



# NBIS Weekly Newsletter 8

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Cambridge Assessment  
International Education

Cambridge International School

## Dates to Remember

- October 28: Early Years & Primary Dress Up Day
- November 1 & 2: Primary PTC (some are on 3rd due to ECA)
- November 3: Lower Primary Dentist Visit
- November 3: SAC/Teacher Get together
- November 3 & 4: NBIS Book Fair
- November 4: Early Years Dentist Visit



# NBIS Book Fair

## 3rd & 4th November

*"Anyone who says they have only one life to live must not know how to read a book."*



The annual book fair will be held in the NBIS Library. Students will be able to view and purchase English books brought in from Shanghai.



# Library News



This November, *BookWiz* Book Fair is coming to our school!

Students will have an opportunity to purchase books from the Book Fair during their scheduled class time. Please see below for further instructions:

When:	November 3-4
Where:	NBIS Library
Instructions:	3 November: choose a book(s). 4 November: collect/purchase the chosen book(s)
Method of Payment	Cash

**\*Note to parents:** A wish list will be sent home with your child, including the book title and cost. Please prepare cash for your child for purchase on November 4<sup>th</sup>.

Thank you for encouraging your child to read and continue to support our Book Fair. We look forward to seeing you at the Book Fair!



We have a special addition to your upcoming Book Fair -- featuring a local author, Tony Potts! Tony's books can be purchased during the book fair for 80RMB each (or any time before). All book sales will be donated to new books for the school library. Get your copy, soon!  
Payment method: Cash. A huge thank you to Tony for his contribution!

**Book fair featuring local author  
Current no. 1 bestseller**

**STAR ON THE RISE**  
ANTHONY POTTS

**EYE ON THE BALL**  
ANTHONY POTTS

**80 RMB**

**All profits  
donated to new books  
for the school library**

**80 RMB**

# EARLY YEARS SECTION

## Preschool

The preschool children learnt about healthy food this month. We talked about some fruits and vegetables such as tomato, potato, carrot, banana, etc. Children acquired the names of healthy food by singing songs and nursery rhymes. Moreover, making some creative arts is also a good way for children to get to know healthy food. We made the broccoli, grapes, and pizzas by using different materials.



# PRIMARY SECTION

## Primary P.E.

### Year 5 & 6

For this unit of work, year 5 & 6 have been working on team games and different skills needed to perform well in groups. This week we looked at communication and teamwork whilst playing 'Cross the River'. The students had to work in teams to get across the 'radioactive' river using a set number of rocks. In the beginning it was all about speed but as the challenge got harder, they had to cooperate and figure out how to get 5 people across, with only 4 rocks.



The students had lots of different ideas, from carrying other members of the team to stepping on each other's shoes to save space on the rocks! Some teams chose to go fast and risk being sent back to the start for touching the 'water' whereas others chose a slower, more accurate approach. Overall, the students had a lot of fun coming up with their ideas, sharing them in their groups and working together to complete a challenging task.



## Primary P.E.

### Year 2 & 3

This week year 2 and 3 have been learning and practicing their overarm throws! We've previously practiced rolling, underarm throws and now we are moving on to overarm throws before putting all of these skills into exciting games like Kings and Queens and even Dodgeball. We had a lot of fun this week, pretending to answer the phone, and then throw the phone over to their friend on the other side of the gym. These fun ideas and games are great ways for the students to remember the skills and practice the technique whilst having fun.



## Primary Assemblies 24.10.22

This week our Year 2 and Year 3 students brought Broadway musicals to NBIS. Ms. Min Cha and Miss Kaia presented the children's work from their music classes. Year 2 performed a fantastic rendition of 'I Just Can't Wait to be King' from 'The Lion King'. and Year 3 performed the song 'Happiness' from 'You're a Good Man Charlie Brown'. It is fantastic to see the confidence and enjoyment of the students when they share their learning in assembly.





