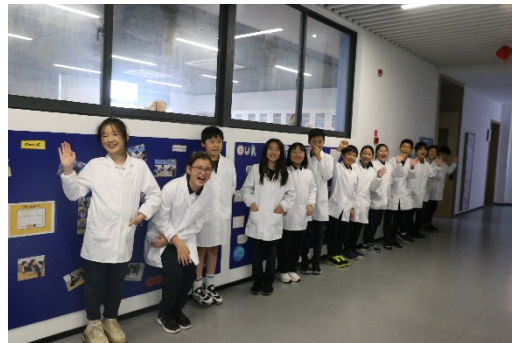
Hosts: Year 4B, Visitors: Year 6B

Topic: Bones and Fractures



Hosts: Year 5A & 5B, Visitors: Year 4A & 4B

Topic: Rubber



Hosts: Year 6B, Visitors: Year 5B

Topic: The Human Circulatory and Respiratory System

Aileen Shirley
 Year 6A Homeroom Teacher
 Head of Science (Curriculum)
 Student Council Staff Advisor



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Science Week with Year 4B!



Recently, our class participated in Science Week and gave a presentation to Year 6B. The presentation was titled Bones, Skeletons, and Fractures.



The students discussed the importance of bones. However, fractures sometimes occur. In such instances the technique of splinting has been used over many years.

To give a real example of splinting, the students performed the procedure on their guests using ice cream sticks and bandages.



In Science we've been learning about the structure of the Earth and how volcanoes form.

In groups students read and found the important information in their text books regarding each layer of the Earth. Each group shared their answers with the class to complete our research activity.



Each learner made their own volcano using different colours of play dough. They based it on what we learned about the structure and working of volcanoes. We then used baking soda and vinegar to demonstrate eruptions.



In Math we started learning about shapes with first group being polygons. Students had to make different polygons using rubber bands. Then we discussed the different properties of polygons such as length of sides, indices, and when a polygon is regular or irregular.



Primary Assembly 14.11.22

We had a delightful assembly this week. Lower Primary provided the Science Week Finale. All students had clearly learned so much from each other during Science Week. Their understanding of science and the important work of scientists, both past and present was amazing. In our auditorium there were many enthusiastic scientists with aspirations for the future.



Year 1 students, Lorenzo (1C) , Leo (1B) and Annabelle (1A) made an excellent job of presenting their Science Week video. This was the first time the Y1 students had presented to the whole section. Here are some photos from Year 1 Science Week. Well done!



Year 1B- Can you hear me



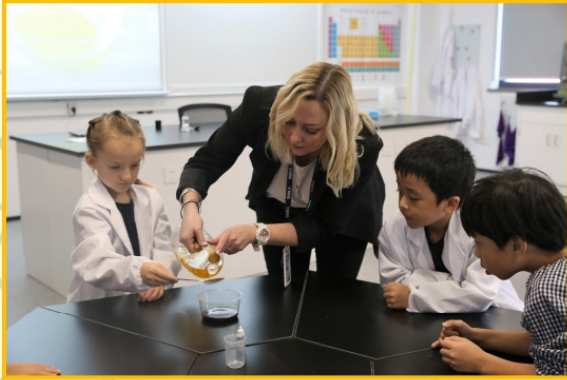
1A went on a listening walk, 1B made their own telephones and 1C investigated Loud and Quiet. If you want to see the full videos—please check them out on our Whole School Dojo.





It was then the turn of Year 2 to present their learning in Science Week. Viktorie (2B) and Aki (2A) took to the stage and introduced their topic of Making Playdough. Superb presenting skills.





We are all looking forward to next week's assembly when Year 3 will share their Science Week work with us.

