



# NBIS Weekly Newsletter 1

UNITY

DIVERSITY

EXCELLENCE



Cambridge Assessment  
International Education

Cambridge International School

## Dates to Remember

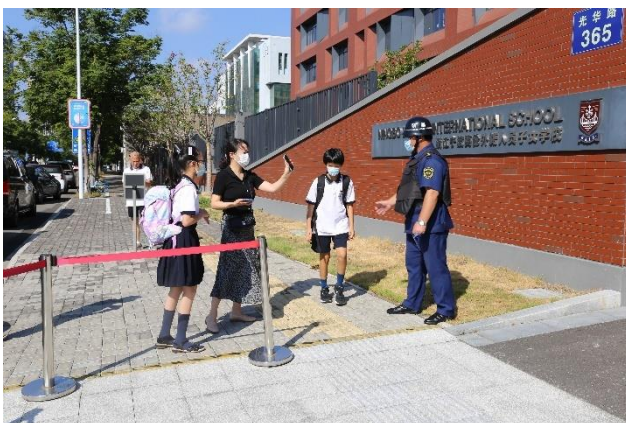
- September 13: Primary Curriculum Evening
- September 14: Early Years Curriculum Evening
- September 22 and 29: Secondary Curriculum Evenings

## Welcome to the First Day of School



Several things occurred on the first day of school.

The bright yellow school buses, which also carried students, arrived promptly at the gate.



The EY teachers set up beautiful backdrop boards and organized toys for the children.

At the school entrance, teachers gave students directions and helped them find their classes.



The school's dining hall served delicious and wholesome meals to the students.

We continually teach our children the importance of being independent so that even from Year 1, the children can collect their own food from the service counter.

The classrooms were full of laughter, the students met their new teachers and classmates, and everyone had a great day!



Boarding students have also begun to live independently, organize their own living spaces, study and unwind in their bedrooms, assist and support one another, improve their ability to take care of themselves, and strengthen their relationships with peers.



The students have adjusted to their school life successfully. What a wonderful day!

Let's begin a new chapter and give NBIS a fresh start!





# Welcome Message from the Librarian



*"You can borrow a book, but you get to keep the ideas."* Anonymous

A warm welcome to students and staff! I hope you all had a fun summer and exciting summer. But the school year has started, so break out the pens, open a book and explore your imagination.

Have an enjoyable new term. I look forward seeing you at the library!

Miss Trina  
Librarian



The poster features a blue and yellow color scheme with geometric shapes. At the top left is the Ningbo British International School (NBIS) crest and name. Below this, three bullet points list the school's values: UNITY, DIVERSITY, and EXCELLENCE. The central text reads 'Welcome to follow NBIS WeChat Official Account' with 'NBIS WeChat' underlined. A QR code is positioned below the text. At the bottom, contact information is provided: 'CONTACT US: 0574-87611005' and 'Cambridge Assessment International Education Cambridge International School'.

 Ningbo British International School

- UNITY
- DIVERSITY
- EXCELLENCE

**Welcome to follow**  
**NBIS WeChat**  
**Official Account**

CONTACT US: 0574-87611005

 Cambridge Assessment International Education  
Cambridge International School



Ningbo British International School

Unity - Diversity - Excellence

## NBIS Students Won the Zhejiang Junior Golf Challenge Award



The Zhejiang Golf Association hosted the 2022 Zhejiang Junior Golf (Inter-school) Challenge on August 26. It was a Level 7 competition. Six school teams were formed from the roughly 80 players from the Ningbo region who participated in the team tournament. Four brilliant students from Ningbo British International School participated in this event and the students won second place on behalf of NBIS, they are Braxton Chan (Y7A), Stanford Chan (Y6B), Charlie Ye (Y6B), and Marvin Huang (Y4B). Congratulations to every student—this is a super achievement!



NBIS also aims to make it easier for kids to develop their golfing skills by planning to set up a Putting Green on campus soon!

We hope more and more students will become interested in Golf!



## **NBIS Won the Chinese Character Chess Tournament Awards**

Opening Ceremony of the 1st Five-continent Ethnic Chinese Youth Chinese Character Chess Invitation Tournament was held in Ningbo, Zhejiang Province.



The Opening Ceremony of the 1st Five-continent Ethnic Chinese Youth Chinese Character Chess Invitation



Tournament was held in Ningbo, Zhejiang Province. 300 overseas Chinese leaders from 26 countries and regions, representatives of more than 30 overseas Chinese organizations and overseas Chinese youths participated in the tournament online.