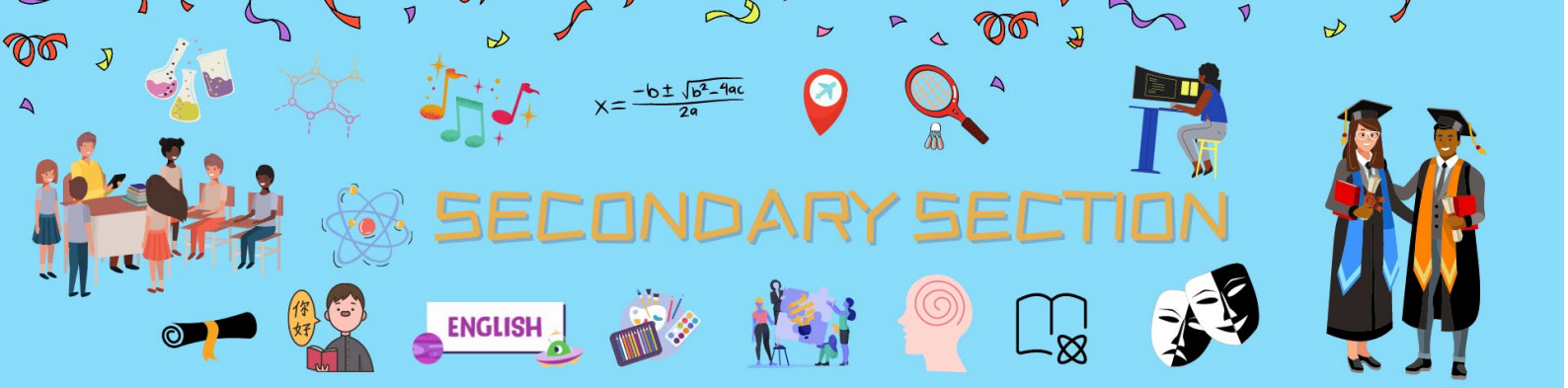
**Primary Stars of the Week**  
 Respect ~ Cooperation ~ Self Worth ~ Achievement ~ Diversity ~ Caring ~ Integrity



3A - Silas 3B - Chanel  
 2A - Molly 2B - Viky  
 1A - Felix 1B - Mia 1C - Luke

6A - Daniel 6B - Jessy  
 5A - Louis 5B - Anne  
 4A - Rain 4B - Molly





## Year 10 ESL Read to Early Years Students



Last week, Y10 ESL students paid a visit to Reception A&B and read alphabet story books to them. NBIS students have carried on with this mutually beneficial activity over the past four years.

The novelty factor could have been the highlight of their day. Year 10 ESL students can gain confidence reading aloud to the younger students. It's not always easy for second language learners to get comfortable speaking it. On this particular occasion, they might feel more at ease in a position of expertise. The Early Years students are always incredibly excited to see the 'big kids' in their class, all imbued with enthusiasm and joy.





Language learning almost always starts with sounds, and it is crucially important for learners to acquaint themselves with all the phonemes in the early stages of learning so that listening and speaking may come more naturally later on. Reading aloud and repeating is a good approach to that end.

In all, with great benefit to both upper secondary ESL students and Early Years students, this activity may well become a ritual at NBIS.



# Mathematics Competitions

The following mathematics competitions, hosted by ASDAN, are available for registration. The competitions are done online, at home, with camera supervision. If more than 20 students sign up for a competition it will be run in school.

To register, students simply scan the QR code on the posters or brochures, fill in the details, and make the required payment to ASDAN. All semester 1 competition posters and brochures have been emailed to students.

Competitions are a great super-curricular activity for students to demonstrate their skills in mathematics and challenge themselves. They also look fantastic on university applications and may help students to develop their passions and interests.

If you have any questions about the STEM competitions offered by ASDAN, please contact [Jason.Jeffries@nbis.net.cn](mailto:Jason.Jeffries@nbis.net.cn)

**AMC8 – For Year 9 and below. Deadline for sign up is the 11<sup>th</sup> of January 2023:**

Number rules the universe. —Pythagoras

MAA AMC  
American Mathematics Competition

### American Mathematics Competition (AMC8)

Language	Date
English/Chinese	21st Jan. 2023

- ★ Global authoritative youth math competition
- ★ Over 300,000 students participating annually in over 6000 schools from 30 countries and regions
- ★ Chinese papers are provided
- ★ Set up Global awards and School awards
- ★ Opening examination of China competition area at the same time

Qualification: In grade 8 or below and also under 14.5 years (age on the day of the challenge)  
Format: 1 points for each right answer, 0 point for wrong answer  
Location: Paper-based in partnering school  
Deadline: 11th January 2023