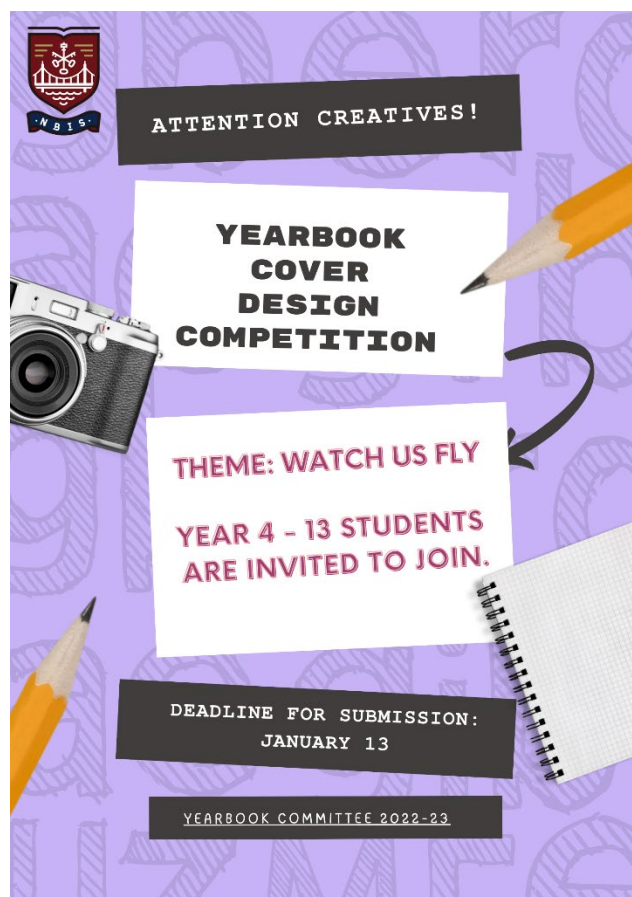
Primary Stars of the Week
Respect ~ Cooperation ~ Self Worth ~ Achievement ~ Diversity ~ Caring ~ Integrity



1A—Lucas 1B—Louis 1C—Mateo 2A—Jacob 2B—Eric 3A—Amy J 3B—Rowan
4A—Ethan 4B Pariza 5A—Frank 5B—Sean 6A—Peach 6B—Emily



Yearbook Cover Design Competition for 2022-23



Theme: Watch us Fly

Deadline for submission: January 13

All Upper Primary and Secondary students (Year 4 - 13) are invited to join.

Requirements: 1-page A4 portrait design for the front cover and 1-page A4 portrait design for the back cover of the yearbook. Sketches, paintings, and printed out computer designs are all welcome. Individual or group submissions are allowed.

Selection criteria: Yearbook Committee will be looking at the aesthetics, concept, and significance of your design.

The prize:

Your design will be used as the cover page of the 2022-2023 Yearbook.

You will receive gifts and an official certificate from NBIS Marketing Team.

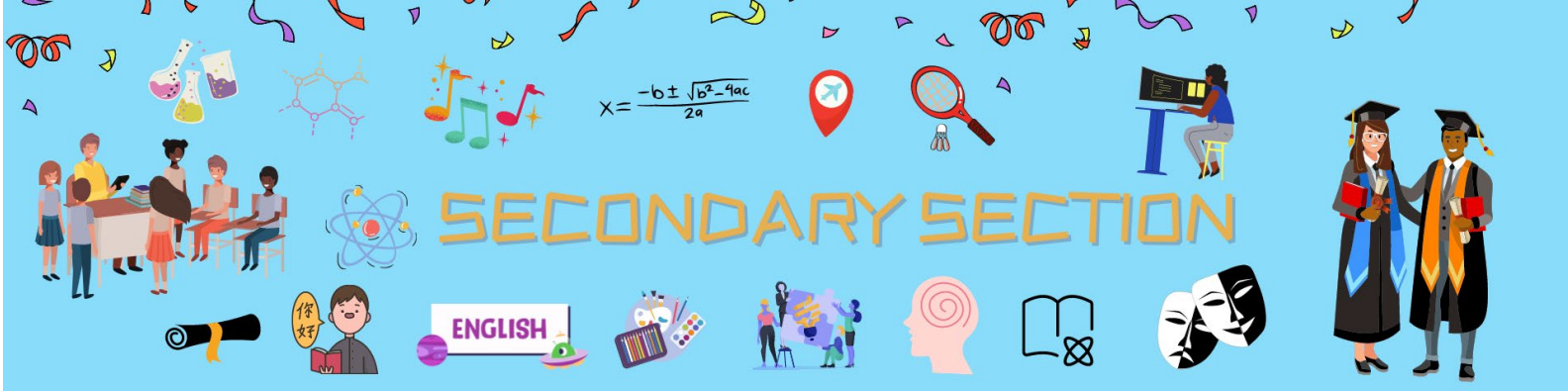
**Do not miss this opportunity to show us your creative side.
Come and join the Yearbook Cover Design Competition!**



