



# NBIS Weekly Newsletter 5

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Cambridge Assessment  
International Education

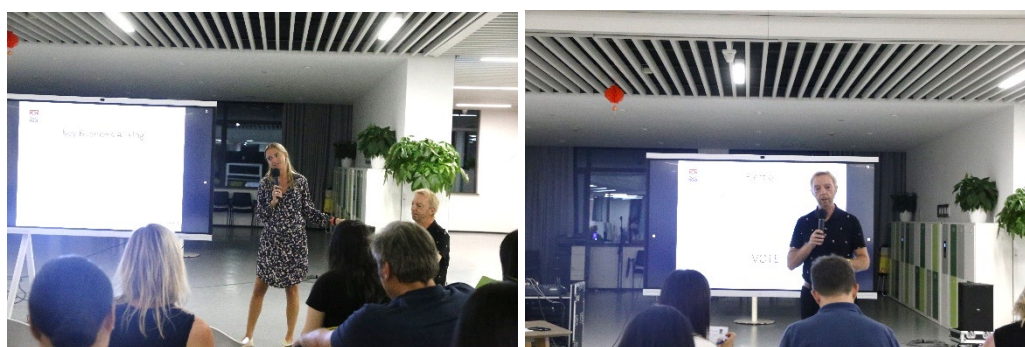
Cambridge International School

## Dates to Remember

- October 1-9: China National Day Holiday (No School)
- October 10: School Starts
- October 28: Primary Dress Up Day

## WELCOME TO SAC MEMBERS 2022-23!

On Monday September 26<sup>th</sup>, the School Advisory Committee convened its Annual General Meeting on the NBIS Campus.



The Chair and Co-Chair presented information about the work of SAC in the previous year, nominees for vacant positions on the committee gave brief introductions to themselves, and then the ballot was held to make the new appointments. Members are able to serve for two years and then must step down or stand for re-election.

The SAC 2022-23 are:

~ <i>Julia Hoferichter</i>	<i>Germany</i>	<i>Chair</i>	<i>2 children in Secondary</i>
~ <i>Francesco Aguiari</i>	<i>Italy</i>	<i>Vice-Chair</i>	<i>1 child in Early Years</i>
~ <i>Sharon Wang</i>	<i>China</i>	<i>Secretary</i>	<i>2 children in Secondary</i>
~ <i>Rashel Ten Holder</i>	<i>Philippines</i>	<i>Asst. Secretary</i>	<i>2 children in Primary</i>
~ <i>Neta Ronen</i>	<i>Israel</i>		<i>1 child in Secondary, 2 in Primary</i>
~ <i>Roziel Dorin Rhee</i>	<i>Philippines</i>		<i>2 children in Secondary</i>
~ <i>Adrien Chicouard</i>	<i>France</i>		<i>1 child in Early Years</i>
~ <i>Rosaria Franco</i>	<i>Italy</i>		<i>2 children in Secondary</i>
~ <i>Marisol Negro</i>	<i>Spain</i>		<i>1 child in Secondary</i>
~ <i>Zhang Kaiyu</i>	<i>China</i>		<i>1 child in Primary</i>
~ <i>Filippo Gilardi</i>	<i>Italy</i>		<i>1 child in Sec, 1 in Prim and 1 in EY</i>

Those listed in red are first-time members of SAC. Welcome!

Those in blue were re-elected.

Those in black are continuing into their second year of service.



## **NBIS Student Qualified to Represent Ningbo in the Group C Show Jumping Competition**

Daniel, a student in Year 5A with his horse Menglu finished the 17th Ningbo Equestrian Team Trials at the Zhejiang Provincial Games on September 11th in 57 seconds with no penalties. He qualified to represent Ningbo in the Group C show jumping competition at the Zhejiang Provincial Games. Daniel was quite anxious to compete in a non-commercial, high-profile competition for the first time, and he was under a lot of mental strain before the game started. But being able to play at a standard level and having prior experience was helpful. Daniel competed in more than ten competitions and put in a lot of training because he loved riding horses. We are really proud of him, and we think he deserves to succeed.