Website: [www.seedasdan.asia/en/amc8-en](http://www.seedasdan.asia/en/amc8-en)  
Telephone: 400-9999-615

阿思丹 ASEEDER

数学是万物的本质——毕达哥拉斯

MAA AMC  
American Mathematics Competition

### 美国数学测评 American Mathematics Competition (AMC8)

活动语言	活动时间
中英文	2023.1.21

- ★ 全球权威青少年数学测评活动之一
- ★ 每年超过 30 个国家和地区 6000 所学校 30 万学生参与
- ★ 采用中英文试卷便于中国学生参与
- ★ 设置全球奖项、学校团体奖
- ★ 中国大陆统一时间开考

参与年级: 8 年级 (初二) 且 14.5 岁以下年级 / 年龄学生  
活动形式: 25 道单选题, 每题答对得一分, 答错不扣分  
活动地点: 全国省教学合作学校校内 报名截止时间: 2023 年 1 月 11 日

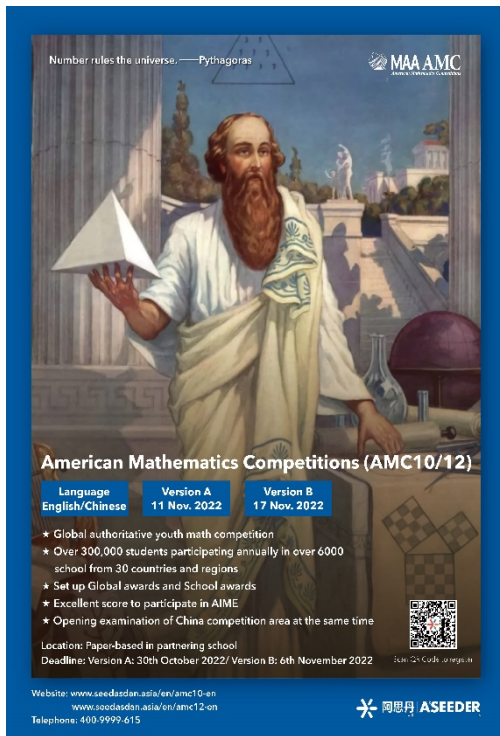
中国官网: [www.seedasdan.asia/amc8](http://www.seedasdan.asia/amc8)  
联系电话: 400-9999-615

阿思丹 ASEEDER



**AMC10 – For Year 11 and below & AMC12 - For Year 13 and below.**

The deadline for these competitions is Sunday the 30<sup>th</sup> of October for Version A, or Sunday the 6<sup>th</sup> of November for Version B:



Number rules the universe. — Pythagoras

MAA AMC

**American Mathematics Competitions (AMC10/12)**

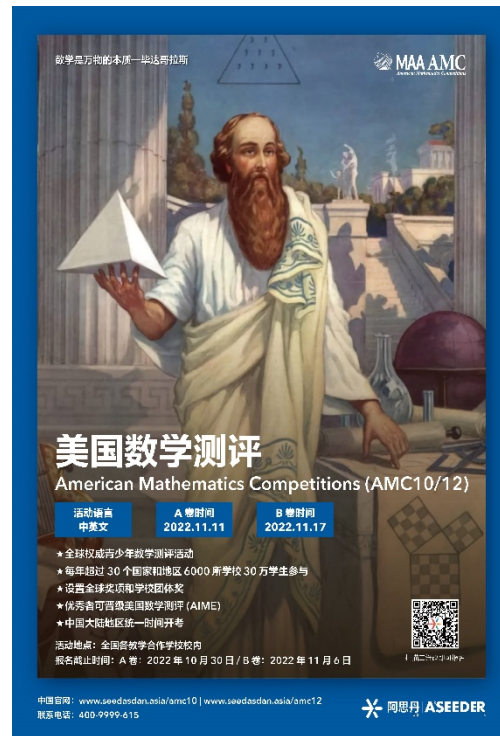
Language	Version A	Version B
English/Chinese	11 Nov. 2022	17 Nov. 2022

- ★ Global authoritative youth math competition
- ★ Over 300,000 students participating annually in over 6000 school from 30 countries and regions
- ★ Set up Global awards and School awards
- ★ Excellent score to participate in AIME
- ★ Opening examination of China competition area at the same time