Ningbo British International School sent 12 students to this fantastic event, and after a tough competition with the other 18 contestants, all of our students came away with trophies. We received 4 second places and 8 third places. You have our sincere admiration!





We appreciate Ms. Emily, Ms. Alice, Ms. Daisy, and Mr. Simon for planning this activity for our students. Chinese Character Chess has played a special role in fostering the educational experiences of Chinese youth living abroad, and in the promotion and transmission of Chinese character culture, and the display of Chinese cultural charm.





# EARLY YEARS SECTION



## Nursery B

*What a busy time we have had in these days! The children appeared delighted to be back at school reconnecting with 'old friends' and welcoming new friends too.*

*Our daily class timetable allows for a block of outdoor play in the morning followed by, snack, a block of indoor play, group time, lunch, nap time, afternoon snack, Chinese and a smaller more informal group time at the end of the day. Within the room there are opportunities for each child to be engaged in play by him/herself (solitary play), in parallel play (alongside a friend), in associative play (playing together in a loosely organized fashion) or in cooperative play (where some exchange of ideas about the game is occurring) depending on the activity provided and/or the child's stage of development.*





# Nursery B





# PRIMARY SECTION

## Year 6A

### *Back to School Buzz! - Year 6A*

Ladies and gentlemen, boys and girls, it's that time of year again. It's time to hurry away from the heat and humidity of the summer months and hunker down for the hard task at hand: it's time to return to school. For students, a new school year is always full of excitement. Needless to say, there is no shortage of novelties: a new classroom, new teachers and new classmates just to name a few.

The students of 6A have been bustling about to begin this year with a bang. They have eagerly jumped at the opportunity to form new friendships, and have been taking their time to adjust to their new teachers' styles. Their enthusiasm is palpable, and it has certainly rubbed off on us. We cannot wait to see what these brilliant minds will be able to achieve during the course of this school year.



*Year 6A in their first PE class*

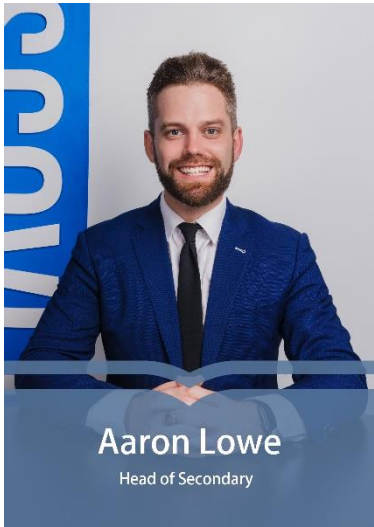
But of course, from this extreme excitement and energy, endless chaos can emerge if left unchecked. For this very reason, clearly outlining class rules is of vital importance. During the first week of school, the students of 6A channeled all of their creative prowess into designing a wonderful class rules poster. Through this activity, they have been able to familiarize themselves with guidelines that will greatly improve their learning experience, while also getting the chance to express themselves through artwork. That sounds a lot like killing two birds with one stone, don't you think? As you can see from the wide variety of fonts and colours, 6A has a beautifully diverse set of personalities. We are united in our efforts to be the best that we can be, and to make this school year the greatest year yet! Unity, Diversity, Excellence!





Contributed by:  
Aileen Shirley and Celeste Li  
Year 6A Class Teachers





My name is Aaron Lowe, and I am from Lancashire, England. My educational background includes degrees from the University of Liverpool, the University of Nottingham, and Northumbria University. In addition, I have over eight years of experience working in international education, seven of which have been spent in management and leadership.

As teachers, we are responsible for empowering our students to become confident, inquiry-based learners who feel compelled to take on new challenges and push their potential to the limit. I am incredibly excited to join and lead the secondary team at NBIS, and after meeting my colleagues and the students enrolled at the school, I am impressed and

confident in our ability to deliver success and educational excellence.

I am a very active person who enjoys various sports and hobbies, including football, boxing, snowboarding, and mountaineering. I also think it is essential never to stop learning, and I enjoy enrolling in new courses and degree programs that help enhance my understanding of business and economics.



Aaron Lowe, UK  
Head of Secondary

## Year 10 Physics: Measure the Density of Rocks

The topic of the lesson was measurements. The students learned that they can measure the volume of irregularly shaped solids by placing them in a volumetric flask or beaker with water. They measure the volume of the water before and after the rock is placed in the water, then calculate the volume of the rock. They use a scale to measure the mass of the rock and then do a calculation to determine the density. To make their results more accurate, they did several different measurements and then took an average. In addition to learning about measurements, this also introduced them to laboratory techniques and how to properly write a lab report.