Primary Art Department are in Action!

Recently, our Primary Art Teacher Ms Qian encouraged her students to participate in the Yearbook Cover Design Competition for 2022-23. Take a peek at these examples of our students' artwork:





Cambridge Achievement Recognition Ceremony



On November 14th, NBIS secondary section held the Cambridge Achievement Recognition Ceremony at the auditorium. The Head of school Mr. Billing gave a speech to emphasize the importance of Cambridge IGCSE program which lays a solid foundation for AS & A Level program. Together with the Head of secondary Mr. Aaron Lowe, Cambridge certificates were presented to 12 students. Congratulations to them!

The Travel & Tourism Customer Service Trip

The Year 10, 11 and 12 Travel & Tourism students need to learn about customer service in the tourism industry.

Unit 4 cover the following areas:

- 4.1 Importance of customer service
- 4.2 Delivery of customer service
- 4.3 Provision of customer service for different types of tourists
- 4.4 Skills required when working in the travel and tourism industry



The students were lucky enough to visit industry professionals from The Fire Kitchen. The staff talked to the students about their experiences in the industry, such as what they studied and where they have worked.

The students were interested in how they dealt with customer complaints, how they deal with different customers from around the world and what brought them to the profession.



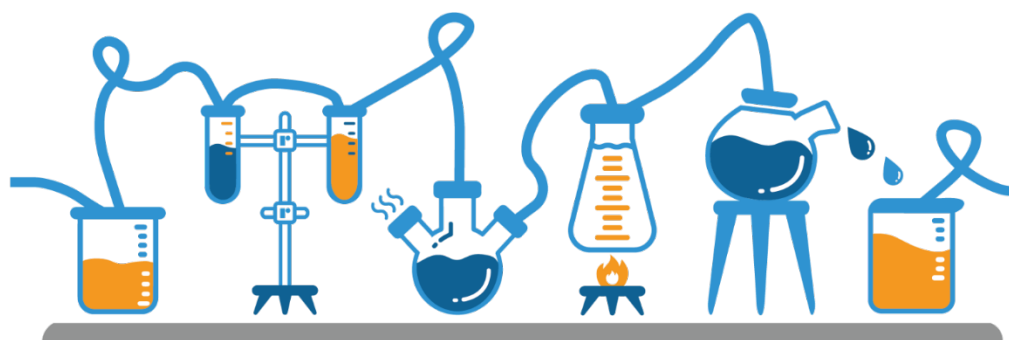
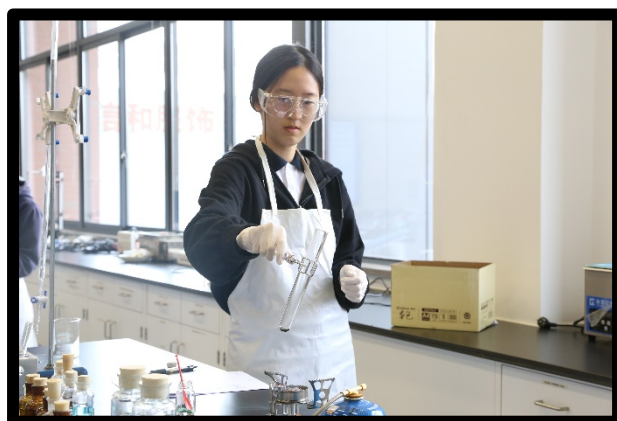
All in all, it was a valuable experience for the students because they get to speak to industry professionals. Not to mention, we got to enjoy a delicious meal together.