## Early Years Curriculum Evening

On Wednesday last week we were delighted to invite our Early Years families to our campus to learn about the 'Early Years Foundation Stage' (EYFS) curriculum that we follow at NBIS.

We began with a brief overview of the EYFS curriculum in our school auditorium. This included some photos showing how children in the Early Years section explore, engage, and develop within each area of the EYFS curriculum.



The Preschool and Nursery families then left the auditorium to visit their children's classrooms and meet classroom teachers. This provided parents with the opportunity to see some of the work the children had created over the 4 weeks they had been at school. Parents were also able to ask any questions they had about the EYFS curriculum.



The Reception parents stayed on in the auditorium for a little longer and were given a presentation from the Reception Chinese teaching team, about the Chinese lessons that the children take part in.

Once this presentation had taken place the Reception parents moved off to the Reception classroom and were able to see some of the work their children had been involved in and ask any additional questions they had.

This event gave our Early Years parents the opportunity to gain some information about the EYFS curriculum, and to ask questions about what their children are involved in at school.



This was a great opportunity for us to meet with our Early Years parents. Parent/Teacher communication is such an integral part of supporting a student's continued learning and development within the Early Years.

Thank you to everyone who was able to attend. 😊

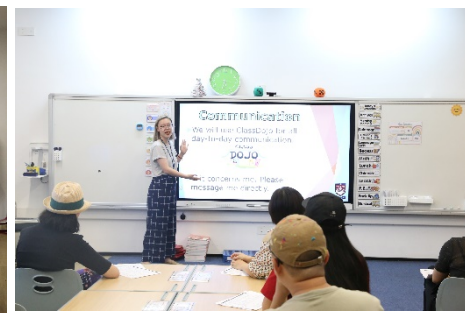
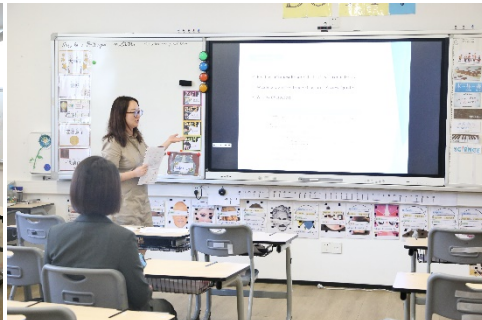


## Primary Curriculum Evening



It was a great pleasure to see so many of our Primary Parents able to attend our Primary Curriculum Evening. This was the perfect opportunity for parents to meet their child's teachers and find out about the expectations and routines of the class.

In the Primary Section, we understand the importance of the partnership between home and school in order to achieve the best educational and personal experience for the children. At our Curriculum Evening, teachers provided information on the curriculum content their children will be learning as well as information on the style of teaching and the resources we use. This helps parents support children with their learning at home and feel connected to and involved in their child's learning.





Primary Curriculum Evening is one of the ways that we continue to build and develop the relationship between home and school to secure the best outcomes for our students.



## Secondary Curriculum Evening

Curriculum evening offers parents insight into the learning objectives, teaching methodology, and educational pathways open to NBIS students. The event is divided into two parts; the start gives parents an overview of the curriculum, syllabus, and student expectations. Next, parents are guided through the school fundamentals, teaching standards, school processes, and the systems used at NBIS to support our teaching team in their shared target of achieving academic brilliance.



The second part of the evening is far more dynamic, where parents are invited to explore a 'subject fair' with teachers operating stations packed full of information, examples of student work, and demonstrations of the teaching methodology employed in their classrooms. Instead of being passive, we want parents to be active and free to ask the questions important to them. In championing open and transparent communication, parents can find actionable information about the Cambridge curriculum that holds a tangible value that helps grow our community by bringing everyone together towards the shared target of continued educational excellence.





NBIS believes in positive learning and creating an active, dynamic, and innovative learning environment. NBIS teachers are educational professionals committed to their craft's perfection through personal development, collaboration, and transparency. Curriculum evening allows our team to demonstrate our methods and open our classrooms to our parents to help foster trust, build confidence, and strengthen communication and collaboration.