Location: Paper-based in partnering school  
 Deadline: Version A: 30th October 2022/ Version B: 6th November 2022

Website: [www.seedasdan.asia/en/amc10-en](http://www.seedasdan.asia/en/amc10-en)  
[www.seedasdan.asia/en/amc12-en](http://www.seedasdan.asia/en/amc12-en)  
 Telephone: 400-9999-615

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数学是万物的本质——毕达哥拉斯

MAA AMC

**美国数学测评**

American Mathematics Competitions (AMC10/12)

活动语言	A 卷时间	B 卷时间
中英文	2022.11.11	2022.11.17


- ★ 全球权威青少年数学测评活动
- ★ 每年超过 30 个国家和地区 6000 所学校 30 万学生参与
- ★ 设置全球奖项和学校团体奖
- ★ 优秀者可晋级美国数学测评 (AIME)
- ★ 中国大陆地区统一时间开考

活动地点: 全国自教学合作学校校内  
 报名截止时间: A 卷: 2022 年 10 月 30 日 / B 卷: 2022 年 11 月 6 日

中国官网: [www.seedasdan.asia/amc10](http://www.seedasdan.asia/amc10) | [www.seedasdan.asia/amc12](http://www.seedasdan.asia/amc12)  
 联系电话: 400-9999-615

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**British Mathematical Olympiad – For Year 13 and below. Deadline for sign-up is the 17<sup>th</sup> of November:**



If fate is a insensate stone, I will turn it into a big hammer and hit it into pieces. — Leibniz

UKMT

**British Mathematical Olympiad (BMO)**

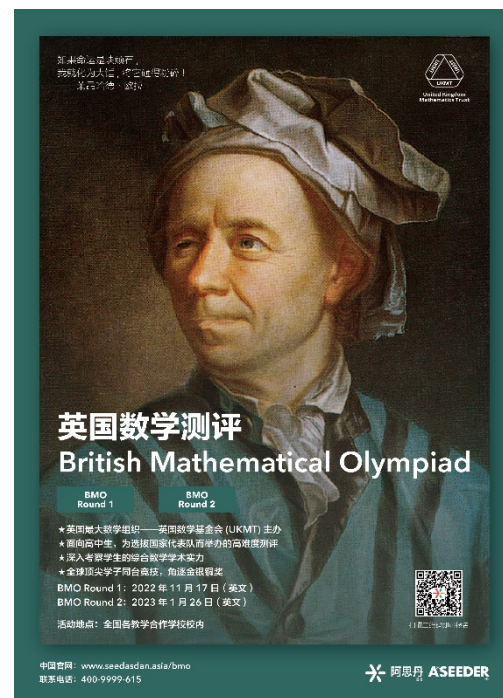
BMO Round 1	BMO Round 2
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- ★ Founded by the largest UK organization—UKMT
- ★ A difficult test for high school students to select UK Olympiad team
- ★ Investigated comprehensive mathematics academic strength
- ★ Top students from all over the world competed together

BMO Round 1: 17th November 2022 (English)  
 BMO Round 2: 26th January 2023 (English)  
 Location: Paper-based in partnering school

Website: [www.seedasdan.asia/en/bmo-en](http://www.seedasdan.asia/en/bmo-en)  
 Telephone: 400-9999-615

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如果命运是一块顽石，我愿把它变成大锤，将它砸得粉碎！——莱布尼兹

UKMT

**英国数学测评**

British Mathematical Olympiad

BMO Round 1	BMO Round 2
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- ★ 英国最大数学组织——英国数学基金会 (UKMT) 主办
- ★ 面向高中生，为选拔国家代表队而举办的最高难度测评
- ★ 深入考察学生的综合数学学术实力
- ★ 全球顶尖学子同台竞技，角逐金银铜奖

BMO Round 1: 2022 年 11 月 17 日 (英文)  
 BMO Round 2: 2023 年 1 月 26 日 (英文)  
 活动地点: 全国自教学合作学校校内

中国官网: [www.seedasdan.asia/bmo](http://www.seedasdan.asia/bmo)  
 联系电话: 400-9999-615

阿思丹 ASEEDER



## The Urban Jungle Photography Competition 2022

The Science department's nature photography competition is live and ready to receive entries from students. The deadline is the **10th of November**, so students still have time to go out and explore Ningbo and take some fantastic snaps of the nature that shares our city with us.