## Meet our New Teachers

Hello everyone!

My name is Mr. Mosuwe. You can also call me MosSko.

I am from, Johannesburg or “eGoli” as it is known in isiZulu, which means "the place or city of gold”.

South Africa is an amazing place rich in minerals, a diverse wildlife, natural beauty, wonderful attractions and even a World Wonder, i.e Table Mountain. Our people are very hospitable and talented. We love dancing and singing. However, I am good at none of these things.

When I was a child, I was often called bookworm by my family. I read a lot of fiction. As a grown up, I don't have much time to read books, but I often listen to audiobooks through my phone, whilst cooking or cleaning my home. I like riding skateboards. I have many skateboards in different sizes, and my favorite is my penny board. I have enjoyed many spills and thrills on my little penny, and it has carried me faithfully through the years. We have two clever budgies named Blue and Ginger. I enjoy teaching them singing and playing with them.

I have lived in China for six years now, and I have stayed in Ningbo for two years. My wife is Chinese, and we are going to welcome a new member of our family in February, next year. I look forward to getting to know you and sharing, laughing and learning with you.



Hi, I'm Jenny. I'm the homeroom teacher of Year 1B.

I am from Taiwan, China, but I grew up in Ningbo. It's my first year teaching in NBIS. I am grateful because the environment of the school is great, and the people are kind and friendly. Before coming here, I was studying and teaching in the U.S. Coming back to China is like coming home for me, but I'm glad to get to work in a multicultural community to meet people from all over the world. I like drawing portraits, and making music. I enjoy playing the keyboard, guitar, ukulele, and cajon. I also love milk and breakfast. I hope my students will continue to be curious and inspired by the world around us and feel welcomed by this big family in NBIS.





Hello! My name is Emily Clark and I will be the teacher for the Year 1C class in our primary school this year. I'm from the United States of America. I've been teaching for 6 years and have spent the last few years in Ningbo. I love teaching! As a teacher, I'm able to learn something new each day while helping others reach their own educational goals. Primary education is very important because it sets a strong foundation for the knowledge students will need to use throughout their lives. I believe that a positive philosophy to teaching, and a positive classroom environment, are the key to help children learn. It's okay to make mistakes because we can always try again. I apply these same principles when I teach my 6 month old son at home. I'm so excited to be a part of NBIS and I look forward to growing with my students.

My name is Mr. Armstrong and I'd like to thank you for welcoming me to NBIS. This year I am privileged to be teaching class 3A. I come from a beautiful and historical city in the South East of England called 'Canterbury'. You might recognise it from Geoffrey Chaucer's famous short stories: "The Canterbury Tales". Although Canterbury is quite different from the modernity of Ningbo, I've found that both are just as vibrant and special in their own ways.

I've been teaching for over eight years and have been fortunate to instruct a diverse range of students from international communities in the UK, South East Asia and China. I believe that each child is an individual who goes through their own academic journey at school, but together we can all cooperate to learn the important values of respect, integrity and kindness along the way.

Outside of work, I enjoy writing poetry, playing music and learning languages. I can play the piano, cello, guitar, bass guitar and ukulele to varying degrees, although these days I don't have much time to play. I also like art and photography and have been fortunate enough to have some of my work published internationally.

I think that it's important to try and learn new things every day. I believe that as long as we try our best, then we can have fun and enjoy life without regrets.



Hello all, my name is Chenxin Yu. I am the homeroom teacher for Year 3B. This is my first-time teaching Year 3, and I'm very excited to learn and grow with my students. Here is a snapshot to get to know me a little bit better. When I am not teaching, I love to travel all around the world and experience different cultures; hang out with my friends with some yummy food, and jam out with all sorts of music in the bus, on the car or even when I'm grading some homework.

I am a huge advocate for open-communication and hard-work from myself, each student and their families. As a mentor teacher once told me, "Education is like a three-legged stool-- teacher, student and parent. With all three balanced and working together, the stool can stand up and be supported." I'm lucky that I have the community which has great support from the school and parents. Thanks to NBIS for giving me this great opportunity to work with these amazing kids and this wonderful team!



Hi, I am Leon Fouche and I hail from Pretoria, South Africa.

I have been teaching in China since 2019, first in Ningbo, and then in Shanghai. In 2013 I completed a Bachelor of Commerce in Law (BCom) at the University of Pretoria, and a Law Degree (LLB) in 2019 from the University of South Africa.