# EARLY YEARS SECTION

## 5 Senses & Emotions in Reception



This week we are learning about our 5 senses & emotions through various activities such as class discussion, role play, & games.



Although it took some convincing, we realized that we can't hear or see a dinosaur (only bones).



# 5 Senses & Emotions in Reception ★ A ★



We also learned about good sportsmanship... win or lose! 😊





# PRIMARY SECTION

## Year 3A: Living Things at NBIS

3A have been learning about living and non-living things in their science class. Students went to investigate the school grounds to see how many different species they could find. They sketched the living things they discovered and labelled them appropriately in their science books.

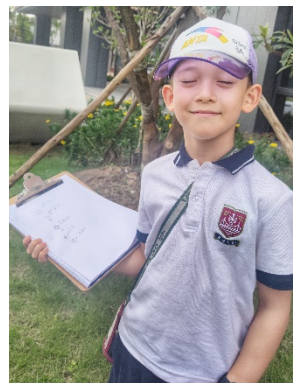


There was great excitement to see flowers, ants and even beautiful dragonflies! Jessica correctly identified Mr. Armstrong and Mrs. Bonnie as living things(!), Nik found a grasshopper and Kara made great friends with a ladybird who sat gently on her nose!!



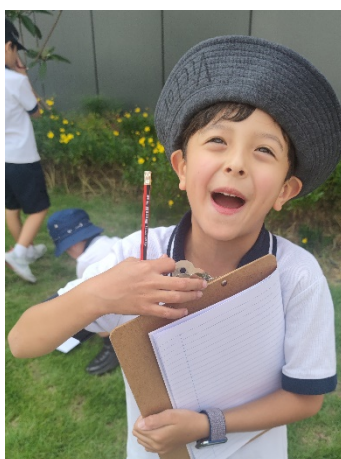
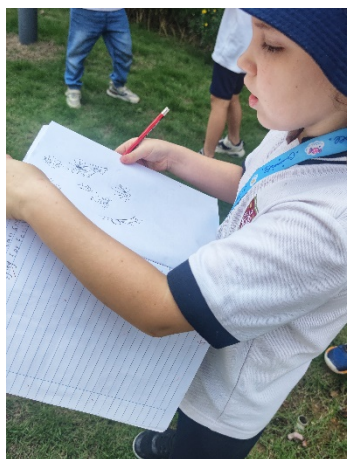
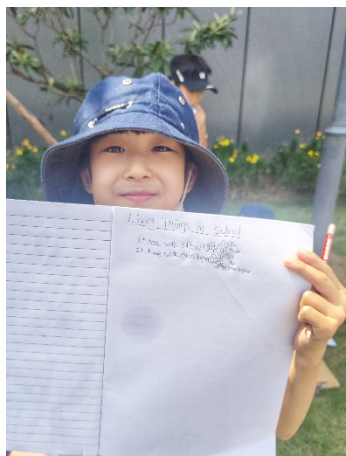


3A were also delighted to welcome Mr. Wu from school security, who came to join in and help students with their sketching skills. What a talent!



Students enjoyed working outside in the fresh air, while sitting in the shade. They were surprised by the number and diversity of living things we share our campus with here at NBIS and discussed the importance of treating our natural environment with the same respect and care with which we treat our friends.





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## Primary Assembly 26.9.22

ECAs are bigger and better than ever!

We had such an exciting assembly today. We launched our new External ECA Programme with demonstrations from some of our coaches.

### Brazilian Jiu- Jitsu — Open to all Primary Students

First the coaches demonstrated some of the techniques of Brazilian Jiu-Jitsu. The children then had the opportunity to 'have a go'. It was amazing to see how quickly the students were able to learn some basic technique, with even the youngest students able to learn the moves.





**Fencing – Open to all Primary Students**  
 Our Fencing coaches, who have a fully equipped fencing room on campus, demonstrated the different fencing techniques and described the benefits of fencing as a sport. We had some very eager volunteers to try out the techniques they had seen. Including an unsuspecting teacher!