Suggested shooting locations include the many parks, canals, and rivers around Ningbo. The community gardens often contain an abundance of creepy crawlies and other animals, such as hedgehogs! Ningbo Botanical Garden, Dongqian Lake, and the Ningbo Eco-Corridor in the East New Town (near the Japanese mall) are also great locations to explore.

**Please scan the QR code on the poster to see the competition rules and submit your entry.  
Only one entry per student - so choose carefully.**



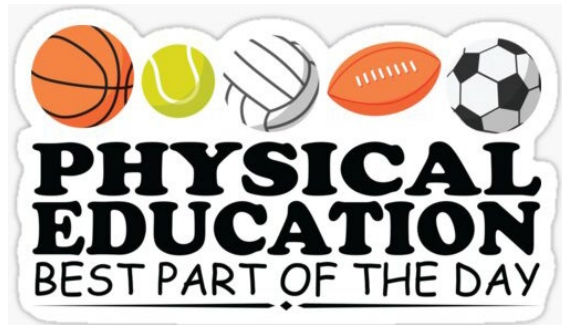
 Ningbo British International School

**NBIS Science Department Presents**  
***THE URBAN JUNGLE***  
***PHOTOGRAPHY COMPETITION***  
**Deadline: November 10th, 2022**

**Submit one photo that showcases the nature in Ningbo this autumn/winter! Go out and explore and let's see those photography skills!**

**Scan the QR code to submit your photo and see the competition rules.**





## Basketball in Year 10

Last couple of weeks, year 10 spent on a Basketball Unit. Students have practiced the main aspects of the game. Along with learning the rules, they had to master the proper technique of lay-up, must have scored some points and prove they could handle the ball well while running a shuttle run. Learning things separately allows students to master those bits, but it is the game that make them combine all their skills and apply them in the match.

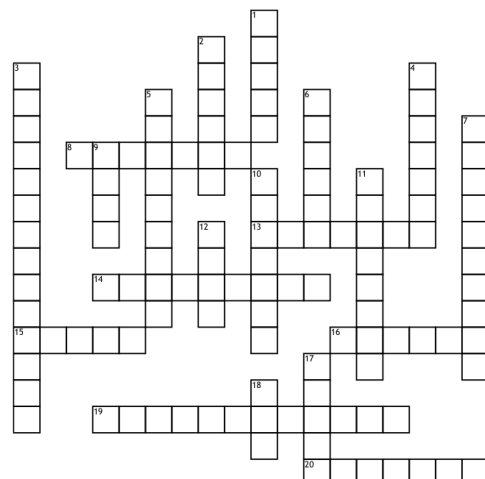




The necessity of knowing the rules was checked throughout the unit by random questions, filling up a crossword puzzle and in the game by obeying them. Game tactics and offensive and defensive strategy were practiced in the game.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

## Basketball Terms



### Across

- 8. The team who has the ball is on
- 13. The position of the 2 players closest to the basket
- 14. Regular baskets are worth
- 15. a two-point shot attempt made by leaping from below, laying the ball up near the basket, and using one hand to bounce it off the backboard and into the basket
- 16. The name of the penalty when a player carries the ball
- 19. a shot taken before the game clock of a quarter expires but does not go in the basket until after the clock expires

### Down

- 1. The game is played on a
- 2. a player who passes the ball to a teammate in a way that leads to a score by field goal
- 3. The name of the curved line on the court
- 4. To obtain possession of a missed basket
- 5. The shot taken as a result of a penalty
- 6. The player that does the jump ball

- 7. The object used in the game
- 9. How many players from a team are on the court at a time?
- 10. The team without the ball is on
- 11. The game consists of 4 of these
- 12. The name of the goal in basketball
- 17. The position that calls the plays and controls the ball
- 18. The name of the profession league of this sport

### Basketball crossword 9-11



## Lunch Recess

It is quite popular for students to hang out in the gym during their lunch recess. But what caught my eyes today and I couldn't stop looking at them was this scene. Arturo, a student of Y10, who has recently injured his knee badly while playing football, currently sitting on a wheelchair has actually made his way to the gym as usual. His injury not only did not stop him playing his favorite table tennis, but it made his classmates being really compassionate and with the feeling of not taking any advantage, they pulled a bench so they all could play while sitting.