I am very grateful for the opportunity to teach at NBIS. NBIS is a school with a stellar reputation, and I have known about it since I started in Ningbo in 2019. When I was offered the chance to come to NBIS, I was very excited to be part of it.

In the time that I have been at NBIS, almost two weeks, I have experienced an environment of support and understanding. From the beginning I have felt welcome and whenever I felt unsure, I could turn to any of my colleagues who would guide me with care and enthusiasm. Seeing the values of unity, cooperation, and respect practiced by my colleagues makes me proud to be part of this school and it is something that I hope to strive towards and represent as well.

I am very thankful to be at NBIS and look forward to working with our teachers, parents, and students to achieving great things.





# SCHOOL ADVISORY COMMITTEE NOMINATIONS

<https://ding.tomatoform.com/f/c86t8wlj>



**SAC is looking for new Members! If ...**

**You have active interest**

**You can make a positive contribution**

**You can commit your time**

**You will offer support**

**And you seek the best for NBIS**

**Why not nominate yourself! Simply scan the QR code above, fill out and submit the form by September 9<sup>th</sup>! The school will then publicise nominations and nominees will be invited to give a brief introduction to themselves at the Annual General Meeting on September 22<sup>nd</sup>.**



Dear Parents

On behalf of the NBIS School Advisory Committee (SAC), we would like to welcome you (back) to school and hope you had a wonderful & enjoyable vacation and returned with recharged batteries with enough energy to start the year.

The School Advisory Committee (SAC) is an elected group of NBIS parents which represents the school community's interests and has an insight into the school's management and tries to give a big share of support for the school's continuous improvement.



Once a year new members can be nominated and voted for at the Annual General Meeting (AGM). This year's meeting is planned for 22 September at 7pm on the NBIS Campus. We hope to be seeing many of you to either be nominated as a member or vote for your candidates of choice!

We will be sending you more information in due course, so stay tuned 😊

With the best wishes for a fantastic school year 2022/2023!

NBIS SAC Team

### NBIS Weekly Menu



Ningbo British  
International  
School

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	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch Menu	椒盐鸡腿	烤香肠	盐酥鸡	五彩鸡丁	五香牛肉
	Salt and pepper d	Roast sausage	Salty fried chicken	Chicken	Beef
	孜然牛肉	肉丸	葱油巴沙鱼	黄金鸡块	烤鸡腿
	Beef	Braised meatball	Basa fish	Chicken nugget	Toast chicken leg
	培根炒蛋	椰蓉鸡块	烤鸭	红烧肉	玉米仔排
	Bacon with egg	Chicken nuggets	Roast duck	Braised pork	Rib with corn
	拌凉皮	麻辣豆腐	烤红薯	花菜	西兰花
	Cold noodle	Tofu	Roast sweet potato	Cauliflower	Broccoli
	西兰花	有机花菜	西兰花	西米露	土豆焗肉末
	Broccoli	Cauliflower	Broccoli	Tapioca pudding	Baked potatoes with minced pork
	葱油娃娃菜	法式面包	肉松蛋糕	牛角包	蛋糕卷
	Baby cabbage	French bread	Cake	Croissant	cake roll
	蛋糕	五号菜	西红柿炒蛋	炒包菜	玉米棒
	Cake	Vegetable	Scramble egg with tomato	Cabbage	Corn
	水果	水果	水果	水果	水果
	Fruit	Fruit	Fruit	Fruit	Fruit
	南瓜汤	西红柿蛋汤	冬瓜汤	紫菜汤	海带汤
	Pumpkin soup	Tomato soup with egg	White gourd soup	Seaweed soup	Kelp soup
	米饭	米饭	米饭	米饭	米饭
	Rice	Rice	Rice	Rice	Rice
蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	蔬菜拼盘	
Vegetable	Vegetable	Vegetable	Vegetable	Vegetable	
Snack Menu	牛奶	牛奶	牛奶	牛奶	牛奶
	Milk	Milk	Milk	Milk	Milk
	鸡蛋	烧卖	烧卖	烧卖	烧卖
	Egg	Shao-mai	Shao-mai	Shao-mai	Shao-mai
	包子	牛角包	牛角包	牛角包	牛角包
	Steamed Bun	Croissant	Croissant	Croissant	Croissant
	水果	水果	水果	水果	水果
Fruit	Fruit	Fruit	Fruit	Fruit	





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