In addition to Fencing and Jiu-Jitsu we launched the Tennis ECA (Lower Primary), French ECA (Upper Primary) and Football. We also have a Golf ECA starting soon, details will be sent out as soon as possible. If you and your child would like to sign up for any of the external ECAs please scan the relevant QR code in our Newsletter 4 or contact our Admin Team [nbis.admin@nbis.net.cn](mailto:nbis.admin@nbis.net.cn) for any further information.



### Primary Stars of the Week

Well done for consistently demonstrating the values of our school.

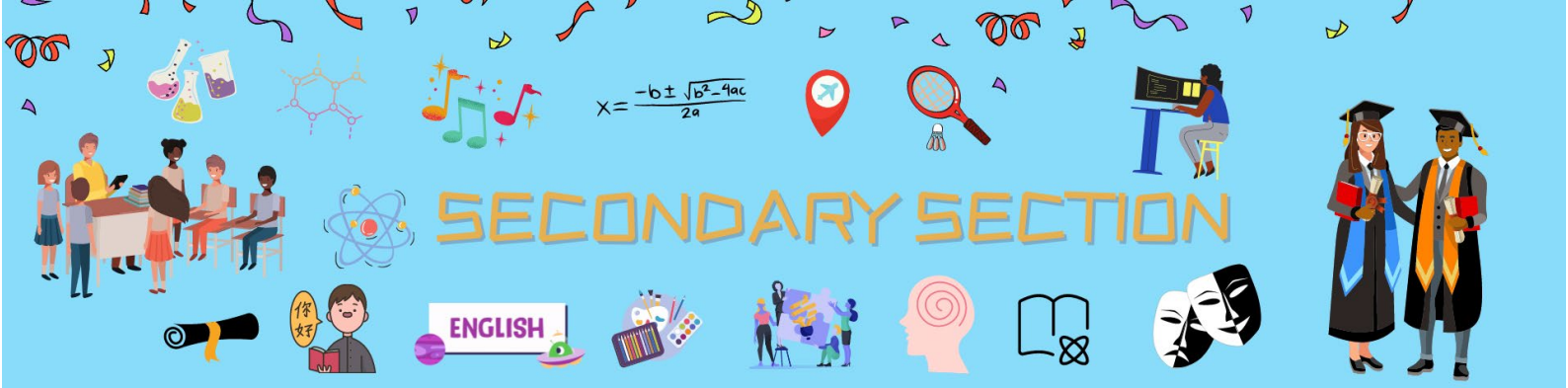
Respect ~ Cooperation ~ Self Worth ~ Achievement ~ Diversity ~ Caring ~ Integrity

6A - Odelia    6B - Tony  
5A - Frank    5B - Aoto  
4A - Avni    4B - Melodie



3A - Amy M    3B - Kaveesh  
2A - Ethan    2B - Kaeden  
1A - Harrison    1B - Eric    1C - Yanny



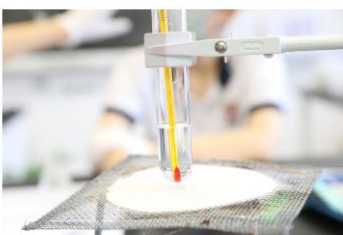
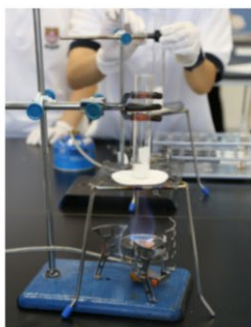


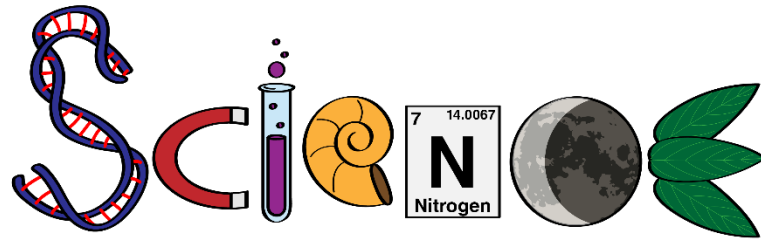
## Year 10 Chemistry Practical

Practical 1: Boiling point of impure water. Y10 students are measuring and comparing boiling points of pure water and salt water. The practical allows students to investigate how impurities in substance will affect its boiling point. In the practical students have opportunity to learn new glassware and equipment. They also have chance to exercise correct temperature measuring and reading skills.