What I saw was breathtaking for me. Friendship. Compassion. Fairness. Just pure happiness from being there, together and doing what they usually do. A round of applause for Joe, Noah and Arturo, Y10 A.

Limits are in your head only.

Ms. Katerina



## **NBIS GOLF ECA is Still Open for Registration**

Fun, safe and educational!



### **NBIS Golf ECA Course Description:**

- Days: Every Thursday after school
- Time: 3:45 – 4:45 pm
- Weeks: 10 (1 class per week)
- Place: NBIS Campus
- Number of students: 6 - 12
- Ages or groups: primary and lower secondary students
- Price: 230 RMB per class
- 

Please scan the QR code or click the link below for registration. We are looking forward to seeing you on Thursdays!



ECA: Golf <https://ding.tomatoform.com/f/bq8ld83b>



**Ningbo British  
International  
School**

**Unity - Diversity - Excellence**

## NBIS Welcomes New Interns on Campus



Recently, NBIS welcomed four new interns on campus. Two new interns from Ningbo University and another two new interns from Wanli University began their placements at NBIS ... MENGSHA YAN and BEI ZHOU for the Chinese Department, YITING HE for the Marketing Office, XIYUE BAO for the Admin Team. Welcome! We are pleased that our school is becoming a place where Chinese young people can find a placement to improve their experience and skills.



## NBIS Weekly Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Menu	红烧鹌鹑蛋	烤香肠	盐酥鸡	红烧肉	五香牛肉
	Braised quail egg	Roast sausage	Salty fried chicken	Braised pork	Beef
	芦笋炒虾仁	肉丸	玉米仔排	烤鸡腿	烤鸡
	shrimp with asparagus	Meatball	Rib with Corn	Toast chicken leg	Roast chicken
	香酥鸡腿	无骨鸡柳	蒜苗腊肉	大烤鱿鱼	肉饼蒸蛋
	Crispy chicken	Boneless chicken breast strips	Meat with garlic	Broiled cuttlefish	Minced meat with egg
	烤土豆	西兰花	烤红薯	咖喱土豆	炒花菜
	Roast potato	Broccoli	Roast sweet potato	Curry potato	Cauliflower
	花菜	薯条	花菜	西兰花	薯条
	Cauliflower	French fries	Cauliflower	Broccoli	French fries
	天菜烤年糕	炒包菜	青菜	五号菜	肉沫通心粉
	Roasted rice cake with ve	Cabbage	Vegetable	Vegetable	Pasta
	法香面包	寿司	三明治	牛角包	披萨
	French bread	Sushi	Sandwich	Croissant	Pizza
	小炒肉	水煮肉片	酸菜肉片	毛血旺	麻辣肉片
	Pork	Poached pork slices	Pork slices	Gross blood Mong	Pork slices
	红烧虾	盐水虾	油爆河虾	红烧虾	油爆虾
	Shrimp	Shrimp	Shrimp	Shrimp	Shrimp
	椒盐玉兔鱼	孜然橡皮鱼	葱油小黄鱼	葱油河鲫鱼	葱油鳕鱼
	Fish	Jerk filefish	Little yellow croaker	Braised Crucian Carp with Scallion	Butterfish
	水果	水果	水果	水果	水果
Fruit	Fruit	Fruit	Fruit	Fruit	
冬瓜汤	紫菜汤	海带汤	豆腐汤	西红柿蛋汤	
Gourd soup	Seaweed soup	Kelp soup	Tofu soup	Tomato soup with egg	
米饭	米饭	米饭	米饭	米饭	
Rice	Rice	Rice	Rice	Rice	
蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	
Vegetable	Vegetable	Vegetable	Vegetable	Vegetable	
Snack Menu	牛奶	牛奶	牛奶	牛奶	牛奶
	Milk	Milk	Milk	Milk	Milk
	烧卖	烧卖	烧卖	烧卖	烧卖
	Shao-mai	Shao-mai	Shao-mai	Shao-mai	Shao-mai
	牛角包	牛角包	牛角包	牛角包	牛角包
	Croissant	Croissant	Croissant	Croissant	Croissant
水果	水果	水果	水果	水果	
Fruit	Fruit	Fruit	Fruit	Fruit	





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