Chemistry


Year 12 AS Chemistry students have been developing their skills for the practical exam that they will have to sit at the end of the year by doing weekly practical sessions. Skills that they have been learning include titration, enthalpy change measurements and ion analysis.


During the practice lessons students need to follow the instructions on the question paper to complete the practical independently while recording observations, data and doing the necessary analysis and calculations. The chemistry practical exam is extremely challenging and students need to be confident, organized and efficient to complete it on time.



Urban Jungle Photography Competition


Entries are now in and voting has begun! Scan the QR code on the poster below to vote for your favourite photo. The winners will be announced via the school newsletter after voting closes on the 2nd of December.



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NBIS Science Department Presents
THE URBAN JUNGLE
PHOTOGRAPHY COMPETITION

Scan the QR Code to vote for your
favourite entry!



Voting Deadline: December 2nd 2022



NBIS Weekly Menu



Sample Dishes



	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Menu	盐酥鸡	青蒜烤牛筋	回锅肉	烤火鸡	三色虾仁
	Salty fried chicken	Beef with with green garlic	Fried pork	Turkey	Shrimp
	洋葱烩鱿鱼	烤鸡腿	板栗鸡脯肉	红酒炖牛肉	烤鸭
	Cuttlefish with onion	Toast chicken leg	Breast meat with Chinese chestnut	Braised beef	Roast duck
	葱油肘子	热狗	烤龙利鱼	火腿	红烧肉
	Pork joint	Hotdog	Sole fish	Ham	Braised pork
	青菜	薯条	花菜	烤土豆	花菜
	Vegetable	French fries	Cauliflower	Potato	Cauliflower
	花菜	西兰花	烤红薯	西兰花	烤蔬菜
	Cauliflower	Broccoli	Roast sweet potato	Broccoli	Vegetable
	腊肠蒸饭	炒包菜	孜然土豆	蔓越莓酱	肉沫通心粉
	Steamed rice with sausage	Cabbage	Potato	Cranberry sauce	Pasta
	牛角包	寿司	蛋挞	法国面包	披萨
	Croissant	Sushi	Egg tart	French bread	Pizza
	小炒肉	水煮肉片	酸菜肉片	毛血旺	麻辣肉片
	Fried slice streaky pork	Poached pork slice	Pork slices	Gross blood Mong	Spicy pork slice
	红烧虾	盐水虾	酱爆河虾	红烧虾	油爆虾
	Shrimp	Shrimp	Shrimp	Shrimp	Shrimp
	葱油玉兔鱼	孜然橡皮鱼	葱油小黄鱼	葱烤河鲟鱼	葱油鳊鱼
	Fish	Jerk filefish	Little yellow croaker	Braised Crucian Carp with Scallion	Braised pomfret
水果	水果	水果	水果	水果	
Fruit	Fruit	Fruit	Fruit	Fruit	
万年青汤	大白菜豆腐汤	西红柿蛋汤	海带汤	紫菜蛋汤	
Vegetable soup	Vegetable soup with tofu	Tomato soup with egg	Kelp soup	Seaweed soup with egg	
米饭	米饭	米饭	米饭	米饭	
Rice	Rice	Rice	Rice	Rice	
蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	
Vegetable	Vegetable	Vegetable	Vegetable	Vegetable	
Snack Menu	牛奶	牛奶	牛奶	牛奶	牛奶
	Milk	Milk	Milk	Milk	Milk
	小番茄	香蕉	火龙果	红心柚子	香蕉
	Cherry tomato	Banana	Pitaya	Pomelo	
	鸡蛋饼	叉烧包	水煮蛋	蒸饺	萝卜丝饼
	egg cake	Barbecued pork bun	Egg	Dumpling	Turnip strips cake
	香梨	人参果	苹果	桂圆	小黄瓜
	Pear	Ginseng fruit	Apple	Longan	cucumber
	面包片+果酱	港荣蛋糕	麻薯	巧克力饼干	奶棒
	Bread with jam	Cake	Mashu	Chocolate biscuit	Milk stick



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