Practical 2: Cooling curve of wax. Y10 students are recording temperature of cooling wax. First students heat wax until it melts completely. Next is to stop heating and let the wax cool, students need to measure wax temperature every 30 seconds. Finally when enough data are collected students are able to plot a temperature versus time curves. The practical allows student to investigate melting point of wax. During the practical students have opportunity to use stopwatch and thermometer correctly.





Secondary science teachers and students from all year groups have been working hard during these first few weeks:

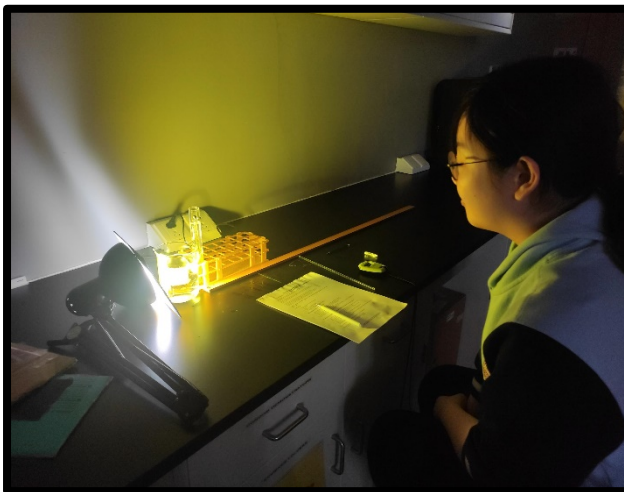
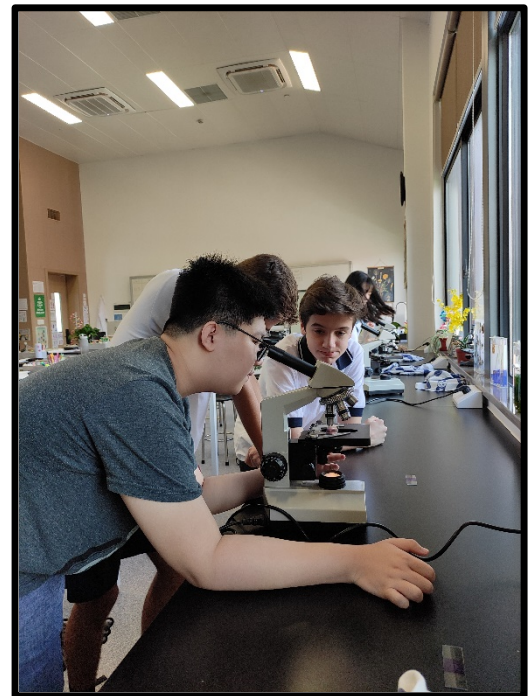
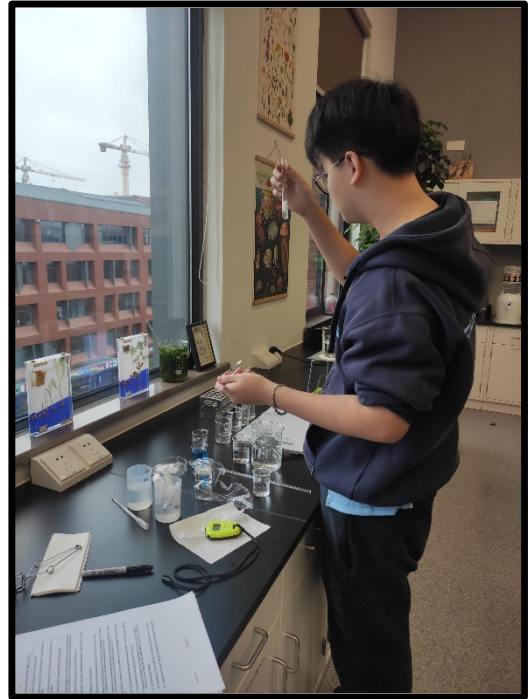


**Year 7** have been learning about cells, tissues, and organs.

**Year 8** have been learning about respiration and the gas exchange system.

**Year 9** have been studying photosynthesis.





Upper secondary science students have been powering through the syllabus material and developing their practical skills – this is especially important in Year 12, where they have to do a practical exam as part of their AS Level qualification. By the time this comes around, the students are independent, confident, and highly capable individuals.



## The Urban Jungle Photography Competition 2022

The Science department's nature photography competition is now live and ready to receive entries from students. The deadline is the 10th of November, so students have plenty of time to go out and explore Ningbo and take some fantastic snaps of the nature that shares our city with us.

Suggested shooting locations include the many parks, canals, and rivers around Ningbo. The community gardens often contain an abundance of creepy crawlies and other animals, such as hedgehogs! Ningbo Botanical Garden, Dongqian Lake, and the Ningbo Eco-Corridor in the East New Town (near the Japanese mall) are also great locations to explore.

**Please scan the QR code on the poster to see the competition rules and submit your entry: only one entry per student - so choose carefully.**



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**NBIS Science Department Presents**  
***THE URBAN JUNGLE***  
***PHOTOGRAPHY COMPETITION***  
**Deadline: November 10th, 2022**

**Submit one photo that showcases the nature in Ningbo this autumn/winter! Go out and explore and let's see those photography skills!**

**Scan the QR code to submit your photo and see the competition rules.**



## NBIS Upper Secondary Students Participated in an ASDAN Business Simulation Seminar

Last week, NBIS Upper Secondary students participated in an ASDAN Business Simulation seminar. Our students were intrigued and engaged by the session provided by Damon as they enthusiastically participated in the simulations and asked many questions.

ASDAN  
BUSINESS SIMULATION



ASDAN Business Simulation is a competition that uses business simulations and scenarios to bring high school students closer to Business Management with its challenges and opportunities. The experience is rich and varied using a carefully planned methodology that includes cooperation, project-based learning, and presentation skills.

ASDAN also provides students opportunities to think outside the box, innovate and create new products, and apply exciting solutions to problems. It is also a great way to cultivate independence and responsibility and encourage the students to build relationships and foster friendships with other students their age from all over China.



Overall, this was a fantastic experience for all the students involved.



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ASDAN =Award Scheme Development and Assessment Network.

[www.asdan.org.uk](http://www.asdan.org.uk)



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## Gulou Drum Tower- Travel and Tourism Trip

By Year 10A Student Tithi Muljani



On Thursday, September 22nd, students from years 10 and 12 who have taken travel and tourism as one of their subjects went to the Gulou Drum Tower. The year 10s went on the trip to widen their views and opinions on tourism, which supports them through their journey as a student learning travel and tourism. We went for about 3-4 hours and returned to school at 3:10 pm.

At 11:25, we got on the bus and prepared to leave the campus. Ms. Froome (our travel and tourism teacher) told us some basic details and what was expected. That day, the year 10s were set a goal: to observe and analyze our surroundings while exploring Gulou and completing a leaflet with multiple questions about the area. After a 40-minute bus ride, we reached Gulou at around 12:10 pm.

Our teacher split us into two groups; my group included 3 of my classmates, Jade, Natalie, and Mulan. We were instructed to go around and experience Gulou while taking enough notes to complete the leaflet. My group and I ate local barbecue for lunch, then walked around different parts of the area; the trip really helped us see Gulou from a tourist's perspective. At 2:40, we returned to our meeting point Starbucks, as instructed.



All of us had an amazing experience while learning at the same time.

Noah from Year 10 says:

*I really liked the trip to Gulou; it was enjoyable, and we learnt a lot about travel and tourism. I learnt much more than I thought I would because we could actually experience being a tourist.*



Jade from Year 10 says:

*I think Gulou is an excellent place for both domestic and international tourism because it has a wide range of choices for food, and it is a great place for international tourists to learn more about China by visiting this popular tourist site.*

In my opinion, the trip was a very enjoyable and educational way to see Gulou. I personally made many memories throughout the trip that will remain with me throughout my school life. This excursion made me realize how lively and beautiful the city of Ningbo is, including how much it has developed from being a small fishing town to a fully developed city. Overall, the trip was very memorable; I look forward to the ones to come!



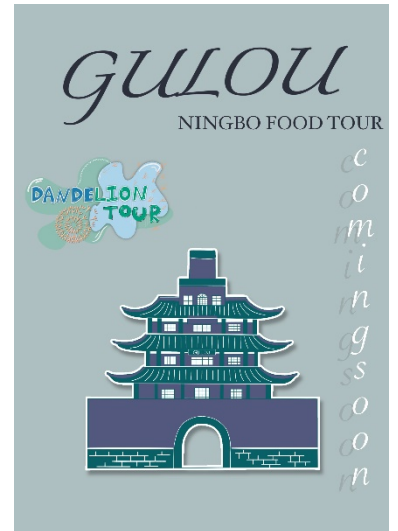
## Trip to Gulou and Tianyi Square

### Year 12 Travel & Tourism Coursework preparation

#### By Year 12 Student Sikata Gehani

On September 22nd, our year 12 travel and tourism team at NBIS went on a trip to Gulou Drum Tower and Tianyi square to investigate possible options and details for coursework. In Travel and Tourism class, we have to plan and implement our own tourism event, including business plans. We have already begun our two feasibility studies and are deciding whether to market a foodie tour or a cultural trip to NBIS upper secondary students. We have also already formed our team and made our tourism company name: Dandelion Tour.

We left NBIS at around 11:30 on the bus, taking us exactly half an hour to get to our first location: Gulou Drum Tower. Our goal was to find tasty and traditional food items for the students to try when we implement our foodie trip. We tried various types of snacks, some spicy, sour or sweet. We also looked for a place to take students for lunch that wouldn't be too costly. While enjoying the delicious snacks, we had to keep many things in mind, such as cost and the time it takes us to go from Gulou to Tianyi Square; we also had to decide whether students would get distracted on the way. It was essential for us to go on this trip to gather all the needs and necessities to prepare us for the upcoming event.



Overall, the trip was very educational because we used our travel and tourism skills from inside the classroom and transferred them to a real-world situation. It was very eye-opening for all of us, and we are looking forward to doing it again, while acting as a tour guide for NBIS students who sign up for our trip! The trip was a cultural experience for us because we tried many traditional Chinese snacks, and we hope it will also be entertaining and worthwhile for our future clients.



## Ningbo University Guests Visited NBIS

On September 21, Professor Mao Haiying, Director of the Department of Teaching Chinese as a Foreign Language in Ningbo University, visited NBIS and explored the possibility of making NBIS internship base for the postgraduate students. Meanwhile in return, the professional team from the university offers professional development to our Chinese teaching faculty. Deputy Principal Mr Robert Yan and Head of Chinese Ms Emily Zhang warmly welcomed professor Mao. We came to an agreement of win-win cooperation.



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**Upcoming NBIS ECA - External providers**

Session Dates: 10th Oct. to 13th Jan. 2023; Time: 3:45-4:45 pm after school  
The payment will be made on semester basis. Scan the QR code for registration.

**ECA: French** <https://ding.tomatoform.com/f/doq2edhx>



**NBIS French ECA**

ECA Venue	Day & Time	Age Group	Fees (RMB)	No. of Students
2C Classroom	Tuesday/Thursday	Upper Primary and Secondary	120-150 depends on the class size	10-15

**ECA: Primary Football** <https://ding.tomatoform.com/f/ves9wqmt>



**Primary Football ECA**

ECA Venue	Day & Time	Age Group	Fees (RMB)	No. of Students
NBIS Grounds	Wednesday/Friday	Primary	TBC	15-20

**ECA: Brazilian Jiu-Jitsu** <https://ding.tomatoform.com/f/dqad06dm>



**Brazilian Jiu-Jitsu ECA**

ECA Venue	Day & Time	Age Group	Fees (RMB)	No. of Students
Dance Studio	Thursday	Primary and Secondary	150	24 maximum

Address: No. 365 Guanghua Road, National Hi-Tech Zone, Ningbo 315000 Website: [www.nbis.net.cn](http://www.nbis.net.cn)

Email: [nbis.admin@nbis.net.cn](mailto:nbis.admin@nbis.net.cn) Fax: 86 574 87611136 Tel: 86 574 87611005



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**ECA: Lower Primary Tennis** <https://ding.tomatoform.com/f/v5o3wsd0>



Primary Tennis ECA

ECA Venue	Day & Time	Age Group	Fees (RMB)	No. of Students
NBIS Gym	Tuesday/Wednesday	Lower Primary	200	6-12

**ECA: Fencing** <https://ding.tomatoform.com/f/wknhamdd>



NBIS Fencing ECA

ECA Venue	Day & Time	Age Group	Fees (RMB)	No. of Students
Fencing Room	Monday/Tuesday	Primary and Secondary	160-200 depends on the class size	15-20

**ECA: Golf**



NBIS GOLF ECA

ECA Venue	Day & Time	Age Group	Fees (RMB)	No. of Students
NBIS Campus	Thursday/Friday	Primary and Lower Secondary	230	6-12

If you have any question regarding to the ECA above please contact us via school

email at [nbis.admin@nbis.net.cn](mailto:nbis.admin@nbis.net.cn). Thank you.

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Tel: 86 574 87611005



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## **Nice Changes at NBIS**

There are some nice changes on our NBIS campus, please check out the following photos:  
Welcome to our Year 10 student Hisham, the first Yemeni student in our community!



New facilities added to the Primary Activity Playground, and all kids really like it!



There are some new changes at NBIS canteen... A fridge in the dining hall for students to store their home lunches and a warming cabinet to help chips and other fried food to have a better taste.



China National Day is coming soon, red lanterns decorated in the front of lobby to show the festive atmosphere...



NBIS wishes you and your family a happy and safe holiday.  
China National Day Holiday is from October 1st to 9th (No School).  
School Starts on October 10th.



## NBIS Weekly Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Menu	鸡米花	芝麻翅根	炸鸡排	蒜苗腊肉	炸鱼排
	Popcorn chicken	Chicken wing	Crispy chicken chop	Meat with garlic	Fried fish chop
	芝麻鹌鹑	咖喱鸡	福袋	土豆蒸排骨	烤鸡
	Quail egg	Curry chicken	Bean curd skin rolls with m	Rib with potato	Toast chicken
	鸡肉肠	油豆腐烧肉	粉条牛肉	烤鸡腿	红烧肉
	Chicken sausage	Tofu with pork	Stewed beef vermicelli	Toast chicken leg	Braised pork
	烤土豆	薯条	花菜	西兰花	花菜
	Roast potato	French fries	Cauliflower	Broccoli	Cauliflower
	花菜	西兰花	炒包菜	椒盐土豆	薯条
	Cauliflower	Broccoli	Cabbage	Potato	French fries
	烤年糕	蛋挞	牛角包	烤菜	土豆泥
	Roasted rice cake with vege	Egg tart	Croissant	Vegetable	Mashed potato
	蛋糕	烤麸	炒面	法国面包	汉堡
	Cake	Baked bran	Chinese noodle	French bread	Hamburger
	Snack Menu	水果	水果	水果	水果
Fruit		Fruit	Fruit	Fruit	Fruit
万年青汤		大白菜豆腐汤	番茄蛋汤	海带汤	紫菜蛋汤
Vegetable soup		Tofu and cabbage soup	Tomato soup with egg	Kelp soup	Seaweed soup with egg
米饭		米饭	米饭	米饭	米饭
Rice		Rice	Rice	Rice	Rice
蔬菜拼盘		蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘
Vegetable		Vegetable	Vegetable	Vegetable	Vegetable
牛奶		牛奶	牛奶	牛奶	牛奶
Milk		Milk	Milk	Milk	Milk
鸡蛋	烧卖	烧卖	烧卖	烧卖	
Egg	Shao-mai	Shao-mai	Shao-mai	Shao-mai	
包子	牛角包	牛角包	牛角包	牛角包	
Steamed Bun	Croissant	Croissant	Croissant	Croissant	
水果	水果	水果	水果	水果	
Fruit	Fruit	Fruit	Fruit	Fruit	





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